


teresian 2006

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14 *impact* 

62 *encounter* 

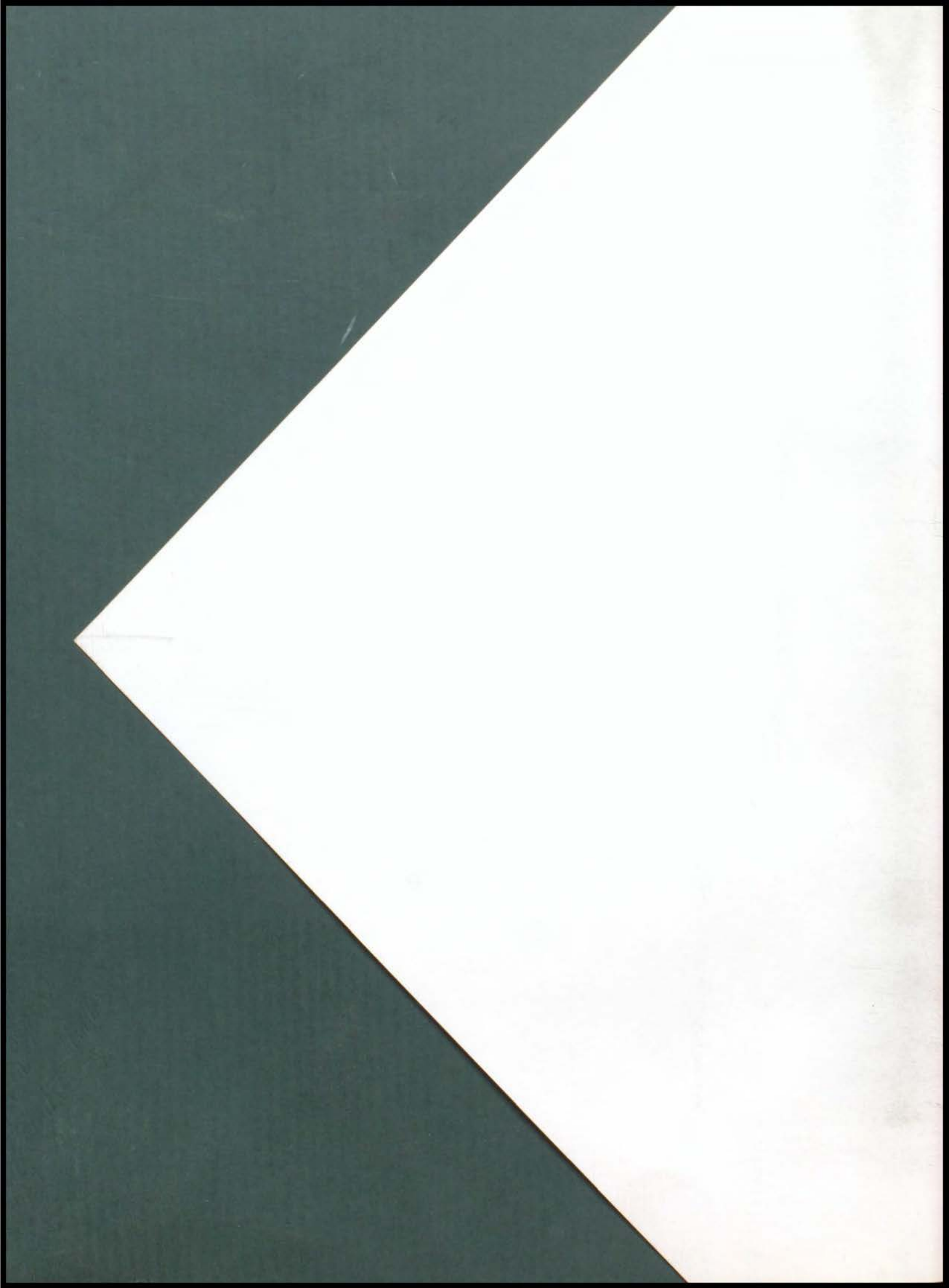
94 *crash* 

134 *connect* 

c o l l i d e

| crush | bounce | hit | contact | strike | break | head-on | pulverize | fragment | splinter | thump | interrupt | jar

run-in | invade | bash | conflict | crash course | intersect | intervention | boom | blow | whack | shatter | face-off



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2005 > 2006

st. teresa's academy
5600 main street
kansas city, mo 64113



BREAK A LEG The cast and crew of 'A Voice Of My Own' prepare themselves before a performance. Girls from each grade participated in all areas of the play. **PHOTO BY BAILEY LYNCH**

Visitation, Yeokum Middle, Academie Lafayette, Bridger, Calvary
 Lutheran, Cathedral of St. Peter, Congress, Delta Woods, Good Shep-
 herd, Lincoln Park, and St. Patrick, Barstow,
 Christ the King, Holy Cross, St. Joseph, Allen Edison,
 Bernard Campbell Jr. High., Brittany Hills, Center Middle, Christ the
 King, Cure of Souls, Holy Family, Holy Trinity, Holy Cross, Holy
 Cross Lutheran, Holy Trinity, Holy Trinity, Holy Trinity, Holy Trinity,
 Nativity-MO, Notre Dame de Sion, Odessa, Our Lady of Peace, Our
 Lady of Mercy, Piety, Piety, Piety, Piety, Piety, Piety, Piety, Piety,
 St. Ann, St. Charles, St. Elizabeth, St. Peter's, St. Pius, St. Thomas Moore,
 St. Regis, St. Stephen, St. Theresa, Southwest Charter, Trailedge Middle,
 Liberty Jr. High., Northside Middle,
 Raytown South Middle, St. James, Summit Lakes, Sunnyvale Middle, All
 Saints, Allen Village, Blue Valley Middle, Hocker Grove, Indian Woods,
 Lakeview, Lawrence South Jr. High., Middle, Mission Valley,
 Monticello Trails, Pleasant Ridge Middle, Raymore-Peculiar, Scoula Vita
 Nuova, St. Alban Rog, St. Francis Xavier, St. Gabriel, Summit Lakes

528 students

78 grade schools

42 private schools

37 public schools

3 states



BUSTLING HALLS Students waver in the halls during activity period talking to friends, classmates and teachers. **PHOTO BY LAUREN BEFORT**

STORY BY LAUREN BEFORT
DESIGN BY LAUREN BEFORT

>>As I pulled into the parking lot early one morning, I watched girls pulling into parking spaces and getting dropped off by parents and siblings. Young women from all areas of Kansas City **COLLIDED** daily at STA. Senior Jessica Dahmer parked next to me after driving 45 minutes from Lee's Summit. Junior Franki Belfonte pulled up behind me after her 30-minute drive from Gladstone. STA reflected a bustling, distinctive intersection, where diversity crossed paths inside the classrooms, cafeteria, and on the gym floor.

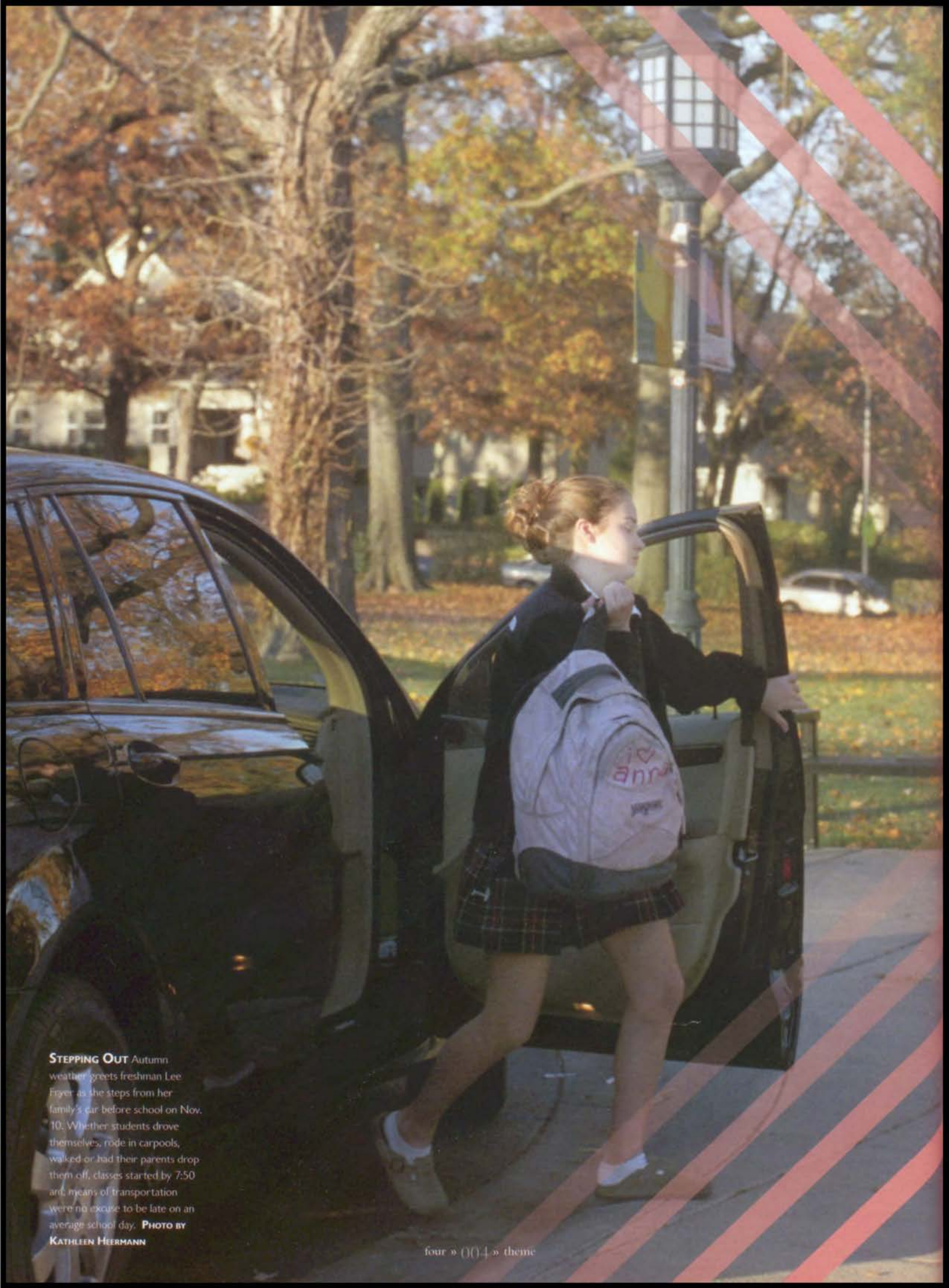
Constant **CONTACT** and interaction helped establish new friendships and respect between unlikely students. In the basketball program, girls from every suburb of the city made the trek to STA to compete on the court while having team dinners off the court. They **MERGED** to form one team, each person contributing a unique attribute, and bound themselves together to compete for one another.

A melting pot of minds, spirits, opinions and people, the school grew and transformed daily by its inhabitants and their voices. Everyday, students and teachers **COLLIDED** with one another over homework and uniform violations, but from those collisions came the spirit of STA.

As I walked to my car after the 3 p.m. bell, I saw hundreds of girls pile out of the doors and race towards friends and carpools. The stories and events of the day gushed from their mouths and **BUMPED** into similar tales of tests, weekend activities, jokes and bizarre experiences.

Students departed to their homes, jobs and after school activities, and I realized tomorrow would bring just as much chaos as today. The **COLLISION** of people at STA was insurmountable. The assortment of students and faculty never ceased to build an atmosphere all its own. Here, I found and observed a community that embraced each student as their own and **FUSED** together our STA.<<

Crossing new paths



STEPPING OUT Autumn weather greets freshman Lee Fryer as she steps from her family's car before school on Nov. 10. Whether students drove themselves, rode in carpools, walked or had their parents drop them off, classes started by 7:50 a.m. and means of transportation were no excuse to be late on an average school day. **PHOTO BY KATHLEEN HEERMANN**



phases merge

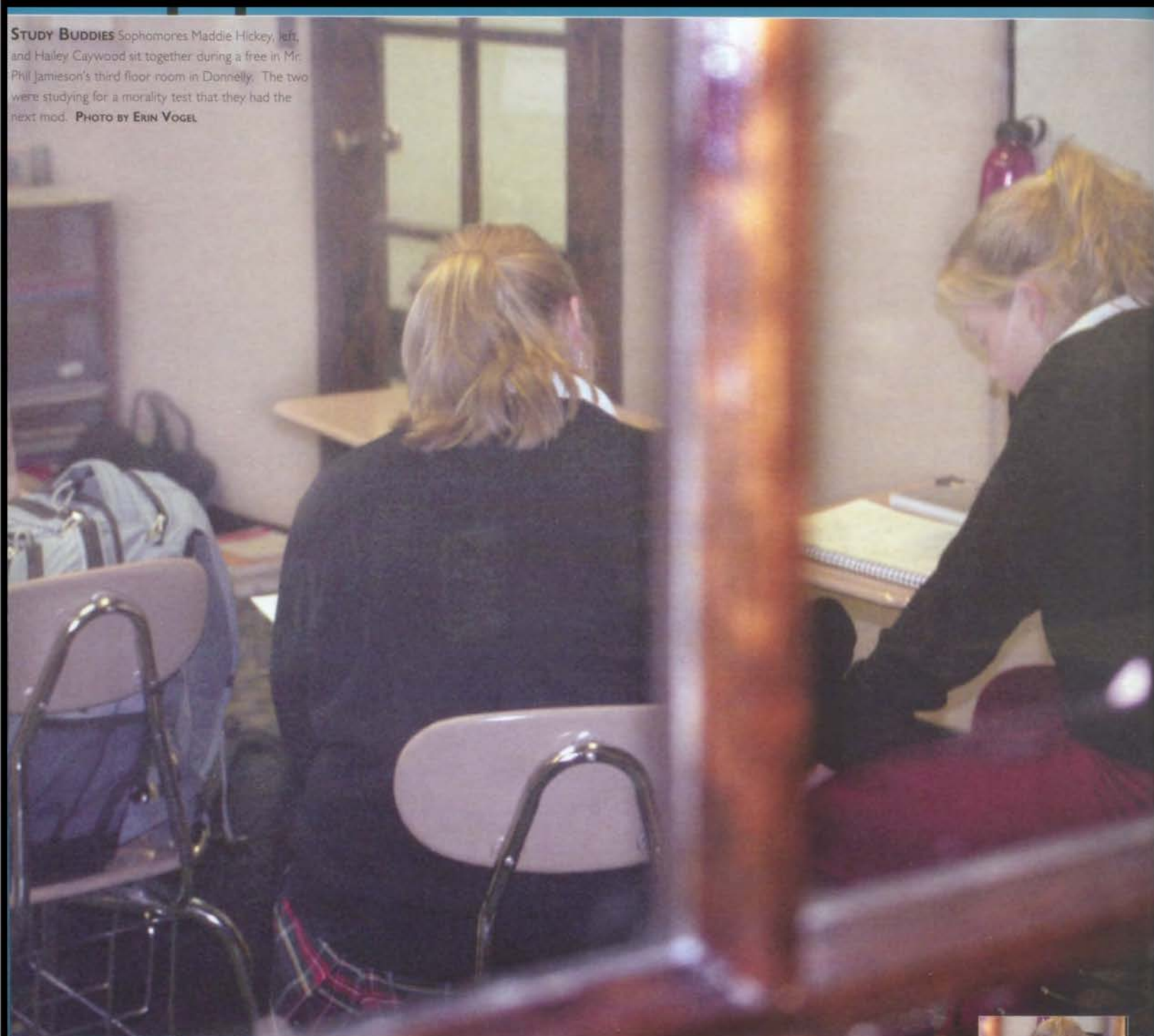
STORY BY KATHLEEN HEERMANN
DESIGN BY KATHLEEN HEERMANN

»Your dad wished you luck as you lifted your feather light backpack from the trunk of his shiny black Ford. Your straight, starched skirt seemed unusually long as you looked around, comparing it to the shorter torn skirts of the upperclassmen. It was your first day of high school, the day you had been waiting for all summer. Fresh out of eighth grade, you felt foreign in this strange high school environment. Even before the bell rang for midday advisory, you realized the changes you were to **ENCOUNTER** in the next four years and the **IMPACT** they would have on you.

Eight semesters later, you rolled out of bed and slipped on that same skirt. This time however, the starched pleats were no longer **DISTINGUISHABLE**. The zipper was no longer functional and the button had been lost forever. Taking a quick glance in your mirror before you headed to school, you smiled as you remembered the first day you donned that skirt.

Somehow, you were different then. Somewhere between the science classes in Donnelly and the English classes in M&A, your childhood and your future **COLLIDED**. Somewhere between Freshman Orientation and the second semester of your senior year, you found a way to **BLEND** the two. You said goodbye to one only to welcome another. You came into the STA community worried and anxious about the friends you would make and the academic **CHALLENGES** you would face. In the span of four years, those worries had disappeared, replaced with ambition and strength to go out and prove your newfound talents to the world. The place that seemed so unnatural on that first day of high school had **TRANSFORMED** into your second home. Two phases of your life, two distinct stages, **COLLIDED** with one another, leaving you forever changed.«

STUDY BUDDIES Sophomores Maddie Hickey, left, and Haley Caywood sit together during a free in Mr. Phil Jamieson's third floor room in Donnelly. The two were studying for a morality test that they had the next mod. **PHOTO BY ERIN VOGEL**



oppositions solidify community

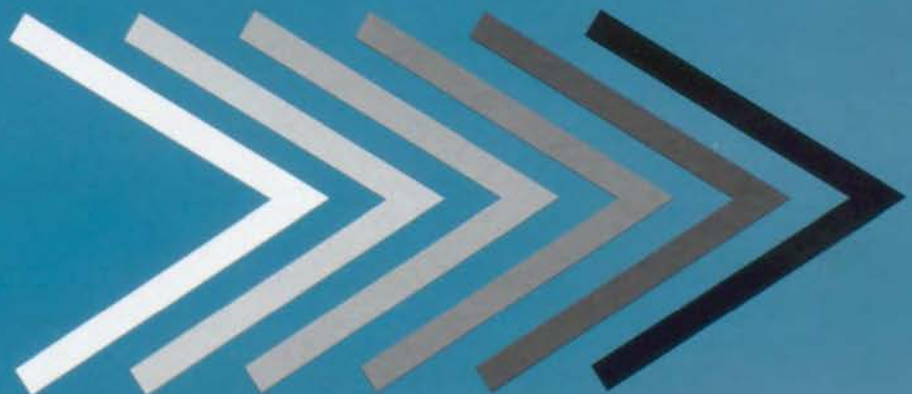
>>There were 46 staff members and 528 students that worked **TOGETHER** at STA for 175 days of the year. In physical science classes, Ms. Mary Montag told freshmen to study the **DIFFERENCE** between homogeneous and heterogeneous mixtures. Sophomores in geometry classes memorized the 30-60-90 triangle. Mr. Craig Whitney provided **STRUCTURED** classroom discussions with juniors about President Andrew Jackson and the "Era of the Common Man." And seniors in college composition were quizzed about the similar endings of Shakespearean comedies.

There was a **MERGING** of our opinions for seven hours and ten minutes everyday. We **CONTESTED** the views of our classmates and learned from teachers who **CHALLENGED** our way of thinking. Through classroom experiments we investigated the unknown. During open discussions, we questioned the **OPPOSING** beliefs of fellow students.

The relationships we had with our teachers did not end at the bell. Faculty members were club moderators and assisted with specific club events. Ms. Stacie O'Rear encouraged 18 Student Council members to work **COLLECTIVELY** during their preparation for the anticipated "Frost Yourself" Christmas Dance. A pizza sale, hosted by the Dance Club with help from Ms. Liz Jeans, raised money for an Alvin Ailey performance in the school auditorium.

Inside the classrooms of this institution were **CONFRONTATIONS** between differing opinions and theories. Previously developed inferences were **DISPUTED** and new ideas were formed. Club meetings managed to **SOLIDIFY** our relationships with teachers and peers.

For 175 days of the year, we created a **COLLISION** of people, opinions, subjects and events that comprised STA's distinctive community.<<



routine fragments

STORY BY LISA PETERSON
DESIGN BY LISA PETERSON

>>From the moment we set foot on campus, we began to **COLLIDE** – with ideas, places and one another. Before we even arrived on campus, we were divvied up into advisories. Though a face or two might have been familiar, as a whole, the group was comprised of girls from all backgrounds, lifestyles and locations. As the years passed, we gracefully learned to trip up the stairs; we felt the pang after getting knocked in the head by a Frisbee during springtime lunches in the quad; our hands tightly squeezed the hands of a friend in hopeful anticipation. We voiced our opinions in the classroom and watched the hands of fellow peers shoot up, waiting to pounce on the opportunity to contradict our words. Many of our **INTERACTIONS** tested and expanded our emotional capacities and pushed us to our physical limits.

Frequently, these physical and emotional boundaries **INTERTWINED**, making it difficult to strictly categorize our experiences at STA. During cross country season, grueling hours of practices left many runners aching and bruised in preparation for mentally and physically exhausting races. As we hurried across the quad, backpacks slung over shoulders, we aimlessly **BUMPED** into one another during the whirlwind rush of the four-minute passing periods. During service week, juniors and seniors became visions of the school; each embodied the missions and values taught at STA, which imprinted the community



as students read to abused children and spent an afternoon chatting with a lonely patient. Fans **CLASHED** with rivals at STA-Sion volleyball games. The Goppert Center roared with deafening noise as students dressed in tutus and gold fishnets, waving black and gold pom-poms and strained their vocal cords with cheers.

Friendships were tested and some broken as we discovered our sense of identity. In the wintertime, we carelessly slipped on the slick seal. We got up with the help of an extended hand and tried to knock the cold, wet slush from our plaid skirts. At times, the stress of balancing our schoolwork, extracurriculars, jobs and social events led us to **CRASH** into ourselves.

Whether we liked it or expected it, our times at STA were marked by our interactions with our peers, friends, teachers and the community. Sometimes, our actions were intentional; other times our behavior was purely accidental. But we all collided, with each experience becoming a distinctive **FRAGMENT** of STA. <<

WINTERY MIX

Senior Amanda Trouba calls boyfriend Marty Cummings on her way into the M&A building to check out with her advisor, Ms. Lucila Bernal. Cummings advised her to avoid Wornall Road, which was backed up with stalled cars and slow-moving traffic. Eleven inches of snow fell across the Kansas City area, cancelling school for the following two days. **PHOTO BY AMANDA MORRALL**

February 25:

BTK Captured

Wichita, Kansas police apprehend suspected BTK killer, Dennis Rader.

April 3:

Pope Passes

Pope John Paul II dies at the age of 84. He served as pope for 26 years.

April 19:

Pope Elected

Joseph Ratzinger of Germany became the 265th pontiff, Pope Benedict XVI.

June 18:

Airbus Soars

The 550 passenger Airbus A-380 displayed its skill at the Paris Air Show.

July 7:

London Bombed

Four bombs exploded in London. There were 56 casualties and 700 people were injured.

August 17:

Sub Rescued

The seven-man crew of a Russian AS-28 mini submarine were rescued after they were trapped inside for three days.

September 4:

Rehnquist Passes

Chief Justice William Rehnquist dies after serving 33 years on the Supreme Court.

October 19:

Hussein on Trial

Two years after his capture, Saddam Hussein was put on trial for his crimes.

High-impact incidents jolt STA

Exploding Events

Students struggle to comprehend

STORY BY LAUREN BEFORT
DESIGN BY LAUREN BEFORT

As the STA community moved through its daily routine, many events shook the world. In the bubble STA provided, students struggled to comprehend the changing world and its effects on the Windmoor campus.

"We take for granted our bubble and the place we live," said freshman Marisa Raimo.

On Aug. 29, Hurricane Katrina hit the Central Gulf Coast of the United States. Katrina became one of the biggest national disasters in U.S. history. According to the National Weather Service, it was the tenth tropical storm and fourth hurricane of the 2005 Atlantic hurricane season. Its path of destruction moved across Louisiana, Mississippi and Alabama. The death toll reached over 1,300 and the estimated damage stood between \$70 to \$130 billion.

"I think that people are uncertain about the cost of rebuilding New Orleans," said history and current events teacher, Craig Whitney. "There is a possibility that the demographics of the region may greatly change and some people may not be able to afford to go back."

People from these states instantly became homeless. The Superdome in New Orleans, which was used as a shelter during Katrina, was overrun with violence, chaos and filth. Over one million people were displaced, many taking up residence in Houston.

Katrina collided head-on with STA as students linked themselves to family and friends in the Gulf Coast region. The impact of the hurricane was strongly felt as three evacuees became part of the STA community. Sophomores Caroline Gernhauser, Erin Davis and senior Kristen Keleher enrolled at STA. Keleher moved back to New Orleans at the end of October while Gernhauser and Davis stayed until Christmas break. [See story pg. 18]

"I don't think we can fully comprehend the damage because we're not living down there," said sophomore Sarah Hylander.

As the U.S. responded to the relief efforts of

Katrina, the war in Iraq continued. The Washington Post reported an estimated 2,000 American casualties and the number continued to climb with daily car bombings and fire fights within the streets of Baghdad and other Iraqi cities. The nation remained divided over the war, as protestors led anti-war rallies outside President Bush's ranch in Crawford, Texas. Ms. Cindy Sheehan, a mother of a fallen soldier, led a 26-day vigil outside the ranch in August. The future of the war remained blurred as other events grabbed the attention of the nation and the world.

The focus moved back to Washington D.C. when on Oct. 28, a federal grand jury indicted Mr. I. Lewis "Scooter" Libby on five counts related to the leak of the identity of CIA agent Valerie Plame. That same day, Libby, Vice President Dick Cheney's chief of staff, resigned. Libby was charged with obstruction of justice, perjury and making false statements. He was said to have lied to both the FBI and the grand jury about where he obtained the name of the CIA agent Plame. Plame's identity was said to have been revealed because of her husband, diplomat Joseph Wilson's critical statements about the war in Iraq that were released in a 2003 *New York Times* column.

As Washington D.C. became engrossed in politics and scandal, the death of a hero subsided differences. Ms. Rosa Parks passed away at the age of 92 on Oct. 24. Parks's infamous history began in December 1955, when she refused to give up her seat on a public bus. This act and her arrest ignited the Montgomery bus boycott and later, the desegregation of the South. Parks became the first woman to lie in honor at the Capitol Rotunda.

STA was sideswiped by these events and their aftermaths. Their impact helped burst the bubble that had previously shielded STA from unwanted news. These events helped shape every student's opinion in varying magnitudes and opened STA to the outside world.



BARELY STANDING Clothes still hang in the closet of one of the hurricane damaged homes in the upper portion of Lower Ninth Ward in New Orleans, Louisiana. The storm inspired Americans to support the states that were victims of the hurricane. **PHOTO BY KRT CAMPUS**



VOICING SADNESS Vib Cvetkovic and her husband, Nick, stand on Main Street in Moorestown, New Jersey, during a candle light vigil on October 26, 2005, marking the death of the 2,000th American in Iraq. **PHOTO BY KRT CAMPUS**



SOLEMN DAY The casket bearing Rosa Parks is carried out of a funeral service on Wednesday, Nov. 2, 2005, in Detroit, Michigan. Parks died at the age of 92. **PHOTO BY KRT CAMPUS**

Outrage Obsession

STORY BY LISA PETERSON
DESIGN BY LISA PETERSON

During a 9/10 free one Thursday afternoon, a regular group of students gathered in Ms. Katie Dolan's room to work on homework, study class notes and most importantly, gossip about the week's hottest news stories. As chatter touched on the latest events to unfold on a hit show or celebrity wardrobe sightings, one student piped in to see if anyone had seen rapper Kanye West's outburst on live television. The students huddled around Dolan's computer, giggling as they watched footage of actor Mike Meyer's confused facial expressions as hip-hop's "classy man" declared that "[President] George Bush does not like black people" during a Hurricane Katrina telethon fundraiser.

"He was just speaking his mind, not trying to be funny," said freshman Phyllis Cole of West's comment. "But, he shouldn't have said it on TV because a lot of things celebrities say affect what others think and how they view the celebrity."

West wasn't the only celebrity to be criticized for frank comments. Actor Tom Cruise was ostracized for calling fellow actor Brooke Shields an unfit mother because she took anti-depressant medication to overcome post-partum depression. Cruise also received mixed feedback after jumping atop a couch on "Oprah" and adamantly professing his love for actor Katie Holmes, his soon to be fiancée.

"Adorable," was senior Molly Wilkerson's response to the couple. "I love them. I hate when people get on the whole age [difference] thing. They love each other!"

Cruise also had a big year financially, with the debut of Hollywood's Spielberg spin on H.G. Wells's novel "War of the Worlds." The movie, which starred Cruise as an estranged father who comes back to defend his children and humanity against alien invaders, grossed over \$530 million dollars at the box office. However, this accomplishment was overshadowed by Cruise openly preaching his scientology beliefs, which many fans called outlandish.

"It really affected his fan base," said junior Katarina Vaughn. "The scientology thing was just *different*. With

[Shields] a lot of people who looked up to him earlier for movies like 'Top Gun' are now the ones dealing with issues like post-partum depression and disagreed with the unexpected outspokenness of his personal views."

While West and Cruise were dealing with outraged fans, the stars of MTV's "Laguna Beach: The Real Orange County" soared to the top of the Hollywood hit list. Cast members Kristen Cavalleri, Lauren Conrad, Talan

Torriero and Stephan Coletti were on a first name basis with many students. Often times, girls gathered with friends for "Laguna Beach" parties. Monday nights, Wilkerson walked over to Kelly Reardon's house, a neighbor from Notre Dame de Sion, to eat and watch the weekly episode premier.

"We would laugh at [the] dumb things they do, cry sometimes when it's sad and scream when we were surprised," Wilkerson reminisced.

Obsessions with cast members and the lavish lifestyles they led became hot topics of discussion all around school.

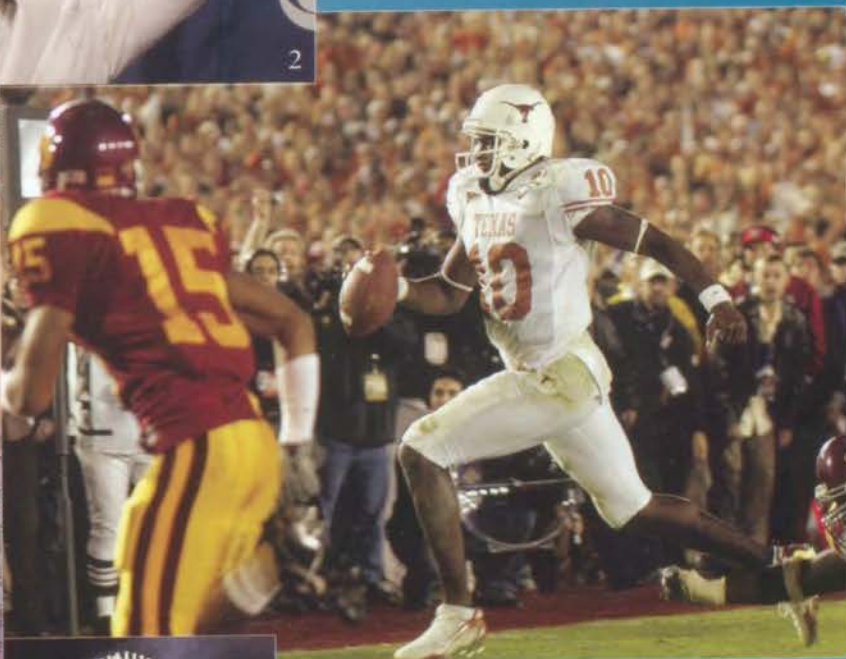
"People envy them because of their money, the things they have and the trips they take," said Cole.

The publicized life of the "King of Pop," Michael Jackson, came under scrutiny after a young boy accused Jackson of child molestation. In June, a jury acquitted Jackson on all charges of child molestation in one of the year's biggest and most publicized trials.

However, the October World Series match up between the Chicago White Sox and St. Louis Cardinals drew one of the lowest viewer rankings in the history of televised broadcasts of the championship. The White Sox swept the Cardinals in four games, ending their 88-year drought without a win in the World Series.

Looking back, the year was filled with a surge in celebrity opinions, television drama invading our own neighborhoods and unexpected sports victories. All of these moments and more meshed varied interactions and reactions together in the year that was: 2005.





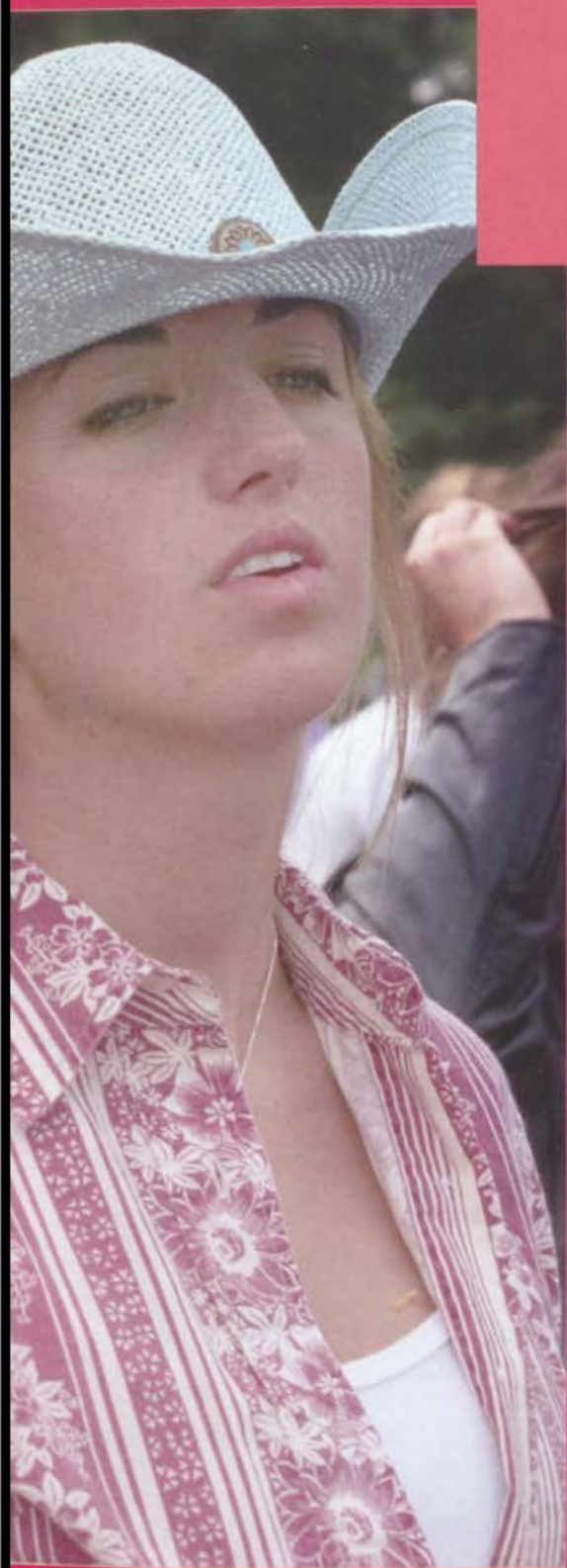
LOOKING BACK 1. The rock group Green Day arrives at the 47th Annual Grammy Awards in Los Angeles. Green Day made a comeback with the release of the album "American Idiot" which topped #1 on the Billboard music charts in 2005. 2. Kanye West hoists his two Grammy's for Best Rap Song and Best R&B Song at the 47th Annual Grammy Awards in Los Angeles on Feb. 14, 2005. 3. The cast of "Desperate Housewives", from left, Teri Hatcher, Felicity Huffman, Nicollette Sheridan, Eva Langoria and Marcia Cross, along with producer Marc Cherry, show off an award for Best Television Series, Musical or Comedy at the 63rd Annual Golden Globe Awards on Jan. 16, 2006. The show became popular for the over-the-top behaviors of the "Desperate Housewives." 4. University of Texas quarterback Vince Young jets past two defenders from the University of Southern California to score the winning touchdown in the final minutes of the Rose Bowl on Jan. 4, 2006. The No. 2 Texans beat the No. 1 Trojans 41-38 to win the Division I NCAA National Championship. 5. On Oct. 18, 2005 Fox cancelled the series "The Simple Life 4" after the two stars of the show, Nicole Richie, left, and Paris Hilton, ended their friendship. Shortly after severing ties with Hilton, Richie underwent a makeover which brought her positive publicity. 6. World Series MVP Jermaine Dye of the Chicago White Sox raises the World Series trophy in triumph over his teammates following Game 4 of the World Series against the St. Louis Cardinals. The White Sox swept the Cardinals in four games. **PHOTOS BY KRT CAMPUS**



COWBOYS AND INDIANS

From left, freshman Abby Duethman and senior Claire Foley scrutinize the competition during the annual Frosh Fest theme day. For a week in September, STA big sisters and little sisters racked their brains for the most creative ideas in order to win.

PHOTO BY RIKI ALLEN



»The force of STA rippled throughout the campus and beyond during the year. Numerous times, students were urged to get involved. Girls dressed up, competed, celebrated, volunteered and learned through the annual events STA has come to love. They cared for the elderly and underprivileged children. Clubs organized food drives, mixers and pep rallies. Weeks were spent preparing for musicals and plays performed in the auditorium. These activities not only involved the neighboring communities, but also reinforced the relationships and ideals that unified the school. We dedicated our hearts and minds to our lives outside of school, mindful of where we left an...

»impact

A Kansas City Experience

Gone with the wind: Two New Orleans students
join STA community

STORY BY AMANDA MORRALL
DESIGN BY BRYNNE LEE

Sophomores Caroline Gernhauser and Erin Davis walked into the crowded commons during activity one. Girls stopped eating for a moment to watch the two nervous outsiders. Students started to whisper, point, and say, "those two girls are from New Orleans."

"It was weird to have all these people looking at us, wondering what we are doing here," said Davis.

"Juniors just came up and started talking to us. It was overwhelming."

Davis and Gernhauser never imagined they would have to move because of Hurricane Katrina.

"We always pack up and leave for a couple of days when there is a hurricane," said Gernhauser. "But we always come back a few days later."

When Hurricane Katrina was predicted to arrive in New Orleans on Aug. 29, things were no different. Davis left New Orleans on Sat. Aug. 27 and went to Fort Worth, Tx. Gernhauser left New Orleans the next day and headed for Orange, Tx. Both girls talked with other friends, and told them they would see them at school the next week.

After Katrina devastated the area of New Orleans, Davis and Gernhauser realized they would not be able to complete the first half of their sophomore year at St. Mary's Dominican High School. Even though their suburb, River Ridge, was not affected, some of their classmates suffered losses.

"It made me appreciate that my house

was fine," said Davis. "And thankful nothing happened to my neighborhood."

Davis's parents decided to let her and her brother, Matt, live with their grandparents in Kansas City. Davis invited Gernhauser to stay with her grandparents as well.

Davis and Gernhauser, along with their mothers, shadowed STA on Sept. 6. By the next day they were enrolled into STA, and had their first day of classes.

"The schedule was confusing at first," said Gernhauser. "[It] took two weeks [for me to learn it], but [now I] don't have to look at the schedule anymore."

Davis's experience with modular scheduling was a little bit more dramatic.

"It was horrible, I got all mixed up, and I signed up for the wrong classes," said Davis.

Schedules were not the only thing the girls had to become accustomed to while attending STA.

"[People] talk differently, really differently," said Davis.

"[We] leave out a lot of words when we talk, and the pronunciation [is different]."

Sophomores Libby Hastert and Hannah Girardeau, befriended Davis and Gernhauser their first week they started school. Hastert had biology with Gernhauser and Girardeau had honors chemistry with Davis. Both sophomores asked Gernhauser and Davis to join them for lunch, and soon the girls started to hang out with each other outside of school.

"[We] have fun together," said Girardeau. "[One weekend] we went to D'Bronx Pizza... [We] wanted to show them cool places in Kansas City, [so we] took them to the Plaza and swinging in Loose Park."



MEMORY LANE Sophomores Erin Davis, left, and Caroline Gernhauser, show off their uniforms from their school in New Orleans. **PHOTO BY AMANDA MORRALL**



SWEPT AWAY Sophomore Caroline Gernhauser, center, looks over The Tao of Pooh, her accelerated world literature reading assignment. Gernhauser's neighbor, Megan Filipowicz said Gernhauser and Davis adapted well at STA. "They [adjusted] really well considering the situation," said Filipowicz. "They picked up the whole culture of STA and it was nice to have them here." **PHOTO BY AMANDA MORRALL**

Even though the girls made friends at STA, they still missed their friends back home.

"I am looking forward to be able to do things we use to," said Gernhauser.

"I miss being able to say 'hey what's up' to friends," said Davis. "I went home at the end of October to visit, and it was really nice to sleep in my own bed. You don't realize [how much you miss] it until you don't get to."

The girls said they would remember many things about their Kansas City and STA experience.

"All of my friends are so awesome," said Gernhauser. "[This experience] was definitely a lesson learned. [In spite of] everything I went through, it was awesome that [we] picked St. Teresa's and Kansas."

RIGHT: NEW CLASSES Sophomore Erin Davis listens during her Morality/ N.T. class on Nov. 18. Davis joined the STA community for a semester due to Hurricane Katrina's devastation to New Orleans. **PHOTO BY AMANDA MORRALL**



Caroline Gernhauer



- Ran Cross Country and Track at her school, St. Mary's Dominican, in New Orleans

- Taught tap, point and ballet dance classes to 3rd and 4th graders in New Orleans

- Played St. Matthew's CYO intramural sports in New Orleans, including Cabbage Ball: a version of softball but the ball is as big as cabbage

Erin Davis



- Varsity soccer player at her school in New Orleans, St. Mary's Dominican

- "I looked forward to going home after finals because I would be able to see my cat."

- Missed the hectic schedule and lifestyle

ANOTHER **GOOD** FROSH FEST

Advisory takes third Theme Day title



Day One: Sidewalk Chalk Contest



Day Two: Theme Day



Day Three: Door Decorating Contest

CRAFTY CREATIONS Left: The O'Rear advisory decorates their sidewalk as a part of the first day of Frosh Fest. Center: Junior Melissa Rhodes helps a freshman advisee with her Theme Day costume. Right: Junior Allie Fiss puts some finishing touches on her advisory's door decoration. **PHOTOS BY RIKI ALLEN**

STORY BY **BRYNNE LEE**
DESIGN BY **BRYNNE LEE**

The "Ants Go Marching" tune filled the outdoor area near the Goppert Center as two upperclassmen from the Good advisory enjoyed a picnic on the steps. Slowly, five freshmen ants peered around the corner marching and raising their arms to the beat of the music. They raided the picnic and took the food baskets as the audience roared with laughter.

Frosh Fest helped the freshmen adjust to high school and become closer with their advisory. It was divided into three days: Theme Day, sidewalk chalk contest and door decorating contest.

For the past three years, Ms. Robin Good's advisory has been in the top two places in Frosh Fest's Theme Day contest. Three years ago, the advisory received second place for dressing up as the Saturday Night Live cast. Two years ago, they dressed up as political figures in a satirical manner, which won them first place. An STA and Good advisory alumnae, Allie Brown, was always the creator of these great ideas. However this year, the advisory had to hold its own without Brown, and it did. Snagging first place for their ant-invaded picnic, the advisory celebrated with "a lot of high fives and a couple slaps on the butt," according to junior advisee, Abby Jane Fagan.

"It was a spur of the moment idea and evolved into some ants with a picnic," said junior Big Sister, Sarah Gramlich. "My props goes to Libby [Conwell], she made up of the ants and the music."

The Good advisory's original plan was vanquished when they

heard another advisory had their idea as well. They first intended to be Legos, but the Montag advisory had already begun their costuming and preparations for that theme. Some new ideas had to be thought of in time for the theme day judging.

According to Fagan, the advisory did not have very many ideas from

which to choose and Conwell's idea seemed easy and fun. The costumes for the freshmen ants were black tights and black shirts with antennas attached to small, black paper hats.

There was a lot of pressure to continue their streak.

"I was worried because we had to keep our name and title," said sophomore advisee Mary McCue.

As the day went on and some costumes still lurked around campus, Ms. Marion Chartier came on the loudspeakers. The entire student body knew what the announcement was about, the winning advisories. The third place advisory was announced followed by some distant cheers, then

the second place, followed by some louder cheers, and lastly, the first place advisory was revealed. Many classrooms were filled with laughter, shock and cheers. They had done it again, the Good advisory received first place.

"I was in shock," said Gramlich. "Ms. Good didn't believe it; she had to ask someone not in our advisory to make sure it was true."

As the day continued, the Good advisees would sporadically see each other in the halls and congratulate each other in their continuation of their theme day tradition.



SMILING SPECTATORS Faculty members Mary Conwell, left, and Nancy Land, right, as they watch the Frosh Fest Theme Day judging. Casey were two of the judges to find the winning advisories. **PHOTO BY RIKI ALLEN**

“The Good advisory had the same idea and I talked them out of being Legos because we were doing it, but it turned out that their new idea won first place.” - Junior Mikhala Lantz-Simmons



BUILDING BLOCKS Junior Big Sister Mikhala Lantz-Simmons of the Montag advisory dresses as a Lego for Frosh Fest Theme Day. “It was really hard to walk down the stairs in those big boxes,” said Lantz-Simmons. **PHOTO BY RIKI ALLEN**



LATE NIGHT HUMOR The 2003 Good Advisory big and little sisters pose for the Frosh Fest’s Theme Day picture. The advisory dressed up as the Saturday Night Live cast and performed a short skit. **PHOTO SUBMITTED**



ELECTION DAY The Big and Little Sisters of the Good advisory imitate and dress as political figures in a satirical manner. The 2004 Frosh Fest’s Theme Day title went to the Good Advisory. **PHOTO SUBMITTED**



RAIDED PICNIC The 2005 freshmen, dressed as ants, and Big Sisters of the Good advisory win first place in the annual Frosh Fest Theme Day contest. The advisory took first place with their ants and a picnic. **PHOTO SUBMITTED**

FRIENDSHIPS FORMED

Upperclassmen Guide Advisees

STORY BY BAILEY LYNCH
DESIGN BY ALEXANDRA KURTH

Food was always the most treasured part of each advisory party and sophomore Emily Thompson of the Blake advisory learned the value of protecting her food from other hungry students.

"We were having an advisory party—it was Mexican food and I got to go before the freshmen," said Thompson. "I got a huge plate of food because I was hungry. Then, I had to go to the gym. That took 20 minutes and I left my food upstairs. I got back and everything was already eaten and my plate was gone!"

Each advisory had its own special party traditions and favorite foods. For the Schroer advisory, "heavenly buns" were their special treat. Sophomore Sarah Coleman described these cinnamon rolls during a Panera advisory party.

"Amazing!" said Coleman. "Definitely heavenly. A little taste of heaven in a bun."

Advisories were a safe haven for all grade levels to go for counseling, support and friendship for all four years. Although advisories were used for daily accountability, they went beyond checking-in and created a welcoming place for upper and lower classmen.

Freshman Mary Lee Ptacek of the Thomas advisory believed her advisory helped her transition to high school.

"All upperclassmen are really nice to me," said Ptacek. "[My advisory] has made me be friends with people I wouldn't usually be friends with, like other freshmen."

During the 10-minute announcement time, parties and daily interactions, fellow advisory members bonded and formed friendships. Senior Lizzy Beier of the Amick advisory

commented on the close relationships between the people in her advisory.

"There are a lot of friendships in the advisory," said Beier. "[My advisory is] just kind of a place we go and talk. There was an automatic bond between everyone."

One tradition special to advisories was the Big Sister Program. The Big Sister Program was designed to help the freshmen transition and meet people in advisory. The upperclassmen met the freshmen and participated in activities including Frosh Fest and Star Night. As a Big Sister, Beier hoped she helped the new freshmen.

"It's kind of cool to see the freshmen come in," said Beier. "I'd like to think it helps them. I would have had a horrible transition if not for the Big Sisters."

Advisories contained a variety of diverse students helping to enrich and impact each students' experience at STA. Sophomore Alexandra Miller of the Hennon advisory explained the benefits of including all the different age levels in one advisory.

"[There are] different types [of people] in advisory," said Miller. "There are the smart, athletic and other wide variety. I get to see a wide range of people in STA. It definitely makes you feel more welcome."

The fun, inviting atmosphere of advisory helped senior Alexandra Burr of the Blake advisory to have a positive experience after transferring to STA her junior year.

"I think [advisory is] a good thing—announcements and parties," said Burr. "You get to be with people you don't usually get to be with. I feel like I can talk to [Ms. Renee Blake] if I had a problem—very personable."





COMING HOME Freshman Lauren Kenner, from left, checks out of the Hansbrough advisory at 3 p.m., while freshman Elizabeth Smith and Hansbrough look on and converse. Students in Hansbrough's advisory, as well as all advisories at STA, had to check themselves in and out everyday, which taught responsibility and helped form diverse friendships throughout different grade levels.

PHOTO BY JACQUI LINDSEY

"My favorite part of advisory is the hot chocolate, hot drinks and parties." Sophomore Whitney Dalton, Acton advisory



ONE TIME Sophomore Sarah Cooper, from left, juniors Kate LaTerza, Claire Cullen and sophomore Janice Schrader listen in amusement to freshman Sally Nulton's latest story in the Thomas advisory. These girls often exchanged stories during midday advisory. PHOTO BY JACQUI LINDSEY

A Club for the Community

Club's activities benefit thousands



SAVING LIVES Senior Rosalyn Anderson, left, has her blood pressure checked before giving blood at the STA blood drive on Feb. 10, as Community Service Club officer Tricia Rogers comforts her. A total of 56 people showed up at the drive and 38 units of blood were given.

PHOTO BY KATHLEEN HEERMANN

Community Service Club by the

Numbers

- 3 truckloads of canned goods for Food For Thought
- 5 yearly projects
- 35 members
- 40 children who received toys
- 50 dollars spent by each advisor
- 55 trick-or-treaters
- 958 dollars for the Veteran's Home



35



5

50



Top Row from left: B. Hansbrough, B. Dougherty, P. Rogers, J. Gribble, K. Dittiro Third Row: M. Huber, S. Schmerge, A. Scharig, K. Kirk Second Row: K. Berardi, L. Sciara, J. Kramer, M. Garcia, M. Henderson, S. Gramlich, H. Moore First Row: M. Effertz, J. Belcher, C. Moore, K. Arnold, M. Hickey
PHOTO BY KATE CHRISTIAN

STORY BY ANNA WARM
DESIGN BY BRYNNE LEE

Some people were surprised to find senior Jordan Gribble and juniors Katrina Abella and Meaghann Taylor standing at their door on Halloween, instead of children anxiously awaiting candy. Unlike most trick-or-treaters the girls were not there for candy. Instead, they were collecting canned goods for Community Service Club.

"The look people have when you tell them you don't want candy is classic," said Gribble.

This year, almost 60 girls from STA went out into the community to collect goods for Food for Thought. The drive was sponsored by the Community Service Club, which donated the food to the Bishop Sullivan Center.

"It's a good excuse to go trick-or-treating because you're doing it for a good cause," said sophomore Maddie Hickey.

Food for Thought was headed by seniors Patricia Rogers and Hannah Moore. Each of the five seniors was put in charge of a project.

"The seniors run the club," said Ms. Betsy Hansbrough. "I just make suggestions."

Hansbrough has been the club moderator since she began teaching at STA in 2003. Her daughter was a member of the club while at STA. Having often served Kansas City as a nurse and through her church, Hansbrough felt it was natural to moderate

the Community Service Club.

The club has sparked the interest of many students because of its ongoing involvement in both the STA and Kansas City community.

"I thought I'd be doing the most work," said Hickey who grew up going on mission trips with her family.



CLUB CHAT Seniors Patricia Rogers, left, and Jordan Gribble talk about the club's meeting and duties for the year at the Jan. 6 meeting. Both Rogers and Gribble were officers in the club. PHOTO BY KATE CHRISTIAN

Senior Molly Friend joined Community Service Club her sophomore year because it was the only club that she saw was involved in the community. Friend was responsible for the Christmas gift drive for the Ozanam Home, a local shelter for children. Each advisory was given the name of a child and a few of their needs and wants. The advisory went out and bought one or two items from each list, usually spending about \$50. Friend was happy with the success.

"It was incredible to see the amount of money," said Friend.

Each group of trick-or-treaters brought their bags of canned goods back to the school. By the end of the night there were truckloads of food ready to be sent off. Community Service Club had taken the opportunity to get involved and help out an organization. All of the food piled high in the trucks represented that this club was all about giving.

"[Community Service Club is about] people realizing their underlying need to serve other people," said Hansbrough.

THE PHOTOGRAPHY CLUB GAINS RECOGNITION FROM CLASSMATES BY

Decking the Halls

STORY BY TRACY HADEN
DESIGN BY ALEXANDRA KURTH

The Country Club Plaza lights had just been lit. Even the crowds of people wandering the streets for this eventful night didn't overshadow the soft twinkling of a million colored bulbs. Junior Kate O'Flaherty meandered through the sea of people, armed with nothing but a jacket and camera to search for the perfect shot. She finally pushed her way through the masses and spotted a lone bulb. She zoomed in, adjusted the lens and pressed the button. Click.

A few short weeks after O'Flaherty snapped the picture that cold winter evening, it was seen plastered on lockers around the school. As a photography club two year tradition, winter photographs helped deck the halls of STA in preparation for Christmas.

"[The winter photographs] started because photography club wasn't well-known at school, but it sought to be a club kids know about and want to participate in," said club advisor Mr. Eric Thomas.

The members of the photography club chose to give the club a formal name: Overexposed. They were devoted to making themselves presentable and giving the club a good reputation throughout the school.

"The girls donate a lot of their own time and money into the winter pictures," said Thomas. "They buy the magnets and develop the film. It was an awesome project for them to start."

The photography club was formed when Thomas began working at STA four years ago. He believed photography club took the place of a photography class, which STA does not offer.

"The goal of photography club was to fill a hole at STA for people who like to take pictures, but aren't on a publication," said Thomas. "That's one of the few ways in which to get kids into photography."

Photography club made an effort to do activities outside of school as well.

"On Martin Luther King Day we all met at the Nelson and went on this crazy photo hunt," said sophomore Sarah Smith. "It gave us the opportunity to interact outside of school and have fun taking pictures."

Although the majority of girls in the club didn't plan on going into a career in the art of photography, they still enjoyed the experience of trying new and exciting things.

"I always liked taking pictures," said O'Flaherty. "And even though I won't do it for a living, the club is a fun excuse to go take pictures. It makes you make time for the things you love doing."



SLIDE SHOW Sophomore Sarah Smith presents a photograph of her grandmother during February's club meeting. Each month a theme was chosen for the girls to photograph, and Smith's picture was from the portrait study. **PHOTO BY SHANNON VANBUSKIRK**



PHOTO DISCUSSION Sophomore Marian Nguyen, left, and senior Sarah Murphy discuss the composition of a photo taken on the Overexposed excursion to the Nelson-Atkins Museum of Art and the Kauffman. Throughout the year, the girls learned how to critique photographs and develop stronger compositions. **PHOTO BY SHANNON VANBUSKIRK**



OVEREXPOSED PRINTS Juniors Meaghann Taylor, from left, Katarina Vaughn and Alex Bojarski-Stauffer share photographs with senior Laura Kearns at an Overexposed meeting during activity period. The girls reviewed pictures taken on their excursion to the Nelson-Atkins Museum of Art and the Kauffman on a day off school in January. **PHOTO BY SHANNON VANBUSKIRK**



HOLIDAY MAGNETS Magnets created by the photography club decorate students' lockers at the end of first semester. For the past two years, Overexposed used this project as a way to bring cheer to the hallways and showcase the members' work. **PHOTO BY SHANNON VANBUSKIRK**

FRESHMEN FORTY

CARE Club members help underclassmen feel included

STORY BY MEREDITH PAVICIC
DESIGN BY ALEXANDRA KURTH

"It's all about freshmen," said sophomore Rachel Mize.

This was in effect the focus of the CARE Club at STA. Their stated purpose was to, "help freshmen and new upper-class students to adjust successfully to St. Teresa's during their first year."

Sophomore and CARE Club member Tara O'Flaherty said that the club sought to help new students adjust.

"Our purpose is to help freshmen at STA adapt and feel welcome and important to our school," said O'Flaherty.

The club sought to integrate freshmen into the STA community through various activities, such as cups filled with candy given to freshmen at finals time, valentines, and a freshmen yard day in the spring. These activities aimed to make freshmen more comfortable at STA, but the club's main event was the freshmen mixer.

The year's mixer, held Nov. 4 in the Goppert Center gymnasium, was a success according to club members Mize and O'Flaherty.

"It was nice to see the freshmen having fun when it's a stressful year for them," said O'Flaherty.

Mize also enjoyed the mixer. She and O'Flaherty helped to usher freshmen in the door, and O'Flaherty liked "working the desk," she said, which included selling tickets and stamping the hands of the students as they walked in.

Junior and CARE Club secretary Alexandra Fiss also enjoyed

seeing the freshmen at the mixer.

"It helps you get to know the freshmen better," said Fiss.

Her job helping check their shoes in allowed her to see many of the freshmen as they came through the door.

This was just one of many jobs that had to be done at the mixer. The CARE Club members were responsible for arranging parent and teacher chaperones, patrolling the doors of the gym, and collecting ticket money at the door. They had to work together to make sure that all shifts were covered, that no one's shoes were stolen, and that everyone left safely when the dance ended.

The group of forty girls got along well, said O'Flaherty.

"I really like how it's a really close environment," said O'Flaherty. "I really feel the people in the club are interested in helping freshmen."

Fiss also felt that the club worked well together. "It's a good group of girls," said Fiss. "[And] Mr. [Mathew] Bertalott really lets us run it. He supports what we want to do."

This notion of support, from Bertalott or from the club members themselves, typified the CARE Club at STA.

As freshmen screamed hellos across the entrance of Goppert and squeals erupted from various groups of girls, upperclassmen in pink t-shirts stood on the sidelines.

CARE Club members who not so long ago had been those screaming girls smiled to themselves. While the freshmen spent a night dancing with their friends, CARE Club members spent a night trying to simply lend a hand. Whether it was a lost cell phone or a missing shoe, they were there to help and to care.



DANCE OFF Sophomores Tara O'Flaherty, left, and Hailey Caywood dance as they chaperone the freshmen mixer. O'Flaherty and Caywood joined the club so they could be a part of the mixer. **PHOTO BY MOLLY CAMPBELL**



DANCE REUNION Freshmen Hanna Cosgrove, left, and Emma Spencer greet each other at the Freshmen Mixer. "I went to the mixer so I could hang out with my friends from other schools and my friends from STA and have fun," said Cosgrove. **PHOTO BY MOLLY CAMPBELL**



Freshman Nicolette Anderson was one of nearly 400 students and friends present at the STA Freshmen mixer. Anderson said she really enjoyed herself, and liked that many different schools were invited.

"They played the songs I requested right away," said Anderson. "[And] I saw people I hadn't seen in a long time, that I didn't see anymore."

Anderson said she felt the CARE Club members were very welcoming. "It felt like they wanted to be at a dance with us," said Anderson.

A Magical Evening

New additions, old friends make a perfect night

STORY BY FRANCESCA SWALWELL
DESIGN BY ALEXANDRA KURTH

Hundreds of students jumped and danced to the song "Shout!" as balloons poured down from the canopy tent at the Teresian dance on Oct. 15. Balloons cascaded down on the students, many of whom were grabbing their friends or dates in excitement. Students enjoyed the balloon drop, which, along with a slide show, was a new addition to the dance.

"The balloon drop was cool," said junior Alyson Russell. "Everyone went crazy with the balloons."

The slide show, which was projected onto a wall, pictured current students at past dances and also contained photographs from past yearbooks showcasing some interesting fashion trends.

Junior Rachel Janose enjoyed getting a glimpse of STA's history through the photographs.

"I loved it," said Janose. "I thought it was really cute. I loved all the past pictures of Teresian dresses."

Sophomore Emily Thompson, who had been planning her night for about a month, thought the dance was well worth the stress it had caused, and she had more fun than she anticipated. Other students agree with Thompson.

"I had very high expectations for this dance," said Janose. "My sophomore Teresian was one of my favorite memories from sophomore year, so I was expecting this one to be even better. It definitely lived up to my expectations."

Russell was also excited for the dance. She was initially looking

forward to the dance because of the Hummer limousine she and her friends rented. However, once she arrived at the dance, she appreciated the music, which she thought was better this year. Russell and her friends enjoyed the dance so much that they stayed until the end of the dance at 11 p.m.



SHAKE IT Sophomores Jordan Behnken, left, and Liz Meyer dance with their dates under the tent at the Teresian dance on Oct. 15. PHOTO BY MEGAN ROGERS

For senior Danielle Spears, this Teresian was bound to stand apart from the others because it was her last.

"It felt a little different because it was the last one," said Spears. "I was sad and excited all at the same time."

Spears mostly enjoyed the music and being able to spend time with her friends. According to Spears, she and her friends really wanted their last Teresian to count and they decided to go all out.

Other students shared Spears's opinion that the time with friends was the greatest aspect of the dance.

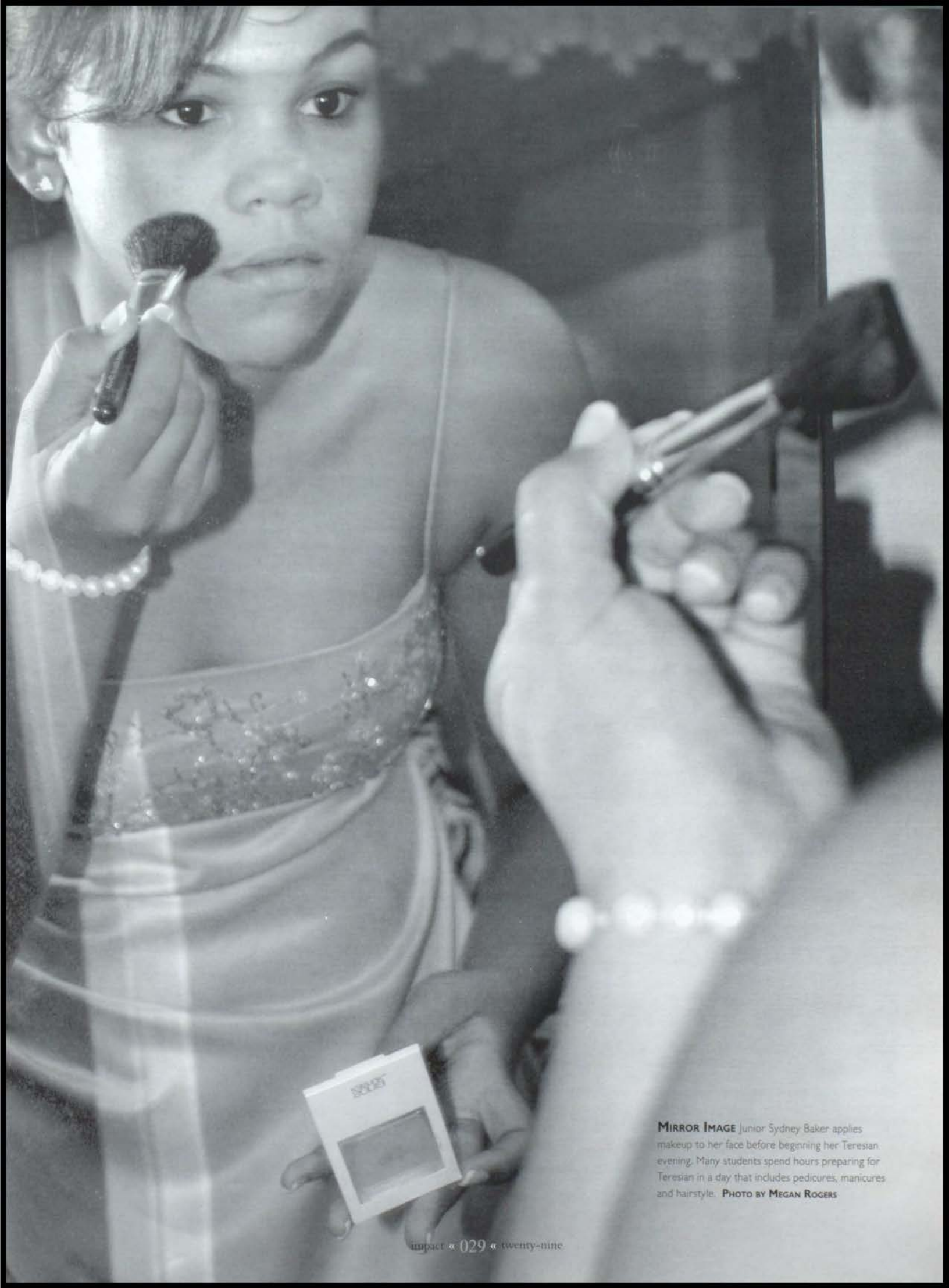
"I thought it was just fun to dance with everyone," said Thompson. "You know everyone there and everyone was so excited to be there."

While details like slideshows, balloon drops and music were important, they didn't make or break the dance in the same way that the people did.

"I had a lot of fun at the dance because all my friends were there and I had a really good date," said Janose. "A lot of my really good guy friends were there and they were acting crazy, so it

was fun."

In the minds of many students, it was the energy of their peers and the chance to have fun with such a large group of friends that led to an unforgettable dance.



MIRROR IMAGE Junior Sydney Baker applies makeup to her face before beginning her Teresian evening. Many students spend hours preparing for Teresian in a day that includes pedicures, manicures and hairstyle. **PHOTO BY MEGAN ROGERS**



SWING DANCING Junior Cadie Williams and her date, senior Chris Fakoury of Rockhurst High School, dance together during the Junior Ring dance. The dance was held in the newly renovated cafeteria, The Commons, on Feb. 3. **PHOTO BY LAURA STRICKLAND**



WRAPPED AROUND Juniors Carina Murphy, left, and Claire Cullen decorate The Commons before their "Black and White" themed dance. Members of the dance committee were invited to hang decorations during their afternoon frees when the lunch room was no longer in use. **PHOTO BY SHANNON VANBUSKIRK**



A First Time for Everything: Junior class starts STA tradition of Junior Ring dance

Step

STORY BY LAURA STRICKLAND
DESIGN BY BRYNNE LEE

Decked out in their black and white attire, juniors flashed their smiles as they gathered for the first Junior Ring dance on Feb. 3 in the newly renovated cafeteria, The Commons.

"The dance was a lot of fun," said junior Amanda Wilson. "Overall, I would say it was awesome."

The idea emerged during a free period in Ms. Katie Dolan's classroom in late October. Juniors Maggie Burke and Mary Garcia suggested a junior dance. The dance received enough encouragement from the junior class that Burke and Garcia presented the idea at the November class meeting.

"Mary Garcia and I really wanted to have a dance," said Burke. "We wanted it to be a fundraiser for the junior class."

Junior Kayla Crandall, who was present when the idea emerged in Dolan's classroom, said that everyone was sad that the Teresian dance was over and wanted to keep the formal theme alive.

"I was really excited [at] first because I thought it would be an opportunity for us to get to know our class better," said Crandall.

Wilson, along with Crandall, supported a junior dance.

"Rockhurst and Sion both have dances in the spring for juniors," said Wilson. "We wanted to have one too."

Garcia and Burke proposed the dance to Ms. Mary Anne Hoecker, who supported the idea.

"We planned everything before," said Burke. "[Ms. Hoecker] thought it was a good idea. She was really excited about it."

Garcia and Burke divided the class into committees for each area in need of planning a successful dance. Burke said that they used inexpensive decorations and knew the DJ, which helped keep costs low.

The planning committees came up with a unique way of selling tickets. The juniors signed their name on a piece of paper instead of purchasing tickets.

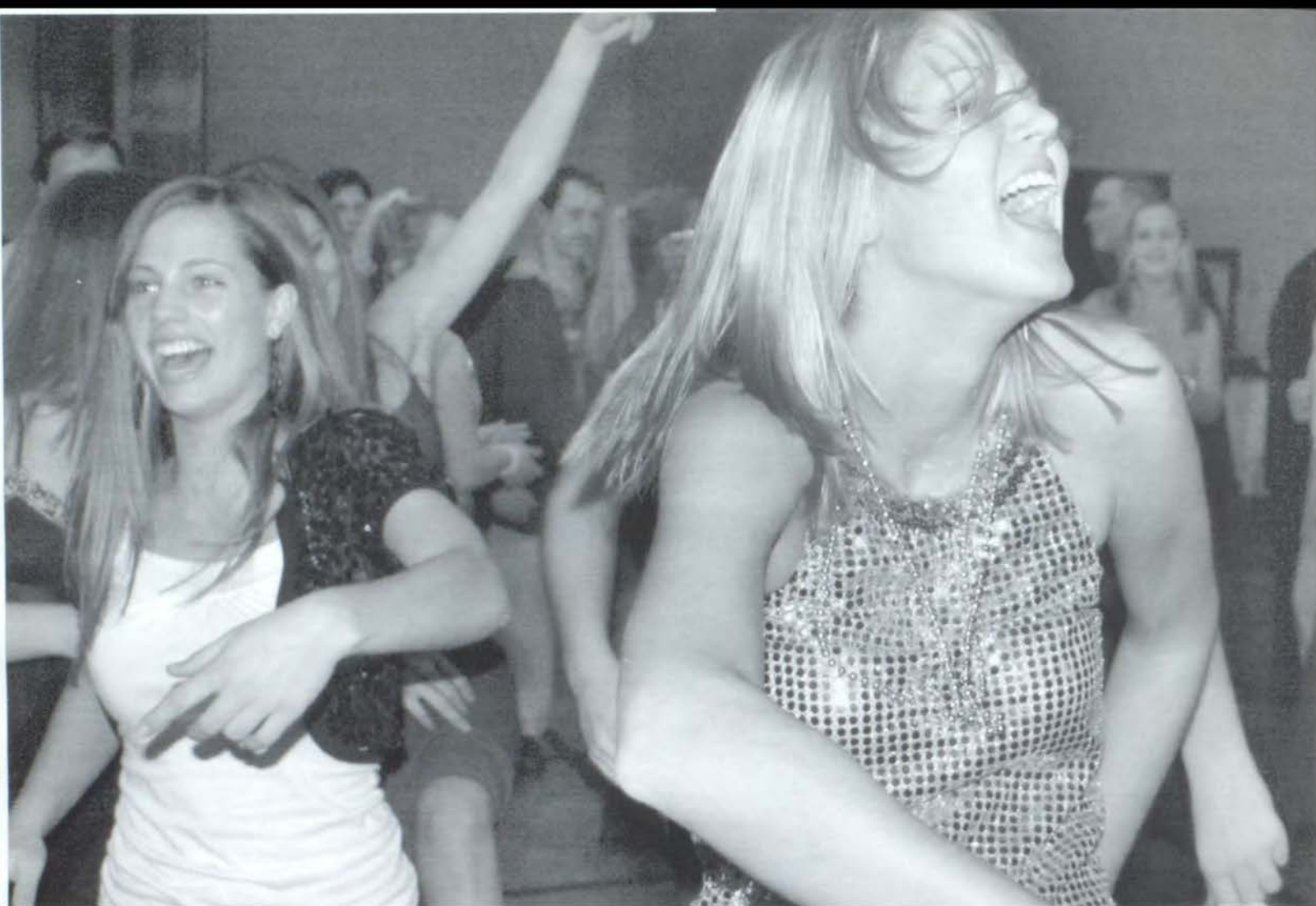
"Everyone thought it was going to be confusing and people were concerned that there weren't tickets," said Crandall. "In the end, it worked out fine."

Compared to other STA dances, the Junior Ring dance was much smaller. According to Ms. Roseann Hudnall, there were about 80 juniors, excluding dates, who attended the dance.

"This was a lot more fun, a lot less crowded, and not as hot," said Wilson.

After the last song, juniors walked out of The Commons with more class unity than they had before they came.

DANCE CRAZE Junior Carina Murphy, from left, joins juniors Kate O'Flaherty and Maggie Burke for some dancing and fun at the Junior Ring dance. Burke, along with junior Mary Garcia, proposed the idea of a junior dance. **PHOTO BY LAURA STRICKLAND**



ALL SMILES Sophomores Mary McCue, left, and Kerry Beckett laugh on the dance floor during the Father-Daughter dance. "Father-Daughter is a great way to spend time with your dad but also to have fun with your friends," said Beckett. "It's also nice that we don't have to worry about how we look for boys." **PHOTO BY HAILEY CAYWOOD**



GETTING GROOVY Mr. Mike Allen, left, and his daughter Riki dance in the senior dance-off at the Father-Daughter dance on Sunday, Feb. 12. The Allens twirled their way to first place in the competition against the entire senior class. **PHOTO BY HAILEY CAYWOOD**



TAKE A LOOK Juniors Kelli Hansen, from left, Mary Garcia, Laura Goede, Kathleen Medina and Abby Jane Fagan crowd around the key chain table to pick their favorite Father-Daughter picture. Girls posed for pictures, while dressed for the "Saturday Night Fever" theme. **PHOTO BY HAILEY CAYWOOD**

Disco Craze

STORY BY LAURA STRICKLAND
DESIGN BY ALEXANDRA KURTH

This year's Father-Daughter dance on Feb. 12 was a blast from the past. Mimicking the movie *Saturday Night Fever*, dads and daughters dressed in their best 70's attire. Dads wore a variety of outfits from jumpsuits and pork chop sideburns to silk shirts and afros. Girls arrived in platform shoes and colorful dresses, ready for the disco scene. As dads and their daughters strolled in, the music blasted with the Bee Gees', "Jive Talking," and dads tried to master the infamous John Travolta walk.

"I thought [the dance] was so much fun," said sophomore Sara Donaldson. "It was definitely the best dance of the year."

This was freshman Katie Kenney's first father daughter dance at STA, and she thought the dance was full of excitement.

"[The dance] was a lot bigger than I thought it was going to be," said Kenney. "It was a great opportunity for my dad to meet my friends and their dads."

Students enjoyed dressing up for the occasion and were humored by the interesting outfits that many of their fellow students and other dads wore. Senior Laura Quaison enjoyed the 70's theme and thought it was easy to find a costume for the event.

"The [afros] were amazing," said Quaison. "There was a lot of diversity in the costumes. I loved seeing everyone's outfits. They were so hilarious."

The outside gathering area was equipped with bright decorations and the dance floor had shiny disco balls, recreating the famous *Saturday Night Fever* dance scene.

I thought [the decorations] fit the theme," said senior Meredith

Lynch. "There weren't a whole lot, but they were fine. [The dance] is more about having fun."

The night began with a dinner, followed by an evening full of dancing. The first part of the dance began with the annual senior dance contest. Bridget Aylward took third place, Sarah Tampke took second place, and Riki Allen took first place.

"I loved watching the senior dance contest, especially Riki Allen and her dad," said Quaison. "It looked like they had been practicing for weeks. Mr. Allen picked her up and swung her."

Underclassmen and their dad's left the dance floor for home, exhausted from the intense dancing, but some seniors finished the night with a round of bowling. Seniors bowled with their dads at Mission Bowl until midnight. The bowling alley stayed open an extra hour for all the seniors to enjoy their last Father-Daughter dance.

Senior Franny McShane and her dad joined several other seniors in the bowling festivities.

"My dad got six strikes in a row," said McShane. "He was the happiest person alive for like a week. I thought it was a great way to end the night for the seniors at their last Father-Daughter dance."

Students and their dads came together for an evening of fun. After eating dinner with friends and spinning around the dance floor, dads and daughters journeyed home on their separate ways. Students went back to school the next day in a different world than their dads. The dance was an opportunity for dads and their daughters to connect.



DISCO MANIA Mr. Bret Devine, left, and Mr. Jim Aylward show their moves on the dance floor. Dads and daughters dressed up in their most outrageous disco outfits to fit the theme, "Saturday Night Fever." **PHOTO BY HAILEY CAYWOOD**

JUNIORS, SENIORS BRING KINDNESS TO AREA AGENCIES

STORY BY MARY NULTON
DESIGN BY LISA PETERSON

Simple Acts

At St. Vincent's Operation Breakthrough, junior Kayla Crandall worked with toddlers. Each day the girls would ask to play with her hair, and eventually she gave in and allowed them five minutes to play hair-dresser. Before she knew it, Crandall was sporting a new form of cornrows with braids emerging from all angles of her head, held together by leggos. To Crandall, her hairdo seemed uncomfortable and unflattering, but to the young girls, it was a masterpiece.

The STA community saw service projects as an opportunity for students to explore their love of various fields and serve the community with their talents. Girls were able to choose an agency based on what they want to do and who they want to work with.

"I chose St. Vincent's Operation Breakthrough because I wanted to work with little kids," said junior Michelle Jantsch. "I thought they would be really fun, and of course cute!"

While Jantsch found this to be true about the toddlers she worked with, she also came to see why these children were in need of so much help. Jantsch was taken back by how many kids would come in after not eating or sleeping for days.

"It's scary to think about these kids at home being hungry and tired," said Jantsch. "That's what my agency's there for."

Crandall discovered that

service week was not only focused on learning how to help others, but also learning about yourself.

"I think service week is required to get students involved in different environments," said Crandall. "It can be used to experience new opportunities."

Senior Caitlin Madden, who helped at the Upper Room, an after school program for kids, said that service week really helped her mature.


"During service week, the little kids help me look outside myself and see how there is a much bigger world out there," said Madden.

Crandall and Jantsch had similar personal encounters, and were able to uncover the kids' true personalities.

"For me, it was great getting to see a new side to these kids," said Crandall. "A lot of them try to put up a front and try to act tough, but on the inside I was able to see a softer side. They're really compassionate, cool little kids."

Jantsch recalled being jealous of one of the young boys she helped and how he could sing full length rap songs like "Grills" and "Run It," while imitating the rappers' dance moves. Seeing children in a different atmosphere, girls recognized how much potential the kids have.

"I love seeing and helping these kids get a better chance than their parents did," said Jantsch. "These kids really deserve it."



GAME OF LOVE Senior Sarah Farnet, center, and Prital, left, watch as Jessica decides which girl will get a valentine at St. Joseph's Institute for the Deaf on Feb. 14. Farnet, as well as all juniors and seniors, spent a week volunteering at different service agencies as part of their graduation requirement. **PHOTO BY FRANCESCA SWALWELL**



LISTEN UP (left) Senior Jazmyn Froe reads to two children in the Toddler 2 room of The Children's Place during service week. "Interaction is a big part of learning," said Toddler 2 teacher Ms. Kim Fox. **PHOTO BY TRACY HADEN**

CLIMBING HIGH (below) Junior Meredith Stoops carefully watches as Sasha, a preschooler at St. Joseph's Institute for the Deaf, climbs on the playground equipment during recess on Feb. 16. Stoops, along with other volunteers, played with the children, who were either deaf or hearing impaired. **PHOTO BY FRANCESCA SWALWELL**



Class Unity

STORY BY FRANCESCA SWALWELL
DESIGN BY ALEXANDRA KURTH
AND ABIGAIL SOSINSKI

As Mr. Mark Fudenburg addressed the audience filling the auditorium, the junior class patiently awaited the time when they would receive their class rings. Fudenburg filled his speech with funny stories about students and a few of the wedding vows he gave to his wife.

"It was cool that he showed that special of a connection with our class to share [his wedding vows] with us," said junior Jen Finley.

After Fudenburg's speech, Ms. Anita Reznicek gave a short blessing and one by one, the juniors approached the stage to accept their rings. Some juniors were receiving their mother's or grandmother's class ring; however, the majority had ordered their ring from Jostens. Each junior could choose from a variety of settings for their rings which ranged from yellow gold to platinum. The words "Deo adjuvante non timendum" engraved on each ring not only united the juniors as a class, but also connected them to women from the past.

"[To me] the junior ring is a symbol of belonging to a longstanding, young women's, value-centered, college prep school," said Ms. Mary Anne Hoecker who was present at the ceremony.

Although some students chose not to receive a ring or attend the service, most felt that it showed the unity of the class. Many juniors also felt that the ceremony signified another step toward graduation.

"Walking across the stage like graduation was so surreal," said Finley. "Like [graduation], we shook with our right hand and received with our left."

After the ceremony ended, a reception was held in The Commons for the juniors and their families, while

several sophomores served them. Here, the juniors had a chance to view their class video, which a few juniors and class moderator, Ms. Roseann Hudnall, had spent many hours during activity creating.

"[The video] showed how uniquely close our class was to one another," said junior Jessie Kramer.

Added to the traditional ceremonies this year, was a junior class dance that was chosen to celebrate the junior ring ceremony. Finley believed the relaxed atmosphere of the dance was a fun change from the solemn and serious atmosphere surrounding the ceremony.

"It was like bonding with your family during the ceremony and bonding with your friends during the dance," said Finley.

Kramer thought it was weird that the dance took place before the actual junior ring event, but still enjoyed it.

"I loved it," said Kramer. "It was so much fun. I hope the juniors get it together next year."



ADDRESS TO IMPRESS Mr. Mark Fudenburg speaks to the junior class at their ring ceremony. "The ring is a symbol of their connections to each other and the school," said Fudenburg. **PHOTO BY MEREDITH PAVICIC**



FULL CIRCLE Juniors Carolyn Weideman, from left, and Mary Kate Bird admire Katie Murphy's ring at the reception after the junior ring ceremony Feb. 26. Murphy elected not to purchase a ring, but still participated in the ceremony, wearing her mother's high school ring. **PHOTO BY MEREDITH PAVICIC**

"The junior ring is a symbol of belonging to a longstanding, young women's, value-centered, college prep school."

Mary Anne Hoecker

Taking Time

Faith plays inviting role during school activities

STORY BY HAILEY CAYWOOD

DESIGN BY BRYNNE LEE

For sophomore Tara O'Flaherty, the rush of mid-day advisory was filled with the sounds of zipping backpacks, lockers slamming down the Donnelly hallway and doors opening and closing with the few students that were coming in late. The ten minutes of advisory were a period of peace and stillness when she took time to focus on the prayer and reflection being read over the intercom.

"I like how the prayer is during mid-day because I get a chance to stop and regroup," said O'Flaherty. "If I feel overwhelmed, I can get myself back to normal with prayer."

Students used prayer to remind them of the dedication to their faith and how it affected their daily school activities.

For O'Flaherty, prayer was not the only example of faith during the school day. Teachers took time to bring faith into the classroom and she put extra thought into her daily actions.

"I don't look at everything and say, 'That was faith,'" said O'Flaherty. "But, I know it's there."

With the ideas and time given by a group of students, Prayer Jams was introduced to provide a time during the month for peace, reflection and singing. Another goal of Prayer Jams, according to junior Meredith Snyder, was to have the student body understand that there was other Christian music outside of what was typically heard during liturgies. She and the

other students involved hoped that there would be more participation in all school liturgies and prayer services.

"I love the Prayer Jam idea," said theology teacher Robin Good. "It was initiated by girls who were looking for a way to bring their faith to the STA community through music."

Students could also become active in the faith community by joining Campus Ministry, a group of students and teachers who planned and facilitated the faith activities during school hours. They took the time during the day to offer an

opportunity for students to have an impact on faith at school. They were in charge of liturgies, prayer services, mid-day prayer and retreats. Good said another job of Campus Ministry was to put a lot of energy into inviting the community to take active roles.

"[Campus Ministry] always gives us the opportunity to help and be a part of the faith at school,"

said freshman Brenna Mitchell. "I love that they're always asking for our participation."

Faith was an element of the school day that encouraged the community to be involved and excited about what they believed in. For freshman Alexis Collins and Good, the time put in was well worth it.

"I want [the students] to realize how important it is to stop and reflect on life's journey," said Good. "Life is hectic. We have to slow down and enjoy it."



SINGING PSALMS Juniors Lauryn Howard, left, and Leia Darden sing at the Thanksgiving Prayer Service on Nov. 22. "[The Prayer Service] kept my attention a lot more," said sophomore Besty Koehne. "It was fun to see my friends involved." PHOTO BY ERIN VOGEL



POETIC PRAYER Sophomore Emily Duesing reads her poem "Thank You, Brother" at the Thanksgiving Prayer Service on Nov. 22. "I had a friend who was really supportive, so I wrote [the poem] about him," said Duesing about her inspiration for the poem. **PHOTO BY ERIN VOGEL**

8th

a n d o c e a n

SENIOR STYLE

STORY BY SHANNON VANBUSKIRK

DESIGN BY BRYNNE LEE

The lights flashed and Michael Jackson's "Thriller" blared from the stereo system. Down the catwalk strutted seniors Laura Quaison and Jessica Dahmer. Both were dressed in short, gold and black Jessica McClintock gowns. Hoots and hollers roared from onlookers who surrounded the stage. The show had begun.

The downtown Marriott hosted the annual senior fashion show in its Count Basie Ballroom.

The event took place during the Mother/Daughter Luncheon on Sunday, April 2. Of the 2006 graduating class, 95 eager students participated in the show, which featured clothing from local stores.

"I have been looking forward to this for two years, since my sister's class did it," said senior Julie Shuss. "The fashion show distinguishes you as a senior and I was excited I finally got to do it."

The student models divided themselves into groups. Then, the coordinator of the fashion show, Ms. Paula Fagan, assigned each group to a store.

Some stores, like Group USA, allowed more than 10 girls to model their clothes. These shops had a greater stock and variety of clothes from which the girls could choose their outfits. World's Window and Lucky Brand Jeans, which were smaller stores, did not accept as many people because they wanted each model to look unique.

In addition to a group of student models, each store received a fashion mom to coordinate meetings with the girls and the store

management. She set a time when the seniors could pick out their outfits and get fashion advice from the owners. Also, the fashion mom delivered the clothes to the models and gathered other accessories needed for the performance.

Oopsy Daisy's fashion mom, Ms. Kathleen Wiedeman, was in charge of buying pink daisies for the store's representatives to wear in

their hair. She made a headband for senior Danielle Spears and found a stuffed dog for Spears to carry in her purse. Wiedeman said the hardest part was keeping the girls in theme, because Oopsy Daisy's owner Ms. Kelly Cook wanted the girls dressed only in pink and green.

"We told them what we wanted," said Cook. "They sorted through the clothes and picked outfits they liked. Then we added finishing touches. I wanted the girls to feel comfortable and model clothes they would actually want to wear."

Cook helped update the girls' styles by challenging them to try new trends. She wanted them to break out of their shells and find outfits that they normally would

not wear. Cook found it equally important that the clothes not only made the models look great, but feel great as well. By raising their fashion sense to the next level, she boosted their confidence.

"Girls need to feel good about themselves," said Cook. "They are at a hard place in life and are always fighting with mom. It was great that they could share that experience (the luncheon and fashion show) with each other."



Project Runway Seniors Laura Strickland, from left, Emylie Leonard and Katie Kennaley, work the runway and cameras of the Senior Fashion Show. They modeled outfits from Style and Savanah at Hawthorne Plaza. Photo by Laura Goette



FASHION SENSE

Senior Allie Bick takes a moment in the spotlight at the event and seniors Hannah Moore and Jordan Gribble walk down the runway. Every senior in attendance got their chance to walk the runway after the fashion show and present their mom with a rose.

Photo by Laura Goede

GREATER APPRECIATION

STORY BY MOLLY CAMPBELL
DESIGN BY ABIGAIL SOSINSKI

As senior Christian Pippens introduced her guests, students eagerly awaited the performance by the Step and Hip Hop group from Center High School that was to perform at the Cultural Awareness Assembly. As the group began their show, they exhibited impressive dance steps and acrobatic feats, capturing the audience's attention and awe. Cheers and applause from the audience filled the auditorium throughout the performance.

"Christian was awesome," said junior Michelle McGill. "[The dance group] made the whole [assembly] really popular."

Besides Pippens, 24 students gave presentations and performances, including junior Rachel Janose. Janose said that the students participating wanted more variety in the cultures represented this year, so she performed a polka and cola dance with juniors Ciera Trejo, Caitlin Clark, Lauryn Howard and Oghosa Iyamu.

"I wanted to represent my Slovenian culture because not many people know the country even exists," said Janose.

After Janose's group finished, they invited students up to the stage to try the dance for themselves.

"I was really nervous," said Trejo. "I was afraid nobody would come up and we would just be standing there, but

everyone ran up and really wanted to do it."

Clark said that the audience's enthusiasm made the program enjoyable for the performers and gave the assembly an overall better atmosphere. McGill added that it took work and practice to make each performance run smoothly, but the end result was worth it.

"It was definitely more organized and on-point than ever before," said McGill.

Junior Caity Wallingford also wanted to represent her Scottish culture at the assembly by giving a short speech on the history and tradition of Scottish Highland dancing, followed by a demonstration of the dance. Wallingford dressed in the traditional clothing for the dance, which she said would help the audience understand and appreciate Scottish culture.

"I usually don't put myself out there like that," said Wallingford. "But [Scottish Highland dancing] is part of me and I really enjoy it."

Wallingford thought that students took away a greater appreciation for culture after experiencing a large variety of presentations in the program.

"At Cultural Awareness Day, people realize that everyone comes from different heritages and cultures, and that it's okay to be unique," said Wallingford.

15

MARCELA LOPEZ

a birthday celebration

15

While most freshmen await their 16th birthday, freshman Marcela Lopez celebrated her quinceañera, a traditional Mexican 15th birthday party. The quinceañera marks the time when a girl becomes a woman and usually consists of a mass, a reception and a dance. Lopez began planning her quinceañera a year in advance, but she had been dreaming about it for as long as she could remember.

"When my cousins and I were little, we would talk about [our quinceañeras] and promise that we would be in each other's," she said.

Lopez had 14 escorts in her quinceañera, one to represent each year in her life.

"My favorite part was the dancing," Lopez exclaimed. "It was really fun!"



EXCUSE ME, MISS Senior Christian Pippens dances to a hip-hop song at the Cultural Awareness Assembly with a member of the Center Step Team on Jan. 27. Pippens was member of Alvin Ailey's teen dance group. PHOTO BY FRANCESCA SWALWELL



BAILAMOS! Juan Carlos and freshman Mika Casey perform a dance native to Veracruz, Mexico. Juan Carlos had performed this traditional dance, which involves intricate footwork, at previous assemblies. PHOTO BY LAURA GOEDE



TORAH TRADITION Sophomore Roni Katz reads from the Torah on Jan. 27. Her father, Mr. Mark Katz, held the Torah up for the audience to see. Katz explained that this was done so the audience knew that the Torah was actually being read. PHOTO BY FRANCESCA SWALWELL

Annual Assembly Honors

DRIVEN SENIORS

STORY BY KATE CHRISTIAN
DESIGN BY ALEXANDRA KURTH

Seniors Amanda Textor, Trenisha Ford and Katherine Schilling sat before Dr. Faith Wilson at the assembly on Mar. 23, surrounded by NHS members and classmates. Only one girl was to be named the 2005-2006 Academy Woman. "And the Academy Woman is... Amanda Textor," said Wilson.

"I wasn't expecting [to be nominated] at all," said Textor. "You don't want to get yourself hyped up in case it doesn't happen."

Textor sat quietly, holding her breath, while Wilson chattered about the significance of being awarded the title of Academy Woman.

"I feel so honored that people would think of me to nominate," said Textor.

Teachers and seniors voted to create a list of nominees for the award of Academy Woman. The three girls with the most votes were chosen as final nominees, where they each wrote an essay. One final vote determined the 2005-2006 Academy Woman.

"It made me realize how much I love this school," said Textor.

Like many students, Textor dreamt of being the Academy Woman of her class, but never thought it would happen.

"I remember freshman year when the Academy Woman was announced, and I remember thinking, 'Oh my gosh that would be so cool to be that someday,'" said Textor.

She said that her parents, Bob and Theresa, were her motivation to continue to keep her grades up and taught her the values of living a good life. She suggested being kind, standing up for the little

guy, being a good Christian person and following the golden rule.

"A simple saying hello and smile in the hall can make someone's day," said Textor.

Senior Alex Horton was also presented as the 2005-2006 Valedictorian, the senior with the highest overall GPA in her class.

"It's a really good reward for continuous hard work when I wanted to slack off," said Horton.

Her motivation came from the drive within herself. She said her parents never forced her to do well in school.

"I couldn't [work] any other way," said Horton. "I'm naturally a competitive person. It wasn't like I was competing against others, though. It was never like that. It was more me competing against myself."

Her spark of inspiration was a quote telling her she could accomplish anything she set her mind to.

"When you come to a fork in the road, take it," said Horton.

She also was pleased when her best friend, senior Lisa Peterson, was named the 2005-2006 Salutatorian.

"It was really special that one of my friends was able to share in [the honor]," said Peterson.

Driven by personal goals and support of her parents, Peterson strived to prove to herself that she could do well in a more challenging school setting.

"There are so many talented girls in my class," said Peterson.

In her essay, Textor wrote, "To my classmates: please know that although only one of us will receive a plaque, we all possess the characteristics of an Academy Woman."



SERIOUS STUDENTS Seniors Jessica Reid, from left and Lisa Peterson look over the program for the assembly recognizing National Honor Society members as well as the Valedictorian, Salutatorian and Academy Woman for the Class of 2006. Both Reid and Peterson were officers of the 2006 Star Chapter of NHS. **Photo by Laura Goede.**



ACADEMY GAL Senior nominees Traneshia Ford, from left, and Katherine Shilling congratulate senior Amanda Textor for receiving the title of Academy Woman for the class of 2006. Dr. Faith Wilson read selected excerpts from the nominees' essays to the audience before announcing the winner. **Photo by Laura Goede.**



BRIGHT STARS Senior Alexandra Horton walks to the podium where Academic Principal Ms. Nancy Hand addressed an audience of students, parents and faculty of Horton's achievements during her four years at St. Teresa's Academy. Horton was the Valedictorian and planned on attending Drexel University to study chemical engineering. **Photo by Laura Goede.**



4 Pillar National Honor Society recognized at annual ceremony Women

STORY BY JACQUI LINDSEY
DESIGN BY ASHLEY DEVINE

Seated in chairs on the floor of Goppert, dressed up students looked anxiously around the gym at the people gathered in their honor. Some students bobbed and weaved with the girls sitting next to them searching for a familiar face among the crowd of parents and family members seated across from them. While other students turned around in their seats and mouthed brief conversations with, or waved at, fellow classmates seated in the audience behind them. There was a feeling of appreciation in the air as Ms. Steph Hart approached the microphone and silence slowly but surely engulfed the gymnasium.

The National Honor Society (NHS) Induction Ceremony was held Mar. 23 in Goppert. Every student affiliated with NHS was called by name to the podium where they received a rose. Along with the roses, inductees received a certificate and recited the NHS pledge. Also NHS members presented seniors with an honor chord which they wore at graduation. Once everyone had been recognized the new chairs were appointed. There was one for each of the four pillars of NHS: leadership, scholarship, service, and character. In addition to these chairs, the Finance Chair and the Public Relations Chair were appointed as well. Following their appointment, STA alumna Dr. Tiffany Williams offered words of encouragement aimed at the entire student body not just NHS students.

"The guest speaker (Dr. Williams) did a good job emphasizing how everyone possesses one of the four qualities (revered by NHS)," said Hart who is the NHS moderator.

Hart explained further.

"The purpose of this ceremony is sevenfold," said Hart. "It

inducts new members, celebrates students in NHS, and reminds students that everyone has one of the four qualities (leadership, scholarship, service, and character) in them."

Also according to Hart even the timing of the ceremony served a purpose. Since it was right after spring break, students who thought school was over were reminded of their academic as well as service and leadership responsibilities.

Throughout the school year, NHS attempted to include the entire student body in various activities they sponsored. For instance they celebrated one of the four pillars each quarter. First quarter, leadership, they recognized leaders in the student body over the p.a. system. Second quarter, scholarship, they distributed bath salt to students before finals as a reminder to relax. Third quarter, service, they planned and organized the activity Homeless for a Night. Fourth quarter they celebrated character. And once a month they announced the First Friday Fabulous Faculty Member.

Sophomore Kellen Smith, who was inducted into NHS at the ceremony, cited being on one of the six committees and planning activities as one of the reasons she was looking forward to NHS 2006-2007.

"It'll be fun to help plan an activity like Homeless for a Night," said Smith.

Junior Katrina Abella, who was appointed leadership chair for the 2006-07 school years, summed up NHS in her own words.

"NHS is a nationally recognized organization that opens up opportunities for leadership and service," said Abella.



NEW APPRECIATION Junior Melissa Rhodes, left, and freshman Sally Nulton participate in Homeless for a Night in the quad. NHS collected canned goods to donate to the homeless and students gained an appreciation for homelessness. **PHOTO BY MOLLY CAMPBELL**

“NHS is a nationally recognized organization that opens up opportunities for leadership and service,” said Abella.



AWARDING AWARDS Sophomores Betsy Koehne, left and Linda Kovac walk back to their seats after their induction into NHS. Each member received a rose and certificate. **PHOTO BY MOLLY CAMPBELL**



WORKING TOGETHER Sophomore Erin McAnany, left, senior Emylee Leonard, and sophomore Marian Nguyen work together to finish their box shelter. Temperatures dropped below freezing during the night. **PHOTO BY MOLLY CAMPBELL**

Hearing Voices



BITING NERVE Senior Alexandra Burr tells of Margery Kempe's agonizing story and desperation to write in "A Voice of My Own." Margery Kempe actually bit her hand because she was so miserable. **PHOTO BY BAILEY LYNCH**



SHHH! QUIET! Sophomore Hannah Girardeau narrates as a librarian in "A Voice of My Own" closing night, Nov. 12. "I had a blast," said Girardeau. "I thought the performance was great overall." **PHOTO BY BAILEY LYNCH**

BREAK A LEG

Freshman Emily LaGrand, from left, sophomore Hannah Girardeau, and freshman Katie Sanford participate in a "Shake Down" prior to one of the final practices before the fall play performances. The "Shake Down" included dancing, clapping, and motivating chants.

PHOTO BY BAILEY LYNCH



Students bring authors back to life

STORY BY MEGAN ROGERS
DESIGN BY ALEXANDRA KURTH



INTERESTING INTERPRETATION Freshman Emily LaGrand as Emily Brontë left, and sophomore Paris Mantz as Anne Brontë discuss a book in "A Voice of My Own." The play was based on famous female authors from the past. **PHOTO BY BAILEY LYNCH**

As the clock turned to 7:30 p.m., the lights dimmed down low and the mumbling audience hushed themselves; the curtains opened to reveal a stage gathered with props and actors standing motionless. This was the start to another year of STA plays put on by students. The fall play, "A Voice of Her Own," was a unique portrayal of the hardships and processes women authors went through in the past.

"A Voice of My Own," was written in 1979 by Elinor Jones, in order to inspire women, as well as men, to believe in what they do and pursue their dreams. It focused on 21 different female authors and their long journeys to get their literary works published.

This play, as well as many other productions performed by the STA drama department, had a strong emphasis on female perseverance, which encouraged many STA girls to audition for the play.

"I really like theater and it sounded like fun," said senior Alexandra Burr. I am also a feminist, so it was right up my alley."

Burr played the roles of Margery Kempe and Jane Austen in the fall play.

After auditions, the cast members of the play started the grueling, but fun task of attending rehearsals. Burr described the nightly rehearsals as fun because the cast members were able to hang out with each other.

However, the fall play brought about a challenging aspect of acting called monologue. Monologue is a form of

acting in which the character talks to herself or directly to the audience, instead of to other characters.

"Basically, [the script] was a lot of monologue and there was not a lot of interaction," described Burr. "That made it more difficult to bring out my characters."

Although working with a monologue script may have been difficult for the cast, the audience applauded them for their abilities to bring the characters to life.

"I think they did really well," said junior Amelia McGannon. "They all seemed to be in character and they made you feel like you were really getting insight into the author's experience."

Ms. Shana Prentiss, director of the play, made several changes to the play so it would work better for the cast. She decided to have the set become a library with the narrators working as the librarians and the singers for the play turned into the students studying at the library. Then, one by one the different authors would come alive and tell their story to the audience, as the rest of the cast would freeze. Ms. Katie Dolan, English teacher at STA, said one of the most interesting aspects about the play was the way that Prentiss chose to portray the authors and the play.

As the curtain closed and the cast members came out to take a bow, the audience stood up and applauded. Most of the STA community agreed that this was a great start to another year of STA productions.

A Step Ahead of the Pack



YOU GO GIRL

On March 1, senior Shea'Rae Strother kicks up her heels while performing in the spring musical "Leader of the Pack". The musical had girls grooving to hits of the 1950's and 1960's through re-enacting the dance moves of the decade. PHOTO BY MARY NULTON

Techies explain life behind the scenes

STORY BY JACQUI LINDSEY
DESIGN BY BRYNNE LEE



The annual spring musical was scheduled to begin at 7:30 p.m., but 10 minutes after 7:30 the musical still had not yet started. Some audience members took advantage of the delay and prolonged their purchasing of refreshments and flowers from the Fine Arts Booster Parents, while others remained seated and wondered what the hold-up was. Moments later director Shana Prentiss announced to the audience that the "hold-up" was technical, one of the leads was having trouble with her microphone and "Leader of the Pack, The Ellie Greenwich Musical" would open shortly. Within minutes of Prentiss's public announcement, the lead's microphone was working and the show began.

Prentiss did not snap her fingers and BAM, the microphone worked, nor did the lead twirl around the microphone three times and wished it to work. The "magic" or why the microphone that just could not work sounded perfectly can be attributed to the crew or the people who work behind the scenes known as "techies."

According to sophomore Aristeia Lubar, who worked on



SNAPS FOR MUSIC Senior Brooks Fitzpatrick, center, shares her character's favorite tune the "Doo-Run-Run" with her colorful singing accomplices, on March 1 during the spring musical "Leader of the Pack". The chorus members involved energetic choreography and vibrant costumes, as well as students from all grade levels including girls performing in their first musical production at St. Teresas. PHOTO BY MARY NULTON

both light crew and costume construction, the techies ended up switching senior Brooks Fitzpatrick's, who played the lead, Ellie Greenwich, microphone with Rockhurst High School senior Alex Wilson's.

"Things don't always go the way they're supposed to," said Lubar. "When something goes wrong [the techies] fix it."

While the crew or people who contributed behind the scenes worked hard to make sure the show ran smoothly on performance nights, they also worked hard preparing for performance nights. Their preparation progress was called technical week and consisted of the light and sound crews adding and adjusting lighting and microphone volumes upstairs, where their equipment was located. The run crew worked downstairs on hairstyles, makeup and costumes with the performers.

"[The techies] have just as much influence as the actors, if not more," said senior Magdalene Vick. "We're making sure everything runs smoothly."

Senior Tanith Kartman, who played Mrs. Greenwich, agreed.

"The techies help make the show run smoother," said

Kartman. "I can tell them my mike is doing such and such or I need more tape and they help me. They help pull the show together. We couldn't have done it without them."

Vick was part of the costume run crew and responsible for senior Meigan Yarbrough's, who played Darlene Love, one of four leads, quick changes in Act 1 and Kartman's in Act 2. Also, when Vick was not busy assisting Yarbrough or Kartman, she was expected to bring up costumes from the Green Room, which was just the formal title of the place where actors stay when not on stage.

"During the performance it's all business," said Vick. "It's like what can I do to help [the actor], what do you need? And afterwards the actors are really appreciative and thankful you helped. We all become really close."

Two and a half hours after the musical began actors and actresses dressed in complete 60's wear including funky costumes and big hair, were taking their final bows as the audience clapped and cheered.

"Techies are the heartbeat and actors are the person," said Vick.

Student directed plays guide audiences through both

LAUGHTER & TEARS

STORY BY KATE CHRISTIAN
DESIGN BY KATHLEEN HEERMANN

On Apr. 28 and 29, four student productions were the center of attention in the STA auditorium. After auditions and many rehearsals, the 2006 student productions were performed for the community.

The night opened with "Awkward Turtle" by senior Erica Houglund. The plot began as three girls skipped school mass and were locked in a small room.

"We're trapped," said sophomore Eleanor Dillon. "Trapped like a Rockhurst boy in his ego."

Houglund's production was also performed at the Coterie Theatre in Crown Center as part of the Young Playwright's Festival.

Next was "Crash" by seniors Juana Summers and Laura Kearns. The curtain rose as senior Sarah Murphy gave a graduation speech to her fellow classmates. "Crash" described how the death of one teenage friend changed the lives of three best friends. Senior Lizzy Beier played a dead friend, describing how unfair it was that she died without completing her life. By the end, the audience was drawn to tears.

After a 15 minute intermission, the lights dimmed and "Brutality of Fact" by seniors Jordan Gribble and Mollie Esposito, began.

"I couldn't believe that [Mollie's and my] work was actually shown at student productions," said Gribble. "It really didn't hit me until the first night. It was a great experience."

"Brutality of Fact" was adapted from the play by Keith Reddin.

Gribble and Esposito were proud of their overall success.

"I couldn't have asked [the cast] to do any more," said Gribble. "They did everything they were supposed to do."

The final show was "Love Match" by senior Anna Johnson.

"'Love Match' was the result of watching too much daytime television in the summer with no cable," said Johnson.

The production was a game show about finding your perfect match. With Goldilocks, Hamlet and José as potential matches, "Love Match" caused the audience to roar with laughter.

But behind the seemingly perfect performances, each actress had challenges to work through.

"I kept swapping my lines," said freshman Emily LaGrand. "I would swap things like 'Things have to get better before they get worse' rather than 'Things have to get worse before they get better.'"

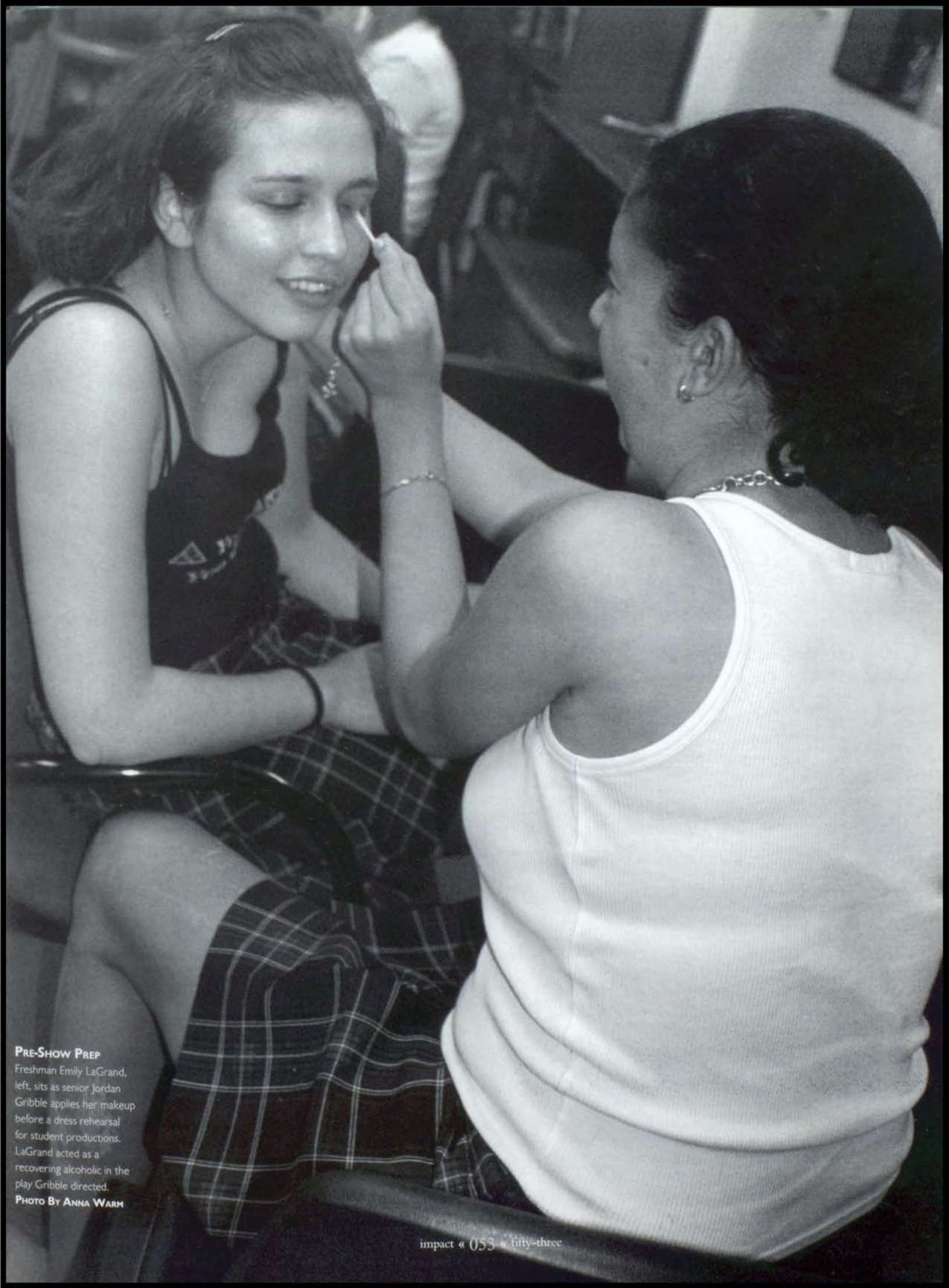
Sophomore Julia Adriano, who performed in many school plays, had difficulty relating to her character. She said that there was not much script to run with and she could not figure out who her character really was.

Adriano enjoyed her experience and said she would perform in another student production if she had the chance.

"It was one of the most entertaining shows I've been in," said Adriano. "I'm glad I was in it."



UMBRELLA FUN Junior Katrina Abella plays with her umbrella while acting as a crazy mother in a student production. The play, entitled "Brutality of Fact," was directed by Jordan Gribble and Mollie Esposito and was adapted from the play by Keith Reddin. PHOTO BY ANNA WARM



PRE-SHOW PREP

Freshman Emily LaGrand, left, sits as senior Jordan Gribble applies her makeup before a dress rehearsal for student productions. LaGrand acted as a recovering alcoholic in the play Gribble directed.

PHOTO BY ANNA WARM

seniors come together for A Night of Dancing

STORY BY SHANNON VANBUSKIRK

DESIGN BY BRYNNE LEE

The auditorium was filled with parents, students and teachers watching the senior class of 2006 present their dates at Pre-Prom Friday, April 21. A flower-covered archway stood on the stage, inviting couples to pose beneath it. Mr. Mark Fudenberg hosted the event. "...Amy Cirocco and Marcelo Bustamante of Rockhurst High School," Fudenberg announced.

"I will always remember Pre-Prom and walking onto the stage," said senior Cirocco. "I was not able to see because the spotlight was shining in my eyes. Then the flashes started, and I did not know who was taking pictures of me or what they were going to do with them. It was kind of creepy, but I liked it."

All participants met in the auditorium at 5:30 p.m. and the event began at 6 p.m. There was an hour and a half to spare between Pre-Prom and when the doors of the Little Theatre would open. Like Cirocco's group, many used the extra time to take pictures. Popular spots where girls held photo shoots were their houses, the school quad, Loose Park and Meyer Circle.

Senior Julian Langenkamp had other arrangements, because her party of eight had taken photos before Pre-Prom. Instead of waiting to eat at the dance, they went to dinner at Brio while waiting for it to begin. Langenkamp said that because the girls wanted to show off their outfits, they went to the Plaza and had two dinners.

Those who ate at the dance helped themselves to an assortment of food from the buffet. Pasta, chicken, salad and rolls were among the items being served. After dinner, which ended at 9 p.m., a chocolate fondue fountain was brought out for dessert.

"Imagine a basin flowing with chocolate with cookies, pound cake, bananas and fruit surrounding it," said senior Amanda Trouba. "We were supposed to bring our plates back to our table, but everyone gathered around and ate straight from it."

While many flocked to the dessert table, others ventured onto the dance floor to experience "Club '06." The DJ did not take requests, but beforehand he had a committee of girls choose two hours worth of music to be played. The dance was scheduled to end at 10:30 p.m.; however the DJ continued playing music for an extra 30 minutes. He wanted to play all the girls' favorite songs.

After the dance, everyone was invited to go bowling at Mission Bowl. Seniors Tanith Kartman, Laura Kearns, Meredith Lynch and Adrian Crumpton were a few who participated in the planned activity. Langenkamp and her date went to Skies for dessert, while Trouba's group drove around on a bus they rented and Cirocco spent the night at classmate Claire Rachel's house.

Though the girls parted ways at the end of the dance, they will not forget how they had come together as a class earlier that night. Prom provided a rare chance for the girls to have fun with their entire class. It was an opportunity to spend one last night laughing, dancing and enjoying each other before graduation.

"The dance was no different from any other one, but because it is Prom and just my class it was special," said Trouba. "It is one of the last times we will all be together, and I'm realizing it's all over."



DANCE DANCE Senior Christian Pippens feels the beat at Prom on Apr. 22. Prom was one of the last times the senior class would be together.

PHOTO BY BRYNNE LEE



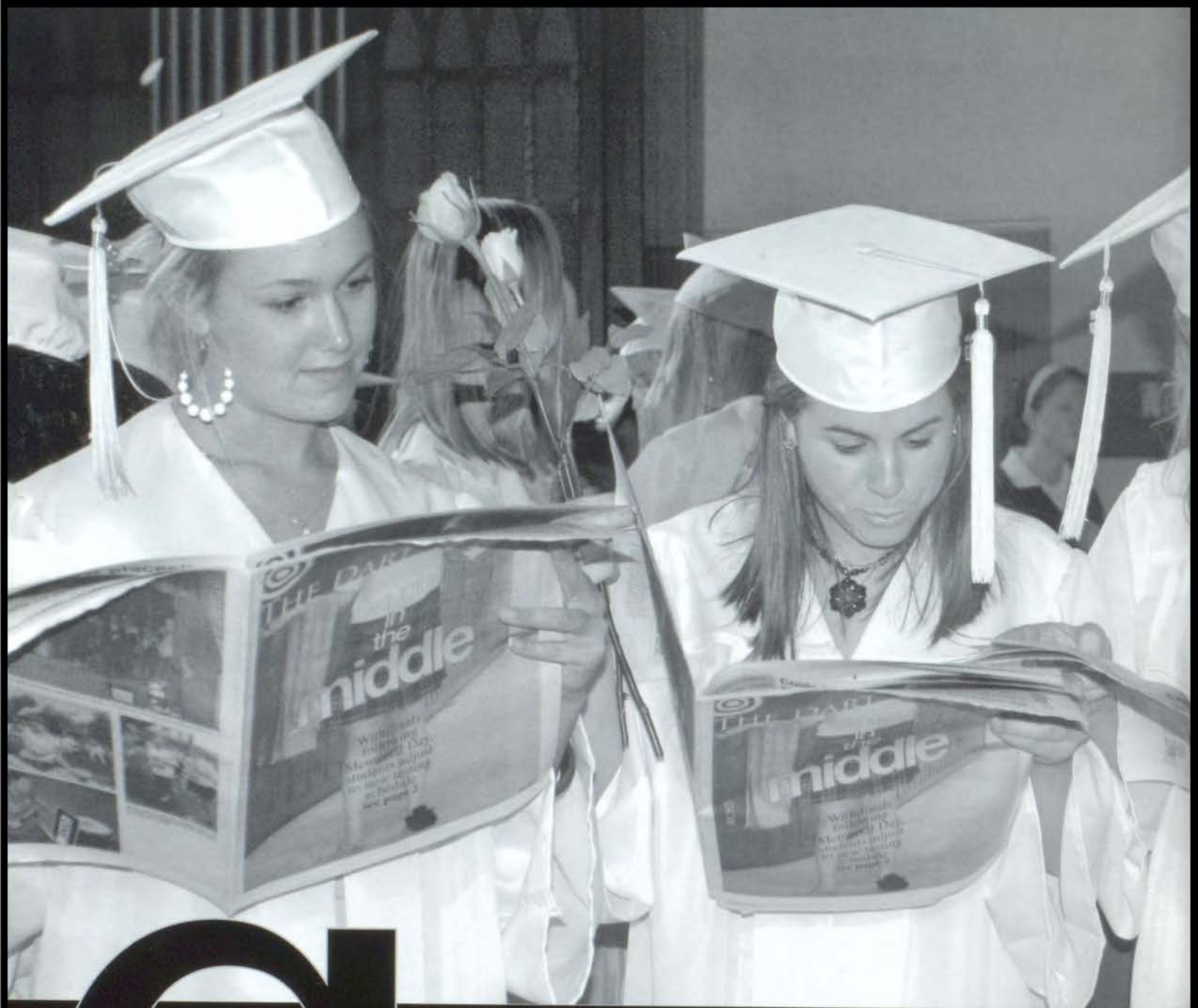
TWIRL TIME Senior Mollie Esposito, left, twirls around as senior Adnan Crumpton dances to the music at Prom. A variety of long and short dresses filled the dance floor. **PHOTO BY BRYNNE LEE**



QUICK STEP Senior Stephanie Smith and date Larry Pfeffer of Rockhurst step to the beat at Prom. The centerpieces of the dinner tables had vases full of mouth glow-sticks for each person. **PHOTO BY BRYNNE LEE**



DANCE CRAZE Senior Mary Rucker, right, dances with her Rockhurst date, Peter Henggeler. "I was just having a good time and enjoying the night," said Rucker. **PHOTO BY BRYNNE LEE**



88 seniors **awarded** scholarships

Goodbye

\$1.8 million offered in **scholarships** for freshman year

11,499 hours completed for **service** by the senior class

75 seniors going to **college** in Missouri or Kansas

14 seniors on "The Dart" or "Teresian"

124 seniors



The resonating applause died down as Ms. Stephanie Hart walked to the microphone. She paused to collect herself and then began her farewell speech to the class of 2006.

"You are a uniquely special class to me and my career," she said stifling back tears. "The ability to elicit words that fully embrace my feelings has escaped me."

Four years ago, the STA class of 2006 and Hart started their journey at STA together.

"It is always difficult for me to let go of a senior class, never expecting to enjoy the next class as much," said Hart. "I am painfully aware that it will be substantially more challenging for me to say goodbye to the class of 2006."

As Hart continued to speak, senior Patricia Rogers sat among her classmates for one of the last times with many emotions running through her head.

"I was pretty excited because it was the next step of my life journey," said Rogers. "But it hit me, like this is it. I realized that I was leaving STA."

As sophomore Janice Schrader sat in the back of the auditorium she did not only have to say goodbye

to the class of 2006, she had to say goodbye to her sister. Senior Mary Jean Schrader made Janice's experience at STA easier and less intimidating.

"I always look up to her," said Janice. "I have a younger sister so I will be taking her role. It's sad because I've always had her there as a role model. She's my best friend. I don't want to face that she's leaving just yet."

Watching her sister's journey, Janice saw the difference in her sister over the past four years.

"She's branched out," said Janice. "She has a lot of friends, but now she has a set group that will always be there."

Since arriving at STA her freshman year, Rogers also noted the changes in herself.

"[STA] has shaped my personality," she said. "It's given me a chance to be me."

Seniors Hannah Moore and Katherine Schilling stood in front of the stage singing Leann Rimes's "Please Remember." As they continued to sing, their words seemed to sum up the melancholy yet lighthearted mood of the senior class.

"Though we go our separate ways I won't forget so don't forget the memories we've made. Please remember, please remember I was there for you and you were there for me."

DARTING GOODBYES Seniors Michaela Marak, from left, Franny McShane and Anna Olson read the newly distributed senior insert of "The Dart" Newspaper during Class Day May 18. The newspaper featured articles about the seniors' scholarships, schools and other activities. **PHOTO BY BAILEY LYNCH**

FINAL FAREWELL Senior Ashley Noonan, center, embraces two friends in the auditorium before the Class Day ceremony May 18. Seniors were recognized through songs, speeches and a picture slide show. **PHOTO BY BAILEY LYNCH**

STORY BY ANNA WARM
DESIGN BY LISA PETERSON

to
you



Moving Tassels

STORY BY MEGAN ROGERS
DESIGN BY ALEXANDRA KURTH



WE'RE FINISHED Seniors Sarah Tampke, left, and Lauren Befort celebrate the official end of high school after receiving their diplomas May 21. They were two of 124 graduating seniors. **PHOTO BY TRACY HADEN**

As students piled into Ms. Anita Reznicek's room for her 15/16 contemporary theology class on Feb 21, there was a glow around the seniors. Senior Jordan Gribble walked into class, back hunched over with an armload of books and shouted, "Three months." Reznicek gave her a questioning look saying, "What?" Gribble and the other enthusiastic seniors explained that three months to that date was graduation. As mixed emotions flowed around the room, one thing was for sure, graduation was on the horizon and it was setting too fast for some and not quickly enough for others. While the three o'clock bell rang and the seniors burst out of D210 and let their feet guide them across the blooming quad, they knew that soon their steps would lead them off the quad and down the

aisle of Bartle Hall.

On Sunday May 21, the senior class of 2006 lined up outside the doors of conference room 4300 at Bartle Hall, in preparation to walk down the long aisle filled with tear-laden parents, fidgety children and gleaming friends. The teachers slowly marched their way in and took their positions on the right side of the stage. The melody of the Coronation March filled the boasting room while the seniors marched down the aisle clad in their white caps and gowns and pride on their faces.

"It was funny because we were all lined up outside joking and laughing around and then we started walking down the aisle, not prepared at all," explained senior Kate Harbin. "I wasn't sure how I should act, as to whether I should be serious or just smile. And I was trying

to be serious but about halfway down the aisle I just lost it and started cracking up.”

The STA graduates took their seats behind the podium that Dr. Faith Wilson positioned herself at to recite the opening words of the ceremony. Ms. Nancy Hand then introduced the valedictorian, Alexandra Horton, to give a speech to her fellow classmates, family members, faculty and friends. A loud sound of joyful hands filled the room while Horton made her way across the stage to speak about the sisterhood these girls had and how they were now ready to influence the world.

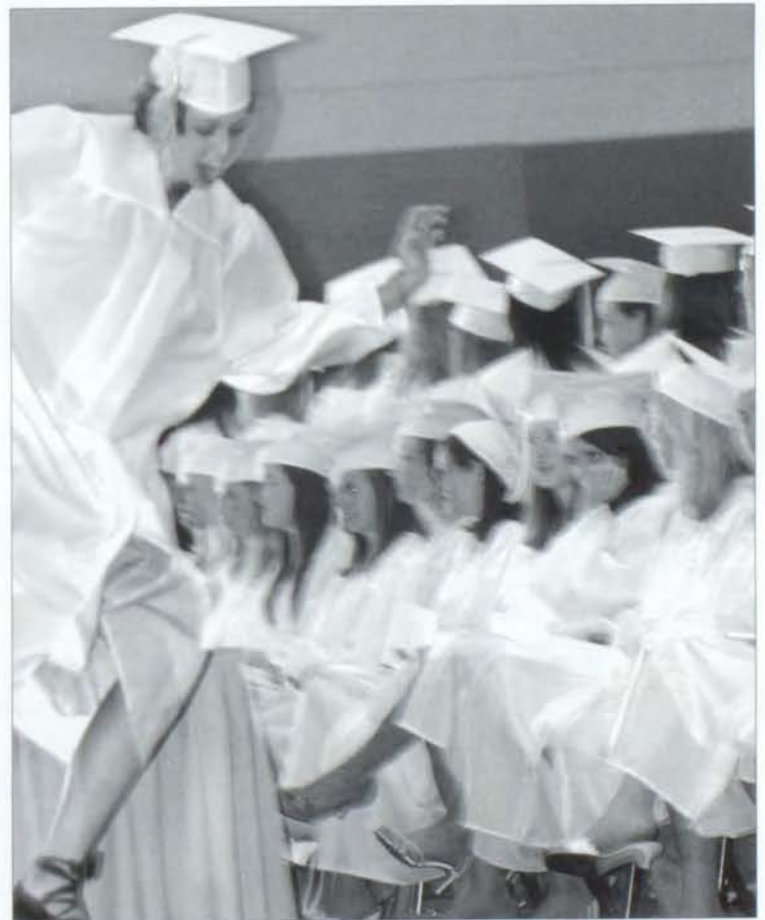
“I thought it was really personal to have someone from our class speak, because she knows what we were going through and we could relate to what she was saying,” said senior Meredith Lynch.

Horton soon concluded her speech and Hand, Wilson and Ms. Mary Anne Hoecker took their places to hand out the students' diplomas.

“I thought it was going to be a little repetitive and boring for 130 students to be handed diplomas, but it was actually interesting,” said Harbin.

Soon the students' steps led them back to their seats where they were announced as the graduating class of 2006. The seniors switched their tassels from right to left and flung their hats in the air, while tears flowed freely down the faces of glowing parents.

It was a surprise to many that the feet which four years ago walked across the quad for the first time remembering not to step on the seal, had just made the long journey across the stage to accept their diploma.



JUMPING FOR JOY Senior Anna Johnson clicks her heels after receiving her diploma on May 21. The class of 2006 was awarded nearly two million dollars in scholarship money to assist in financing their first year of college tuition. **PHOTO BY TRACY HADEN**

S

Up and At 'Em: Junior Katie Pfeffer explains how her mornings begin at 5:45 a.m.

leep, shower, and coffee

STORY BY LAUREN GOULDING
DESIGN BY BRYNNE LEE

I woke at 5:45 a.m. to the sound of my black Timex alarm clock that sat on top of my incessantly buzzing silver Compaq computer. I quickly reached over to hit the snooze button. As I lay in my queen-sized bed covered in pink cheetah sheets, I held my feather pillows, also covered in the pink cheetah print, over my head and relaxed for 15 min.

I rose from bed and hopped onto the light brown wood floor covered by a pink, green, blue, orange and white rug. I proceeded to my aqua-marine bathroom, where I let the water run in the white tiled shower. As the water ran, I grabbed two soft white towels from the linen closet before returning to the bathroom to shower for the next 20 min.

I forgot that I had turned on the snooze button and I heard my mom screaming, "Katharine Michelle Pfeffer, I have an important day today and if you don't turn off that stupid alarm, I'm going to kill you!"

I frantically ran to turn off the alarm and opened the windows, even though it was 15 degrees outside. I blow dried my hair and put on foundation and cover-up because I knew I had to work right after school. Next, I pulled on my uniform and slipped my feet into the Uggs that I wore almost everyday.

I shoved my books into my black multi-

pocketed North Face backpack. At about 6:50 a.m. I zipped up my North Face jacket, put my cell phone and mini pink i-Pod in my pocket, grabbed my Coach purse and my keys and ran out the door. I slipped inside my white Volkswagen Passat and put the keys in the ignition to heat the car and ran back inside.

I grabbed my lunch, fully stocked with a Coca-Cola, low-fat Pringles, pineapple and a cookie or brownie before heading back out to my car. I plugged in my i-Pod and started driving.

The traffic flow dictated whether or not I had time to go to Starbucks for my \$4.19 grande zebra mocha. On mornings when I was delayed by traffic, I cut across to Wornall Rd. to grab a Rooster Booster and Mountain Dew Lite mixture from Quik Trip.

I arrived at school around 7:15 a.m. so I could get my regular front row parking spot. I waited five or 10 min. for junior Katie Kellerman to show up and then my favorite part of the morning started.

We both got out of our cars, which were usually parked next to each other and walked to advisory. Once we got there, we worked on homework we didn't finish the previous night, keeping the lights in Ms. Pat Dunlay's room off the entire time.

We finally got to class when the first morning bell rang, ready to start another day at STA.



EARLY MORNING Junior Katie Pfeffer's alarm clock reads 6:45 a.m. By then, Pfeffer had already showered and dried her hair. **PHOTO BY LAUREN GOULDING**



FULLY EQUIPPED Junior Katie Pfeffer gets her purse ready to go, her final step in getting ready for school. Her pink sequined purse was fully packed with a Motorola cell phone, a pink mini i-Pod, a leather Coach wallet and her car keys. **PHOTO BY LAUREN GOULDING**



FRESH BREATH After getting dressed and going through her morning routine, junior Katie Pfeffer brushes her teeth on the way out the door. **PHOTO BY LAUREN GOULDING**



SHOCKING SHOES As part of her last few steps for getting ready, junior Katie Pfeffer puts on her white and pink Nike Shox tennis shoes. **PHOTO BY LAUREN GOULDING**



GETTING GLITZY Junior Katie Pfeffer applies make-up as part of her morning routine. Typically, she only put on make-up when she had to go to work directly after school. **PHOTO BY LAUREN GOULDING**





BEGINNING CONSTRUCTION

Sophomores Anna Essmann, left, and Julia Oldenburg create a cell model in Ms. Renee Blake's honors biology class. "The hands-on project helped me understand and remember the parts of the cell," said Oldenburg. **PHOTO BY MOLLY CAMPBELL**



»In the seven hours we spent on the STA campus each day, we listened to lectures, vigorously took notes, debated ideas and created masterpieces. As soon as the bell rang at 3:00 p.m., we stuffed the contents of our lockers into our worn backpacks, preparing to spend an evening at home on our computers or sitting at our kitchen tables with textbooks spread open. The hallmark of STA taught us to manage our time; nowhere was this more evident than in our academics and fine arts. By opening our minds to the unknown and tackling our ever-demanding agendas, we embraced every...

»encounter

Advancing Academia

Classes utilize new technological means to open minds

STORY BY LAURA GOEDE
DESIGN BY LAUREN BEFORT

Think of STA without the overbearing backpacks full of books and notebooks. Junior Jessie Kramer was always hunched under the weight of her backpack, the zipper busted open at the seams, no longer able to close. She was habitually the last one out of class, always rushing across the quad and battling the force of gravity up the stairs. The mass of her load was equivalent to carrying a small elementary student on her back.

To avoid the inevitable chiropractic bills of the future, each student would have to have been equipped with a laptop. This academic means would have enabled students to take notes, submit papers through e-mail and access their books by CD-ROM. However, Ms. Jessie Thompson realized that these technological advances were not in the realm of reason for STA, yet.

Five years ago, Thompson's classroom computers had to be networked through cords and the entire class had to access the internet through one phone line.

"It is so nice to have the [STA] server," said Thompson. "I have seen the quality of internet resources for teaching increase, enabling me to use simulations and tutorials in the classroom."

The resources available in the classroom have given teachers a new medium to communicate through. But, technology has also changed the students' role in the classroom.

"Four years ago, the newspaper was still being put together with rubber cement and exacto knives," said publications supervisor, Mr. Eric Thomas. "The computers were as old as the students and it was a struggle to get all computers working at the same time."

As a member of the newspaper staff, junior Coco Owens was grateful for the

computer software she was provided.

"[The process of publishing the newspaper was] so prehistoric, I couldn't imagine doing it without InDesign and without a computer," said Owens.

Because the students had access to all the latest professional software, the possibilities for the publications were endless.

"I like to tell the girls that we can do anything we can dream of," said Thomas. "Anything that they find in professional publications we now have all the hardware to make it happen."

Students also were able to apply their learning through the use of the SmartBoard. For many teachers, the interactive device functioned not only as a tool to transfer information from their computer to their students instantly, but as an interactive way of learning to get the students involved in creative ways. In many classrooms, the SmartBoard totally replaced the once vital overhead projector.

However the theology department had yet to find a fundamental need for the SmartBoard in their everyday curriculum, they too were looking toward the future.

"We are looking into getting televisions and media players mounted on the walls of every classroom and connected to the computer," said Ms. Robin Good.

The student body was grateful to the administration for all the resources available to them. Although instead of simplifying the lives of students and teachers, sometimes technology complicated coursework.

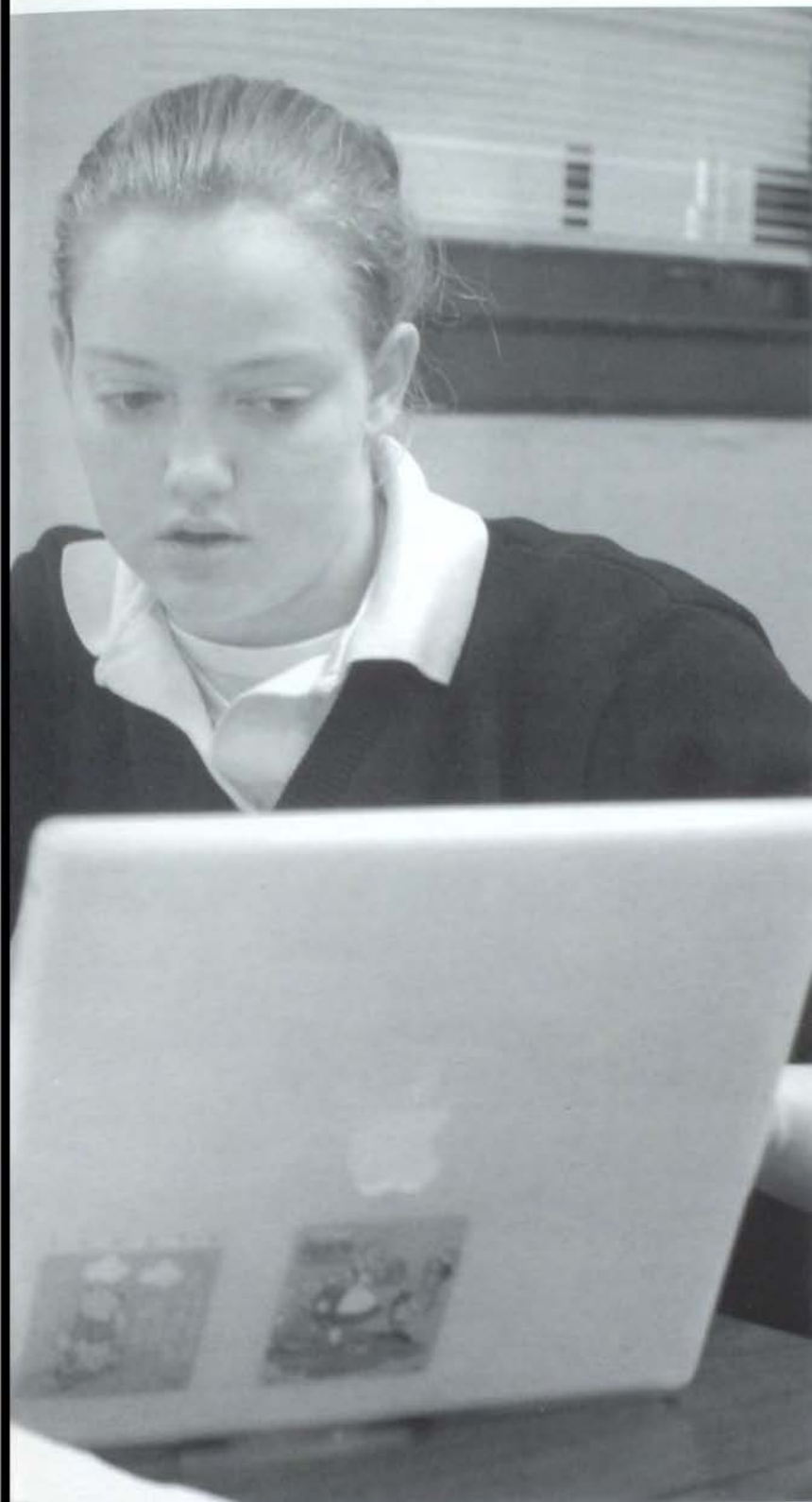
"There are so many more things that can go wrong when trying to do something right," said senior Sarah Tampke.

Faculty members often shared the same views.



"The most apparent draw back to technology is the time spent diagnosing the problems that occur," said Mr. Craig Whitney. "Five or ten minutes can easily go by just dealing with delays and glitches."

The balance of power between machine and mind was contested, but by attending STA, the students promised to develop their minds as their most reliable source of knowledge.



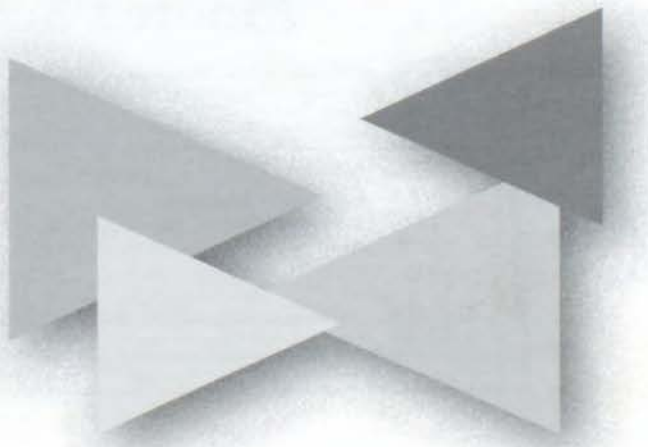
CLASSROOM LINKED Meaghann Taylor types additional class notes to those she had previously made on her own during Mr. Craig Whitney's American history class. Whitney made discussion questions, lecture notes and correlating material accessible to students on campus and at home through his teacher homepage. **PHOTO BY LAURA GOEDE**

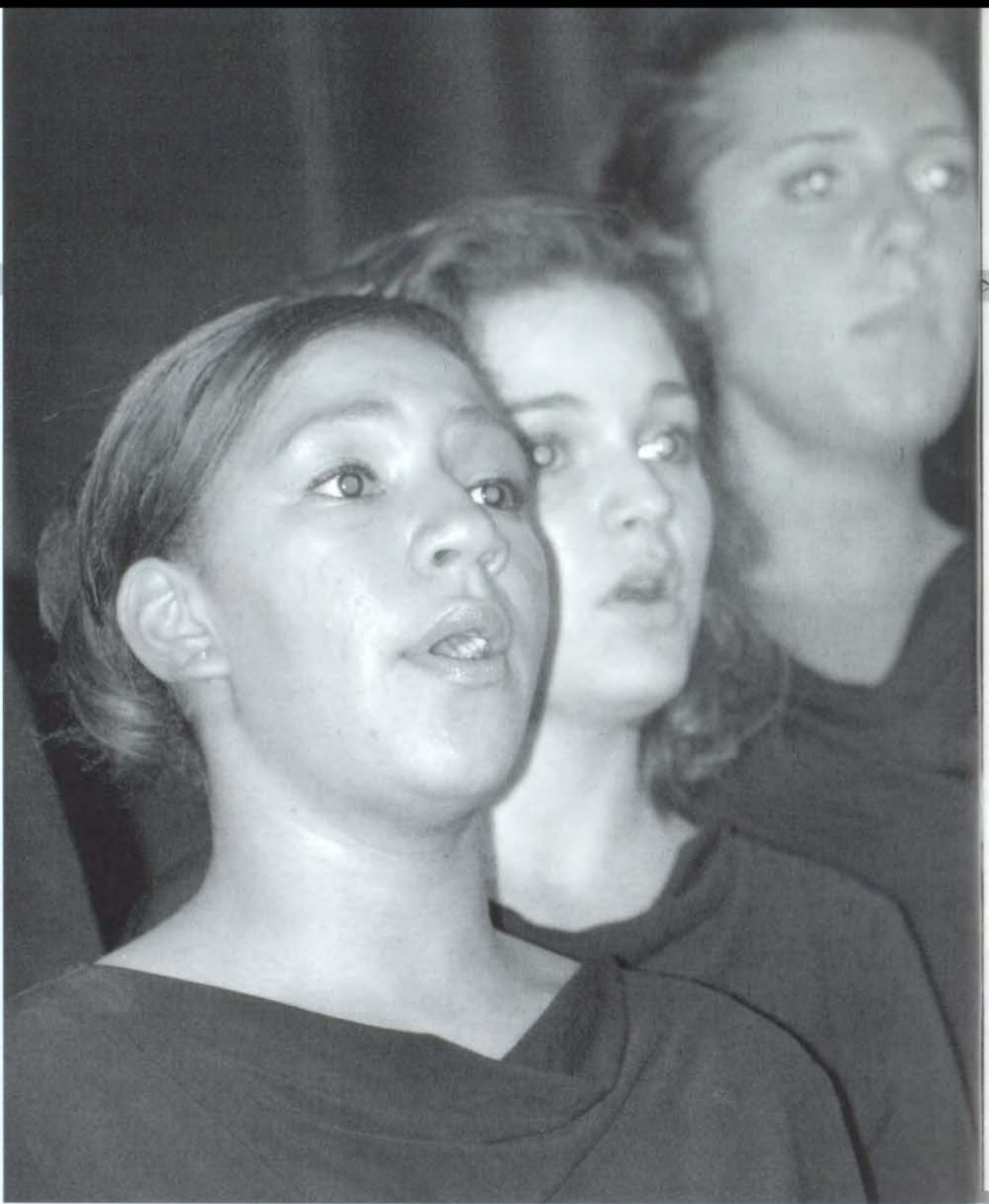


PUBLICATION POSSIBILITIES Junior Katie Meyers manipulates the font of the flag for the newspaper using InDesign. The professional software available for the publications has enabled vast improvements in the quality and complexity of the newspaper and yearbook. **PHOTO BY LAURA GOEDE**



BACK TO BASICS Junior Coco Owens writes down notes during an AP American History lecture. Even though teachers and students incorporated new technology into many lessons and projects, girls still relied on pens and notebooks to help get them through the day. **PHOTO BY LAURA GOEDE**





IN SYNC Junior members of the A Cappella Choir, Leia Darden, from left, Melissa Rhodes and Jessie Kramer, perform at the Fall Concert on Oct. 13. The A Cappella Choir sang "Black is the Color of My True Love's Hair," "The Handsome Butcher" and "Will He Remember." **PHOTO BY FRANCESCA SWALWELL**

Moore's Score: Timeline from the Beginning

Piano

1

Moore was born in Tulsa, Oklahoma in 1977 and raised in Bristow, Oklahoma.

Moore was surrounded by music at church and in school. She began to pursue her love of music.

As a little girl, she used a stick from the yard as a microphone. She always loved to sing.

Moore studied music at Oklahoma City University. After college, she taught 5th-12th grade music at a co-ed school.

Moore entered graduate school at UMKC, where she is still enrolled.

Moore heard of a job at STA and applied after hearing the A Cappella choir sing at UMKC.

She started teaching at STA. Her main goal was that her singers would grow as musicians.

Good Vibrations

STORY BY MARY NULTON
DESIGN BY LISA PETERSON



SINGING STARS Seniors Jessica Reid, from left, Amanda Textor, Andrea Damico, Clare Morris, junior Emily Ingraham and senior Jessica Closson, members of the A Cappella Choir, perform at the Fall Concert on Oct. 13. The A Cappella Choir sang three folk songs at the concert. PHOTO BY FRANCESCA SWALWELL



PITCH PERFECT Seniors Katherine Schilling, from left, and Jessica Reid, along with junior O perform at the Christmas Concert on Jan. 5. All three girls were members of both the A Cappella Choir and STA Singers. Schilling was also a soloist in the STA Singers' rendition of 'Ave Maria.' PHOTO BY FRANCESCA SWALWELL

Choir communications bind unchained melody

Students throughout M&A listened to the voices of the A Cappella Choir and STA Singers that echoed throughout the hallways. The melody crept into every open classroom; it demanded all ears. For a moment, students raised their heads from their desks and teachers paused mid-sentence, distracted by the choirs' tune.

Similar to the STA community, both the A Cappella Choir and STA singers demanded diversity, teamwork and enthusiasm. According to members of the choir, it was these three components that provided them with the strength to improve and excel as a group.

"Choir is just like a sports team," said junior Melissa Rhodes. "You have to work with and listen to one another to get a pretty sound and a good end product."

But Rhodes, a member of both the A Cappella Choir and STA Singers said that unlike a sports team, there was little opportunity for star players.

"Choir is really about the group dynamics and being musical together," said Rhodes. "In choir, you are so dependent on one another."

Senior Jessica Reid, also a singer in both choirs, agreed with Rhodes that the performance quality depended on the whole group.

"You can have 30 amazing singers, but if they can't cooperate and form an effective group, the music won't be communicated to the audience," said Reid.

She said connecting as a choir was at times difficult, especially

since some girls had been singing with each other for three years and others were brand new. However, members realized that despite the wide varieties of age, skill and experience, each singer's love of music and dedication allowed her to overcome those obstacles.

"The bond that music creates between us is strong enough to keep us going in it together," said Reid.

The STA Singers and A Cappella Choir were about more than just singing notes on a page.

"It involves so much listening to each other and balancing; [there is] so much that the audience can't see," said Rhodes.

To the audience, the performances may just have been words and notes, but to Rhodes and other choir members, it was about harmonies and the patience to work with the choir.

After a moment, the students returned to their work, the teachers proceeded with their lessons and the choir continued practicing in the choir room. Soprano Ones stood on the top left of the risers, humming their high notes over the middle Soprano Twos below them. To their left were the Altos, belting out their low keys. A Cappella choir finished their song with one large sigh, straightened up and began to practice again. Performances, like the simple ones given each day during choir practice, were what Reid considered one of the most rewarding experiences.

"When our choir can move an audience, it's an incredible feeling," said Reid. "Music makes the world go round!"



PULLING STRINGS Juniors Katarina Vaughn, from left, Christina Fuerst, freshmen Erin Andres and Lauren Durie perform at the Winter Concert on Jan. 5. Orchestra class met four times a week, but students often had scheduling conflicts. "Sometimes people [had] to miss [class] because they [had] other classes," said sophomore orchestra member Emily Becker. **PHOTO BY MEREDITH PAVICIC**

A REACTION TO THE CONCERT

After months of daily practice, the freshmen choir, concert choir and orchestra performed at the annual Christmas Concert. It was postponed until Jan. 5 due to two snow days that interfered. With that setback, it was made into the Winter Concert but the result was the same.

"Even though it was after Christmas, it definitely put me [back] into the spirit," said sophomore Anne Tampke who attended the concert.

A well-rounded crowd was present at the concert including grandparents there to listen, faculty and staff watching their students and friends holding up big signs cheering for their favorite singer.

"The concert was great," said Tampke. "It's always fun to see everyone looking so presentable. It's not often that we see girls at school with their hair done and wearing nice clothes."

IN TUNE Freshmen Joan Higgins, from left, Alexis Collins, Gabriella Garozzo, Kaitlyn Schleicher, Katie Sanford, Emily Orndoff and Mallory McDonald perform at the winter concert on Jan. 5 in the auditorium. Freshmen take choir as an elective and are given the opportunity to try out for concert choir, A Capella choir or STA Singers for the next year.

PHOTO BY MEREDITH PAVICIC



Hitting the High Notes

STORY BY HAILEY CAYWOOD
DESIGN BY LISA PETERSON &
MEREDITH PAVICIC

After a long weekend filled with friends, boys and homework, the girls of the freshmen choir sat outside the M&A choral room sharing gossip and stories. As they filed into the classroom, their chatter continued until the second bell rang and the school week began.

"I love that class is in the morning because you can come in and talk about your weekend with the girls you didn't hang out with," said freshman Amanda Ottolini. "It's a bonding experience."

Along with the social element, morning choir class awoke students and put them in better moods.

"Singing always makes me happy," said freshman Gabriella Garozzo. "It makes me feel good inside."

The freshmen choir, which participated in the Winter Concert, began preparations three months prior to the actual performance.

"We were always practicing and rehearsing, whether it was in class, during lunch and activity or at the rehearsal the day before," said Ottolini.

Along with the freshmen choir, the orchestra added unique entertainment to the concert. Orchestra was one of two electives

that allowed students to play an instrument.

"I can do what I'm best at and I really like that about orchestra," said sophomore Ashtin Bryde.

Bryde felt that there were other advantages to being in orchestra, besides just playing for the STA community.

"I don't have to get a CD to listen to music because I can just play it for myself," said Bryde.

In the same M&A choral room, where the concert choir also met for their daily class, sophomore Sara Donaldson arrived late. The other girls told her she had missed a music test over the words to the newest song and instead of taking it in a group like the rest of the class, she had to test by herself. Choir teacher Shauna Moore began playing the first few notes of the song and when the girls began to laugh, Donaldson knew it was just a joke.

"It was one of the funniest memories I have," said sophomore Alexandra Miller. "It really sums up the amount of fun and laughter we put into class everyday."

Along with jokes and laughter, the concert choir also prepared for their part in the Winter Concert by practicing every day and keeping singing fun.

"[Choir] is something that you don't mind going to because it makes you feel so good," said Miller. "If it's something you're good at, you just stick with it."

TAKING NOTE Choir teacher Shauna Moore warms-up sophomore concert choir members Sara Donaldson and Katie Drummond before the winter concert Jan. 5. Choir members met 30 min. before the concert began to do voice warm-ups and practice some of their songs. PHOTO BY MEREDITH PAVICIC



**PASSIONATE
PERFORMANCE**

Senior Hannah Moore sings "At Last" by Ella Fitzgerald during the Fine Arts Showcase on April 19. "She has a really great voice," said junior Jessie Kramer. "She makes singing look so easy."

**PHOTO BY HAILEY
CAYWOOD**



a fine show indeed

showcase displays student talent

STORY BY CLAIRE CULLEN
DESIGN BY LAURA STRICKLAND

With three weeks left to prepare, the orchestra got their first glance at their individual pieces of "The Phantom of the Opera's" "Medley" that they would play at the Fine Arts Showcase on April 19. Ms. Elizabeth Dunning, the new orchestra teacher, had spent weeks arranging the pieces for each of the students from a piano sheet.

"It was pretty amazing when it all came together that night," said junior Katarina Vaughn, who played the violin. "We had talked about doing 'The Phantom of the Opera' first semester, and [Dunning] just went with it and took the time to prepare it for us."

According to Vaughn, Dunning's dedication and personality was reason enough to give her a special thanks of gratitude and flowers at the Fine Arts Showcase. Sophomore Kathleen Bryant arranged the thanks to Dunning and agreed that her dedication was in need of credit.

"I think she needed some recognition because she arranged that whole piece and she coordinated

districts and helped get music for that," said Bryant.

As the week of the Fine Arts Showcase arrived, the orchestra met during class time and activity to practice, while the Dead Poet's Society, a new addition to the Fine Arts Showcase, met a floor above in Ms. Alice Amick's room to prepare for their reading of "The Raven" by Edgar Allen Poe.

"We met together during activity to practice our parts and to decide what to wear," said sophomore Dead Poet's Society member Elizabeth Kindscher. "We all practiced at home too because most of us had never done a reading in front of a large audience."

With their black hooded sweatshirts that hid their faces in a shadow, the Dead Poet's Society presented their reading of "The Raven." The orchestra followed that performance, ending the first act. The preparation and commitment of the participants in the Fine Arts Showcase was proven to be worth it as each performance ended in applause.



HIPS DON'T LIE Senior Ashley Noonan dances on stage at the Fine Arts Showcase on April 19. The intermediate dance class performed to "Temperature" by Sean Paul. "They could've given the dance team a run for their money," said freshman Lauren Damico, a showcase spectator. **PHOTO BY HAILEY CAYWOOD**

DRAMATIC DIFFERENCES Seniors Anna Johnson, left, and Kate Harbin perform the opening act at the Fine Arts Showcase on April 19 in the auditorium. They started the show by acting out how the ideal audience member would behave during the show. **PHOTO BY HAILEY CAYWOOD**

It was pretty amazing when it all came together that night.

- junior Katarina Vaughn



Judging the Past

New teacher adds project for sophomores

STORY BY ERIN VOGEL
DESIGN BY LAURA STRICKLAND

While many sophomores put the finishing touches on their Cultural Connections Convention (CCC) projects, a handful of sophomores relaxed and observed their classmates rushing around. The accelerated world literature students were assigned a different project, National History Day (NHD). The new literature teacher, Ms. Karen Johnson, brought the competition to STA from her previous teaching job in Liberty.

"The students were really excited about choosing their own topic and they got a lot out of it," said Johnson. "It was challenging but in the end, they were proud of [their projects]."

NHD was a nation-wide contest in which participants created projects in various formats such as exhibits and performances that related to the NHD theme, "Taking a Stand in History." Johnson said the most popular formats among the students participating were exhibits and documentaries. Approximately 30 to 40 percent of the students chose to enter their projects in the local competition. Sophomore Linda Kovac's group was unable to attend the local competition held at Truman Library on March 11, because of schedule conflicts, but would have liked to attend.

"We put a lot of effort into the project, and I think

it is a bonus to get judged and have someone show you where you can improve," said Kovac.

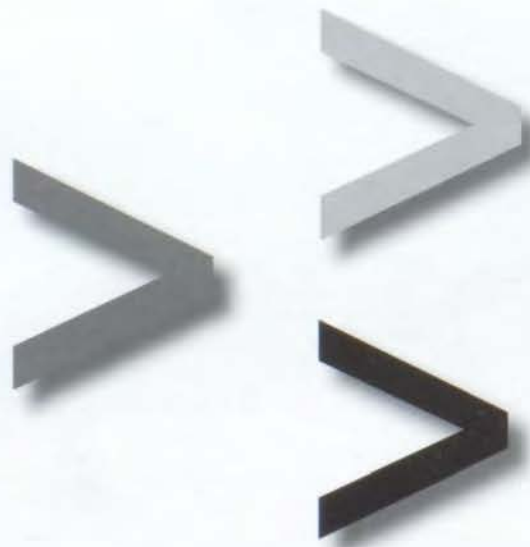
Another advantage Johnson saw in having the accelerated world literature sophomores compete in NHD was the opportunity to develop students' public speaking, organizational and researching skills.

"Because NHD is a competition with rigorous requirements for research, it allows more opportunity to challenge their skills," said Johnson.

Although there were meticulous requirements, Kovac, who did a project on William Wallace, was glad to be doing NHD because she felt the five months given to complete the project to students was easier than the approximate month given for CCC. Kovac also stated that it was more interesting because the students were able to choose their own subject matter and include information that interested them.

"Choosing your own topic gives you more ideas to start with," said accelerated world literature sophomore Anna Boisseau. "Also, working with a topic you didn't choose is always less fun."

The chance to use their own ideas allowed students to become historians said Johnson, which encouraged connections to the past.



FASHION CUTOUTS Sophomores Lauren Michael, left, and Katie McSorley chat as they wait to present their project about the influence of musical groups like The Spice Girls during the Cultural Connections Convention in the Commons. **PHOTO BY ANNA WARM**



GETTING THE GRADE Mr. Phil Jamieson grades sophomore Katherine Poppe, from left, Rebecca Rodgers and Libby Ring as they present their project on Claude Monet. "The presentation wasn't too bad," said Ring. "It could have been a lot worse." **PHOTO BY ANNA WARM**

> *Juniors Jump Back to Explore the Past* <

While the sophomores worked on their CCC and NHD projects, the junior class took on the task of researching the decade of the '60s. They were divided up into groups of two to five girls who worked together to produce a creative project on any topic related to the decade.

"We had to research a certain topic that had a big influence on America," said junior Abby Jane Fagan. "Most people choose entertainment."

Fagan felt the project would be difficult, but thought it would be fun because she liked her topic, "Deadheads."



SIMPLE BEAUTY Sophomore Maddie McGannon explains the history of Coco Chanel to onlookers during the CCC projects on Feb. 14. These projects helped students connect with different cultures around the world. **PHOTO BY ANNA WARM**

hands-on methods

STORY BY MEREDITH PAVICIC
 DESIGN BY ABIGAIL SOSINSKI

Red flames curled in a small bowl as chemistry teacher Ms. Mary Rietbrock used a wood splint to set fire to an evaporating dish of Lithium. Students gazed at the dark lab filled with colorful flames and Rietbrock explained the relationship between the color of the flame and electromagnetic radiation.

The flame test was one of many labs that Rietbrock did with her students. Through the use of experiments, whether in chemistry or physical science classes, students used hands-on methods to understand concepts taught in the classroom.

"Maybe some people learn better when they get to experience it rather than just hear about it," said Rietbrock.

Junior Amelia McGannon, one of Rietbrock's chemistry students, said that the labs helped her better understand a lecture.

"I think they're effective because we're able to see...instead of just talking about it we actually get to see it," said McGannon. "I like working with my hands and actually being able to do what we're learning."

Ms. Mary Montag's physical science students also used a hands-on approach to reinforce lessons. About once every other week, Montag's students did an experiment, said freshman Lauren Durie, who thought that this approach was an effective way of learning.

"[The experiments] give you

experience," said Durie. "You observe more; you actually get to see it."

A bright neon light shone in the chemistry lab as students stood in a semicircle around a table and held pieces of plastic up to their eyes. Girls gazed at the array of colors produced by their gradients, but one student was unimpressed. Sophomore Liz Dunn stood near the back and struggled to see what the others found so interesting. As Rietbrock spoke about "excited" electrons and the bright-line spectrum, Dunn

made her way to the front. With a closer look, she saw for herself what Rietbrock was talking about.

Throughout the year, the lab room was filled with students and teachers with various models and lessons, but the purpose of every experiment was essentially the same. Through glowing gas or burning elements, the science department sought to teach classroom ideas with a hands-on approach and to help students understand their lessons by exposing them to concepts that they could otherwise only read about.



RACE TRACK Ms. Mary Montag, left, assists freshman McKenzie Robbins with the calculations needed to complete the physical science speed buggy lab. The lab work taught freshmen the basic concepts of motion and introduced them to physics. **PHOTO BY KATE CHRISTIAN**

**CHEMICAL
COMBUSTION**

When chemistry teacher Ms. Mary Rietbrock came to STA, she discovered that the chemicals in the lab were arranged alphabetically.

But, according to Rietbrock, this was not the way that chemicals are supposed to be arranged. Alex Horton, Rietbrock's chemistry practicum student, re-organized the chemicals according to compatibility to limit the possibility of accidental reactions.



PHOTO BY KATE CHRISTIAN



SPARKS FLY Junior Alyson Russell, left, and senior Marina Guerra work to complete a chemistry lab. Students tested different chemicals and recorded how they reacted with each other. **PHOTO BY KATE CHRISTIAN**

Math Team: *formula for fun* competitions + sweets = a perfect mix

STORY BY FRANCESCA SWALWELL
DESIGN BY ABIGAIL SOSINSKI

The relay team tensed up, ready for their race. However, instead of waiting for a gunshot to start a track or swimming event, they were waiting for the signal to begin their math relay competition.

"There's three questions, and each person's answer goes into the next person's problem," said senior Sarah Murphy, a member of the relay team that qualified for state and included seniors Lisa Peterson and Alex Horton. "You don't get to talk to your teammates. You really have to trust them, which is kind of nerve-racking. There's always a chance that you could do your part right, but still get the answer wrong."

The Math Team, led by Dr. Jo Weller, participated in four main competitions. Girls competed in the Missouri Math League, the Kansas City Area Teachers of Math Competition, the Great Plains Math League and the Math Fax Competition, which included schools from across the country. Some of these competitions required students to work in groups. According to junior Meaghann Taylor, the groups often met to discuss each other's abilities and strategize for the match. Team members also joined together to cheer each other on during competitions,

according to junior Katrina Abella.

There was another uniting factor of Math Team, one that girls such as sophomore Amanda McBee claim was a reason they joined. When asked about her favorite part of Math Team, McBee was quick to respond.

"The food," she said.

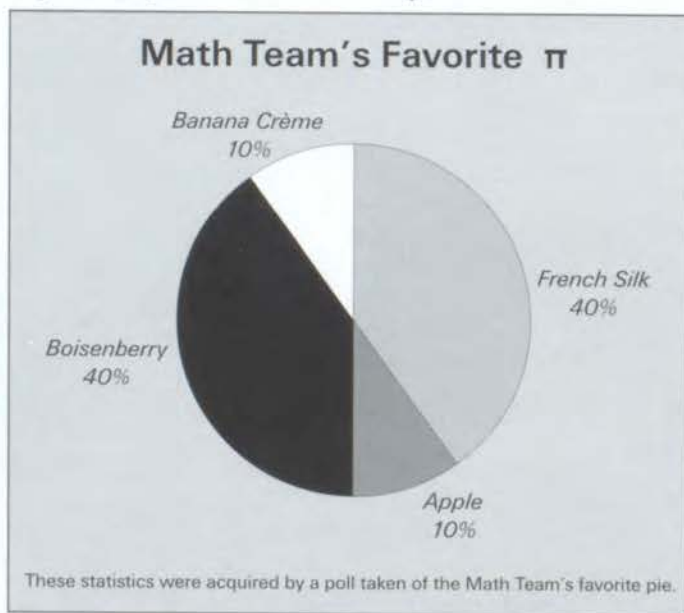
According to Abella, Weller's husband was like a personal chef to the team because of the desserts he baked. These treats led to memorable Math Team meetings.

"Mr. and Dr. Weller mostly bake desserts," said Abella. "We celebrate National Pie Day. They make about eight pies and we eat pie and ice cream.

Yeah, it's the best meeting."

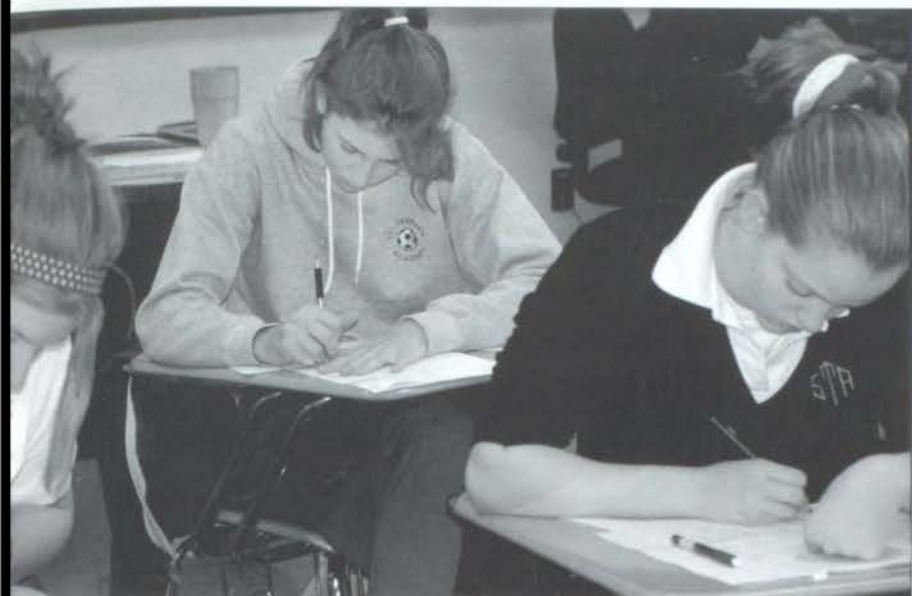
After feasting on Weller's home-baked goods, the girls would return to math. According to McBee they spent their meetings reviewing strategies or taking national tests. After the tests, they would discuss difficult problems. Throughout the meetings, there was camaraderie between the girls.

"Getting introduced to new material early is helpful," said Abella. "And the food is great, but the best is hanging out with a bunch of goofballs."



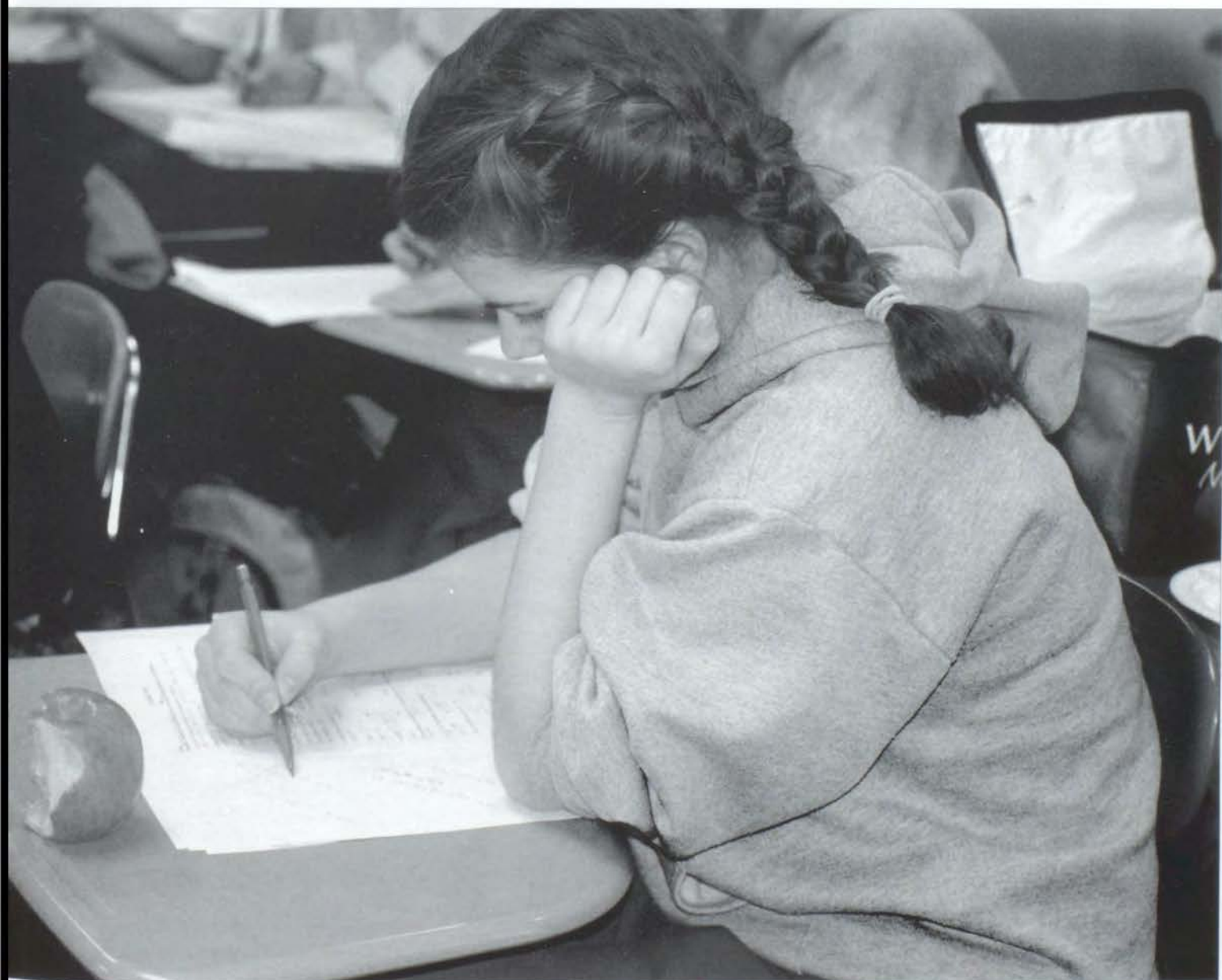
MUNCH TIME Sophomore Bailey Lynch finishes her lunch as she works on her test. The test consisted of four rounds and the students who placed highest received a trophy.

PHOTO BY MOLLY CAMPBELL



*"There's always a chance
that you could do your
part right, but still get
the answer wrong."
Senior Sarah Murphy*

CRUNCH TIME Senior Sarah Murphy, from left, and juniors Alison Raybould and Meaghann Taylor work diligently on their Math Team timed test. The group met several times a year to compete in competitions. **PHOTO BY MOLLY CAMPBELL**





A PIECE OF CAKE At home in Prairie Village, Kansas, junior Emily Ingraham uses an electric mixer to assist her in baking a chocolate cake on Nov. 9. Ingraham often baked to relieve her stress from school. **PHOTO BY ALEXANDRA KURTH**

academic anxiety

ris[◻]es like dough

After the bell rang, junior Emily Ingraham packed up for home. She headed to her locker on two occasions. First, she collected each book and binder she needed for that night's homework. She checked off each book that corresponded with the homework in her assignment notebook. On the second trip to her locker, she made sure everything was in its correct place. After she checked out with her advisor, Ms. Stacie O'Rear around 3:10 p.m., she headed home. During her car ride, she formulated her itinerary for the evening, beginning with study time per subject, which takes up six to eight hours every night. On special evenings, when Ingraham felt like she had had enough, she scheduled time when she could bake. Baking was not only her outlet for stress relief, but it was also her passion.

She preheated the oven to 350 degrees and began to gather her ingredients. That night's recipe was chocolate cake. Quickly, Ingraham pulled butter and eggs out of the refrigerator and placed them on the counter. She laid the pan next to the ingredients and began to read instructions. She proceeded to mix the butter, eggs and powder together in a bowl. Eventually, the ingredients blended together, making a condensed substance that was ready to be placed in the rectangular pan. Ingraham slowly sprinkled flour as evenly as possible along the pan horizontally at first and then diagonally. The mixture was stirred one last time and poured into the pan. When the pan was full, she laid it on the second shelf of the oven. What remained in the bowl was eagerly tasted by Ingraham, to make sure it was "sanitary," of course.

While the cake baked, Ingraham went back to the office, where she spent many hours studying. On that evening's agenda was algebra II homework, along with reading and taking notes for AP American history. Ingraham made study guides by typing up her notes, fixing their fonts and colors and adding clip art for visual reminders. Ingraham took a schedule consisting of AP, honors and general courses. She believed that being well-rounded and pushing herself in all subjects was worth the stress because it was guaranteed to pay off later. Ingraham took AP American history and literature, honors chemistry, Spanish III, algebra II, A

Cappella choir and women in theology for her first semester.

School work occupied a lot of Ingraham's time. She worked diligently to make every assignment the best it could be, according to junior Melissa Rhodes.

"Emily always goes the extra mile," Rhodes said. "At times she can get a little worked up because she tries so hard to do her best on even the smallest assignment, like a five point quiz. She is constantly studying or handing out gum to all of us in [AP American] history class."



WORK OVERLOAD Two weeks before finals, junior Emily Ingraham is all work, no play. While in a 13/14 free in Ms. Heather Macintosh's classroom, Ingraham finished her Spanish III homework and organized notes from various classes to form study guides. **PHOTO BY ALEXANDRA KURTH**

A lot of people would have said Ingraham worked too hard, due to her constant stress level, but she considered it preparation for her future. After STA, she hoped to go to culinary school. Baking was what she loved and according to O'Rear, Ingraham was extremely studious and focused, as well as thoughtful, which helped her achieve any goal.

"Even though I feel stressed almost all of the time, I like STA because I know I will be way more prepared for college this way, instead of feeling shocked and behind [in college] without this preparation," said Ingraham.

As the cake started to turn a light brown, Ingraham got up from her computer chair and desk, cluttered with notes from a variety of subjects and headed to the kitchen. She proceeded to open the oven door, but not before checking through the window by turning on the small yellow light. She looked in at the cake and tested its consistency with her index finger, making sure it was not going to collapse. Next, she put on her oven mitt and took out the cake and placed it on the counter. Her cake was a special treat for her advisory, which was a common surprise, according to O'Rear and fellow advisees.

"She is always bringing in delicious little treats for no apparent reason, just to be nice," said O'Rear. "She is extremely thoughtful and helpful to everyone she encounters."

Baking treats was not the only thing Ingraham did for her fellow academy women. She was known to create individually wrapped goody bags with a variety of candy for each holiday. She never turned anyone down for a little tutoring in any subject of her expertise.

How a well-planned trip became a

Spain in the butt

STORY BY TRACY HADEN
DESIGN BY ABIGAIL SOSINSKI

Ms. Karen Moran-Redlich held her head in her hands and let out a long sigh. Along with Ms. Katie Dolan, she and 15 Spanish students were stuck in Miami, Florida for the second straight day on their way to Spain for a two-week trip in the summer of 2005.

"It was a nightmare," Moran-Redlich said. "It was like something you see in the movies."

It all started the prior afternoon with an announcement in the KCI terminal that their flight had been cancelled due to mechanical problems. They would be unable to depart until a replacement plane part arrived from unknown whereabouts.

"To make a long story short, we didn't leave that day," said Moran-Redlich.

That night, most of the girls, including senior Danielle Spears, spent the night at senior Katie Kennaley's house.

"We were all still really pumped for the trip, so we didn't let one night get us down," Spears said. "We just hung out, watched movies and figured we'd be leaving the next morning."

The saga continued as the girls hopped a flight to Chicago and then on to Miami. However, confounded with the travel agency left them stranded. Unfortunately, Miami International Airport was not quite South Beach, Fl. Now in their second day of delays and cancellations, the girls played amusing games to keep their frustrations at bay.

"I waited in line almost all day," said senior

Melinda Krum. "I kept myself entertained by playing MASH with Danielle."

Finally, two days late, the group boarded a flight to Madrid.

"I was just in shock when we landed," said Spears. "Even when we got out of the airport and into our little van, no one actually believed we were finally there. We had been waiting for so long. It wasn't until we got out and started walking around that it hit us."

The travel nightmare was forgotten once they got settled.

"At the time it was probably the most stressful thing I'd ever had to deal with," said Moran-Redlich. "But the girls were awesome. They didn't complain once."

The Latin students who traveled to Italy that same

summer didn't have as much cause to complain. The 12 students who went enjoyed two weeks in the land of art and culture, touring Rome, Venice, Sorrento, Capri, Pompeii, Florence and Tuscany. They also spent time in Vatican City, where they stood in St. Peter's Square.

In Madrid, the Spanish students enjoyed sight-seeing, touring the Prado Museum featuring masterpieces by Velasquez, El Greco and Goya, and several day trips, including one to Avila, where they viewed the preserved finger of St. Teresa of Avila. In Salamanca they lived with host families and attended the Enforex language school for a week, meeting people from around the globe.

"Spain was awesome," said Krum. "Definitely worth the wait."

Estimated Miles Traveled

Spain

Kansas City to Chicago = 550 miles
Chicago to Miami = 1,400 miles
Miami to Madrid = 4,417
Madrid to Toledo = 44 miles
Madrid to Avila/Segovia = 71 miles
Madrid to Salamanca = 130 miles
TOTAL: 6,612

Italy

Kansas City to Chicago = 550 miles
Chicago to Newark = 703 miles
Newark to Frankfurt = 2,862 miles
Frankfurt to Venice = 359 miles
Venice to Florence = 212 miles
Florence to Orvieto = 176 miles
Orvieto to Sorrento = 192 miles
Sorrento to Capri = 222 miles
Capri to Rome = 120 miles
Rome to Vatican City = 2 miles
TOTAL: 5,398





CLOSE TO HOME A day trip to Avila, Spain allows the tour group of STA Spanish students to visit the church and museum of St. Teresa of Avila, STA's matron saint. In Avila, the girls saw St. Teresa's index finger and the place of her baptism. **PHOTO SUBMITTED**



CIAO BELLA Seniors Alexandra Horton, from left, Katherine Patke and 2005 graduate Samantha Putthoff appreciate a gondola ride on the canals of Venice, Italy. The tour group, which stayed on the island of Lido, visited San Marco's Square which held the main tourist attractions in Venice. **PHOTO SUBMITTED**



SUBWAY SURPRISE Juniors Jillian Blanck, left, and Carina Murphy enjoy eating gofrees, chocolate covered waffles, in a Madrid metro station. "The gofrees were so delicious," said Blanck. "We ate them everyday when we were in Madrid." **PHOTO SUBMITTED**

Sculpting STA

ceramics molds students' individuality

STORY BY ANNA WARM
DESIGN BY ABIGAIL SOSINSKI

Senior Emily Schmeltz guided a smoothing tool around the outside of a small bowl. She worked silently as she examined the bowl, making sure that it was even. Schmeltz looked through a reference book at a similarly shaped bowl. Using this example, she etched three small circles containing Chinese characters into the side.

Ceramics students were required to complete a project on a famous potter. After writing a research paper about how the artist's background influenced his or her work, students were instructed to create a piece using the potter's style. However, the students were to add their own creativity and personality. Senior Amy Cirocco researched Ken Price.

"I didn't really like his style," said Cirocco. "It was sort of modern contemporary. It's kind of fun because it's really smooth, but I kind of like primitive stuff."

Another project was a self-portrait. Students made a plaster of their face. Then, everyone was instructed to portray herself in a way that would express who they were. Senior Margaret Cameron made her face appear as though it was coming out of a mirror, while sophomore

Emma Wenig divided her face and made each half into a bookend.

"It's hard to make your face look even," said Wenig who had to take her self-portrait home because it took so long.

Ceramics was a new class for STA. In the past, only independent art students had the chance to work with clay. Ms. Lisa Dibble, who taught ceramics at various colleges in the metropolitan area, asked the administration for permission to have another art class.

"It's what I know best," said Dibble, who has a Master's Degree in the art.

Dibble's excitement with the unique art sparked students' interest in taking the class.

"It's a lot of fun," said Wenig. "You get to get messy. And once I finish a piece, I feel accomplished."

The ceramics class, which was held in the art room's annex, provided a kind of atmosphere unlike most other classes offered at STA.

"It's nice to go into ceramics class after a hard class," said junior Megan Rogers. "It's relaxing just to mold the clay."

Schmeltz held up her pottery to examine it one last time. She

checked for any bumps that needed to be smoothed out. She went and placed her bowl on the rack to be fired. Each piece on the rack started out as a mound of clay, but with a little creativity and individuality, it became its own masterpiece.




BEGINNING STEPS Sophomore Leslie Sear cuts through a block of clay during her ceramics class on Jan. 10. PHOTO BY MEGAN ROGERS



WORK TIME Sophomore Sarah Hylander, from left, and seniors Morgan Wiley and Jenna Perry work on their ceramics projects during their 15/16 class. The students' assignment was to make a 10-in. vessel that held water and had texture on its surface. **PHOTO BY MEGAN ROGERS**



BLAZIN' AND GLAZIN' Seniors Leah Blake, left, and Melinda Krum develop their functional pieces. Blake formed her piece by coiling sections of clay. Krum, who was further along in her project, glazed her piece after her first firing. **PHOTO BY JACQUI LINDSEY**



MIRROR MIRROR

After taking many art classes at STA, senior Margaret Cameron chose to take ceramics. One of the projects was a self-portrait. Cameron chose to make her face appear as though it was coming out of a mirror. Her inspiration came from Snow White and the Seven Dwarves.

"I wanted to do something different," said Cameron. "Everyone else was doing the same thing."

Before her class at STA, Cameron had never made anything out of clay before. Although she didn't have any plans for pursuing art in college, she planned to continue ceramics after her class.

PHOTO BY ANNA WARM



You say you want a

THE DART HITS BULL'S EYE WITH NEW DESIGN

STORY BY CLAIRE CULLEN
DESIGN BY LAUREN BEFORT

As the familiar singing of The Beatles, "You say you want a revolution, well you know, we all want to change the world," flooded from the intercoms in each advisory, students listened to mid-day announcements in the January weeks leading up to The Revolution, a redesigned and carefully crafted new *Dart*.

"Our goal for The Revolution was to increase the readability and accurately portray St. Teresa's," said senior Julia McQueeney-Thorpe, editor-in-chief of *The Dart*. "We wanted to show who we are and make it look better. It used to be heavy and we wanted to make it more current and lighter."

One way the staffers of *The Dart* transformed the newspaper was changing the format from a broadsheet to a tabloid design, which allowed for it to open up to the readers according to junior Nicole Farley, news page editor of *The Dart*.

"We thought readers would find it more accessible in a tabloid

format," said Farley. "Before, it was mainly the story and a photo and was lacking alternative coverage. Now there is room for more appealing pictures and graphics, which is more enjoyable for the reader."

Readers, like junior Amanda Wilson, agreed with Farley that The Revolution made *The Dart* more appealing and easy to read.

"I think it's a lot more appealing to the eye because the design is more clean cut and more photographs are included," said Wilson.

When McQueeney-Thorpe presented the idea of The Revolution to the staff the spring before, many were skeptical of the tabloid format and if the changes would reflect the values of *The Dart*.

"I was one of the people opposing redesigning," said Farley. "I felt we were going to lose some of our credibility and that we would write to the tabloid style. After seeing mock pages and the different ways of covering stories, I guess I came around because I love it."

After the new *Dart* came out on Feb. 2, the goal of the staff to create a more accessible and appealing newspaper was met as positive feedback and looks of awed expressions poured through the hallways that Thursday afternoon.

LAST PUSH Junior Alyson Raybould works diligently on her newspaper page during the last publication night for the 2005-2006 Newspaper Staff on Sunday April 9. The publication's final issue "Finding New Faith" was one of the first to display the visual and detailed changes made to the newspaper, known to STA as "The Revolution." **PHOTO BY MARY NULTON**



REVOLUTION...

Windmoor "Passport"

PASSPORT



*Windmoor
of St. Teresa's Academy*

Alex Horton *Editor*
Katherine Schilling *Editor*
Juana Summers *Editor*

Kathleen Pointer *Junior Editor*
Meaghan Taylor *Junior Editor*

Staff

Mollie Esposito
Brynne Lee
Katarina Vaughn
Leanna Yanes
Meredith Snyder
Amanda Wilson
Emily Becker
Kathleen Bryant
Ashtin Bryde
Maureen McMahon
Meredith Pavicic
Emma Wenig



CRUNCH TIME Junior Coco Owens uses whatever free space she can find, in this case a light table, to color in a graphic during a newspaper publication night April 9. The newspaper staff often spent late nights doing whatever they could to improve its publication, especially during its winter "Revolution." **PHOTO BY MARY NULTON**



SIMPLE STUFF Junior staff writer Kelly Nelson, uses one of her afternoon frees as well as an empty hallway to interview AP American Literature teacher Mr. Mark Fudenburg for her story on AP Testing. Staff members like Nelson, were often forced to use informal means of interviewing due to conflicts in schedules and meeting availability. **PHOTO BY MARY NULTON**

DEADLINES & DINOSAURS Unite

STORY BY LAURA STRICKLAND
DESIGN BY LAURA STRICKLAND

It was deadline time in the yearbook room. Staffers stared at their computers or edited spreads, desperately trying to meet the specific deadline. Editor-in-chief Lisa Peterson clicked her mouse as she edited one of her spreads due the next day. Mr. Eric Thomas jumped from one computer to the next, fixing errors and polishing spreads.

For editor-in-chief Abigail Sosinski, deadlines were the most stressful aspect about yearbook.

"[It's] difficult squeezing in tiny assignments and making sure everything is complete," said Sosinski.

Peterson also believed that deadlines were very tense, but important as well.

"Trying to meet deadlines are tough," said Peterson. "You are in charge of your pages and [also] responsible for your work, but also for making sure every page in the book is done correctly and exported on time."

The yearbook appealed to sophomore Meredith Pavicic because of the way it was directed. She liked that the students were in charge of the yearbook, allowing her to have a voice in its development.

Not every part of yearbook revolved around strenuous deadlines. Although editors spent activity periods and after school time working on spreads, there was a little lightheartedness also. According to Peterson and Sosinski, the "Random Lisa Stories" allowed humor while working on the yearbook. When Peterson told a random story, the editors put dinosaurs on a sheet of paper and described the

story below it.

"[The 'Random Lisa Stories'] show how we have fun on staff," said Peterson. "I will just be telling a story, then we're like 'another dinosaur.' It's funny to go back and reread them."

The yearbook staff also used teamwork tactics to create a more comfortable environment. These methods also promoted unity among the staffers. During the fall, the yearbook staff challenged the newspaper staff in an event called, "The Publications Olympics." Each team had a relay and raced to complete tasks such as somersaults and carrying yearbooks across the quad.

"[The Publications Olympics] helped us to get to know each other as a staff," said Pavicic. "It helped [the new staffers] meet the older girls in a comfortable environment."

Editors developed the 2005-2006 yearbook theme "Collide." During the summer, the editors met and went through old themes generated during the school year. The editors wanted to diverge from two word themes like the 2004-2005 yearbook theme, "Perfect Vision."

"We wanted something different," said Peterson. "[Collide] applied to so many areas. It referred to both emotional and physical collisions."

The editors chose this theme because all aspects of school collided. Students collided with other students in the classroom, clubs, sports, dances and plays. Yearbook staffers collided in one room, working on a masterpiece that will be a part of history.

CRUNCH TIME

Junior Amanda Morrall works to finish a photo assignment during one of her frees on Mar. 27. Staffers used their free time outside of class to improve their work.

PHOTO BY HAILEY
CAYWOOD



2005-2006 Yearbook Staff

Editors-In-Chief

Lauren Befort Kathleen Heermann Lisa Peterson Abigail Sosinski

Editors

Riki Allen Ashley Devine Mary Anna Henggeler Brynne Lee
Alexandra Kurth Katie Kennaley Amanda Morrall
Lauren Goulding Laura Strickland Laura Goede

Staff Writers/Photographers

Bailey Lynch Meredith Pavicic Erin Vogel Kate Christian
Anna Warm Molly Cambell Mary Nulton Jackie Lindsey
Clare Cullen Hailey Caywood Shannon VanBuskirk
Tracy Haden Megan Rogers Francesca Swalwell



BOUNCING IDEAS Sophomores Anna Warm, left, and Kate Christian help each other during class time on Mar. 21 to find the number of yearbooks sold. "It's neat how we have time in class to get things done," said Warm. "There are always people around to give advice and to help."

PHOTO BY HAILEY CAYWOOD



HELPING HANDS

Seniors Kathleen Heermann, left, and Mary Anna Henggeler determine the final page count for the book on Mar. 21. "There were 272 pages total," said Heermann. "We couldn't get an exact number until we figured out how many pages we needed." PHOTO BY HAILEY CAYWOOD

Parking Parallels

STORY BY BRYNNE LEE
DESIGN BY ABIGAIL SOSINSKI

The students of STA scrambled to their cars after a long, hard day at the Academy. Some freshmen and sophomores gathered at the benches by the parking lot, waiting for their rides to pick them up. The heat was blazing and the girls yearned for their air-conditioned cars. Senior Danielle Spears raced to her car to move it behind the Goppert Center and get a good spot before cross country practice. She put it in reverse and backed up to wait her turn out of the parking lot and into the traffic flow. She was now the first in line to turn. The alternating effect of the parking lot completely crumbled as three cars in a row refused to allow Spears into the flow. The words of sarcasm and jovialness rammed together as Spears and another student yelled... Shawam.

The game just ended. The Stars defeated the Sion Storm in the Varsity volleyball game. Students and fans poured into the quad and made their way to the parking lot. With the excitement still buzzing, the girls screamed with joy as they celebrated their unforgettable victory. The honking and yelling drew the attention of many of the people mingling in the lot. Juniors Katrina Abella and Jen Finley rejoiced the victory in their own unique way. Abella, still manic

about the victory, ran up behind Finley and jumped on her back... Crack.

The clock turned to 7:40 a.m. and the last group of girls scrambled into the buildings to check in and avoid tardiness. The girls' minds filled with thoughts about tests and homework as they scurried away from the parking lot and into their advisories. The only thing junior Jessie Kramer could think about was arriving to Ms. Roseann Hudnall's room in time before the bell rang. She jostled her books and lunch around as she walked away from the lot. The medians of the parking lot were filled with dead plants desperately needing attention. Kramer inadvertently strode onto the median, crushing the already dead bushes... Crinkle.

With the words, the steps, the honks, the hugs, the screams and the laughing, the parking lot was full of many types of interactions. One may have found it hard to realize, but you could tell a lot about a place by its parking lot. The personalities combined, words were exchanged and life happened.

Collide.

SISTER CHAUFFEUR Freshman Alexis Collins, left, sits on the hood of her sister's, senior Jessica Collins, car. While waiting for her ride home she talked with freshman Madilyn Roberts. Many students at STA carpooled with sisters, neighbors or friends. PHOTO BY RIKI ALLEN



LOT WARS Junior Michelle Jantsch, left, attacks junior classmate Lauren Fowlkes with water in the parking lot after school on Mar. 7. Students could often be seen laughing and honking after a stressful day at school. PHOTO BY RIKI ALLEN

ALL NATURAL (below) Sophomore Emily Thompson, left, takes licorice from Dr. Joe Grantham during activity period in his room. "Licorice is naturally black," said Grantham. "That red stuff is not licorice." **PHOTO BY RIKI ALLEN**



SWEEEEET SOUNDS (left) Dr. Joe Grantham slides his fingers along the harmonica to a tune from the "Phantom of the Opera" during an activity period in his classroom while students listen and dance to his soft music. Grantham's harmonica could be heard through the hall during classes, frees and lunch playing songs such as "Happy Birthday" or "Take Me Out to the Ball Game." **PHOTO BY RIKI ALLEN**

TASTY TREATS (below) Dr. Joe Grantham displays his candy drawer to students during a free. Grantham kept this drawer stocked regularly for his well-behaved students and for special occasions. **PHOTO BY RIKI ALLEN**



Students

"in tune" with math *melody*

STORY BY BAILEY LYNCH

DESIGN BY ABIGAIL SOSINSKI

Sophomores Kellyn Smith, Meredith Pavicic and Sarah Smith crowded around Dr. Joe Grantham's desk during a free as they discussed their literature homework on the first day of school. The girls needed to write everything they knew about different types of literature. Each girl stared at her blank paper pondering if she knew anything. They asked Grantham what he knew about African Literature. They insisted that if he told them, then they would also know and therefore would be able to write it down. He laughed at their logic and gave tidbits of information that each girl frantically wrote down.

After he had shared his knowledge, Grantham pulled out his harmonica and recounted his promise to his honors geometry class. If anyone could name the song he played, he would give them an automatic "A" in his class. Each sophomore listened intently to the soothing melody as he gave subtle clues. As the song ended and each girl contemplated, Grantham placed his harmonica on the desk...

Thud!

Grantham looked up to the ceiling as he spoke to the infamous late Sister Mary Clotilla.

"Without a wimpilator!" he cried. "Sister Clotilla forgive them; they know not what they do!" The class chuckled as his face softened, his mouth spreading into a wide smile. The girls waited in anticipation for another notorious "Sister Clotilla story," and, as expected, he reminisced about his previous teacher. He laughed

as he explained that she was the only one who could control the seventh and eighth grade boys. His smile turned into a sly grin as he remembered how ornery they used to be.

"We used to hide under her window and yell, 'Chloe!'" he said enthusiastically. "Then she would come up and glare out the window, but she couldn't see us!"

His eyes crinkled in a smile as he remembered his former teacher with deep respect and admiration. He explained that she was nice to the girls, but when the boys were ornery, she would hit them...

Whack!

Grantham's room was scattered with items that told of many memories throughout Grantham's 21 years at STA. His photos and posters of students, runners, Albert Einstein, jelly donuts and Snoopy all portrayed different stories from the years. Although these well-recognized photos reminded students, teachers and staff of the enjoyable times, the real memories were held dear in their hearts.

In room D110, girls in plaid solved proofs, fingers caressed a harmonica and lips revealed stories. Just as Grantham used walls, corners and shoes to demonstrate the intersection of lines, planes and points, students' lives and stories intersected to form new memories.

Each moment was not watched, but experienced together. As St. Teresa of Avila said, "In this house, all must be friends, all must be loved, all must be held dear and all must be helped." All must...

Collide.

Junior Kayla Crandall was busy thinking about the stress of school as she walked across the quad to one of her regular frees with Ms. Katie Dolan. As she stepped into Dolan's familiar room, she found her friends already spread out across the floor with their heads rested on their unzipped backpacks as they talked with Dolan. Crandall's worry died away while she relaxed and gossiped with friends in her "double-mod Dolan free."

"With the stress of school, it is nice to have something to look forward to each week," said Crandall. "I always love going to my 'double-mod Dolan free' on Tuesdays because there are always the same people who come in and we can pick up our conversation with Ms. Dolan where we left off in the last week."

Although Crandall admitted to rarely stepping foot in the library or silent study, she knew that her homework would catch up with her.

"I know I procrastinate and find myself doing my chemistry at 10 [p.m.]," said Crandall. "But when I'm in a free with my friends, it's nice get school off my mind. For 41 minutes, I can be away from the stress."

Freshman Meg Hart agreed that frees were the perfect time to relieve some pressure and catch up with friends.

"I never go to silent study for a free unless I have to, because I love going to a classroom with my friends to talk and forget about homework," said Hart.

Other students could not find time to get away from the homework piling up after each class.

"I am always busy getting my homework done during frees," said junior Emily Ingraham. "I don't want to put it off and end up bringing school home with me at the end of the day. Plus, the more homework I get done, the less books I take home."

Ingraham paced into the Language Lab as her thoughts of all her homework followed her. While Crandall relaxed a floor above, with her backpack nestled under her head, her homework remained untouched. Although Crandall and Ingraham used their frees differently, they both looked forward to those mods as a way to release the academic pressure.

Time Well



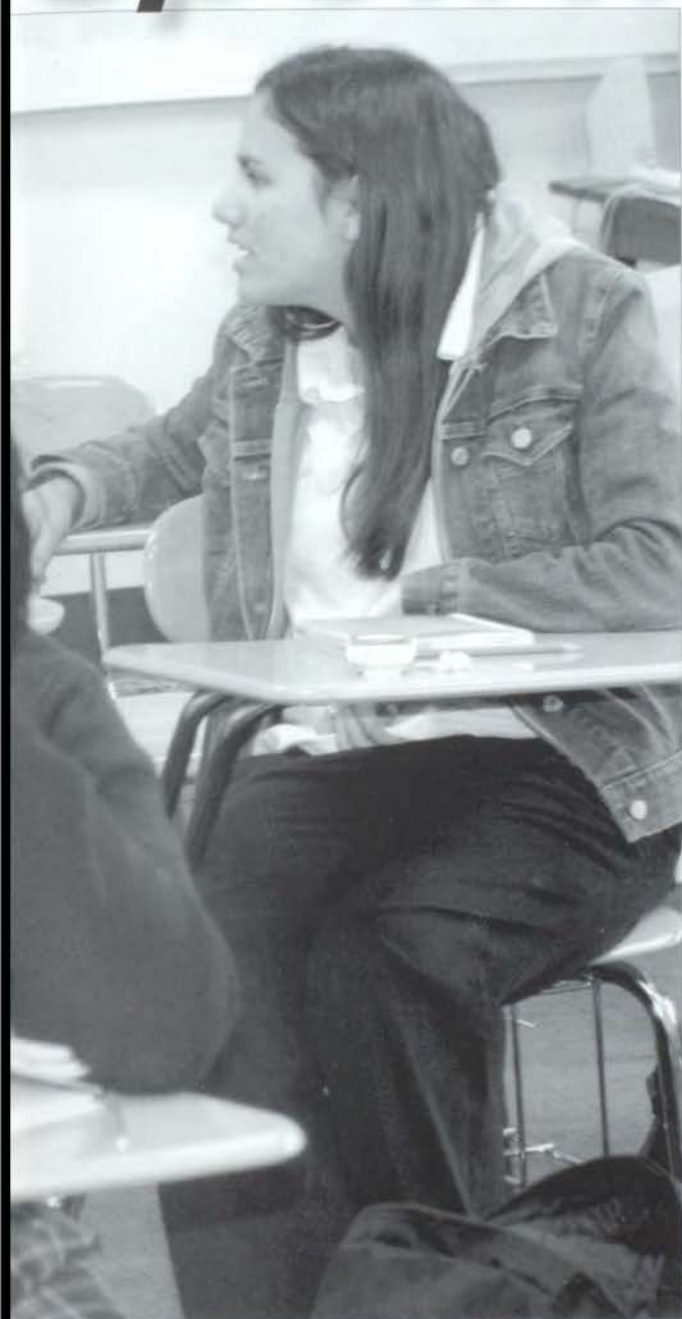
Top Ten Places to spend Frees

10. Mr. Thomas
9. Ms. Bernal

8. MSRC
7. ERC

6. Silent Study
5. Mr. Whitney

Spent?



ALTERNATE IDEAS Freshman Dacoda Hoggatt, front and center, attempts to study while juniors Erica Bartlett, left, and Devin Aaron discuss plans for the weekend on a Friday afternoon in Mr. Mark Fudemberg's classroom. Hoggatt found it difficult to find a quiet classroom for studying, but knew Fudemberg would always take her in.

PHOTO BY SHANNON VANBUSKIRK



OPEN WIDE Junior Devin Aaron positions herself to catch an M&M in her mouth which sophomore Katie Embree has thrown into the air during a free in Ms. Shana Prentiss' room. Students often looked for unconventional ways to spend their down time and Aaron believed she perfected the art of fun with her food-catching game. "Anything beats studying, but nothing tops candy," said Aaron.

PHOTO BY SHANNON VANBUSKIRK



FOCUSING IN Sophomores Amanda McBee, from left, and Lindsay Pericich research a project while senior Trenisha Ford spell checks the final draft of an essay during lunch in the library. Students used free mods to make last minute updates to assignments before turning them in to ensure perfection. PHOTO BY SHANNON VANBUSKIRK

4. Ms. Prentiss
3. Library

2. Mr. Fudemberg
1. Ms. Dolan



TWO MINDS Juniors and best friends Lauryn Howard and Caitlin Clark work on French homework in the Language Lab. Howard, a French V student helped Clark who was enrolled in French I. **PHOTO BY LAUREN GOULDING**



HABLA ESPAÑOL Junior Melissa Rhodes, a Spanish IV student tutors freshman JoEllen Redlingshafer, a Spanish I student in the Language Lab. Rhodes tutored several Spanish students during the year. **PHOTO BY LAUREN GOULDING**



In classrooms,

Peer to Peer

students become teachers

STORY BY ABIGAIL SOSINSKI

DESIGN BY LAUREN BEFORT

The Language Lab was crowded during Monday's 11/12 class. Three girls were working on the computers at the back of the room. A French student put on headphones to watch a movie. At the front of the room, junior Melissa Rhodes and freshman Nnedima Anya leaned into one another, sharing a notebook. Plastic water bottles, language workbooks and pages of Spanish I notes covered the table. Rhodes wrote four interrogative sentences in Spanish and then asked Anya to translate them.

"¿Dónde está el gato?" Rhodes asked.

At the beginning of the first semester, Rhodes began tutoring Anya in Spanish. Rhodes was a student in Ms. Lucila Bernal-Estudillo's Spanish IV class. Anya was enrolled in a Spanish class for the first time. The girls met once a week on Mondays to complete Anya's homework, review notes and create study guides. The experience was rewarding for both parties. Anya grew confident in her ability to understand Spanish, and Rhodes better understood what it meant to be a teacher.

"There is a certain satisfaction in knowing that you have taught someone something and that they can become successful because of you," said Rhodes.

There were 26 students who volunteered through the Language Lab to become foreign language tutors. Other students worked through the math department to pair up with struggling peers. Students typically met once a week for tutoring sessions. It was the tutor's goal to present the subject matter in a way that the student could better understand.

Every girl had their own reasons for initially volunteering to tutor. "I thought about teaching for a long time," said senior Meredith Lynch, a French tutor. "I liked getting the practice."



BETTER UNDERSTANDING Juniors Coco Owens and Mary Garcia work on math homework. Owens was enrolled in pre-calculus and assisted Garcia with her algebra II work. PHOTO BY LAUREN GOULDING

Senior Alex Horton, a math tutor, believed that tutoring helped both students involved.

"[Tutoring] was a good review for the SAT," she said. "It helped me realize that I truly knew the material."

Sometimes tutors found the responsibility for another student's learning to be overwhelming.

"Even though you're confident that you understand something, it's so hard to know how to convey your knowledge," Horton exclaimed.

Although the tutors held doubts about their ability to explain certain concepts, the girls they were helping felt comfortable learning from an upperclassman.

"I feel like [Rhodes] really knows what she's talking about," commented Anya. "She's been through [Spanish I] before."

Rhodes and Anya were not easily comparable. Rhodes, a junior, was white, graduated from St. Peter's School and took classes in Spanish IV. Anya, a freshman, was black, graduated from St. Patrick's School and took classes in Spanish I. But when the two girls sat down together, Rhodes in her dark brown moccasins and Anya in her white and blue tennis shoes, they had one thing in common: an interest to work together and succeed.





SLAP HAPPY Sophomore Brianne Taormina playfully slaps freshman teammate Ashley Zondca after a varsity softball game in Oak Grove. Although the team lost that afternoon, the players were able to quickly revive their spirits in each other's company. **Photo by Kayla Heermann**



»Sophomore Megan Konz rushed toward the basket as she warded off the opposing players trying to swat the ball away. A quick fake and a pass to junior teammate Leia Darden put the Stars up two points.

STA athletes had a vitality to win throughout the year, no matter what obstacles they had to face. Defensive players slide tackled oncoming forwards to steal away the soccer ball. Catchers braced themselves for home plate collisions. Cross-country runners exerted themselves to the point of near exhaustion. Win or lose, competitions were both physically and mentally taxing, but always stimulating.

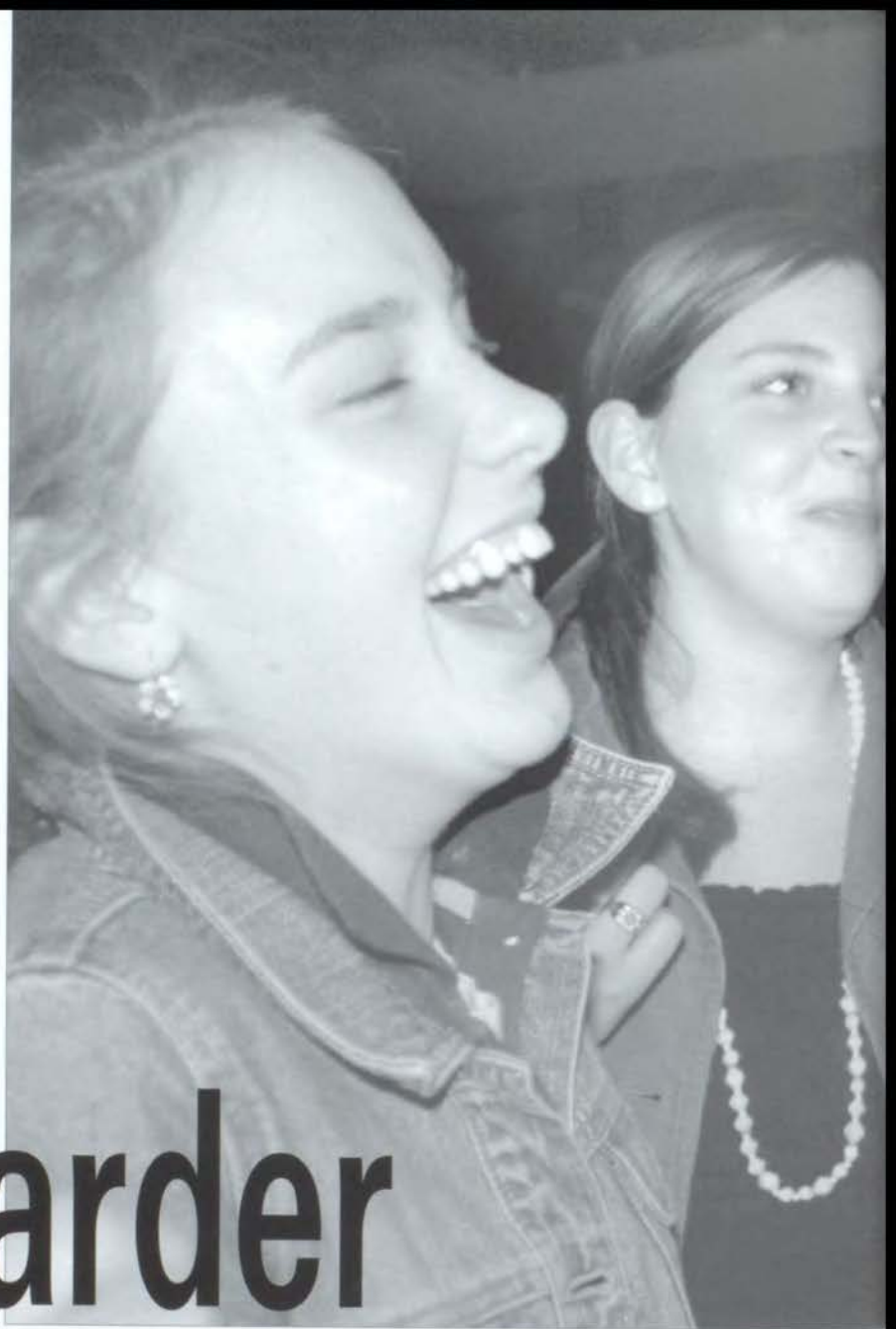
As the last seconds of the basketball game neared, the opponent had a race against time. 3, 2, 1...

»clash



HAPPY TEARS Senior Abby Edsall, left, hugs senior Sarah Tampke at the last dance team banquet of their high school careers. Tampke was a member of the dance team for four years and Edsall was a member for three years.

PHOTO BY KATIE KENNALEY



Play Hard, Party Harder

STORY BY MARY ANNA HENGGELER > > > > > > > > > > >
DESIGN BY KATIE KENNALEY

Lines formed down both sides of the folding table. Seniors, followed by juniors, sophomores and then freshmen waited their turns in the buffet line for pasta salad, lasagna, spaghetti, salad, bread and cookies. Spirits were high and the atmosphere was buzzing; it had been a "light day." The run was an easier one so that the girls would not strain themselves the night before a meet, and so their food could be enjoyed longer before the team parted ways for the evening to carry out various Friday night activities. This was a typical Friday evening for the cross country team before Saturday meets. Pasta parties were put on by team mothers who volunteered to feed seventy girls the night before a meet.

Team parties were one way that STA teams chose to help build their bonds amongst team members.

"We got to know each other more," said freshman Emily Katz. "It was fun to eat and get 'carbo-loaded.' I was able to branch out to know more than just the freshmen on the team."

Pasta parties were mainly for social purposes but they also had other benefits for the runners. Eating carbohydrates before a race was good for the body. The parties gave the team a chance to condition together and to bond at the same time.

"It was fun to just hang out with members of the team and eat," said sophomore Lily Hough. "It's perfect; STA is about food and cross country is about running. It works great together."

The cross country team was not the only team that chose to do outside activities to bond together as a squad. The freshmen volleyball players had a beginning-of-the-season party to get to know one another.

The team used the party to break the ice and awkwardness between the girls who did not know each other. Before school and their season started, the squad ate dinner together at Applebee's and then went to Incred-A-Bowl where they bowled and played laser tag as a team. After the evening festivities, the girls had a sleepover at freshman Linna



FUN & GAMES Sophomore Kristin Belfonte, left, plays rock, paper, scissors with teammate junior Sarah Gramlich. Belfonte and Gramlich were both members of the varsity basketball team and became good friends during the season. **PHOTO BY KATIE KENNALEY**



FELLOW EMBRACE Juniors Laura Goede, left, and Abby Jane Fagan embrace while they watch fellow teammates speak at the dance team banquet. Goede and Fagan were sad to say goodbye to the seniors, but looked forward to next year's season. **PHOTO BY KATIE KENNALEY**

HAHAHA Sophomore Betsy Koehne, from left, senior Abby Edsall, sophomore Kyle Hougland, and junior Andrea Johnson laugh at a joke Johnson tells. The girls were members of the dance team and enjoyed each other's company at their team dinner banquets. **PHOTO BY KATIE KENNALEY**



Kaufman's home.

"I knew a few girls from club teams, camps and tryouts," said freshman volleyball team member Emily Bullington. "But, our parties made us become really comfortable with each other off the court, not just on the court."

Bonding and parties were not kept off of the practice fields. Periodically throughout the season, the cross country team would have different runs that were made into games for the girls. The Country Club Plaza run split the runners up into groups based on their birthdays, so there would be mix of girls from every grade. The goal of the run was to run for thirty minutes. The runners could go where ever they wanted in the Plaza area. The run turned into more of a social than conditioning. Girls were able to get to know one another and to take a break from hard practices. At the end of the practice, the run turned into a party at Loose Park.

"The coaches told us that we were to meet at a specific time and

we were going to run sprints," said Hough. "But, when we got there, they had popsicles waiting for us and then we did a light run back to school."

Twinkie races were one of the more popular races that the cross country team used to bond with one another. The team would split into relay groups and the object of the race was to have each member of the team run around the front parking lot holding a Twinkie as a baton. The team that finished first, having at least some of the Twinkie left, was announced as the winners. Twinkie races provided a fun way to joke around with each other and at the same time still focus on running.

Team bonding helped teammates strengthen the ties and to play well with one another. The parties crashed through barriers between classes and social cliques that kept students back from one another. The teams started as many individuals, but as the season progressed, they mixed together and became one.

SPORTS WITH TRYOUTS:

- > CROSS COUNTRY
Three-mile time trial
- > SOFTBALL
Week of practices, working on batting, pitching, throwing and catching
- > TENNIS
Test of endurance, strength and skills
- > VOLLEYBALL
Week of evaluating skills
- > GOLF
Stay below a maximum score in three rounds
- > DANCE TEAM
Learn and dance a special routine
- > BASKETBALL
Coaches evaluate skills for a week
- > SWIMMING
Self evaluated during the first two weeks of work-outs
- > SOCCER
Test of endurance, strength and skills



BREATH IN Sophomore Anne Tampke, weak from her run, lies in the grass while her teammates give her an inhaler. Runners often collapsed after meets because of the large amount of exerted energy. Many problems during tryouts were due to a lack of summer conditioning. **PHOTO BY RIKI ALLEN**

RIGHT TRACK Junior Mary Nulton, from left, junior captain Betsy McKenny and senior captain Katie Kennaley run towards the finish during tryouts on Aug. 8. This was the first year the cross country team held tryouts. "[Tryouts] forced us to set high standards for ourselves from the beginning," said Kennaley. **PHOTO BY RIKI ALLEN**





WORTH THE WAIT Cross country members wait in line for the water fountain at Loose Park after the 3.1 mile time trial run on August 8. The team met at 7:30 a.m. to run the timed miles. The girls had to complete the course in 30 minutes or less to make the team. **PHOTO BY RIKI ALLEN**

Obstacles on Course:

STORY BY KATE CHRISTIAN
 DESIGN BY KATIE KENNALEY

Until this past year, cross country was known as the only no-cut sport offered at STA.

"A lot of people told me that there weren't going to be tryouts," said freshman Emma Spencer.

The first cross country tryouts took place at Loose Park over the week of Aug. 8. Runners had to complete a three-mile course in less than 30 minutes in humid conditions. Participants had numerous opportunities to make the team and were evaluated on completion of the course in 30 minutes and overall improvement.

"I remember going home and thinking 'Oh my gosh! This is the hardest thing ever,'" said Spencer.

But she did not give up. Spencer attended practice every day that week, improved after each tryout and pushed herself during practices.

"There was pressure, but it was good pressure," said Spencer.

On the last day of tryouts, Spencer made the team. She proved to herself, her coaches and her new teammates that she was not a quitter.

"It showed me if I put my mind to it, I can do it," said Spencer.

Senior Jessie Bukaty had been running since her sophomore year, and had never had to try out before.

"I didn't think I could make it," said Bukaty. "It made the girls who weren't that fast of runners question if they could make the team."

After her first tryout, Bukaty made the required time.

"It's definitely worth the experience," said Bukaty. "It made us a stronger team."

Head coach Karen Moran Redlich had to cut runners who could not make the required time.

"[The tryouts] caused many people to work harder in order to make the team, but it caused other people to not even try because they didn't think they would make it," said Moran Redlich.

At least 12 runners did not rejoin from last year's team. Moran Redlich believed it had something to do with the new tryouts.

"[The tryout] was something that we had to do for safety purposes," said Moran Redlich.

During practices, the girls ran on Ward Parkway, the Brookside Trail or around the Plaza area. Two coaches were not able to keep track of the girls throughout an entire practice, as they were often spread out over a five to six-mile course. In order to limit the risk of injury during practice, the number of girls needed to be reduced.

"[The tryout] did make some people angry, but people who trained were able to make it," said Moran Redlich. "It was [hard to watch them go], but realistically, they wouldn't be given any more time in a race."

The team this year included 62 runners, five managers and two coaches, while last year's team consisted of 72 runners, two managers and two coaches.

"I think it's so much fun to have so many people on the team," said Bukaty. "I think we're one of the closest groups of girls. We all get along really well. We really bond."



SLIDING HOME Sophomore Amy Hymer slides in home, as the Oak Grove player dives in attempt to tag her out. Hymer was a second year veteran of the Varsity team. **PHOTO BY KATHLEEN HEERMANN**



CLOSE CRASH Sophomore Kristin Belfonte rushes back to third base during the Varsity softball game at O'Hara on Sept. 30. Though Belfonte was safe, the Stars lost the game 3-6. **PHOTO BY FRANCESCA SWALWELL**

STORY BY ANNA WARM
DESIGN BY KATIE KENNALEY

Despite tough season team refuses to Crash and Burn

It was the top of the seventh inning and STA was ahead. Grain Valley had girls on second and third base with two outs. Sophomore Kristin Belfonte was pitching. The spirits of the STA softball team were high. Grain Valley struck out and ended the game.

"We got there and we knew we could win it," said sophomore Claire McInerney about the game.

The game against Grain Valley was STA's first and last win of the season. With only one senior and no juniors, the team was young. Everyone relied on senior Jen Schuler as a leader.

"We went to her with help on our skills," said sophomore Katie Drummond.

Schuler had played for STA for four years. As the only upperclassman, the whole team looked up to her.

"Jen was the best leader we could have asked for," said assistant coach Kris Drummond. "She kept the team together."

Freshman Ashley Zonda was a new addition to the softball team. Although she was the only freshman on Varsity, she did not have trouble fitting in with the rest of the team. She had played with some of the girls over the summer on a recreational team started by the Junior Varsity coach Ron Acton.

"The girls were really accepting and plus I already knew

some of them," said Zonda.

With such a young team, determination was key. At first, everyone had difficulty learning how to play as a team, but with an overriding intent on winning, they overcame challenges.

"They were determined," said Kris Drummond. "They never gave up and lay down their bats and said okay, that's it."

Like many other players on the softball team, sophomore Sara Lawrence's competitiveness often conflicted with the team's playing.

"I'm used to winning and it was hard going out there knowing we were going to lose," said Lawrence.

The girls' drive and motivation helped them to become a better team and to improve as individuals.

"This season was a learning experience for everyone, even if [some girls] came into this with a lot more skills than others," said Katie Drummond. "The last practice is when we probably felt most like a team. We were doing everything right."

The team's unity shined through on the night of the softball banquet. For Schuler, it was the last time to be with her team. For the rest of the girls, it was a time to look forward to a better, more experienced season next year.

Warrensburg
»
4-19

St. Joe Benton
»
2-17

St. Joe Lafayette
»
1-16

Ston
»
2-13

Lee's Summit West
»
2-7

O'Hara
»
3-6

Ston
»
5-6

O'Hara
»
0-6

Oak Grove
»
6-12

Park Hill
»
1-16



JV STARS Coach K. Drummond, K. Hyde, M. Burke, M. Schneider, M. Tillmon, L. Durie, Coach Acton, A. Huele, C. Henthorne, J. Belcher, M. Caffey, L. Meyer, V. Huele, K. McSorley, B. Taormina



VARISTY STARS Coach K. Drummond, Coach R. Acton, J. Schuler, L. Michael, C. McInerney, A. Bryde, K. Drummond, A. Copenhaver, A. Jarvis, K. McSorley, L. Meyer, A. Zondca, K. Belfonte, S. Lawrence, S. Herrera, A. Hymer, Coach Lang

PERFECT PITCH Senior Jen Schuler winds up to pitch in the Varsity softball game at O'Hara on Sept. 30. Schuler, the veteran senior, led a young team of freshmen and sophomores through the season. According to teammate Sara Lawrence, a sophomore, Schuler had stepped up as a leader last season and continued this season by doing things like leading the stretches each practice.

PHOTO BY FRANCESCA SWALWELL

SKILLED SLUGGER

Sophomore Audrey Copenhaver swings and hits the ball during the Varsity softball game against O'Hara on Sept. 30. The Stars lost the game 3-6 and finished the season with a 1-18 record.

PHOTO BY FRANCESCA SWALWELL



FLY BALL

Sophomore Sara Lawrence prepares to catch the ball in the Varsity softball game at O'Hara on Sept. 30. "[The season] was really good mentally," said Lawrence. "We just weren't there physically."

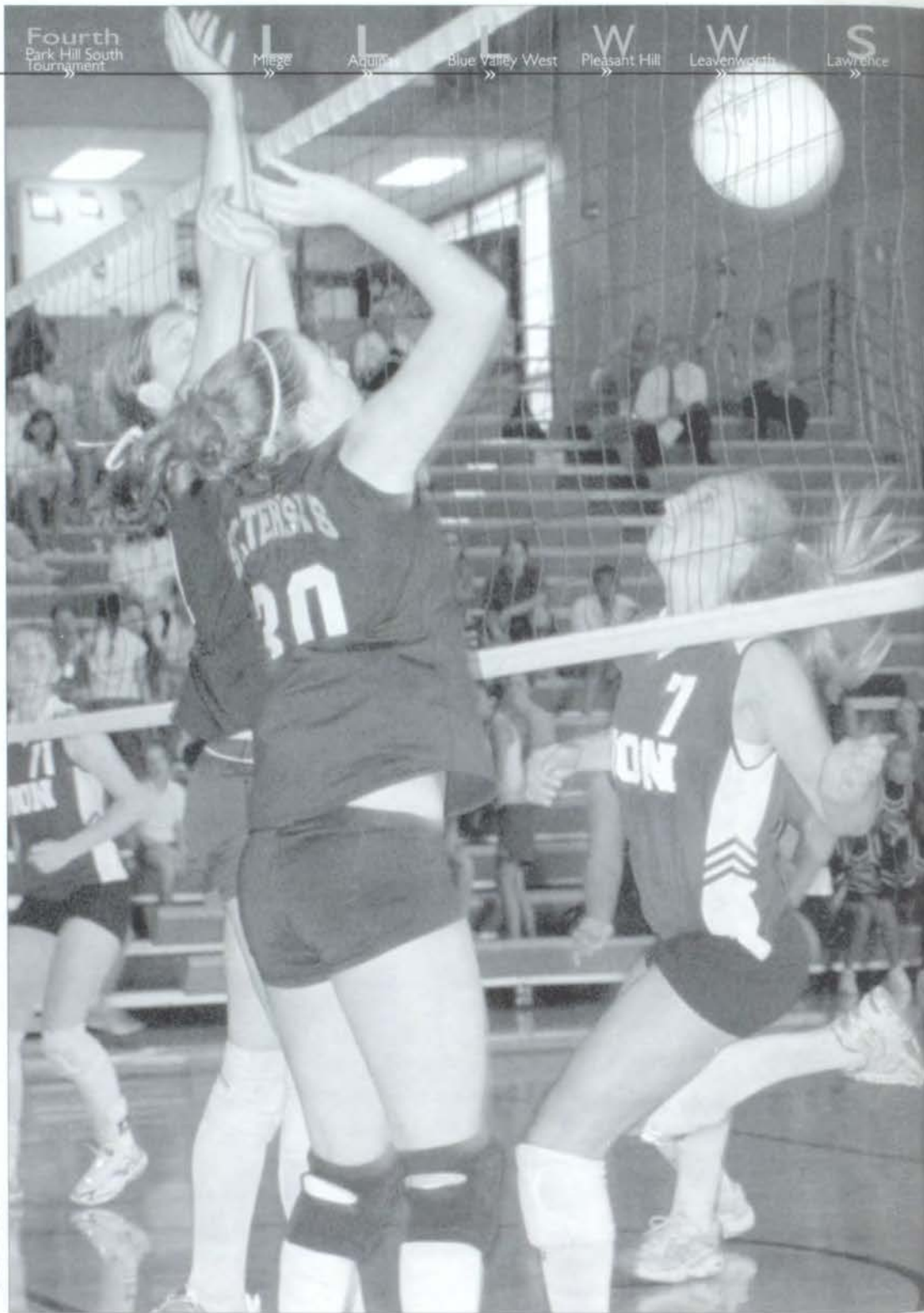
PHOTO BY FRANCESCA SWALWELL



JV STARS A. Jackson, T. O'Flaherty, K. Price, C. Adams, J. Marak, T. Palmer, J. Fahey, V. Hemkens, L. Damico, W. Dalton



FRESHMEN STARS N. Anderson, H. Vondemkamp, K. McCormick, M. Jantsch, L. Kaufman, K. Gassman, Coach Dolan, B. Mitchell, J. Cieszykowski, M. Monsees, S. Nulton, E. Bulington, C. Campbell



BRICK WALL Freshman, left, and sophomore Whitney Dalton block a Sion opponent's spike on Sept. 8. The JV squad finished their season with a record of 16-12-2. **PHOTO BY BRYNNE LEE**

SURPRISE SPIKE

Freshman Haley Vondemkamp spikes the ball at a Center High School opponent on Sept. 17. The freshman volleyball team was coached by Ms. Katie Dolan and consisted of twelve freshmen. **PHOTO BY BRYNNE LEE**



STARS CELEBRATE

The JV volleyball team celebrates after an earned point against Sion at the home volleyball game on Sept. 8. The Stars won 2 of the 3 games they played against Sion. **PHOTO BY BRYNNE LEE**



HANDS UP Freshmen Lauren Damico, left, and Caitlin Adams, block the Sion opponent's spike at the STA vs. Sion game on Sept. 8. **PHOTO BY BRYNNE LEE**



CLOSE CALL Freshman Emily Bullington tips the ball over the hands of Center's middle blocker in the Lee's Summit West Freshmen Volleyball Tournament on Sept. 17. **PHOTO BY BRYNNE LEE**

Inner team conflict is resolved so the

Stars Align

STORY BY SHANNON VANBUSKIRK
DESIGN BY KATIE KENNALEY

Disagreeing on which plays to run, the volleyball Stars faced many obstacles throughout the season. Players were challenged both on and off the court, admitting to personal conflicts which kept them from playing as one. But, for the sake of the game, the coaches and players of the Freshmen and Junior Varsity teams worked together to overcome their differences.

"We had cliques outside of the game and brought them onto the court," said Junior Varsity captain Whitney Dalton. "We had to learn to play as a team with good attitudes. If someone got down, we had to bring them right up again."

The teams' motto, "shake it off," reminded players, Freshman head coach Katie Dolan and Junior Varsity head coach Tara McKee to stay calm because there was always time for a comeback. Dolan's Freshmen team ended the season 32-4-1, while McKee's Junior Varsity Team was 16-12-2.

Both teams improved, conquering rivals who had beaten them earlier in the year. Junior Varsity's final game was taken to three matches and ended the season with a 26-24 point victory over Sion, who had defeated the Stars previously. The Freshmen team, who won first place in the North KC Tournament and placed second in the Lee's Summit West Tournament, also triumphed over Sion. The

Freshmen team beat the all-school rival three times, though Dolan said their biggest success did not come until the championship game against Aquinas in the Catholic Schools Tournament.

After being defeated twice at the beginning of the season by Aquinas, the Freshmen Stars took the Saints to three games.

"As the season progressed, players not only improved skills, but their relationships with each other," said freshman Caitlin Adams.

Before each game, the girls discussed goals. When aspirations of both the team and individuals were known to all, it was easier to please teammates and find the encouragement needed to succeed.

"Most teams are there just to play volleyball, but at this level of play there is much more than the game," said McKee. "I went to STA and played at STA and could relate to the girls on all levels. We built lifelong relationships both on the court and off."

By the end of the season, the squads had evolved, no longer seeing each other as freshmen and sophomores, but as teammates. The players and coaches discovered the only way to achieve success was by working together and moving toward the common pursuit of excellence.

Freshman Record
Ray/Pk. A/RJ/Pk. B Boston
Catholic School Middle Aquinas
Lee's Summit West Aquinas
Lee's Summit West
Plattsmouth Hill Spk
Ward St. James Platte County
B/W Aquinas
O'Fallon North Kansas City
LBN/A LSN/B
Sion
Harrisonville
BS South A BS South B



SENIOR STAR Captain Jenna Perry passes a Sion spike during the STA vs Sion game at Avila on Oct. 20. Perry played Varsity all four years and committed to play college volleyball. **PHOTO BY RIKI ALLEN**



BRICK WALL Junior Michelle Jantsch, left, and senior Michaela Marak reach their hands up over the net in an attempt to block a Sion spike. STA defeated rival Sion in two games during both of the schools' regular season games. **PHOTO BY RIKI ALLEN**

STORY BY TRACY HADEN
DESIGN BY KATIE KENNALEY

Volleyball Void

Six seniors leave cherished memories for younger players

Sophomore Hailey Caywood's body slammed against the gym floor as she dove for a ball during the District championship match on Oct. 27 at Raytown South. Her digs and accurate passes energized the team and kept them in sync. Head coach Amy Carlson was on her feet at the sideline, watching with pride as Caywood passed Blue Springs Wildcat hitters' spikes safely to junior setter Michelle Jantsch.

The Varsity Stars went on to defeat the Wildeats for the District title, defending their top seed.

"We were jumping, screaming, hugging," said junior Jessie Kramer. "We were just so excited and thought we were going all the way. We knew that not many people get that chance, so in a sense we felt lucky. I was thrilled we would get our team name on a banner in the gym!"

Unfortunately, a 25-27, 21-25 loss in the Sectional match to Park Hill South on Oct. 29 prevented the team from advancing to the state tournament and ended a 30-5-1 season.

"Losing is always disappointing, especially when you've worked so hard," said Carlson. "But, I never questioned their heart and effort."

For the first time in many years, the Varsity team was composed exclusively of returning players. Carlson

embraced the opportunity to work with veterans.

"The older the better," she said. "There's always a sense of urgency when you know you only have so much time left. For seniors, this urgency causes them to compete well in their last season, and leads to good things on the court."

Ellen Jantsch, who along with fellow sophomores Erin Vogel and Caywood had been members of last year's Varsity squad, thought differently.

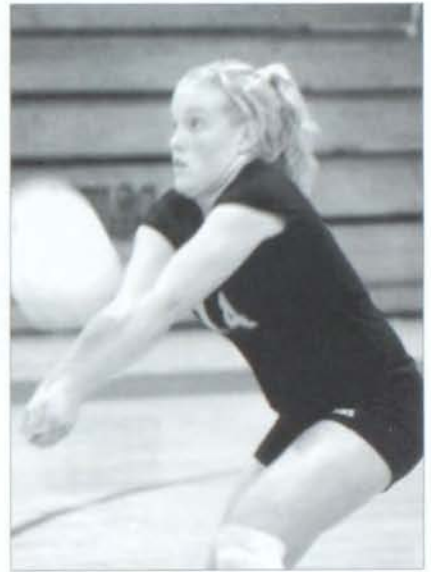
"I didn't really notice there weren't any freshman," said E. Jantsch. "I think Hailey, Erin and I will always be viewed as the rookies by the team."

The graduation of seniors Michaela Marak, Jenna Perry, Molly Wilkerson, Caitlin Rowland, Errin Price and manager Rosalyn Anderson will leave a void in the program.

"I will miss them all so much," said E. Jantsch. "It will be weird not having them at practice next year. They always came with such enthusiasm. You could tell they just loved the game."

While sad to say goodbye to players she had become close to in her two years at STA, Carlson looked forward to the 2006-2007 season.

"Some great players are coming up," said Carlson. "We are definitely losing good players, but we have a lot of returning experience."



PASS IT ON Sophomore Hailey Caywood bumps the ball to teammates during the Sion vs STA game. Varsity ended their season with a record of 30-5-1. **PHOTO BY RIKI ALLEN**



VARISTY STARS Coach Carlson, H. Caywood, J. Perry, M. Wilkerson, E. Jantsch, E. Price, J. Kramer, R. Anderson, M. Jantsch, C. Rowland, M. Marak, E. Vogel

PERFECT PASS Sophomore Ellen Jantsch passes the ball to teammates at the net during the STA vs Sion game. Ellen is the fourth Jantsch to play on the STA varsity team in the past four years. **PHOTO BY RIKI ALLEN**



(FAR LEFT) HIT IT Senior Michaela Marak spikes the ball from her middle position during warm ups on Oct. 20. Marak signed to play volleyball at Baker University after graduating. **PHOTO BY RIKI ALLEN**

TEAM WORK Senior Jenna Perry, left, watches anxiously as teammate, sophomore Hailey Caywood, returns a pass at the Sion vs STA volleyball game at Avila University Oct. 20. **PHOTO BY RIKI ALLEN**

SHOOT SPRINT

Sophomore Jessica Nouri sprints into the shoot at the finish of the Liberty Invitational.

PHOTO BY LAUREN GOULDING



CROSS COUNTRY FRONT Row: Coach K. Moran, Redlich, E. Katz, T. O'Sullivan, E. Tilson, M. Fakoury, M. Steinert, M. O'Byrne, J. Henry-White, E. Spencer, L. Dunn, J. Gigliotti, K. Kennaley, Coach W. Toro. Second Row: M. Hickey, M. Lynch, A. Cirocco, J. Bukaty, J. Shuss, J. Langenkamp, O. Nast, C. Foley, M. Schrader, K. Kennaley, J. Reid, D. Spears, M. Friend, B. Lee, Third Row: L. Watts, M. Rogers, M. Smith, C. Fuerst, B. McKenny, M. Nulton, T. Haden, K. Nelson, R. Neenan, M. Stoops, F. Swalwell, A. Morrall, C. Owens, L. Cornwell, K. Pointer, Third Row: M. Pavicic, B. Lynch, E. Dillion, C. Hickey, A. Tampke, K. Smith, J. Schrader, E. Thompson, A. Bojarski-Stauffer, S. Setter, R. Schwartz, J. Nouri, A. Brownlee, K. Christian, Fourth Row: A. Franke, J. Schrader, G. Garozzo, A. Krugh, K. Younger, L. Hough, S. Coleman, E. Johnson, S. Donaldson, L. Medina, A. Warm, L. Ring, E. Keaveny

Not pictured: S. VanBuskirk.

FRONT RUNNER Freshman Jaime Henry-White leads a pack mixed of runners from different schools at the Miego Invitational. Henry-White was the only freshman on Varsity and competed in districts and sectionals. PHOTO BY LAUREN GOULDING

LEAN ON ME Sophomores Lizzy Dunn, left, and Claire Hickey support each other after finishing the Bishop Miego Invitational on Sept. 1. Dunn placed 34th with a time of 13:13 and Hickey placed 36th with a time of 13:34 on the two-mile course. PHOTO BY LAUREN GOULDING

(FAR RISK) STAR SUPPORT Junior Alex Bojarski-Stauffer, from left and sophomores Claire Hickey and Lizzy Dunn walk off anticipating the results of the Bishop Miego Varsity Meet. The team placed third overall with a score of 91. PHOTO BY LAUREN GOULDING





BUDDY SYSTEM Sophomores Sara Donaldson, left, and Sarah Coleman, run up the mulched hill at the Liberty Invitational on Sept. 3. The Liberty meet was a 2.1 mile course and was the first meet of the cross country season. **PHOTO BY LAUREN GOULDING**



GOOD JOB Senior Molly Friend, left, and junior Mary Smith high-five each other after finishing the race at the Liberty Invitational. Friend and Smith finished together taking 64th and 65th places. **PHOTO BY LAUREN GOULDING**

Support and Unity propel team to

STORY BY ERIN VOGEL
DESIGN BY KATIE KENNALEY

After sophomore Elizabeth Keaveny recovered from her ninth place run at state in Jefferson City, she looked up to see a sea of yellow shirts and flags filling the crowd. Along with Keaveny, sophomore Emily Thompson and senior Jessica Reid succeeded in qualifying for state as individuals. Junior and team co-captain Betsy McKenny was one of many girls on the cross country team who went to Jefferson City to support the three girls competing.

"It was exciting to see everyone come and show team spirit," said McKenny. "There were lots of girls from different grades, even juniors and freshman, although no one in their grade was running."

Three girls qualifying for state was only one of the many successes that the cross country team experienced throughout the season. The accomplishments not only came in the form of winning competitions, but also in the strong friendships that were formed among the girls.

"Everyone becomes like one big family because you go through so much together," said Keaveny. "Everyone supports each other because everyone knows what it feels like."

Pasta parties, where the girls ate and socialized, also added to the unity of the team, along with fun practices in which teammates participated in costume runs and Twinkie relays. However, sophomore Sara Donaldson

attributed the unity not only to big events, but also to the small things like finding someone who ran at the same pace.

"During practice, we would talk about a lot of random stuff, but at meets and during hard practices people cheered each other on while running together, whether they were your friend or not," said Donaldson.

According to head coach Karen Moran Redlich the team experienced many successes in competitions as well. Led by the team captains senior Katie Kennaley, junior Shannon VanBuskirk and McKenny, the team placed in the top half in six of 11 meets that they participated in and qualified for Sectionals. Thirty girls set personal records at the Grandview Invitational at Longview Community College and at the Miege Invitational, the Freshmen/Sophomore team received a perfect score, which was awarded when a team's top five runners take places one through five.

"[A perfect score] is very hard and doesn't happen very often," said Moran Redlich.

During the season, victory was not only measured in triumphs at competitions, but also in friendships formed among girls and support among teammates. The sea of yellow at state was proof of the lengths to which teammates would go to support one another.



WINNING KICK Sophomore Elizabeth Keaveny kicks the ball during her game in the gym during activity period on Nov. 29. The sophomore team beat the senior team by a large margin. **PHOTO BY CLAIRE CULLEN**

Intramural

Volleyball
Kickball
Ping-pong
Badminton

Sports

HEADS UP Ms. Ann Bode-Rodriguez, left, and senior Danielle Spears watch the kickball fly into the air at a game on Dec. 1. Bode-Rodriguez supervised the game because she was afraid of the scoreboards getting hit. **PHOTO BY KATE CHRISTIAN**



Bouncing Bombshell

STORY BY ASHLEY DEVINE
DESIGN BY KATIE KENNALEY

1. A team consists of six players
2. A game has three innings or will last 20 minutes
3. Each team will pitch to their own players
4. If the runner is hit above the waist, she can run home and her team will receive a point
5. The kicking order never changes once the game has begun

"Captains, please!" yelled physical education teacher Ms. Ann Bode-Rodriguez. "I need one from Dumbledore's Army and one from the Newts Under Trampolines."

Sophomore Bailey Lynch and senior Tremisha Ford rushed up to Bode-Rodriguez and stood on opposite sides, preparing their game faces for a game of kickball.

"Even or odd, Bailey?" asked Bode-Rodriguez.

"Odd," replied Lynch.

"Bailey, does your team want to kick or be in the outfield first?" asked Bode-Rodriguez after revealing an odd number of fingers from behind her back.

Lynch's team huddled and whispered amongst each other.

"We've decided to kick first," said Lynch.

A typical activity period consisted of students cramming their mouths with sandwiches or staring at homework that needed to be done. Instead of using time wisely, they chatted with friends. An activity period in the gym was far from eating or studying. In fact, eating was prohibited. Instead, about seven or eight girls competed in a 20-minute intramural kickball game. This specific day, Nov. 28, the sophomore Dumbledores and the senior Newts Under Trampolines played an intense game of kickball.

"Dumbledores, please nominate a person to be your pitcher for this inning,"

said Bode-Rodriguez.

The sophomores had a hard time deciding who should be their pitcher. Some were not wearing the proper shoes in order to play on the gym floor. Sophomore Anne Tampke, a member of the Dumbledores, suggested that Lynch go to a locker and try to find white-soled shoes, but they finally came to a consensus that Bode-Rodriguez would look past the fact that her shoes were black-soled.

Wearing white-soled shoes was not the only rule in kickball; there are eight others. In order to participate, each player had to have a general idea of what was expected of them, according to Bode-Rodriguez. They had to know that you could not pound the ball at an opponent above the waist or else the hit player automatically received a point for their team. In some kickball games, a player was allowed to steal bases, but under the rules of Bode-Rodriguez and Ms. Renee Blake, the runner could not slide into second, third or home base between pitches. An outdoor league of kickball allowed for three attempts to get on a base, but Bode-Rodriguez and Blake only allowed for two. After two tries, the batter was out. In each inning, the kicking team was only allowed three outs until they had to switch roles with their opposing team. For the first inning, the Dumbledores were able to use the rules to their advantage.

"Come on home, Annie!" shouted Lynch.

Lynch and her team were cheering for Tampke to round third base for their fifth point of the first inning. With the help of sophomore Emily Thompson's kick, Tampke was able to run her way to home base. Sophomore Elizabeth Keaveny was up to bat next.

"Home run, home run, Keeves!" shouted her teammates.

The ball bobbled around for a few seconds, but eventually senior Nicole Condradt was able to grasp the ball in the palm of her hands, making the third out.

This year was the first for intramural kickball. Bode-Rodriguez felt there were not enough girls interested in intramural basketball or any form of basketball games. She was at a loss and tried many different small-sided games, but nothing seemed to click. After researching on the internet, Bode-Rodriguez came across kickball. She publicized the sport and asked many people what they thought about it as an intramural. Bode-Rodriguez said she had overwhelming responses of 'yes,' and figured she should give it a try. To her surprise, kickball was a major success.

It was the third inning and the Newts Under Trampolines were at bat. Ford took three powerful steps in order to kick the ball as hard as she could. She rounded her way into home base for her team's fifth point. After the Newts' third out, Bode-Rodriguez shouted,

"That's a ball game. Dumbledore's 10, Newts 5."



CHIPPING BALL Sophomore Julia Oldenburg prepares to hit the ball at the Kansas City Country Club golf course. STA played against Pembroke Hill and Sion, coming in 3rd place. **PHOTO BY JACQUI LINDSEY**



FOLLOW THROUGH Sophomore Katherine Kuhn drives the ball down the middle of the fairway at the Kansas City Country Club golf course. This was Kuhn's first year to be a member of the golf team. **PHOTO BY JACQUI LINDSEY**

Fore for Four

Dedication led the Stars to state

STORY BY MOLLY CAMPBELL
DESIGN BY KATIE KENNALEY

After the last hole at the district competition, junior Mary Kate Bird was a little annoyed at herself. Bird felt she had won the competition earlier in the day, but her lead slipped away by the time she arrived at the last hole.

"When I won I didn't know I had won; I thought I'd tied," said Bird. "[Sion senior Sally Meiners] came up and hugged me and told [me] I won by one shot. I was pretty surprised."

Bird's first place finish set a record for the best individual finish. The team also placed second, which was one of their goals at the beginning of the season.

"The ultimate goal would be to win a banner [to hang in the gym]," said coach Jack Garvin. "Individually we wanted everyone to improve on their personal bests."

Garvin also said that they had a strong showing at the Richmond Invitational. Individually, Bird was the first place medalist with a score of 75. The team placed sixth out of 20 teams and included seniors Laura Strickland and Kelley Seitter and sophomores Jordan DeLorenzi and Nicole Gravino. Bird said that winning at Richmond was one of her best accomplishments of the season.

The team's goal of a state banner was dependent upon their play at the stars district competition. To qualify for state as a team, the Stars had to win districts. To qualify individually, the players had to be in the top ten at districts.

"It was really a shock that I played so well [at districts] because I had been really inconsistent the rest of the season," said Gravino.

Four individuals, Gravino, Bird, DeLorenzi and Seitter, qualified and went to state in Nixa, Missouri on Oct. 17.

"I was relieved," said Garvin. "Having four girls was important because we still had a chance to get a banner."

Bird, who was recognized with all-state honors, placed tenth out of the more than 100 golfers at the event and led Seitter, Gravino and DeLorenzi to a sixth place finish.

"Everybody was happy," said DeLorenzi. "I was a little disappointed not to get a banner, but I'm okay with it."

According to DeLorenzi, being so close to their goal will motivate them to work even harder to achieve their goal next year.

"We did our best," said DeLorenzi. "I was proud."

12TH
Sion Tournament

1ST
Richmond

3RD
Pembroke Hill
Sion

3RD
Pembroke Hill
Sion

6TH
State



CLOSE CALL Sophomore Jordan DeLorenzi watches her drive sail down the middle of the fairway at the Kansas City Country Club golf course. STA played against Pembroke Hill and Sion. **PHOTO BY JACQUI LINDSEY**



GOLF STARS Back Row: S. Schwalbe, K. Kenney, K. Burke, E. Bradford, K. Seitter, N. Gravino, M. Le, Coach Garvin, Front Row: K. Heermann, E. Andres, K. Schleicher, K. Kuhn, J. DeLorenzi, J. Oldenburg, L. Strickland

PUTTING PERFECTION

Senior Kathleen Heermann concentrates before she putts on the Blue River Par Three Course. Heermann was a member of the golf team for four years. **PHOTO BY JACQUI LINDSEY**



(FAR LEFT) COACHES CONVERSATION Coach Chip Campbell of Pembroke Hill, left, talks to STA coach Jack Garvin at the Blue River Golf Course. Garvin, a history teacher, coached golf for eight years. **PHOTO BY JACQUI LINDSEY**



PAR BALL A golfer retrieves her ball from the hole during a match at Swope Park. The golf team practiced daily on this course. **PHOTO BY JACQUI LINDSEY**



BREAK TIME Freshman Jenny McLiney, left, and senior Franny McShane take a break during practice at the Plaza Tennis Courts on Oct. 18. The three state qualifiers, including McLiney and McShane, practiced all week leading up to state. **PHOTO BY KATE CHRISTIAN**



TENNIS STARS L. Fryer, F. McShane, K. Jackson, S. Gramlich, P. Gramlich, C. Wiedeman, K. O'Flaherty, J. Redlingshafer, Coach P. Aaron, L. Jones, M. Burke, M. Keller, K. Murphy, J. McLiney, K. Beckett, B. Sigler, T. Ambrose, S. Cooper, M. Linville, Coach B. Riley
Not Pictured: B. Dougherty, M. Hart, M. Hutchison

SUPER SPIKE Freshman Jenny McLiney practices at the Plaza Tennis Center on Oct. 18. **PHOTO BY KATE CHRISTIAN**



SURPRISE SERVE

Freshman Jenny McLiney works on her serve during practice at the Plaza Tennis Center. McLiney qualified for state in singles on Oct. 20, and placed 9th. **PHOTO BY KATE CHRISTIAN**



STARS CELEBRATE Freshman Maddie Keller works on a two-on-one technique during practice at the Plaza Tennis Center. She placed second in doubles with senior Franny McShane at the state match in Springfield on Oct. 20. "The freshmen definitely stepped it up and took the roles that the seniors had last year," said McShane. **PHOTO BY KATE CHRISTIAN**



RACQUET UP Freshman Maddie Keller reaches to return the ball during practice. Keller competed at state in doubles along with senior Franny McShane.
PHOTO BY KATE CHRISTIAN



CLOSE CALL Senior Franny McShane prepares to hit the ball during ground stroke practice at the Plaza Tennis Center on Oct. 18. McShane was the only senior to attend state on Oct. 20. PHOTO BY KATE CHRISTIAN

STORY BY HAILEY CAYWOOD
DESIGN BY KATIE KENNALEY

Teamwork, dedication help Stars Fulfill Goals

As the tennis team read over that week's newsletter outlining all their upcoming matches, they recognized a phrase on the bottom in big bold letters, "GO TO STATE." They knew at that moment that state was their goal as a team.

"Every week I wrote up a newsletter," said head coach Bob Riley. "Every time I'd add a little blurb about getting to state."

Riley found that a newsletter was the easiest way to communicate with the girls about the busy week ahead.

After dedication and hard work, state was an achievement for three of the girls on the team. Freshmen Jenny McLiney, Maddie Keller and senior Franny McShane went to Springfield, Missouri to compete.

"It was our goal from the beginning to get Maddie and Franny to state as doubles and Jenny there as a single," said sophomore Katie Jackson.

The other members of the team missed their chance at going to state by losing to Sion 5-2 in the sectional event held on Oct. 15.

"It was so tough because we all wanted to go so bad," said Jackson.

As the only senior and captain, McShane guided the team throughout the season. The underclassmen commented on her kindness to them despite her seniority.

"She made a huge impact," said McLiney. "She always knew how to help."

Riley also praised McShane's sincerity and leadership for

the team.

"I could always count on her," said Riley. "We'll be in trouble without her [next year]."

McShane said that her job was to unite the team during practices, at team parties and before matches.

"I definitely felt like the mom of the team," said McShane. "At state I even had to make sure the girls got to bed on time."

Even with the very successful record, practices kept a fun and light-hearted atmosphere unlike the competitive matches.

"We're really pumped up all the time," said Jackson. "We're always the loudest. We joke around and laugh a lot, but before districts and sectionals, practice got more serious."

Riley knew that the team wouldn't be as strong as the one from the previous year because only McShane and Jackson returned. But tryouts for new players offered potential.

"The freshmen coming in were a huge surprise," said Riley.

Among those freshmen was McLiney who took ninth place at state.

"I didn't have a lot of expectations going into state as a freshman," said McLiney. "I just tried to do as best as I could but I wasn't pressured at all."

With the help of the returning players and the incoming talent, the tennis team held a 14-4 record and set a school record with their second place in doubles at the state tournament.

Shooting Stars

Working together, athletes discovered there is no "I" in team

STORY BY BAILEY LYNCH
DESIGN BY KATIE KENNALEY

With 3.3 seconds left, the STA JV players ran onto the court after a Sion timeout during a home game Jan. 10. STA set up their full court press as Sion attempted to get one final shot. When the referee blew his whistle, Sion desperately threw a pass to half court, but the receiving player tripped and time ran out as STA won 31-29.

After trailing by 19 at the end of the third quarter, STA was able to pull ahead.

"I think we all just came together and played really well because we wanted it more than them," said sophomore player Maria Koppen.

This season the JV stars took steps to help form closer relationships on and off the court.

"[We had] team bonding," said freshman Abby Duethman. "We would just have parties and go out and do stuff more often. It's helped a lot. We have gotten closer; good chemistry."

According to JV coach Mick Fletcher, the girls were cohesive and formed great relationships.

With the core of the team made of mostly freshmen, the stars had young talent.

"[The freshmen are] all so talented," said junior captain Mikhala Lantz-Simmons. "I am often breath-taken by how much talent they have."

The JV stars ended their season with a 17-5 record. According to Fletcher, the team began to peak at the end of the season. He also commented

on the team's success and growth.

"Before the end of the year we had one freshman that was full time varsity and one getting more time on varsity," said Fletcher. "That to me is growth. Those are things I want to see. We had a good group: a group that developed. I hope we can continue to see success next year."

The freshman team consisted of one team of 14 players that played both A and B level games. The girls' enthusiasm and hard work helped the team to grow.

"[They were] perhaps the most together team I've ever coached," said coach Eric Thomas. "They were just really enthusiastic even when we weren't winning. [They] wouldn't let things get them down."

Freshman Mallory Sweatt played on both the freshman and JV teams. She enjoyed the season and meeting new people.

"I had a lot of fun," said Sweatt. "I really liked all the people on the team. Everyone's so good together. We always had fun on the bus rides."

The freshman A team finished the season with a 7-11 record and the B team finished with a record of 4-8. Although the freshman team suffered several losses, they were able to remain positive, while looking forward to future seasons.

"I told them that winning matters, but the number one goal for coach Greg Carlson and I was to keep them playing as sophomores and through summer," said Thomas.



DRIVING DRIBBLE Freshman Megan Owara dribbles down the court during a game against Shawnee Mission East. The freshman team played both A and B games during the season. **PHOTO BY MEREDITH PAVICIC**



W	W	W	W	W	W	W	W	W	W
Savannah	Columbia-Hickman	Columbia-Rock Bridge	Blue Springs	Pembroke Hill	Raytown	O'Hara	Spring Hill		
55-40	32-25	32-25	56-46	61-20	46-24	56-46	48-34		

26-29	42-37	42-37	33-27	26-28	26-28	20-38	29-46	35-36	30-55	44-36	51-47	27-42	29-38	24-32	24-32	41-31	31-35
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Huddle Up Freshman basketball team members gather around the coach Thomas during a time-out at their game against the Shawnee Mission East Lancers. "I really liked the entire team," said freshman Mallory Sweatt. **PHOTO BY MEREDITH PAVICIC**



PRACTICING PUSHUPS Freshman Anna Krugh does push-ups at the freshman team's basketball practice after school. The team used these drills to build strength during the season. **PHOTO BY MEREDITH PAVICIC**



FRESHMAN TEAM (from top left) Coach G. Carlson, J. Schrader, E. Orndoff, G. Garozzo, M. Sweatt, J. Bales, P. Cole, A. LaManno, Coach E. Thomas (second row): A. Mandl, M. Roberts, S. Ragsdale, P. Wentworth, K. Zidar, K. Schleicher, A. Krugh, C. Boger (front row): S. Barker, M. Owara, E. Tilson, J. Wentworth

	Lee's Summit West	Sion	Columbia Hickman	Center	Berthol	Kansas City Christian	Blue Springs South	St. Joe Lafayette	Pleasant Hill	Hellar	Sion	Berthol
	45-57	18-49	39-45	69-27	34-42	52-57	57-63	48-41	57-29	45-59	9-49	35-39
W	North Kansas City											
	55-34											
W	Hickman Mills											
	47-73											
W	Lee's Summit North											
	42-38											

Varsity Record



VARSITY/JV (from top left): Coach P. Crider, Coach R. Wilson, L. Darden, A. Duethman, M. Lantz-Simmons, G. Karnowski, J. Froe-Sims, L. Barthol, Coach M. Fletcher (second row): S. Lankford, P. Kuhlmann, K. McCormick, E. Tummons, J. Nouri, M. Konz, M. Koppen (front row): L. Befort, S. Gramlich, K. Bellonte



GAME TIME Varsity basketball coach Rich Wilson lectures sophomore Kristin Bellonte during a quick time out. With only two returning varsity veterans having real game time experience, the team was relatively young. **PHOTO BY LAURA GOEDE**



BALL DOWN Sophomore Megan Konz wrestles for a loose ball during the Star's home opener against Lee Summit North on Nov. 21. This was Konz's second year as a varsity starter. **PHOTO BY LAURA GOEDE**



LAY UP Sophomore Megan Konz fights for a shot against Sion's Hillary Buren. Despite the loss, STA played a tough, defensive game and held Sion to 49 points. **PHOTO BY LAURA GOEDE**

Chemistry *Solution*

After explosions and different mixtures, the team solved their problems with a formula

STORY BY LAURA GOEDE
DESIGN BY KATIE KENNALEY

Emerging from the locker room, sophomore Varsity basketball player Jessica Nouri saw only a jumble of black and gold. She could faintly make out the "We love Tyler!" and "We got spirit" chants that roared from both fan sections. As she began to warm up, shooting baskets and going over plays with coach Rich Wilson, she smiled when she recognized her name being shouted by friends in the stands. Looking up at the decorated crowd, Nouri started her "game-mode." Her nerves were soon overcome with excitement and eagerness, as she awaited the sound of the buzzer for the home game against Sion to begin.

"Big games always get me pumped up," said Nouri.

Some Varsity players believed home games gave their team the extra push to succeed.

"It feels awesome to know that people want you to win," said fellow sophomore teammate Kristin Belfonte. "It really gets me excited and makes me want to play really good."

All girls agreed that having fans attend the games and cheer acted as a reward for all the hard work put forth in practice. After the two-and-a-half hour daily practices, Belfonte said that it was important to the team to have their school and friends support them. Freshman Abby Duethman said that the team's hard work helped them bond.

"We were always together, working hard with each other at practice," said Duethman. "It really improved our team chemistry."

Wilson believed that with only two girls with significant Varsity experience, the team had to focus on their strengths.

"None of the girls previously had any real consistent Varsity playing time," said Wilson. "But this was good because it put all the girls on the same experience level. They were all in the same boat, and I think they really appreciated that."

Nouri continued by saying that even if they lost, home games were a fun experience for everyone.

"The atmosphere is so cool," said Nouri.

Home games, with fans there to support their team, were also a way for freshmen Varsity players like Duethman and Paige Kuhlmann to transition into the STA high school community.

"It's neat having upperclassmen cheering for me," said Duethman. "I really felt like I was part of STA."

Wilson said it was obvious to him that playing at home was especially fun for the girls, as well as for the coaches.

"When I have to scream over the crowd, it makes the game so much more exciting and intense," said Wilson. "Sometimes if it's too loud, I'll just look at the girls and encourage them to keep working. Those types of games are really fun."

The buzzer blared at the end of the fourth quarter, marking the end of another game against Sion. Although the game resulted in a 49-9 loss for the Stars, the students in the large cheering section kept cheering. Although disappointed in the loss, Nouri was still forced to smile when once again she heard her name in the chant "Jesse McCartney loves Nouri."

"Basketball is about getting better as a team," said Nouri. "Games like the Sion game where everyone's there cheering make it so much more fun and so we want to do better."



Brace Yourself

Athletes stay in the game by staying educated

STORY BY MEGAN ROGERS
DESIGN BY KATIE KENNALEY

Bump, set, crack! Junior Rebecca Ridge dove for the ball. She was ready to hit it back over the net and "pop."

"Oh no," she thought, after she injured her foot. The accident happened during Ridge's club volleyball team tryouts at Parkville Athletic Center in November.

"It was a total surprise [to me], [the doctors] actually called it a 'freak accident,'" recalled Ridge about her foot injury.

Ridge's accident and many other high school sports injuries, generally happen because of minor mistakes made by the athletes while performing a simple movement. For Ridge, her accident happened while she was making a transitional move, shifting her weight from one foot to the other. To improve the way she shifts her weight, Ridge trained at an athletic center after her accident.

Mr. Scott Jones, from the Athletic Rehabilitation Center in Grandview, MO., treated high school athletes' injuries. He tried to better educate his patients to help prevent any future injuries.

"A really important part of physical therapy is education," said Jones. "I try to educate athletes on proper stretching, warm up and conditioning programs [to prevent injuries]."

Ridge became better educated on how to prevent future injury to her cuneiform bone, the middle bone in the foot that helps people walk.

"Right now I am in a process of learning how to re-transition my weight using better technique," said Ridge.

Along with simple mistakes that athletes make, many injuries occur because of overuse. In an article written by John P. DiFiori, for *The Physician and Sports Medicine Journal*, he concluded that around half of all sports related injuries are due to overuse.

"A lot of them are repetitive use injuries, like shoulder injuries for pitching the ball in baseball," described Jones.

Ms. Karen Moran Redlich, coach of the cross country team, said that she also saw a lot of overuse injuries. Moran Redlich helped athletes prevent overuse leg injuries to the runners' knees and hips by working on strength training, plyometrics and building up to workouts.

Jones agreed that by performing strength-training activities, gradually increasing workout levels and by staying educated, athletes could prevent many injuries.

STA's cross country team has benefited from using these techniques. Moran Redlich said that she has noticed a decrease in injuries in the past few years.

The clinging and clanging of weights colliding in the background at the Athletic Rehabilitation Center was a good sound for Ridge. She knew that she was on the right road at this point: the road to recovery.



Sprained Ankles Cross country coach Wanda Toro educates athletes about injuries, and shows them cises to prevent future injury. PHOTO BY BAILEY LYNCH



CHILL OUT Freshmen Molly Fakoury, left, and Maggie Steinert take an ice bath after cross country practice. Ice baths were used by members of the cross country team to help prevent and treat injuries. PHOTO BY BAILEY LYNCH



STRETCHING OUT Sophomore Libby Ring, left, stretches her injured tendon with assistant coach Wanda Toro at cross country practice. Stretching before and after physical activities helped athletes prevent injuries. **PHOTO BY BAILEY LYNCH**



LEAP FROG Sophomore Janice Schrader leaps over sophomore Claire Hickey during plyometrics, led by assistant coach Wanda Toro at cross country practice. The team used plyometrics to warm up, build muscles and stretch before practices and races. **PHOTO BY BAILEY LYNCH**

“A really important part of physical therapy is education.”
 -Mr. Scott Jones
 physical therapist

Struggles to Success



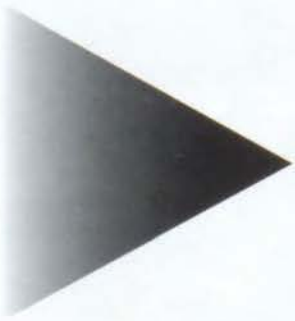
AGGRESSIVE PLAY Freshman Katie Kenney fights for the ball with a Pembroke player during a home game on May 8. "Every game we went out with the mindset that we would win, so we played hard and strong," said sophomore Linda Kovac. "Even if we were down, we didn't give up." **PHOTO BY ERIN VOGEL**



FRESHMAN STARS Back Row: M. Jantsch, L. Peterson, P. Cole, C. Lundgren Middle Row: S. Nulton, B. Mitchell, M. Burke, M. Sweatt, L. Kenner Front Row: G. Garozzo, E. Katz, E. Howard, S. Lankford Not Pictured: C. Campbell, K. Younger, N. Fisher, C. Lundgren



JV STARS Back Row: E. Keavney, C. McInerney, K. Beckett, Front Row: H. Doyle, K. Kenney, K. Nelson, L. Kovac, M. Monsees Not Pictured: B. Dougherty, R. Neenan, C. Rebeck, L. Dunn, L. Hough, M. Koppen, M. Brogato, A. Ottolini, S. Ragsdale



CONTROLLED BALL

Sophomore Maria Koppen passes the ball to a teammate at a JV soccer game on May 8. The JV team decisively beat Pembroke 4-0. **PHOTO BY ERIN VOGEL**



T
Aquinas
0-0

W
O'Hara
4-0

L
Nehalem Hall
0-5

W
Pembroke Hill
5-0

W
St. Pius X
10-0

STORY BY MEREDITH PAVICIC
DESIGN BY KATIE KENNALEY

Rain poured down outside and soaked the soccer field, but as the bell signaling the end of school rang, members of the freshman and JV soccer teams made their way to the locker rooms and chatted and laughed as they got ready for another day of practice. JV team members sat together in the gym, eating the snacks that sophomore Kerry Beckett had brought and joking around as they waited for their coach to arrive. Finally, cleats clicking on the shiny gym floor, they headed out to the green, wet field. Freshman Team members ran onto the grass to warm up and then to practice some footwork and drills.

The drills at the beginning of practice were intended to build cooperation, and according to freshman team member Emily Katz, they did.

"Working as a team and the drills really built teamwork," said Katz.

Members of both the freshman and JV teams remarked on how close their team members had become.

"[My favorite part was] how together we became," said Katz. "The whole purpose of soccer is to work as a team and we did."

Sophomore and JV team member Linda Kovac, similarly, believed that her team worked well together.

"We're all really different, but we get along really well," said Kovac. "We have really good chemistry."

The chemistry came, however, after early struggles.

"It was really hard at first with lots of new people," said Kovac. "Toward the end of the season everything fell into place and we played really well together."

The freshman team also came together after an early loss to St. Thomas Aquinas. Coach Jennifer Whiteley said that her favorite memory from the season was, "how competitive and tough [the team] stayed against St. Thomas Aquinas" during their second game against the team.

Whiteley remarked that her favorite part of coaching was getting to know the girls and watching them develop as soccer players.

"They are a great group and they love to have fun," said Whiteley. "They make soccer fun."

Sweat and rain poured down the faces of freshman and JV team members as they struggled through the technical work of their practices. With a whistle, they gratefully ran off of the field for a water break. They laughed as they drank from their water bottles and the rain poured down around them. This group of girls was a team of one.

Freshman Record

Silliman	0-7
Basel	3-1
Aquinas	0-7
Oakline East	0-5
Aquinas	0-3
Blue Valley North	1-3
Leavenworth East	2-1
Basel Midge	2-1
Shawnee Mission East	3-7
Basel	



LAYING OUT Sophomore forward Audrey Copenhaver stretches out to beat the Pembroke Hill goalie. The Stars beat the Raiders 7-0. **PHOTO BY LAUREN BEFORT**

"Let's get down to business to defeat the Huns," the soccer team's theme song blared from the bus along with 17 players' voices singing along. The team sang the song while they descended from the bus, preparing for their next game, the state championship.

"We always sing Mulan's 'Let's Get Down to Business' religiously before we get off the bus," said team manager Mary Rucker. "We only sing it at state before the semi-final and the finals. It's good luck because we won state after we sang it last year."

Singing Disney's Mulan song was one of many superstitions the soccer team had. While they performed little routines and rituals before games throughout the year, different rituals were practiced for the state game.

"Before we leave for state on Thursday night, we always have a pizza party with all the parents," said team manager Caitlin Madden. "We also always have puppy chow on the bus. The girls assign who has to bring it and if they forgot, I don't know what would happen."

The girls were not the only part of the team with superstitions. The coaches had to wear and do certain things as well to ensure a win. According to coach Scott Siegel, each coach wore STA clothing to every game.

"I have to give the girls high fives during their last sprints of warm-ups," said Siegel. "I don't know where or when it started, but I have

to do it."

After all these rituals were completed, the team, ready to play, lined up for the last time. While waiting for their names to be called in the lineup, sophomore Danielle Martens jumped up and down as the National Anthem played. Seniors Riki Allen and Ashley Devine wore armbands that were passed down from previous seniors. Junior Alison Raybould and sophomore Molly Campbell did a foot high five.

The lineup was called, the crowd cheered from the stands and with seconds remaining before game time, the team ran clapping into a huddle, with arms around each other. Siegel said a few words of encouragement, soft enough for only the team to hear. The team prayed the Hail Mary, ending with "Mary, queen of victory, pray for us."

"Stars on 3; 1, 2, 3!" said Allen at the end of the huddle, pumping up the team.

The players ran onto the field, giving one another high fives, hugs, and secret, lucky handshakes. Their routines were completed. They were ready to play and win their fourth state title in five years.

Whether it was eating at Olive Garden before the final game, parents wearing matching hats or watching the movie "Next" as a team the night before the game, the rituals worked for the team, bringing them another state title.

not just a team

On the Track

STORY BY FRANCESCA SWALWEL
DESIGN BY LAUREN BEFORT

Whether teaching head coach Ann Bode-Rodriguez how to play Dance Dance Revolution at a team party or giving a tired teammate water at the end of her event, the track and field team created a sense of unity. This was despite of the many girls who participated and the variety of events in which they competed. The team had members who ran long-distance, mid-distance and sprints, as well as members who ran relays. The team also competed in field events including shotput, discus throwing and the long, triple and high jumps. Girls from different events often found ways to support each other.

"If somebody's running, we would spread out all around the track," said junior Katherine Williams. "We'd cheer them on and encourage them."

According to Bode-Rodriguez, the girls went beyond cheering when it came to support.

"If a girl finishes a race, a teammate is there to meet her with sweats or with water," said Bode-Rodriguez. "Everyone's very supportive of everyone else's efforts."

Bode-Rodriguez and the other coaches would plan events or ways to allow the team to bond.

"One thing we always do is meet as a group, the whole team, at the beginning of practice," said Bode-Rodriguez. "We would also do activities together. We went to a Royals game, and [junior] Emily Tummons had a team party. Whenever there was an awards ceremony, we would sit together to promote that unity."

Tummons thought the party would provide a way to get to know everyone, especially the large number of freshmen who joined the team.

"These freshmen were really outgoing and really silly," said Tummons. "They were a good group and they didn't need us to step up that much. I mean, we answered questions about meets or other things if they got nervous, but they were just really outgoing."

Many returning team members tried to make the freshmen feel welcome.

"I ran a relay with [junior] Jacqui Lindsey and [sophomore] Jordan Behnken and also another freshman," said freshman Leah Barthol. "Jacqui and Jordan were really nice and told us not to worry. They really helped."

Upperclassmen were also able to lead by example at meets and practices.

"The older girls were really positive role models," said Bode-Rodriguez. "At practice and with their work habits they set very good examples."

The combined efforts of team members and coaches to create events to foster bonding led to a sense of unity that extended beyond the confines of the track season.

"I think [our bond] is continual," said Williams. "Even out of track we still talk to each other. We might hang out on the weekends or we see each other in the halls and say 'hi.' And, I talk to people that I might not have talked to before."

DIG DEEP Junior Katherine Williams pushes herself to her limit in the 100 meter dash at the District Meet at Raymore-Peculiar High School. PHOTO BY LAURA GOEDE.





AND THEY'RE OFF Junior Alexandra Bojarski-Stauffer, third from left, begins the 1600 meter race at the District Meet at Kaymore-Peculiar High School. The meet was held at a different host high school each year.

PHOTO BY LAURA GOEDE.

2006 Track and Field Team

Samantha Barker
Leah Barthol
Jordan Behnken
Alex Bojarski-Stauffer
Emily Bullington
Brittanie Cali
Sara Donaldson
Katie Drummond
Jennifer Finley
Trenisha Ford
Julia Gigliotti
Lindsay Gray

Kate Harbin
Alisha Henderson
Morgan Hennessy
Claire Hickey
Kristen Hyde
Amy Hymer
Emily Johnson
Kim Kennaley
Sara Lawrence
Jacqui Lindsey
Bailey Lynch
Liz Meyer

Amanda Morrall
Shauna Muehlbach
Berta Navarro
Megan Owara
Laura Quiason
JoEllen Redlingshafer
Michelle Samborski
Margaret Schneider
Julie Sear
Kellyn Smith
Emily Thompson
Emily Tummons

Sherie Wallace
Paulina Wentworth
Katherine Williams
Kaitlin Zidar
Ashley Zondca
Coaches
Ann Bode-Rodriguez
Katie Dolan
Heather Macintosh
Robert Albert
Mark Yulich

If a girl finishes a race, a teammate is there to meet her...

COACH ANN BODE-RODRIGUEZ

Varsity

ALY BROWNLEE
KATE DUFFY
MARY CLARA HUTCHISON
LINDSEY JONES
BRIDGET KELLY
ERIN McDONALD

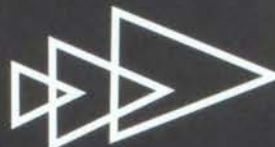
CLARE MORRIS
ELLIE MULLANE
ERIN NELSON
EMILY ORNDOFF
CAITLIN O'ROURKE
LISA PETERSON

ALLISON POINTER
MANDY PRATHER
LIBBY RING
BECCA ROGERS
SAMI SETTER
EMMA WENIG

Junior Varsity

EMILY BECKER
CRISTIN BERARDI
EMILY DUESING
LAUREN DURIE
MADELYN EFFERTZ
LAUREN EVRARD
MOLLY HAMID

LESLIE SEAR
MARY LEE PTACEK
KATHERINE POPPE
JESSICA REID
EMMA SPENCER
ANNA WARM



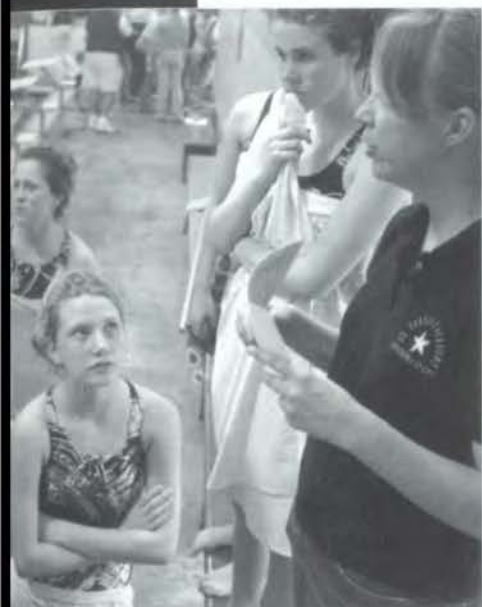
CLOCK CHECK Sophomore Rebecca Rogers looks up at the time clock in disappointment discovering she missed the event's state cut by one second, after finishing the 500 free style race at the Independent League Championships on May 4. The 500 free style race is the longest swimming event in the High School leagues, it consists of 20 laps with an average duration of six minutes. Rogers qualified for state individually in two other events: the 200 individual medley and the 100 butterfly. **PHOTO BY LISA PETERSON**



PEP TALK Swim coach Katie Turner gives the team a pep talk before all Catholic school meet. Turner gave the swimmers words of advice encouraging them to swim to the best of their ability. **PHOTO BY LISA PETERSON**



FREE STYLING Sophomore Samantha Setter competes in the 400 freestyle relay at the Independent League Championships on May 4. This event was the last event in the meet and while coaches have trouble getting swimmers to participate, Setter volunteered. Setter was one of 14 sophomores on the swimteam. **PHOTO BY LISA PETERSON**



Young *but* READY

STORY BY JACQUI LINDSEY
DESIGN BY KATIE KENNALEY

Dressed in swimsuits, caps, goggles and barefeet, 32 girls sat and stood outside the pool and talked while they waited on their chance to get into the pool. This was a typical start of practice for the swim team.

"There was a lot of confusion with the schedules," said sophomore Emma Wenig. "There would be people in the pool swimming when we were supposed to be practicing."

While frustrating, many girls claimed that the time spent waiting was not wasted because it allowed them the opportunity to get to know each other better.

"We became closer as a team waiting for the pool to empty," said Wenig. "We even bonded during stretching."

Freshman Ellie Mullane agreed.

"I became close to a lot of people I normally wouldn't become close to," said Mullane. "Like might have thought one thing about someone then got to know them."

"Practice in general was a bonding experience," said sophomore Mary Clara Hutchison.

However Hutchison was quick to add that swim team practice was not just a social event and that swimmers had to be willing to work.

"You can't just show up to have a good time all the time," said Hutchison. "Practice is not just talking and hanging out."

And Hutchison would know. She along with Mullane and sophomore Libby Ring and Rebecca Rogers competed at the state meet in St. Peters, MO in the 200 meter medley relay.

All four girls hope to qualify for state in an individual event in addition to the relay next year.

"I hope [the relay team] can go [to state] again next year," said Mullane. "But I want to qualify for state in more than the relay."

Despite the relay team making it to state, Hutchison believed there was still room for improvement, both on the school's part and on the team's.

"The swim team is neglected at STA," said Hutchison. "No one comes to the meets. A lot of people dismiss [swimming] as not really being a sport, but swimming is a really hard sport. It's not as easy as it looks."

Wenig agreed.

"Our school focuses on cross country and soccer," said Wenig. "Although swimming isn't really a team sport it's really competitive and a lot of hard work."

While the swimmers saw a lack of recognition for their efforts and achievements, the team was known for being young, with only four seniors and no juniors.

"It would have been nice [to have more upperclassmen] but it was comfortable," said Mullane. "Plus I got to know the seniors better, especially Lisa Peterson and Clare Morris."

Hutchison also did not mind.

"Everyone was one team," said Hutchison. "There was no upper and lower class division."

Wenig added that the "seniors didn't pull the whole seniority thing" either.

With this swim season behind them, the swim team looked forward to next season.

"A lot of good people are on the swim team," said Mullane. "There is a lot of talent."



SHOW GIRLS Junior Abby Jane Fagan, left, and senior Sarah Tampke skip into the air during their "Proud Mary" dance routine at a Friday night Rockhurst High School football game on Oct. 21. Before each performance, the team gathered in a circle, crossed arms and put their left foot forward before praying and twisting out of the circle. **PHOTO BY LISA PETERSON**



STORY BY KATHLEEN HEERMANN
 DESIGN BY KATIE KENNALEY



As students gathered in classrooms, munching on their lunches during mid-day advisory, the intercom above their heads continued loudly.

"I would also like to congratulate the dance team. They received a total of 11 awards this past weekend in competition," boomed Ms. Mary Anne Hoecker's voice, informing the entire STA community about the team's latest successes.

While the teachers and students readily joined in on the celebrations, few of them actually knew what these girls did behind the scenes.

"These girls work so hard," said head coach Megan Savage. "Sixty percent of the time, it ends up being every day of the week that they are practicing. I feel that this year, more than any other year, has been great as far as the girls' confidence in competition."

The team agreed that competitions were the strongest parts of the year-long season. While typical team competitions ran

December through February, the STA dance team got an early start by performing at a Fort Osage event in November.

"It was nice to have that [competition] a little earlier," said Savage. "By the time January's schedule hit, we were ready."

The team went on to compete in competitions such as the Yvonne Cole Invitational and the Kansas Spectacular, from which the team brought home the publicized 11 awards.

Among the 11 awards won at the Kansas Spectacular, the team was awarded the judge's award, best technique, best choreography, the precision award, the sweepstakes award and the Gussie Nell award, which recognized the team for scoring a 90 percent or above on all three of their prepared routines. Sophomore Katie Embree also was named runner-up for her solo performance.

In light of their awards, the team was called to be a part of the competition's winner circle, which distinguished the team as one of the five top-scoring teams.

Dancers Discover *Groove*

Confidence in competition yields awards for team



A'LEAPIN Juniors Allie Fiss, from left, Abby Jane Fagan and senior Sarah Tampke leap into the air during their novelty dance routine performance at a pep rally on Nov. 11. Although dancers learned formations and choreography in a few practices, the team spent all season perfecting and changing their routine to improve it for competition.

PHOTO BY LISA PETERSON



"We've done really well as a team this year," said Embree.

"It's fun because when we win, everyone's like 'Who's St. Teresa's? Where'd they come from?'"

A week later, the team proved themselves again at a competition at Lee's Summit North. The team brought home first place awards for their jazz and hip-hop routines and a fourth place award for their novelty.

The girls finished their season with a third place finish at state.

Preparations for the season started the previous summer when the team attended a camp at Missouri State University. After the start of school in August, the team began meeting for after-school practices in the cafeteria, pushing aside the lunch tables to create enough space for their routines.

"We work hard during practices," said Savage. "If one person's off, we stop and start over."

Even outside of their regular schedule of practices and

competitions, the girls remained active as a team by participating in team fundraisers, community service projects and traditional team get-togethers. The money raised from the fundraisers was used to assist the team in paying for costumes and competition fees throughout the season.

"This past year, we had a lot of sleepovers," said senior and captain Jessica Dahmer. "It's almost like a sisterly bond between all of us. We've gotten really close."

In the week following that mid-day advisory announcement, the girls were congratulated and interrogated about the specifics of the competition. However much the STA community tried to learn about this team, there was always a side of the story that wasn't seen or heard: the dedication and commitment of each member of the team.

"It's such a commitment," said Savage. "But that's not just at STA. Any quality dance team is a commitment."

Oh Captain, My Captain

Student leaders motivate and coach on and off the playing fields

STORY BY RIKI ALLEN
DESIGN BY KATIE KENNALEY

The runners rounded the bend. Their eyes filled with exhaustion. Their chests moved up and down with each struggled breath. Sweat dripped from their brows. "You can do it! Come on, push it, push it!" senior cross country captain Katie Kennaley yelled from the sideline. Once every girl had passed and Kennaley had yelled encouragements to all, she took off sprinting, despite the exhaustion she felt from her own previously run race. The runners caught glimpses of Kennaley cheering on the sideline at least four more times.

The race is over; it's Saturday night. Kennaley was laughing with her friends when her phone rang. She flipped it open and looked at the number flashing across the screen. A big smile crept across her face as she said, "Hello!" One of her cross country teammates replied on the other end. The caller had a problem. Kennaley was heard speaking in a soft, soothing tone to the distressed girl.

Just another day as captain.

Captains have been a part of sports for decades. Captains were leaders: guiding their team to victories, trophies, banners and acclaim. Fans could usually determine the captain from the stands because of their leadership on the field. But, the captains weren't only identifiable on the field.

"I am the mom of the team," said senior tennis captain Franny McShane. "I took care of everyone."

Captains evolved into more than just a

cheerleader on the field. The girls watched out for more than their teammates' stats. Captains became moms to their teams: they were involved in their teammates' lives.

"A good captain is a role model for their team," said varsity volleyball coach Amy Carlson. "[Captains] are there for the team in any way possible."

Upperclassmen leaders took on responsibility for their team, especially for the younger girls.

"Before races, the freshmen and new runners didn't know what to do," said sophomore cross country runner Emily Thompson. "[Kennaley] would tape their shoes and get them any supplies, all while encouraging them."

Captains became counselors to their teams and friends.

"I took some of the girls to my club on the weekends to practice together on our own," said junior Mary Kate Bird, a leader on the golf team. "It was important to make everyone feel like they had a role."

Junior Michelle Jantsch spoke about her fellow captains, seniors Jenna Perry and Michaela Marak.

"JP [Perry] and Michaela really looked out for all of us," said Jantsch.

The role of captain transformed into more than the star of the team. Captains of STA took on maternal roles among the teams. They monitored their team mentally and physically. Whether it was game time or free time, captains were the ones watching over the players.





(FAR LEFT) YOUNG GIRL Sophomore varsity basketball captain Megan Konz, left, helps pump up sophomore teammate Jessica Nouri during warm-up at their home game against Pleasant Hill, Jan. 4. Although she was only a sophomore, Konz continually proved to be a leader for her entire team, through her encouragement and determination on and off the court. **PHOTO BY MARY NULTON**

COACH'S PICK On Sports Awards Night, Nov. 7, softball coach Don Lang, left, embraces sole senior captain Jen Schuler after reflecting upon her past four years. Schuler provided her young teammates and coach with the support they needed throughout their disappointing season, proving to be a real leader for her team. **PHOTO BY MARY NULTON**



PINK LADIES Junior Kelli Hansen, far left, and sophomore Katie Embree, far right, joke with one another and with dance team captain Allie Fiss, junior, before their halftime performance on Jan. 4. "I wanted to help keep dance team relaxed and fun by helping build friendships between teammates," said Fiss. With her role as captain, she strived to improve the teams bonding and chemistry. **PHOTO BY MARY NULTON**

"If we make a mistake, we laugh about it and keep playing."

Junior Alyson Russell



COMPETING CLASSMATES Junior Michelle Jantsch, left, guards junior Bridget Dougherty during their CYO championship game. Jantsch and Dougherty were in the same class at STA, but played on different CYO basketball teams. The league allowed classmates to challenge each other outside the classroom. **PHOTO BY KATIE KENNALEY**



Simply *en fuego*

Students create winning basketball teams

STORY BY KATIE KENNALEY
DESIGN BY KATIE KENNALEY



DRIBBLING JUNIOR

Junior Kelly Nelson, left, looks for an open teammate while sophomore Katie Jackson guards her during the CYO championship game on Feb. 27 at Curé of Ars. Nelson's team, *El Equipo*, won the game 43-28. **PHOTO BY KATIE KENNALEY**



JUMP BALL Sophomore Sarah Smith, left, dives for the ball while junior Michelle Jantsch, center, and sophomore Mary McCue fall on top of her, causing the referee to blow his whistle and declare a jump ball. McCue and Jantsch played basketball at STA during their freshman year, while Smith strictly played CYO. **PHOTO BY KATIE KENNALEY**

The seconds on the clock raced, limiting the time the basketball players had to make one final basket. The intensity level picked up and the ten players on the court raced back and forth. The ball was stolen and dribbled down the court. Junior Carolyn Wiedeman frantically looked around, searching for an open teammate to throw the ball to. The clock ticked down from five seconds.

"...five, four, three, two..." chanted the team, along with the crowd.

Twisting her body, Wiedeman bent her knees. As she launched the ball up into the net, the buzzer sounded. Wiedeman shook her head in disappointment and laughed as her teammates stampeded onto the court. They had won and even though the basket was not made, the team celebrated another fun and successful CYO game and season.

Basketball is one of the two sports that the Catholic Youth Organizatin funded. CYO was a sports league that many teenagers participated in. The league offered volleyball in the fall and basketball in the winter. To join a team, each member had to fill out a permission slip and pay a predetermined price, depending on how many members joined the team. A coach, usually a parent of one of the team members,

was required to attend each game. The teams were responsible for making sure everyone arrived on time, the distribution of uniforms, and fairly rotating players.

"It's fun to watch the girls who aren't really that good at basketball trying to be good at it," said junior Betsy McKenny, part of the CYO crowd made up of parents and friends that attended every game.

High school students were able to participate in CYO if they were not playing the same sport on a high school team. The teams consisted of players that may not be in the same group of friends. Even though all the players did not hang out together on the weekends, they came together as one during the game.

"It was fun to watch people from all different grades and friendship circles work together as a team and have such a good time," said junior Lauren Fowlkes, an injured CYO player.

CYO attracted students of different skill levels because it focused more on the fun than the competition.

"It's both serious and fun," said junior Alyson Russell. "The rules are serious, but at the same time we mess around and have fun. If we make a mistake, we laugh about it and keep playing."





HAPPY TOGETHER

Freshmen Mary Lee Pfacek, from left, Amanda Backer, Maura Lammers and Elizabeth McNamara skip across the quad during the passing period before mods 13/14 on a sunny Thursday afternoon in January. When the weather was nice, girls spent more time outside and enjoyed the open campus. PHOTO BY SHANNON VANBUSKIRK



As freshmen stumbled into their classes during the first week of high school, they saw unfamiliar faces and timidly sat next to strangers. Some walked into a room of comfortable upperclassmen with confused gazes, taking a second glance at their color-coded schedule to discover that they were supposed to be in drawing I with Mr. Theresa Wallerstedt, not American Government with Mr. Pat Sviridge. They knew, though, that within four years, these girls could become their best friends. But they also knew that those new friendships could only be formed through meetings of ideas and experiences. Gradually, interactions ventured outside of the classroom and to the weekend as girls strengthened relationships with each other. Through these collisions, we learned to...

»connect

scrubbing in

life with tumors, seizures and surgery

STORY BY LISA PETERSON
DESIGN BY KATHLEEN HEERMANN

"They found something in my head that wasn't supposed to be there!" an 11 year-old Abigail Sosinski proudly declared over the phone to her dad, Mr. Dave Sosinski, on the way home from Children's Mercy Hospital.

Earlier that morning, Sosinski stood in the bathroom getting ready for school. Suddenly, the right side of her face began to droop and her right cheek began quivering uncontrollably as saliva seeped from the corners of her mouth. Sosinski's mom, Teresa Sosinski, rushed to the second-floor bathroom after hearing several crashes. Upon opening the door, she found her daughter struggling to stand.

"The first thing I wanted to do was to hold her," recalled Ms. Teresa Sosinski. "I could tell she was scared; we both were. If I just held her, it would be okay."

Seven years later, the Sosinskis sought out a seizure research program at the University of California, Los Angeles.

In the summer of 2005, Sosinski's neurologist mailed medical histories to doctors at UCLA to determine if Sosinski was a good candidate for the elite program. Sosinski was cleared for the study and flew to Los Angeles, Calif. on Aug. 9, 2005. The next day, Sosinski had a neurocognitive exam, a five-hour study which she described as being worse than the ACT, so doctors could see how her brain functioned.

Following the neurocognitive exam, doctors gave Sosinski an EEG telemetry test. Doctors attached 25 electrodes to the scalp to monitor brain waves and placed Sosinski under the surveillance of a video camera and microphone to monitor her movements at all times. The doctors used the data to compare her seizures with her brain waves to identify how Sosinski was affected by the seizures.

"My mom and I made jokes about all the crazy wires coming out of my head," laughed Sosinski. "No one thought we were funny. We joke about things more than we should, but it's just one way our family copes."

However, the atmosphere drastically changed four days later when the doctor came in to reveal the latest MRI results...

Back on the afternoon following her first major seizure in fifth grade, Sosinski was diagnosed with a cavernous angioma, a vascular brain

malformation.

Four months later, neurosurgeon Dr. Gregory Hornig operated on Sosinski, in hopes of ending her seizures. The tumor was removed, but doctors reported that there had been a misdiagnosis and the angioma was actually a low-grade oligodendroglioma, a cancerous tumor about the size of a pea.

Sosinski proceeded to go ten days before experiencing a seizure after surgery. Gradually, her seizures returned to the frequency of one to three seizures daily and the family began experimenting with various medications to control them.

Two years later, when Sosinski was in seventh grade, more news came to the Sosinski family.

It was a cold December snow day and Sosinski was Christmas shopping with her dad. Sosinski stood at the cash register at the GAP on the Plaza, when her dad's cell phone rang. As Sosinski and her dad walked to the car, Mr. Sosinski turned to his daughter and said that the doctors had called and the tumor was back. The second surgery, again performed by Hornig, took place a few weeks later.

"I remember lying on the operating table and the doctor and nurses were standing over me," said Sosinski. "They were like 'we're going to have to shave more hair off.' I remember wanting to scream 'No, don't cut it off,' but then I fell asleep."

Following the surgery, the Sosinskis were again informed that there had been a misdiagnosis. The tumor was actually non-cancerous. Upon hearing the news, Mr. Sosinski became teary eyed and shouted, "It's a miracle; it's a miracle."

"Until we found out that [the tumor] was benign, we thought [Abigail] would need radiation and chemotherapy to make it go away," said Ms. Sosinski. "There was that fear, and after that was relieved we felt thanksgiving and we knew we were blessed."

Once again the seizures returned. Sometimes Sosinski could talk through the tingling sensation, or she would just develop a vacant and non-responsive look across her face. Other times, she would have to sit down and couldn't talk or move until the seizure was over.

"My seizures last between 15 and 25 seconds, which doesn't seem



BATTLE SCAR (above) Abigail Sosinski reveals the scars from her surgery in Jan. 2001. This was her second surgery to remove a recurring brain tumor. **PHOTO SUBMITTED**



SUCCESS! (left) Three days after surgery, Sosinski is excited after the nurse removes the IV in her left arm. Although the trip to UCLA in 2005 took an unexpected turn, Sosinski enjoyed seeing actor Ed Harris in the hospital gift shop and traveling to the nearby beach. **PHOTO SUBMITTED**

long, but when you're experiencing it, it seems like forever," said Sosinski. "You're frozen in moments of self-consciousness and fear."

During Sosinski's junior year, her seizures began increasing in severity. On Apr. 15, 2005, she had a seizure while driving near 65th Street and Ward Parkway. Sosinski felt the tingly sensation in her right cheek and was soon immobile. Unable to move her foot off the gas pedal and onto the brake, the car rapidly began accelerating. Sosinski rammed into the rear of a white, F-150 pick-up truck at nearly 60 miles per hour. Not only was the hood of her car crumpled and the headlights smashed, but Sosinski knew she had lost a huge part of her independence.

"As time went on and the tumor hadn't returned, we became more concerned with the seizures," said Ms. Sosinski. "The seizures were what were affecting [Abigail's] quality of life."

Thus, the Sosinski family sought out UCLA to further control Sosinski's seizures beyond medication.

When the doctor returned to the room that dismal afternoon at UCLA to discuss the results of the MRI, he revealed that the most recent scan detected the return of the ganglioglioma.

What had begun as a trip to study and end Sosinski's seizures had turned into déjà-vu.

"It was a shocker," said Sosinski. "I can't stand seeing my mom cry because it makes me sad, so I told her to go out of the room. Then I called three friends and we just sat there and cried."

Since Sosinski was already at one of the nation's top facilities, she scheduled the surgery for a week later at UCLA and her dad and brother flew out to join her and her mom.

The procedure, called multiple subpial transection (MST), was complicated. Hours into the surgery, a nurse woke Sosinski with her brain exposed. The nurse asked her to identify pictures and count to ten for two hours as doctors poked at parts of the brain. If Sosinski couldn't count correctly or would misidentify a picture, doctors knew they had found a sensitive spot to avoid operating on.

"It was the worst form of exhaustion," recalled Sosinski.

For the first time, doctors were able to remove the brain tissue under the bed of the tumor in addition to removing the tumor itself.

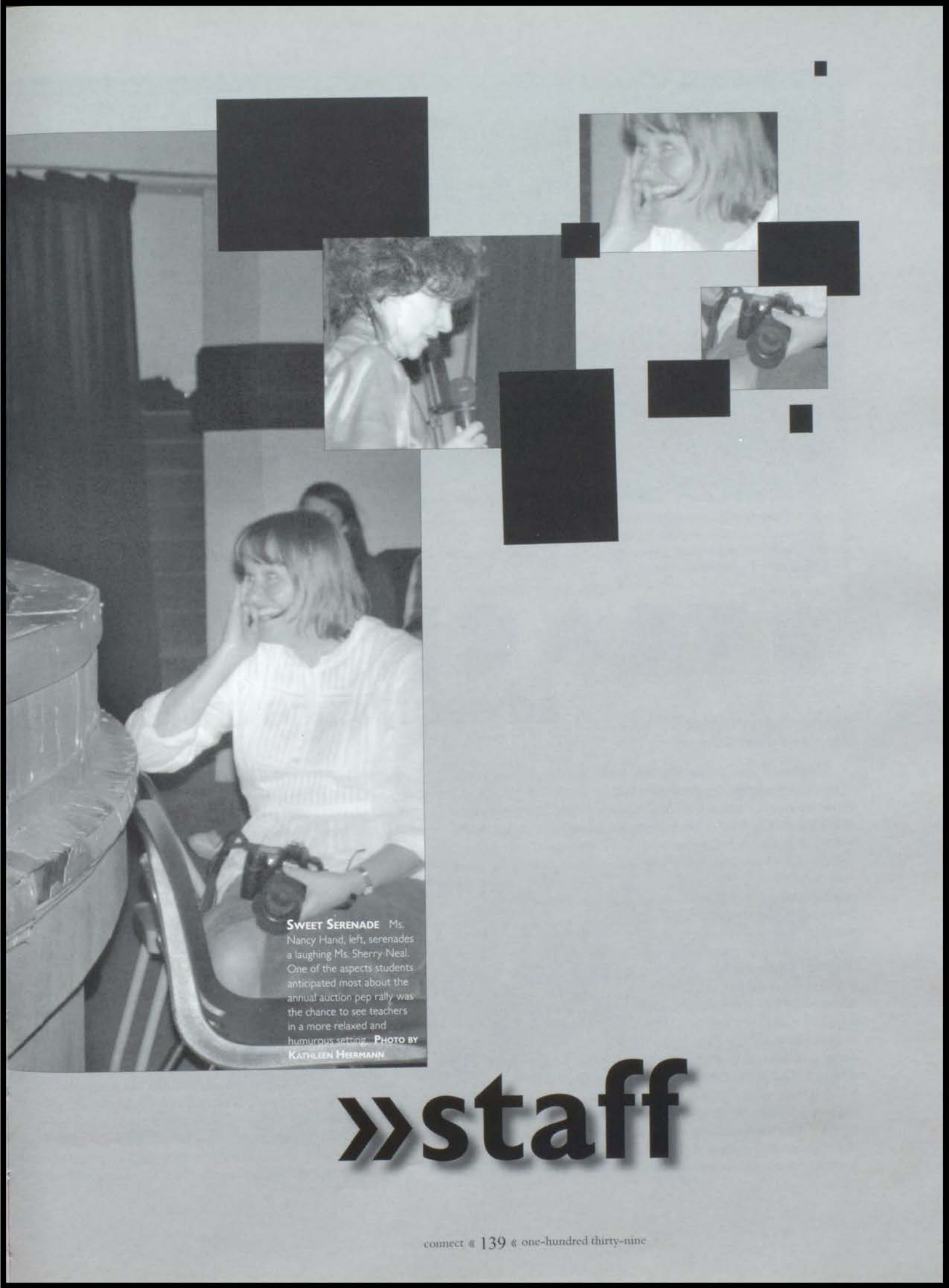
"They said they got it all, although that's what they said last time too," joked Sosinski. "But, we're hopeful."

Following the surgery, Sosinski went 24 days without experiencing a seizure, the longest time in seven years.

Although the seizures returned, some days Sosinski went seizure free. Her family hoped that this would be something she could leave behind when she goes to college.

"In grade school, I was always classified as the tumor girl, or the seizure girl," explained Sosinski. "I try so hard to live my life like everybody else does and I've worked really hard to make myself more than that."





SWEET SERENADE Ms. Nancy Hand, left, serenades a laughing Ms. Sherry Neal. One of the aspects students anticipated most about the annual auction pep rally was the chance to see teachers in a more relaxed and humorous setting. PHOTO BY KATHLEEN HEERMANN

»»staff



WHY NOT? On Nov. 10, Ms. Mary Rietbrock, left, and sophomore Hailey Caywood argue about wearing the goggles during an Honors Chemistry lab. "I felt it wasn't worth wearing the goggles for a lab that didn't require flames," said Caywood. **PHOTO BY ASHLEY DEVINE**



FAMILY FUN Rietbrock's children Chris (from left), age 14, JJ, age 2, Ali, age 7, Mike, age 16, and Miklo, age 3, finish playing on their backyard swing set in Warrensburg, Missouri. **PHOTO BY SUBMITTED BY MS. MARY RIETBROCK**

TEACHING P

advisor, care taker, and

STORY BY ASHLEY DEVINE
DESIGN BY ASHLEY DEVINE

Cars rolled into the parking lot, some speeding their way to an open spot hoping they were not late for the 7:40 bell. Many car doors swung open almost hitting the car next to them. Out stumbled girls in plaid skirts holding their lunch in one hand, a water bottle in another, along with their backpack strapped on behind them. Next thing you know the girls sprinted their way to advisory and stumbled into the rooms for check in.

"Good morning Ms. Rietbrock," said a few of her advisees huffing and puffing from the morning sprint to her classroom. To make things a little more convenient on her and her students, Ms. Rietbrock left a brown clipboard holding the advisory names. Each morning when she arrived from her hour long drive, she placed a new list of names.

"All the girls have to do is just check their names off and head to class," said Rietbrock.

As the girls checked in and she told them to have a good day, things jumbled in her mind and referred back to her morning.

Instead of waking up and driving the typical few blocks to school, Rietbrock set her alarm for an early rise of 5:00.

"I am so used to waking up at five that my body has its' own alarm clock," said Rietbrock. "I just wake up knowing it is five or a little before."

The morning was a hustle and bustle making sure she was not late for work. She grabbed a bite to eat and headed out to her car. Inside she left her five children sleeping, unable to tell them to have a good day as she does for her advisees. Another teacher who shares the house woke the sleepy children and took care of the morning duties.

The 7:50 bell rang and the halls filled with silence. Each class, including Rietbrock's, was now in session. On the third floor of Donnelly Rietbrock taught chemistry.

"At Warrensburg High School we had 93 minutes for our

"IT'S QUITE A
CHALLENGE TO FIT 93
MINUTES OF CHEMISTRY
INTO 41 MINUTE
MODS."



MORNING COFFEE During an Honors Chemistry course on Nov. 14, Ms. Mary Rietbrock takes a sip of her coffee to wake her up for the early morning class, while listening to a student's question on periodic trends. This particular day was mainly focused on taking notes on the periodic trends, along with preparing for the upcoming test on trends. **PHOTO BY ASHLEY DEVINE**

ARTS OF LIFE

mother everywhere

chemistry courses," said Rietbrock. "It's quite a challenge to fit 93 minutes of chemistry into 41 minute mods. So in order to do so I cut down the work load each day and within two days I am able to teach the same 93 minute lesson."

Time flew by and before she knew it the clock was about to strike 10:45, advisory time.

"The midday check in is handled in the same manner," said Rietbrock. "The girls come in and place a check mark next to their name on the brown clipboard."

Some midday advisory time was different than other days.

"We sporadically put together a lunch of carry-out or random foods that people bring in," said Rietbrock.

At home Rietbrock, and her three children, who are adopted, and the two foster children also sporadically put together a dinner, normally with whatever we can find at home, said Rietbrock. Just like the prayer said over the intercom at school, their family says grace before eating.

"I pull the baby's highchair up to the table so he can feel included," said Rietbrock. "As we say the prayer, JJ, the baby, grins at us throughout the whole thing."

Rietbrock and her family come together as one by holding each other's hands while praying to God about their meal before them. After grace was said they sat together and talked about their

day.

As Ms. Chartier ended announcements, one of Rietbrock's advisees picked up their food, from Mo's, down in the Donnelly office. Once the food arrived, each girl ran down to the table to take her Mexican meal. The once before silent hallways were now filled with chatter and laughter coming from the Rietbrock advisory.

Before they knew it activity one and two had passed along with mods 9/10 through 15/16. Just as Rietbrock's advisees checked in with her during the morning and midday, they came into her room to check out. Instead of placing a check mark by their names, Rietbrock said it was more important and responsible if she checks them out.

Checking out at school was just like putting the kids to bed every night. Rietbrock tucks each child in bed and tells them good night.

"I say good night to the three younger ones at 8:00 and the rest go to bed around 8:45 depending on when their homework is completed," said Rietbrock.

After everyone was in bed or at least finishing up homework, Rietbrock kicked back and enjoyed a few TV shows as her long and busy day finally kicked in. As her shows ended, she went to bed knowing tomorrow could be just as tiring, if not worse.

Sara Acton



Computer &
History Departments

Alice Amick

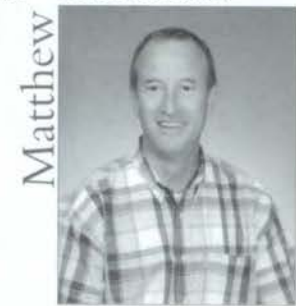


Foreign
Languages

Lucila Bernal-Estudillo



Foreign
Languages



Matthew

Theology
Department

Diana Blessen



Math
Department

Amy Carlson



Foreign
Language Lab

Ben Casey



Facilities

Mary Casey



Admissions &
Marketing

Marion Chartier



Administrative
Assistant

Bernie Colby



Academic
Counselor

Mary Jo Coughlin



Theology
Department

Lisa Dibble



Art
Department

Phil Jamieson

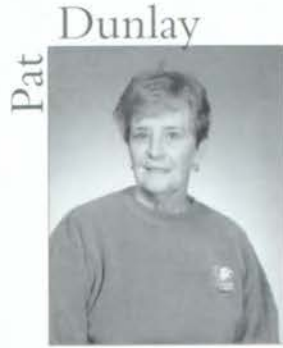


What is something we don't know about you?

"I am a huge animal lover and a big social rights activist. I have two stray dogs that I found, Emma and Lucy. I work with the Heartland Men's Chorus, Quality Utah, and Methodist Reconciling Ministries."



English Department



English Department



Development Office



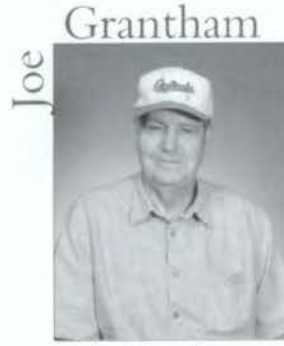
English Department



English Department



Theology Department



Math Department



Foreign Languages



Theology Department



Principal of Academic Affairs



College Counselor



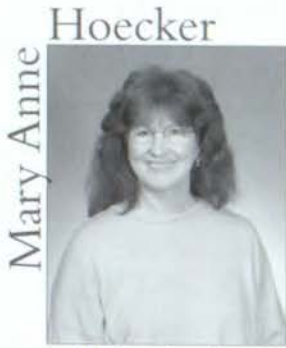
Librarian

What is something we don't know about you?

"I played baseball with Steve 'Bones' Balboni at Eckerd (college) in St. Petersburg, Fla. Balboni holds the season homerun record for the Royals. I think it's 35 or 36 [homeruns] or somewhere around there."



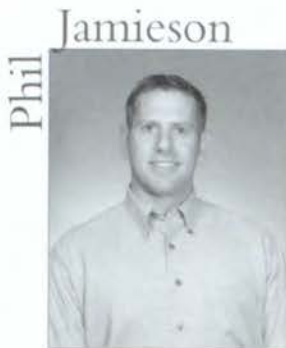
Craig Whitney



Principal of Student Affairs



Registrar & Academic Scheduler



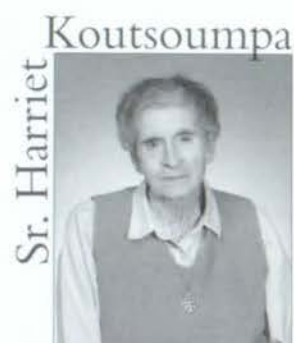
History Department



English Department



Development Office



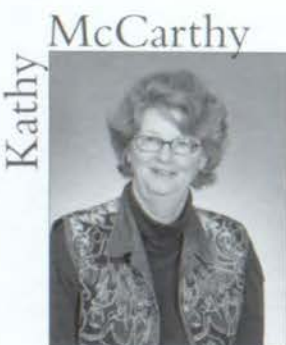
English Resource Center & Library



Assistant to the President



Foreign Languages



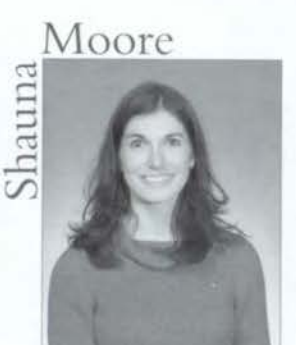
Computer Department



Business Manager



Science Department



Music Department



What is something we don't know about you?
"I graduated from STA. Me and Ms. [Ann] Bode graduated in the same class. I can't remember if Bode and I had the same classes because it was over 35 years ago."

Moran Redlich

Karen



Foreign Languages

Neal

Sherry



Admissions Assistant

O'Brien

Laura



Administrative Assistant

O'Rear

Stacie



Foreign Language Lab

Prentiss

Shana



Drama Department

Reznicek

Anita



Theology Department

Rietbrock

Mary



Science Department

Rueschhoff

Denise



Social Science Department

Schroer

Michael



Science Department

Sinco

Karen



Personal Counselor

Sirridge

Pat



Social Science Department

Stewart

Matt



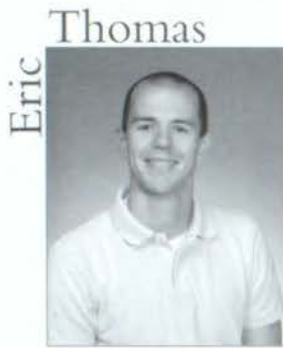
IT Director

What is something we don't know about you?

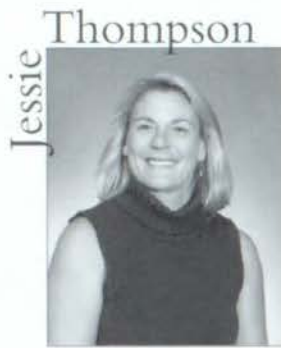
"I have three grown children and five grandchildren. The newest [grandchild] was born on Christmas Day. Her name is Helen Elizabeth and she lives in Lawrence, KS."



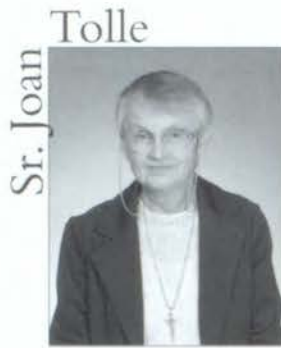
Marion Chartier



English
Department



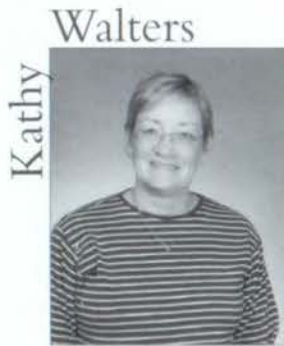
Science
Department



Computer
Department



Art
Department



Receptionist



Math
Department



Math
Department

Staff and teachers not photographed on picture day



Science
Department



P.E. & Health



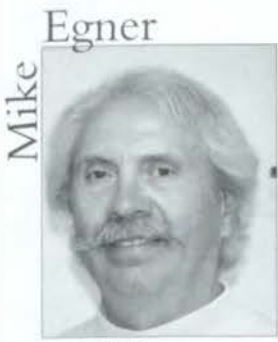
Library Aide



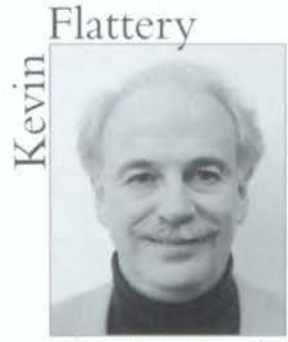
Institutional
Advancement
Associate



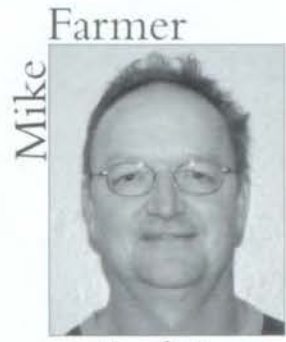
What is something we don't know about you?
*"I worked at a clothing store on the Plaza that's
now called Pinstripes."*



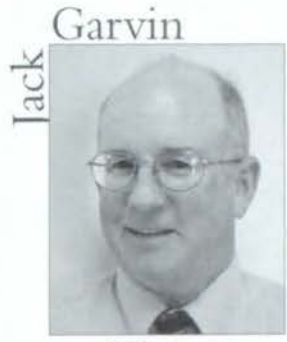
History Department



Institutional Advancement



Facilities Manager



History Department



Campus Ministry



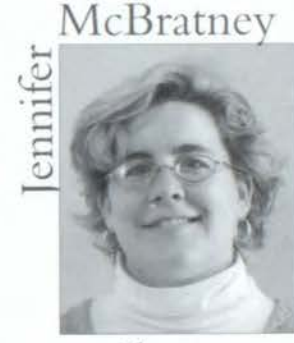
Math Department



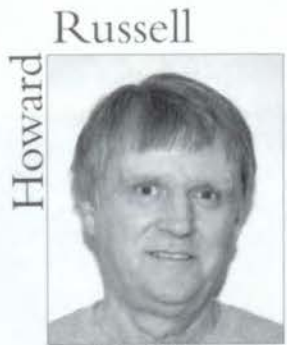
P.E. & Art Department



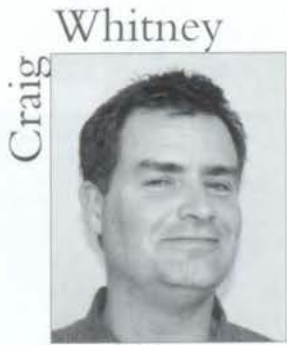
Therapist



Alumnae Coordinator



Facilities



History Department



Development Office



President

What is something we don't know about you?

"I talked to Tiger Woods and told him he looked good in yellow and he looked over and smiled and walked on. I saw him in Dallas at the Byron-Nelson, which is a PGA tournament."



Katie Dolan



HOMETOWN STAR Ms. Shana Prentiss shouts into the microphone while playing the role of Tech 'Knot', a spin-off character of Tech N9ne in the Sept. 30 auction pep rally. Instead of rapping to familiar lyrics, Prentiss wrote her own rhymes about the promised auction pants and prizes. **PHOTO BY KATHLEEN HEERMANN**



SOUL SINGING Ms. Ann Bode-Rodriguez, playing the part of "American Idol" winner Ruben Studdard, closes her eyes as she belts out a slow song. Faculty and staff members worked for weeks before the pep rally to memorize their lines and perfect their costumes. **PHOTO BY KATHLEEN HEERMANN**



CATHOLIC SCHOOL GIRL Ms. Theresa Wallerstedt sports a Visitation school uniform on Sept. 30 during the annual auction pep rally. Wallerstedt posed as "Saturday Night Live's" Mary Katherine Gallagher. **PHOTO BY KATHLEEN HEERMANN**

Student critics rave about

Faculty Idols, TV Icons

Teachers go above and beyond to promote fundraiser

STORY BY LAURA GOEDE
DESIGN BY LAUREN BEFORT

A week before Rockhurst Homecoming and two weeks before Teresian, all conversation was centered on dates, dresses, after parties, excursion limos, ect... In the back of Ms. Jessie Thompson's physics class students leaned over tables sharing and planning details of the highly anticipated evenings. However, in the midst of all the fervor, there was one other event that the students were looking forward to.

"Tomorrow is the best assembly of the year!" said senior Jill Cousins. "Ms. Wallerstedt keeps saying how great it is supposed to be, but it's a big 'secret.' She won't say anything about it."

The auction pep rally had the most clout among the student body, in contrast to every other assembly that took place at STA. The students piled into the auditorium at the end of Friday afternoon for the teachers' production. Seniors were crammed on the floor at the front while the rest of the STA population spilled out into the aisles, around the circle and even above from the second floor.

"Do the wave! Pass it on!" shouted senior Melinda Krum to the section of underclassmen sitting to her right.

"Bring em' out!" chanted junior Mary Garcia, as the voices of teachers drifted out of the curtain for sound check.

But before the teachers got a chance to take their place in the spotlight, sophomore Mary Clara Hutchinson's father, Pete Hutchinson, came out dressed as Napoleon from "Napoleonic Dynamite," complete with the new STA sweat pants and duct-taped trash bags as a substitute for his combat boots. Accompanied by Pedro, Napoleon acted and danced across the stage as the two explained how to sell tickets and receive many rewards, including free Chipotle.

"If you go to Chipotle, say hello to my

cousin Pepe!" said Pedro.

The uproar of laughter resounded throughout the auditorium. Finally after Napoleon boogied to "Canned Heat," it was time for the teachers to take the stage.



WIGGIN' OUT Mr. Patrick Sirridge dances after the auction raffle skit on Sept. 30 in the Auditorium. Sirridge sported a long-haired wig as he imitated "American Idol" contestant Bo Bice. PHOTO BY KATHLEEN HEERMANN

The theme this year was "Teresian Idol," the STA spin off of the popular hit television show "American Idol." As the curtain rose Mr. Craig Whitney graced the stage in a green skirt and ruffled top as Paula Abdul. Mr. Mark Fudenberg appeared as Simon Cowel, sporting a tight black t-shirt as he struggled to hide his smile. Finally, Mr. Jack Garvin entered as, the big dawg himself, Randy Jackson.

"Sup dawg," said Garvin.

Fudenberg explained that it was so funny when they were first reading the script. Garvin had never seen "American Idol" before and he struggled to read his lines.

"What is up dog?" said Garvin.

"Come on Jack!" said Fudenberg. "You are a big black man."

Garvin, Fudenberg and Whitney sat at a table and judged the "Teresian Idol" contestants as they took the stage one by one. The teachers did dramatic renditions of popular "American Idol" contestants. Among them appeared Ms. Nancy Hand in a red leather skirt and silk top with huge gold hoop earrings as Fantasia Barrino. As a member of the Heartland Men's Chorus Mr. Phil Jamieson had fun wiggling across the stage and lip synching to William Hung's rendition of "She Bangs."

"Not one lesson!" Jamieson said after finishing his song.

The new music teacher Ms. Shana Moore introduced herself to the student body by singing with impeccable opera technique. Students dug into their backpacks and pockets for cell phones to record Ms. Theresa Wallerstedt's rendition of Mary Katherine Gallagher.

The last contestant to make an appearance was Ms. Shana Prentiss as Tech N9ne. She engaged the audience in her own rap.

"Sell them tickets!" yelled Prentiss.

"Get the pants!" answered the audience.

Prentiss was the winner of "Teresian Idol" and walked away not with a record contract, but with the maroon sweatpants adorned with the gold star on the back. The teachers partied off the stage.

"Dance baby, dance!" yelled Dr. Faith Wilson.

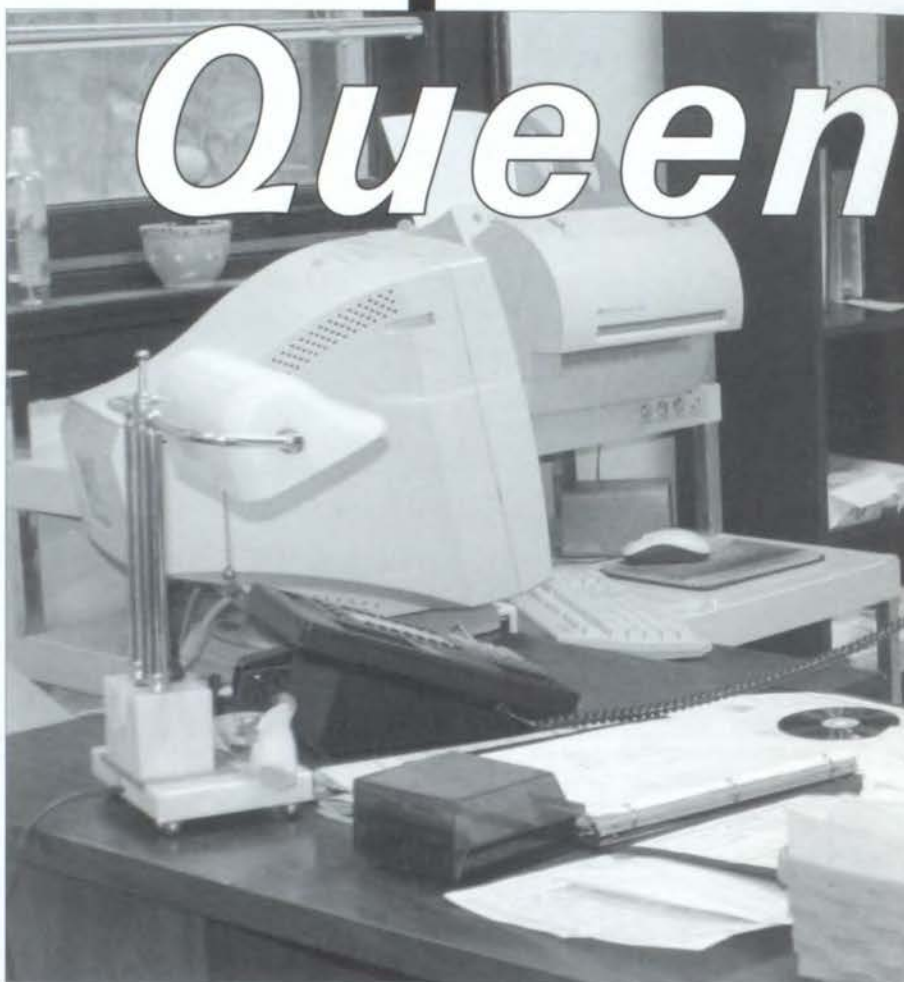
The faculty held up Garvin to crowd surf as the cast exited the stage.

Discipline

Queen



DAILY WALK Ms. Laura O'Brien smiles as she prepares to walk across the quad to the Donnelly Hall. "I walk about two miles a day going in between the buildings," stated O'Brien. **PHOTO BY BRYNNE LEE**



STORY BY BRYNNE LEE
DESIGN BY LAURA STRICKLAND

"The 'SBR Lady', I love it," spoke Ms. Laura O'Brien of the common nickname students had for her. You saw her around campus and immediately your eyes looked straight down at your waist to ensure your shirt was safely tucked into your plaid tartan skirt. Or maybe you were a freshman who did not know the average-height, red-headed woman was in charge of SBRs and detentions and an administrative assistant at STA, but later learned from experience.

For many students, O'Brien was terrifying, but for others, she was a great friend, a sense of humor and mentor. O'Brien's involvement in the STA community has varied throughout the years beginning with being a student for two years.

Born in Kansas City and growing up on Westover Road, O'Brien was familiar with the Brookside and STA communities. She attended STA for two years, but transferred to Southwest High School to finish her high school years, after which she attended University of Missouri-Columbia for her four years of college. O'Brien's two daughters attended STA and Kansas State University and University of Missouri-Columbia. Her first year as a faculty member was in the

academic school year of 1996-97.

"When I first came, I was in silent study all day long," stated O'Brien.

Over the years, her job changed from silent study moderator, to Donnelly Office secretary, to her now, "indefinable job with many different tasks.

O'Brien's work at STA involved many tasks such as finding substitutes that were generally behind the scenes. Despite common belief, taking care of SBRs and detentions were a minor part of O'Brien's everyday duties.

"[Dealing with SBRs] takes about 10 minutes of my day," said O'Brien.

On an average day, O'Brien checked in with Ms. Kathy Walters to check and see if any absent teachers needed subs, and if it was necessary, she'd find them. She then walked to her office to check the detention list and found girls that had missed their detentions. After taking care of this duty, she waited for Ms. Mary Anne Hoecker or Ms. Nancy Hand to tell her jobs they needed to be completed.

"I think of myself as a utility infielder," said O'Brien. "If

Breaking Down the SBR

One of the many tasks of Ms. Laura O'Brien's job entails working with students to schedule detentions after they receive SBRs.



ADVISOR	DATE
CATEGORY I: (Jeopardizes safety of STA Community) <i>This category includes but is not limited to the following:</i> <ul style="list-style-type: none"> _____ Truancy: from STA and STA required activities _____ Alcohol/Drugs or other harmful substances _____ Forgery (i.e., service contracts, parent signatures or phone messages) _____ Physical assault or threat of physical violence _____ Tampering with fire alarms _____ Vandalism _____ Stealing _____ Weapons _____ Smoking: Location _____ _____ Other _____ 	
CATEGORY II: (Disrupts learning/teaching or smooth operation of school) <i>This category includes but is not limited to the following:</i> <ul style="list-style-type: none"> _____ * Class/Advisory truancy _____ * Off limits _____ * Verbal abuse _____ * Racist remarks _____ * Disruptions _____ * Defiance _____ * Disrespect _____ * Deception _____ Misuse of school equipment _____ Copying _____ Plagiarism _____ Cheating _____ * Accountability sheets _____ _____ unstamped mods _____ _____ not turned in at end of week _____ _____ other _____ <p style="text-align: center;">* = detention as consequence # = parent call</p>	
CATEGORY III: (Interrupts orderly environment) <i>This category includes but is not limited to the following:</i> <ul style="list-style-type: none"> _____ Irresponsibility/misbehavior in cafeteria _____ Missed appointment _____ Elevator use, without pass _____ Food/drink outside cafeteria _____ Other _____ 	
Detention scheduled on _____	
Student Signature: _____	
Faculty/Staff Signature: _____	
Associate Principal Signature: _____	
If student wishes to discuss this report, she should make an appointment with the person issuing it.	

Category I is the most severe and the consequences could be severe as suspension or expulsion

Category II focuses on misbehavior in the classroom

Category III is the least severe and uniform fines fall in this category

Ms. Mary Anne Hoecker signs here

CHIT CHAT Ms. Laura O'Brien talks on the phone during the activity period. O'Brien was in charge of regulating SBRs, detentions and many other tasks. **PHOTO BY BRYNNE LEE**

something needs to get done, I take care of it.”

Many students of STA found O'Brien to be a strict woman. Because of the students' superficial perception for O'Brien and her job, they found no real reason to truly get to know her, so many did not.

“She gave me an SBR and detention for uniform in silent study,” said junior Jillian Blanck. “I was pretty mad.”

According to O'Brien, the most common reason for her giving an SBR or detention was for uniforms and cell phone use during school. If O'Brien saw a student out of uniform, she would give them a warning, not a detention, but a second time around would be a different picture.

“I first met Ms. O'Brien back during freshman year,” claimed junior Marisa Henderson. “We got quite acquainted after my first three detentions and I thought it was like she was trying to figure me out, she seemed sneaky.”

Many STA students disliked O'Brien because of her job and her austerity. According to Blanck, she looked stern and as if she were trying to keep things way under control. But sometimes, it was hard

to get a good grip on what someone was really like until you really got to know them.

“People have a bad impression of me because of things they did and I get wrath later,” said O'Brien. “They're basing that opinion on something they did wrong and I just had to be the one to tell them, they just don't know me.”

According to Junior AbbyJane Fagan, behind the facet of the “SBR lady” there was a great woman with real character. O'Brien had a fun and stylish personality that many students did not see or chose not to see. However, many students have gotten to know O'Brien over the years and found her to be a special woman with outstanding spirit.

“I'd see her in the halls from time to time,” claimed Fagan. “She had attitude, but I liked it and now I love her even more.”

O'Brien was very close to many students who took the time to open up to her and talk to her. Getting to know her made such a difference to numerous STA students, changing their misconception.

“Just come talk to me and get to know me!” said O'Brien.



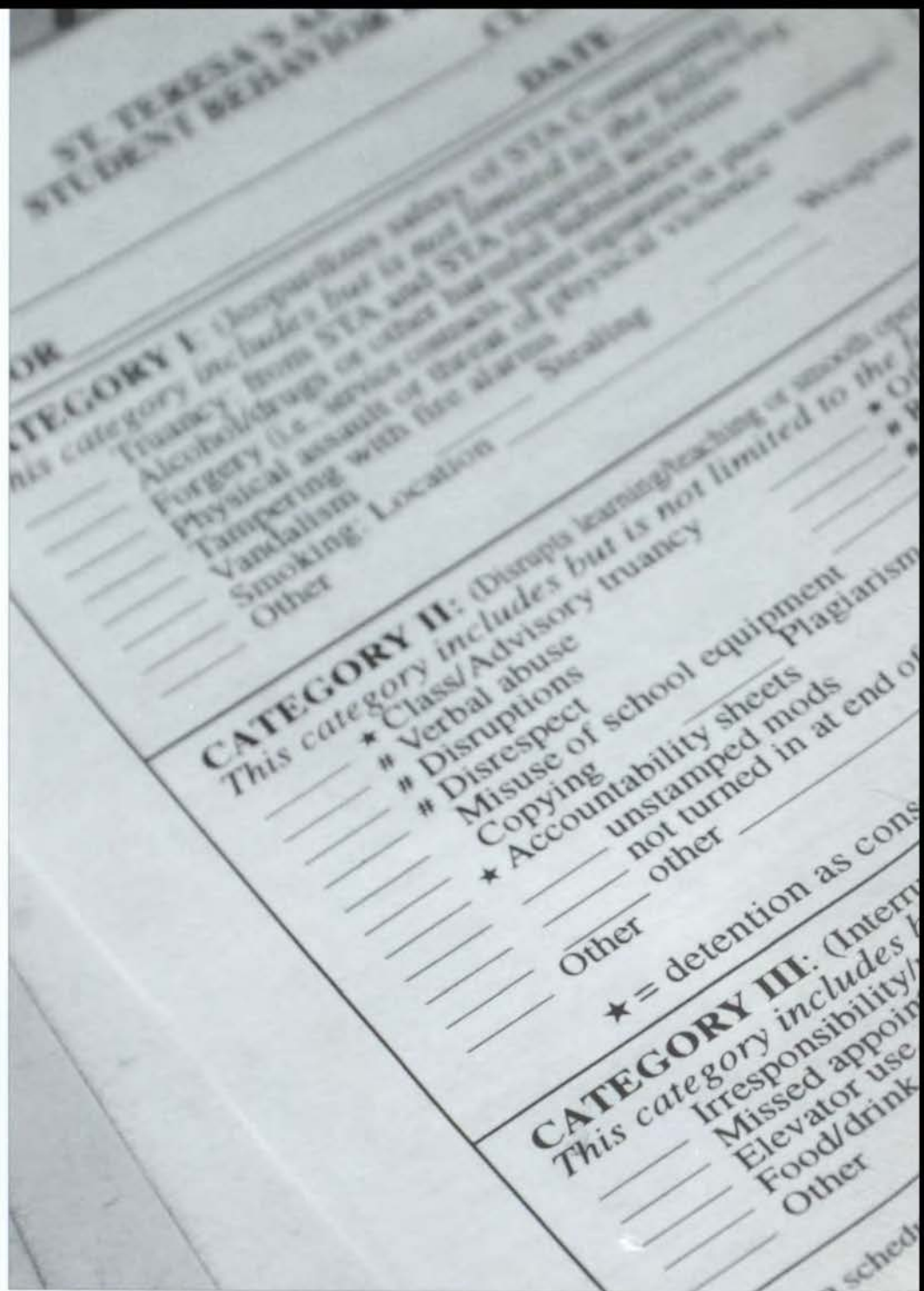


STORY TIME Freshman Lindsay [center] recounts a story to freshmen Megan Qwara, from left, Katlin Zidar, Mika Casey, Kylee Burke and Meg Hart during lunch in The Commons. It was custom for these freshmen to sit and eat lunch on the floor rather than on the tables. **PHOTO BY SHANNON VANBUSKIRK**

»freshmen

Sliding By

some students survive STA
without the infamous SBR



STOP IN THE NAME OF... The SBR is the disciplinary tool of the STA community. Student behaviors were divided into three categories according to the severity of the students' actions. However, approximately half of the student body never received an SBR. PHOTO BY RIKI ALLEN

1, 2,...10 strikes, you're out!

The Student Behavior Report, more commonly known as the SBR, is a system unique to STA. In fact, about ten years ago, a committee of teachers and administrators developed the SBR and the ten-step system.

"We needed to start with the values of the school and come up with a Community Membership Document which states our main values and expected behaviors," said Ms. Mary Anne Hoecker, principal for student affairs.

In the old system, certain behaviors were assigned point values. The more severe the behavior, the greater the point value. At 12 points, a student had a meeting with Hoecker

and parents. If a student reached 24 points in one semester, she was expelled. The main problem with the old system was that after each semester, students' slates were wiped clean of points.

"In the old system, more students tested the system and challenged the values of the school," explained Hoecker. "We were only teaching students how to play the system."

With the new system, Hoecker agreed that rules were not made to make students' lives difficult, but that there were set behaviors and values that stood behind them.

I never had a uniform violation. I never had a student behavior report (SBR). I never served a detention or spent ten minutes after school for arriving late to class. Many have wondered if that was even possible.

When I told people of these details, they responded with an open-mouthed gasp, as if I'd accomplished some amazing feat. I thought I was among the few, the proud, who had never received disciplinary action. However, according to principal for student affairs Mary Anne Hoecker, each year, approximately half of the student body never scribbles a name on an SBR form.

Although an occasional student would test the system, a vast majority of students managed to stay out of significant trouble. For most students, disciplinary action was received for accidental actions and careless mistakes – the occasional un-tucked shirt, a forgotten book in class, a lost accountability sheet or a hall pass tossed to a friend in the hallway. I cannot say I was never in the position to get an SBR or serve a detention. Believe me; I've made plenty of "careless mistakes."

As a freshman, I made sure my skirt didn't sit too high above the knee. I frequently checked to make sure my polo was neatly tucked into the waistband of my skirt. I practically galloped across the quad so as not to be late for class. I was always in uniform. I was always on time. I was always prepared for class. But, the times I did forget an assignment or a book, I called my dad and had him bring the forgotten item to school. Ms. Marion Chartier, the Donnelley office administrative assistant, and my dad were probably on a first name basis by the end of my time at STA.

Gradually, I learned that some teachers were more laid back than others regarding the uniform and more lenient with passing periods and forgotten books. It wasn't that these teachers didn't respect the disciplinary system or wanted to remain on students' good sides. Rather, these teachers were either oblivious to small infractions or claimed to have more important things to do than watch for every minute thing that would get students in trouble.

Still, I always felt compelled to stay in uniform. I envied my peers who would carelessly walk around with their polos hanging out and dared to wear sweatpants underneath the skirt. I never bent the rules. (Okay, well occasionally I would wear a shirt with the tiny words "Banana Republic" printed across the chest underneath my polo.) When I was unsure, I asked. One morning during my junior year, I discussed the uniform code regarding shoes with a fellow advisee, then junior, Molly Huber.

"Molly, do you know if my shoes are legal?" I asked with uncertainty, pointing to my black and green Adidas sandals. So many announcements had been made regarding specific

stipulations as to which shoes students were allowed to wear, that I couldn't remember if my one strapped sandals would get me a uniform violation.

"I'm sure they're fine, Lisa," Huber replied. "No one will care."

"Are you sure?" I asked, wanting to verify her words. "I have social concerns with Mr. Bertalott today."

"Just wear them," she said.

So, I proceeded to go to my first mod class, AP American Literature with Mr. Mark Fudenberg. As soon as I took my seat, Fudenberg called me up to his podium. He handed me an SBR form and pointed to my shoes. You have got to be kidding me, I thought to myself. Then, a smirk spread across his face.

"Molly told me about the conversation the two of you had about your shoes this morning," he chuckled.

"You should have seen the look on your face," Huber said.

Thankfully, I didn't get an SBR that day. As a senior, this past year, it was nice to finally defy the uniform regulations a bit. There seemed to be an unspoken rule that seniors were exempt from some of the lesser infractions – non-uniform pullovers, printed and colored socks and un-tucked shirts.

"I love walking around with my shirt un-tucked this year," a senior declared the first week of school. "No one seems to care, because I am senior."

Even as a senior, I would never have been caught dead walking into certain teachers' classrooms out of uniform. It was too risky.

Every teacher had his or her own reason for the level of austerity with which he or she followed the disciplinary system at STA. On the first day of pre-calculus, Ms. Arlene Hernon explained that our discussion at the moment would be the only warning we would receive regarding discipline and uniform policy. She said she didn't give out SBRs to make our lives more complicated or difficult. Rather, she felt that giving out reminders to tuck in shirts or take off non-uniform sweatshirts would be putting us down. She wanted to teach us responsibility for ourselves and our learning and elevate us to a higher standard.

Regardless of reasoning, teachers and students alike continued to do what they want to do. Teachers chose to either hand out SBRs with a keen eye or ignore minor infractions. Students either purposefully tested the system or unintentionally left their shirts un-tucked. Accidents happened. Freshman year, I forgot to put on a pair of socks after 5 a.m. swim practice; sophomore year, my cell phone beeped in class; junior year, I forgot to wear a polo shirt one day; senior year, I wore a pair of blue tights instead of black ones.

But even Hoecker agreed, the system couldn't catch everything.

Caitlin Adams
 Julia Amaya
 Tatiana Ambrose
 Nicolette Anderson
 Erin Andres



Nnedima Anya
 Kaitlin Arnold
 Amanda Backer
 Jessica Bales
 Samantha Barker



Leah Barthol
 Chelsea Beaven
 Mackenzie Beisser
 JoEllen Belcher
 Cristin Berardi



freshmen



CHECKING IN Freshman Megan Monsees, left, waits as her shadow Kelsey Kupish gets her lunch before midday advisory on Friday, Feb. 10. The admissions office served as the check-in center for shadows every week. **PHOTO BY HAILEY CAYWOOD**

Follow **A** Star

Shadows were an intricate part of freshman year

year, whether it involved host freshmen buying candy and magazines for goody bags or introducing their visitor to teachers and classmates. Eighth graders from different schools around the Kansas City area joined a freshman friend and occupied classrooms and hallways week after week to get a personal experience at STA. When showing a prospective student around the school, freshmen had to be themselves and be just as comfortable as they would on a regular day. Many girls were not only excited to get shadow requests in their mailboxes, but also to show a friend what it's like at STA for a day.

SHADOW CHECKLIST:

- ✓ CANDY ✓ MAGAZINES
- ✓ WORD PUZZLES ✓ SMILE
- ✓ GOOD ATTITUDE
- ✓ STA PRIDE ✓ STICKERS



Marin Berardi
Caitlin Boger
Kate Bohnert
Allison Brennan
Emily Bullington

Kylee Burke
Margaret Burke
Mollie Caffey
Brittanie Cali
Caroline Campbell

Emily Cappel
Mika Casey
Jeannette Cieszykowski
Phyllis Cole
Alexis Collins

Clare Connealy
 Hanna Cosgrove
 Lauren Damico
 Bianca Dang
 Katya DiTirro



Haley Doyle
 Abigail Duethman
 Kate Duffey
 Lauren Durie
 Madelyn Effertz
 Lauren Evrard
 Molly Fakoury
 Nicole Fisher



Rachel Flattery
 Anna Franke
 Lee Fryer
 Gabriella Garozzo
 Katie Gassman
 Anna Gillcris
 Jenny Gottsch
 Lindsay Gray



Emily Hackman
 Megan Hart



Morgan Hennessy
 Jaime Henry-White



Crysta Henthorne
 Alexandra Heule



ready. SET. ROW!

On the Water: Kit Landwehr Makes a Splash

STORY BY BAILEY LYNCH



Freshman Kit Landwehr's rowing team of the Kansas City Rowing Club anxiously waited at the starting line of the *Gateway Regatta* while the older masters' team boasted that they would beat the "kids." Both boats began rowing as the Landwehr's team took the lead, but the masters soon caught up. The finish line came in sight as the Kansas City Rowing Club regained the lead and captured first place. Landwehr celebrated her first win with her team.

Landwehr started rowing the fall of her eighth grade year at Visitation School. She got involved through her godmother's daughter, who came across rowing when she injured her knee playing basketball.

Landwehr participated as a coxswain on her rowing team. As the coxswain, Landwehr was responsible for steering and keeping the boat and crew safe. According to coach Jenn Jewit, Landwehr had beautiful technique and a good chance to make nationals. Freshman teammate Elizabeth McNamara praised Landwehr's dedication and helpfulness.

"[The coxswain] is almost a coach on water," said Jewit. "[She is] very

motivational, calming and important to trust."

Landwehr participated in rowing during the spring, summer and fall and competed in sprints and head races.

"It's a lot of work, but really rewarding," said Landwehr.

The team often traveled around the Midwest to compete in races, such as the *Sunflower State Games* and the *Gateway Regatta*. The team formed friendships through many practices and road trips.

"They are very, very close," said Jewit. "We spend enormous [amounts] time together. Girls get to be friends on and off river."

McNamara also commented on the close relationships.

"We're like one big family from all different schools," said McNamara. "We're really close because we're around each other. We've been through hell."

During the winter off-season, Landwehr and her teammates stayed in shape by going to the gym and using a rowing machine, called an urg.

"[Rowing is] definitely a big commitment," said McNamara. "It takes a lot of free time. But it's amazing how it has changed me."

No "Haw" in the Kaw Blue Valley North senior Adrienne Lindstrom, left, and freshman Kit Landwehr unload the shell "Big Haw" from the trailer after making the seasonal move from the Kansas River to the Wyandotte County Lake in early spring. The team had to switch locations because the water in the Kansas River got too low and flowed too fast. PHOTO BY SHANNON VANBUSKIRK





Victoria Heule
Joan Higgins
Dacoda Hoggatt
Elizabeth Howard
Kirsten Hyde



Mary Jantsch
Lindsey Jones
Emily Katz
Linny Kaufman
Maddie Keller



Lauren Kenner
Kathleen Kenney
Kathleen Kieffer
Anna Krugh
Paige Kuhlmann



Emily LaGrand
Alissa LaManno
Maura Lammers
Kit Landwehr
Stephanie Lankford



Meghan Linville
Cynthia Livingston
Marcela Lopez
Chloe Lundgren
Allison Mandl



Kelsey McCormick
Erin McDonald
Mallory McDonald
Jennifer McLiney
Elizabeth McNamara

Lauren McQuaid
 Lauren Medina
 Elizabeth Meyers
 Veronica Miller
 Brenna Mitchell



Megan Monsees
 Cecily Moore
 Shauna Muehlbach
 Elizabeth Mullane
 Ahnna Nanoski



Erin Nelson
 Sally Nulton
 Molly O'Byrne
 Caitlin O'Donnell
 Casey O'Mally



Tara O'Sullivan
 Emily Orndoff
 Amanda Ottolini
 Megan Owara
 Josephine Pace



Maggie Pelter
 Meghan Penland
 Laura Peterson
 Allison Pointer
 Amanda Prather



Kari Price
 Mary Ptacek
 Caroline Quinn
 Sydney Ragsdale



One of the first lines many prospective STA

students heard was "Don't
worry you'll have no
problem meeting boys.

STA tried to help

freshmen on the quest for boys by

STORY BY FRANCESCA SWALWELL

hosting mixers and inviting students from many different schools to attend. Freshmen used these informal dances and other events to dive into the high school social scene.

"You can meet guys [at mixers] and get to know them," said freshman Emily Katz. "You get to see your choices – just kidding! But you do get to meet your [STA] friends' friends."

Freshmen used other school-sponsored events to meet new boys or hang out with people they already knew.

"I think football and basketball games are good places to go," said freshman Samantha Barker.

Many freshmen had to deal with awkward encounters while getting to know new boys. These moments then became funny stories to share with friends during lunch or free periods.

"So many embarrassing things happen to me, especially when my neighbor is around," said freshman Sally Nulton to her friends at lunch.

The girls laughed as Nulton shared one of her worst moments. She was dressed as a scuba diver for Halloween and furiously waved at a car, only to realize her neighbor, who's a freshman boy, was staring at her from the passenger seat. After she shared a litany of embarrassing moments, Nulton's friends jumped in with their stories.

"Once a bunch of guys stood outside my house throwing rocks at my window," said freshman Haley Vondenkamp. "Then my dad came out and yelled at them."

Girls continued to swap stories until the lunch bell rang and they hurriedly gathered their things to head to activity, still giggling at their friends' misfortunes.

Meeting new boys and avoiding humiliation, however, was only half of the battle. Freshmen had to

decide if they wanted to date anyone or simply become friends with a variety of people.

"In eighth grade all the guys and girls were friends," said Nulton. "Now it seems like there's more pressure to like someone or have someone like you."

Despite this pressure, most girls agreed that dating as a freshman was a bad idea.

"Most of my friends and I didn't want to date," said Nulton. "We wanted to meet lots of new people and you can't do that with someone always around bothering you."

Barker agreed claiming friendship was more important than dating.

"Some girls date and they're not even friends with their exes anymore," said Barker. "I think it's much more important to make good friends."

Freshman Emma Spencer, who had a boyfriend, thought there were benefits of dating as a freshman.

"It's a good thing because there isn't any pressure like when you're a senior," said Spencer. "It's more laid back when you're a freshman."

Just Friends?



JUST FRIENDS Freshmen Janie Schrader, center left, and Anna Franke, center right, pose with Rockhurst freshmen Paul Jensen, from left, Sean Hodes, Alex Perry and William Tilson in Franke's basement. Although Schrader, Franke and other STA friends regularly hung out with same group of boys on weekends, most girls chose to remain just friends. PHOTO SUBMITTED

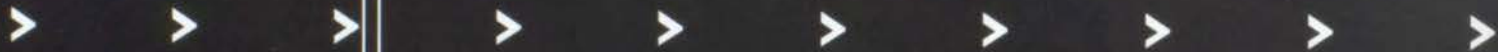
Marisa Raimo
JoEllen Redlingshafer
McKenzie Robbins
Madilyn Roberts
Katie Sanford



Emily Schapker
Katelyn Schleicher
Margaret Schneider
Jane Schrader
Bridget Shields



Sarah Slaven
Elizabeth Smith
Emma Spencer
Margaret Steinert
Kelsey Stephan



> CHECK MATE Freshmen Gabriella Garozzo, left, and Stephanie Lankford compare their new schedules on the first day of second semester in the front hall of M&A. Many students were eager to see who their new classmates would be, hoping to finally have classes with close friends. **PHOTO BY SHANNON VANBUSKIRK**



< SALLY-JO Ms. Ann Bode-Rodriguez lectures students during health class, a required course for freshmen, in the gym. Bode-Rodriguez made the class fun, while stressing the importance of sexual awareness by telling stories about the infamous "Sally Jo" and "Bobby." **PHOTO BY SHANNON VANBUSKIRK**

> CAR POOL Freshman Josephine Pace, from left, freshman Jeanette Cieszykowski, and freshman Amanda Backer, greet their driver as they are picked up at school. In the afternoon, the parking lot is jammed with parents who drive their teenagers to and from school, with close friends. **PHOTO BY SHANNON VANBUSKIRK**

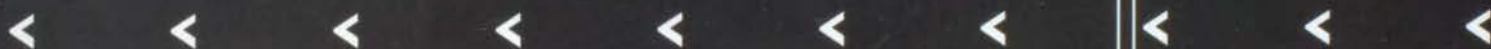




Shauni Straub
Mallory Sweatt
Alexis Taylor-Butler
Martha Tillmon
Elizabeth Tilson

Molly Torrence
Rachel Turgeon
Ceri Verble
Haley Vondenkamp
Sherie Wallace

Jacqueline Wentworth
Paulina Wentworth
Sarah White
Kelly Younger
Ashley Zondca



< BEST BUDS

Freshmen Brenna Mitchel, left, and Mallory Sweatt greet each other in The Commons at lunch time. Many girls are separated from their best friends while in class and only get to see each other during the activity periods. It's close friends. PHOTO BY SHANNON VANBUSKIRK



^PEEK-A-BOO Freshmen Brittanie Cali, from left, and Samantha Barker tease classmate Emily Bullington, front, during activity one in The Commons. Bullington had to guess three times before finally concluding that Barker was the one playing peek-a-boo with her. PHOTO BY SHANNON VANBUSKIRK

>YOUNG ARTISTS Freshmen, from left, Ellie Mullane, Kelly Younger and Emily Hackman work on their city sketches during drawing class. Drawing was an elective option for freshmen, though open to all students, which met five days a week and was taught by Ms. Theresa Wallerstedt. PHOTO BY SHANNON VANBUSKIRK





WORKING OUTSIDE Sophomore Elizabeth Yvarwick edits a peer's paper during an accelerated world literature class. The nice weather and students' persistence persuaded Mr. Karel Johnson to hold class outside.

PHOTO BY ERIN VOGEL

»»sophomores

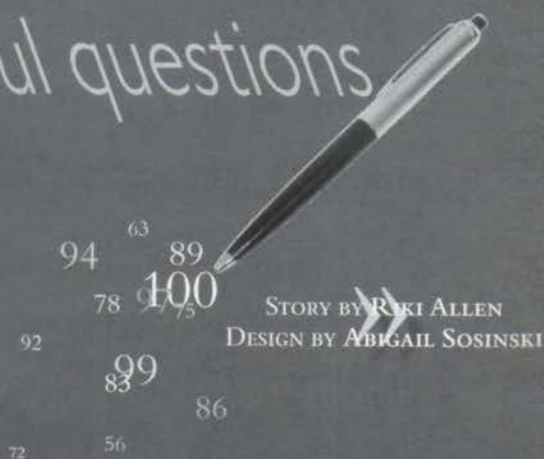




GIVE ME A BREAK Seniors Jessie Bukaty, left, and Morgan Wiley take a break from studying before their French IV final. Students had to balance their studying and free time to help themselves do well on the finals and remain stress free. **PHOTO BY MARY ANNA HENGGELER**

the red pen of finals:

the other side of the stressful questions



It was finals week. The midnight candle had been burning. Coffee brewed. Stress reached the breaking point. Ms. Arlene Hernon's red pen hovered over the stack of papers on her desk. She carefully reviewed each answer and the work associated with it. She counted the number of problems and wrote a final score on the top of the paper. She moved the finished paper to the side, sighed and started again.

Thoughts of finals week brought sweating, shortness of breath and terror to students. But what about the person who sat behind the desk, watching the students stare intently at their paper? What about the person behind all the red marks? The one who holds all the answers? The reason for this stress? What about them?

Finals week not only affected students, but also teachers. STA required every teacher to distribute some sort of final. Most of them were in the form of tests. There was a slew of multiple choice questions, true and false and short answers. Other teachers chose to assign projects or papers.

When students sat down at their hard, cold desks and the novel length pack of papers was passed back along the row, did anyone stop to think beyond the small black print to the source of all the stress and the origins of that simple, little packet?

"Test preparation takes a long, long, long, long, long, long, long time to make the test a fair test," said Hernon.

Teachers had to work ahead, as well as on that fateful week.

"I go back over everything that we talked about," said western civilization teacher Mr. Mike Egner. "I find the most important things."

After this, Egner went back through the test, removing any questions that appeared to be too difficult or unrelated. The western civilization test, because of the extent of the subject matter, was not comprehensive like Hernon's pre-calculus, algebra II and accelerated algebra I classes. Her preparation methods rivaled Egner's. By looking over old tests and quizzes, Hernon composed her final exam. She created two different tests for each pre-calculus section; girls that took the test on Thursday received a different test than those who took it the previous day.

"Keeping them equal, but different and not making carbon copies becomes a large task," said Hernon.

Egner, Hernon and Spanish teacher Ms. Lucila Bernal-Estudillo all stressed the importance of fairness on their tests. No matter how fair the exams were, teachers knew that studying was the key to a successful final.

"Studying is continuous," said Bernal. "It is everyday."

Other teachers agreed with Bernal. The consistent students were the ones that were generally successful on the final. A person who completed their homework, listened attentively in class and took good notes would most likely be triumphant.

When the allotted time had passed, teachers stood up from the desk to say "stop; pencils down." Students' hearts pounded as they put the paper into the stack on the end of the desk. But, at least it was over...for the students.

The teacher slowly lifted that stack of papers, making sure to use the legs under the heavy load. The work had just begun.

"All the grading is the most difficult part," said Hernon.



QUICK REVIEW Sophomore Leslie Sear studies for her finals in the library. Finals followed the Friday A week schedule and students were allowed to study for their finals during their unstructured mods. **PHOTO BY MARY ANNA HENGELER**

An average class of 20 people, four class sections and each test containing 45 questions could add up to 3,600 questions to grade. Papers had cross-outs and mess-ups, wrong answers and right answers and the teacher had to review every problem on every paper. The grades were due less than a week from the last day of finals. Though some teachers utilized the school's scantron system to minimize the amount of grading, others could not or would not use this system. Math classes were not able to because of the importance of the scratch work to mathematics. Other teachers felt that the alternative test might have allowed more time, but was more comprehensive.

"I prefer non-scantron, because it shows what students really know," said Bernal. "Options can sometimes make it easy. [Students] get lucky."

Finals was a dreaded word. The word was uttered only when necessary. Students cowered at it, but teachers also saw finals as a time of preparation with grimaced and tearful looks from students and lots of red pens and late hours.

"The final isn't everything," said Egner. "[It] isn't the 'end all be all' as far as I am concerned."

But, finals were important to teachers. Otherwise, what would be the point of all the stress placed on both parties?

"The course isn't finished until there is a final," said Hernon. "Despite all the stress and work."

Charlotte Adams
 Julia Adriano
 Hannah Bailey
 Emily Becker
 Kerry Beckett



Laurel Beekman
 Jordan Behnken
 Kristin Belfonte
 Anna Boisseau
 Sophie Briend



Michaela Brogato
 Aly Brownlee
 Kathleen Bryant
 Ashtin Bryde
 Margaret Campbell



Lindsay Carvan
 Jennifer Cashen
 Hailey Caywood

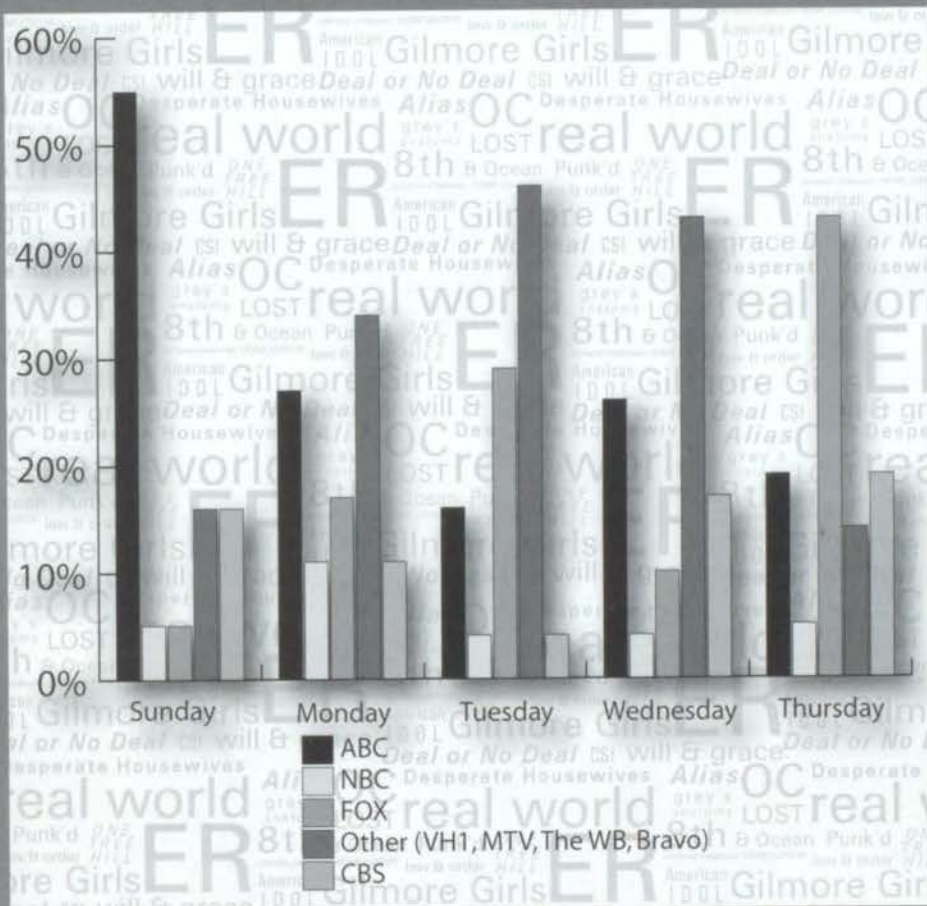


sophomores



TV guide

classes of '08 tunes in



When not plowing through math homework, practicing on the playing fields or driving off to their evening jobs, STA sophomores occasionally got a welcomed chance to sit down in front of the television set. This graph shows what percentage of girls polled tuned in to each station during the week.



Stephanie Chapman
Kate Christian
Sarah Coleman
Sarah Cooper
Audrey Copenhaver
Tessa Cunningham



Shannon Curry
Whitney Dalton
Erin Davis
Spencer Dean
Jordan DeLorenzi
Olivia DeSimio

Abby Dieterman
 Eleanor Dillon
 Sara Donaldson
 Katherine Drummond
 Chelsie Duckworth



Emily Duesing
 Liz Dunn
 Kathrine Embree
 Anna Essmann
 Jessica Fahey
 Andrea Falco
 Caroline Gernhauser
 Julia Gigliotti



Hannah Girardeau
 Molly Gould
 Paige Gramlich
 Nicole Gravino
 Molly Hamid
 Elizabeth Hastert
 Erin Heiman
 Vanessa Hemkens



Alisha Henderson
 Margaret Henehan



Sara Herrera
 Claire Hickey



Madeleine Hickey
 Leah Hogan



outrageously

OUTGOING

sophomore practices putting others first

STORY BY MOLLY CAMPBELL

Sophomore Maggie Henehan mentally ran through her weekly schedule. She planned out how she would get to school, work, attend peace meetings, volunteer and still arrive to her piano lessons on time. She realized how hectic her week would be, but loved her various activities too much to give any up.

"Sometimes it gets crazy and I don't know how I'm going to get everything done, but I always find a way," said Henehan.

Sophomore Anna Martin, a friend of Henehan, said that Henehan's unique and compassionate personality drove her to volunteer and lobby for peace.

"She is so generous with her time," said Martin. "She just goes out of her way to please others and she's very passionate about peace."

Henehan was involved in a group that met about issues concerning world peace and participated in banner drops protesting war. She also spoke on the radio about peace and the War in Iraq.

"I think it's important to remind people that we need peace, so the banner drops are our way of doing that," said Henehan.

Henehan also enjoyed volunteering at St. Mary's food kitchen when she had free time.

"I love going there just to help people," said Henehan. "There are

a lot of people who are hungry and need help."

Even with peace meetings and volunteer work, Henehan still managed to work three days a week at Hy-Vee and take piano lessons.

"Not many people know that Maggie is a really talented piano player," said sophomore Hannah Girardeau. "If you listen to her practice she is amazing."

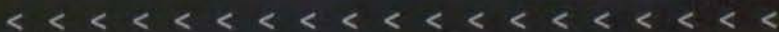
Girardeau and Martin agreed that even though Henehan had many responsibilities, she was always there for friends when they needed her.

"She is outrageously outgoing," said Girardeau. "She's the most fun-loving sweet person I've ever known."

Martin said that Henehan's great sense of humor made her a good person to talk to when she needed help or advice.

At the end of a long day, Henehan was exhausted, but when she heard the phone ring, she picked it up. Whether it was a friend calling about a difficult time or someone just wanting to talk and laugh, Henehan was there for them. She listened and laughed and according to friends, never let anyone down if they needed a favor.

"Maggie doesn't care if she is having fun for herself, she just wants to help other people," said Martin. "That's the Maggie I know."



PATTY CAKE Sophomore Maggie Henehan, right, laughs with freshman Jenny Gottsch, left, and sophomore Erin McAnary in the quad on Feb. 24. Henehan used the time to catch up with her friends.

PHOTO BY CLAIRE CULLEN





Anna **Holley**
Lily **Hough**
Kyle **Houglund**
Mary **Hutchison**
Sarah **Hylander**



Amy **Hymer**
Antoinette **Jackson**
Katherine **Jackson**
Ellen **Jantsch**
Alyssa **Jarvis**



Emily **Johnson**
Sara **Kallenberger**
Roni **Katz**
Elizabeth **Keaveny**
Kimberly **Kennaley**



Tara **Ketchum**
Elizabeth **Kindscher**
Elizabeth **Koehne**
Megan **Konz**
Maria **Koppen**



Linda **Kovac**
Katherine **Kuhn**
Sara **Lawrence**
Maranda **Le**
Jordan **Leinen**



Aristea **Lubar**
Sarah **Luecke**
Bailey **Lynch**
Paris **Mantz**
Jessica **Marak**

Danielle Martens
 Anna Martin
 Erin McAnany
 Amanda McBee
 Mary McCue



Claire McFarland
 Madeline McGannon
 Claire McInerney
 Maureen McMahon
 Katie McSorley



Amanda Mendenhall
 Elizabeth Meyer
 Lauren Michael
 Alexandra Miller
 Rachel Mize



Berta Navarro
 Elizabeth Nelson
 Kristin Newman
 Marian Nguyen



Jessica Nouri
 Amy O'Connor
 Tara O'Flaherty
 Etagegn O'Neill



Maureen O'Rear
 Caitlin O'Rourke
 Julia Oldenburg



Sophomore Julia Oldenburg was driving on the highway with a few friends on a cloudy afternoon, not paying much attention, when she realized she was about to miss her exit.

STORY BY EMIN VOGEL

She was forced to cut across three lanes of traffic to reach the off-ramp in time. The speed at which she swerved and the angle at which she exited, almost caused a major accident.

"I was going way too fast and my car swerved, hit the curb, and almost went off the road," said Oldenburg.

Close calls like Oldenburg's and actual crashes were common among teenagers. According to MSNBC, in 2005, the leading cause of death among teenagers age 16 to 20 was car accidents – more than guns, drugs, or any disease.

Sophomore Sami Setter was in a minor accident where

she barely tapped the car in front of her after slamming on her breaks to avoid a major collision.

"I changed lanes and a car's [head] lights got in my eyes, so I didn't see a red [traffic] light and the car stopped in front of me," said Setter.

Distractions inside and outside of the car were the cause of one out of every four accidents, stated MSNBC. Among these distractions were cell phones, adjusting the radio and temperature controls, personal grooming, and conversations with friends as was the case in Oldenburg's near miss.

Sophomore Katherine Kuhn was involved in a head-on collision as a passenger in the summer of 2005. Another vehicle had swerved into Kuhn's lane while trying to avoid hitting another car. The driver of Kuhn's car was unable to react in time to evade the oncoming vehicle and the two collided.

A National Institutes of Health study stated that the simple biological explanation for teen accidents was that the brain was not developed and lacks the ability to make crucial driving decisions. Brain scans showed the areas that regulate impulse control and risk-taking, which are critical for driving decisions, were underdeveloped.

The biological explanation seemed valid since accidents and near misses haven't altered the driving habits of most teens. Oldenburg admitted that the near accident had not really affected how she drove. She had always considered herself a cautious driver, stopping at stop signs and stop lights and looking both ways. However, she said she continued to speed. Kuhn, a new driver in March, was also not worried or nervous about driving after the accident.

"[Having had a wreck] doesn't make me nervous to drive," said Kuhn. "It makes me nervous about other people driving."

Setter, although not worried about the accident she was involved in, did admit that it had affected her driving.

"I pay more attention to how far behind cars I am," said Setter. "And I use my brake more."

Hands At 10'n'2



OPEN ENDED Sophomore Jessica Nouri loads up her backpack before driving home after school on Apr. 18. Along with adjusting to the rules of the road, many new drivers also had to learn to drown out the sound of a carload of friends as they drove to and from school. **PHOTO BY AMANDA MORRALL**

Tess Palmer
 Meredith Pavicic
 Lindsay Pericich
 Katherine Poppe
 Ann Putney



Kathryn Rainey
 Elizabeth Ring
 Rebecca Rogers
 Chinesea Rusch
 Michelle Samborski



Janice Schrader
 Rachel Schwartz
 Britney Scott
 Julianne Sear
 Leslie Sear



Alex Miller, from left, Sarah Smith, Claire Hickey, Maria Koppen and Shannon Curry



Elizabeth Warwick, left, and Amy O'Connor



Audrey Copenhaver, left, and Danielle Martens





Samantha **Setter**
 Breanne **Sigler**
 Kellyn **Smith**
 Sarah **Smith**
 Abigail **Switzer**

Anne **Tampke**
 Brianne **Taormina**
 Emily **Thompson**
 Roxanne **Troxell**
 Erin **Vogel**

Anna **Warm**
 Elizabeth **Warwick**
 Emma **Wenig**
 Jessica **Wilson**
 Megan **Woodrum**



Caroline Gernhauser, from left, Erin Heiman, Amanda Mendenhall and Erin Davis

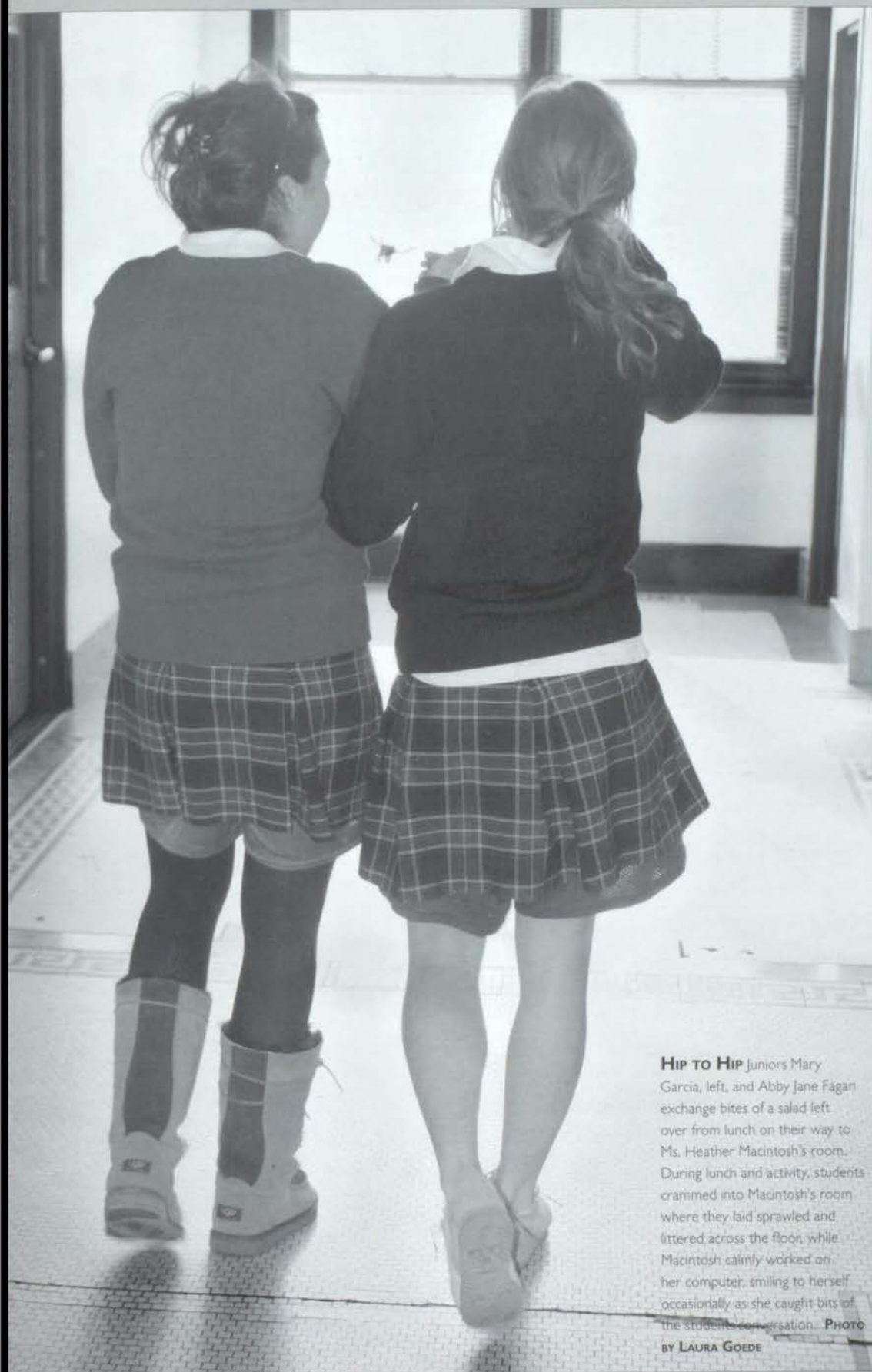


Jordan Leinen, from left, Michelle Samborski and Jennifer Cashen



Liz Dunn, from left, Maria Koppen, Sarah Coleman and Tess Palmer





HIP TO HIP Juniors Mary Garcia, left, and Abby Jane Fagan exchange bites of a salad left over from lunch on their way to Ms. Heather Macintosh's room. During lunch and activity, students crammed into Macintosh's room where they laid sprawled and littered across the floor, while Macintosh calmly worked on her computer, smiling to herself occasionally as she caught bits of the students' conversation. **PHOTO BY LAURA GOEDE**

» juniors



GRAMMAR ESSENTIALS Ms. Pat Dunlay, left, discusses ACT English format with juniors Christina Fuerst, Katie Pfeffer and Tracy Haden on April 18. Dunlay's prep class met on Tuesdays and Thursday for two weeks in April. **PHOTO BY MARY ANNA HENGGELER**

FULLY PREPARED

prep classes ready students for the "big one"

STORY BY MARY ANNA HENGGELER
DESIGN BY ABIGAIL SOSINSKI

"You have thirty five minutes. Answer questions on pages in this section only until you are told to stop. If you finish before time is up, use the time to go over the answers from this section. Do not check answers from previous sections and do not look ahead. Open your test booklets and begin."

Senior Rachel Holladay could recite the directions for a standardized test to any person that asked; the words spilled out in a sarcastic tone when asked to share her ACT experience.

"The first time I took the ACT, I did not prepare at all," said Holladay. "I think I was out late the night before and got only a few hours of sleep."

After getting scores from her first ACT and SAT, Holladay decided that she had to work to prepare herself for future exams. She was unsatisfied with the outcome, and she knew colleges would not be impressed either.

Along with many of her classmates, Holladay took advantage of Ms. Arlene Herson's and Ms. Pat Dunlay's ACT junior prep classes for the math and English sections of the test.

"I offer the class to help maximize student's score on the math portion of the exam," said Herson. "We review what they learned in the past to make it fresh in their minds, and a small portion of what we learn is new to students."

Juniors who signed up for the prep class had to commit to taking the test in the spring and also in June. This way, Herson and Dunlay could compare previous scores to scores earned after the prep class to see if the classes benefitted the students.

"Obviously I do not know if they helped yet," said junior Lauryn Howard. "But so far I feel like they will be beneficial to me."

The classes met two times a week and involved practice exams and additional homework for the students. Holladay knew that she was not required to do the work. If she chose not to, she would not get a lower grade in her courses. But she committed herself not only to doing the work but also to following the directions of working in silence and timing herself, answering only what she could in the time allowed and no more. This helped to prepare her for exam days and to become comfortable with the format of answering easy

problems first, and not wasting time trying to figure out the difficult questions.

Howard followed the same strategy. She said that doing well on the ACT was up to each individual student; it came down to whether they put in the effort.

"What some people do not know is that each problem is worth the same amount of points," said Holladay. "It's dumb to waste five minutes on one problem and not be able to answer three that you actually know."

Along with the prep classes, Holladay took advantage of the wide variety of published books written to prepare students for any type of standardized test that they would take. Many of these texts included practice exams within the book and the opportunity to take tests online or from a CD-ROM. Books gave Holladay tips on time management, what questions to answer and tips on how to mentally prepare for the exam the day before and the morning of the test.

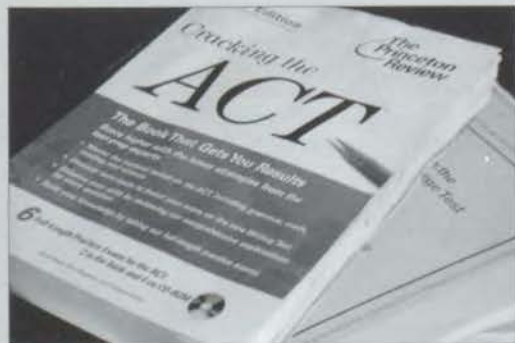
"They seemed to give obvious information that I had been told before, but it was probably good to be told one more time," said Holladay. "The extra exams were nice because I could work through the reading and science areas, which did not have courses offered to prepare me at STA."

After taking the prep classes and reading the books, Holladay felt more confident at her next ACT. Time management was not as much of an issue as it had been before.

"The classes helped, even if I did not totally notice them at the time," said Holladay. "When I got my scores back I had raised it by four points."

The ACT was geared towards students in the Midwest; because of this, most STA students had taken it by June after their junior year. The SAT would have been taken by about half of the student body. Most colleges accepted both exams but students were encouraged to work on improving their scores on the test they felt most comfortable taking. Most colleges accepted both the ACT and SAT scores for any student.

Pencils down. Time is up. Close your test booklets and look up now.



	SAT	ACT
When is it administered?	seven times a year	six times a year
What is the test structure?	ten-sections: three critical reading, three math, three writing, one experimental	four-sections: English, math, reading, science
Is there a penalty for wrong answers?	yes	no
How is the test scored?	200-800 points per section, added together for a combined score. A perfect score is 2400.	1-36 points in each subject area, averaged for a composite score. A perfect score is 36.

LEARNING HOW Ms. Arlene Herson's math preparation class uses work books to study from and takes several practice exams during the two week class. Students had to commit to taking the ACT in the spring and again in June. **PHOTO BY MARY ANNA HENGELER**

Devin Aaron
 Katrina Abella
 Sydney Baker
 Christina Bartlett
 Erica Bartlett



Kelly Becker
 Franki Belfonte
 Mary Kate Bird
 Jillian Blanck
 Alexandra Bojarski-Stauffer



Emily Bradford
 Margaret Burke
 Kathryn Burns-Yocum
 Chelsea Burton
 Antionette Catalano



Caitlin Clark
 Alice Collins
 Elizabeth Conwell
 Brittanie Cowing
 Kayla Crandall



Caitlyn Crawford
 Claire Cullen
 Leia Darden
 Bridget Dougherty
 Elizabeth Duff



Megan Durst
 Abby Jane Fagan
 Nicole Farley
 Jennifer Finley
 Mallory Finn



Once every STA student reaches her junior year, she is given more freedom and responsibility. Those with minimal SBR's and other behavioral punishments do not have to worry about their accountability anymore. Theirs is shaped in a way so that they only need a teacher's signature during their lunch and activity period. Other students who exceed the SBR limit still have an accountability their junior and sometimes senior year.

	A Day	B Day	C Day	D Day	E Day
PER 0	ADVI Advisor Thomas M205	ADVI Advisor Thomas M205	ADVI Advisor Thomas M205	ADVI Advisor Thomas M205	ADVI Advisor Thomas M205
PER 1 Mods 1-2	"Oh heck yes! No accountability! It's amazing!" -Jen Finley		1214 Amer. Lit Filipowicz M307	<i>Denise Ruachhoff</i>	0231 Soc'l Conce Bertalott M102
PER 2 Mods 3-4	4204 Algebra II Hernon D206	2020 Amer. Histo Whitney D08	"I was given trust and responsibility to get myself where I needed to be at that time." -Alexandra Fiss	5254 Anatomy Schroer D304	"(The teachers) trust you more." -Katherine Williams
PER 3 Mods 5-6	<i>R. Blesser</i>	"Teachers just respect you more." -Kate LaTerza	Algebra II Hernon D206	Algebra II Hernon D206	Algebra II Hernon D206
PER 4 Mods 7-8	"If you lose (your accountability) then you don't have to think of all the places you went to." -Katherine Williams	0231 Soc'l Conce Bertalott M102	<i>R. Blate</i>	"It's such a hassle now to get it stamped for activity." -Amelia McGannon	6525 Spanish III Macintosh M202
PER 5 Mods 9-10		5254 Anatomy Schroer D304		2020 Amer. Histo Whitney D08	2020 Amer. Histo Whitney D08
PER 6 Mods 11-12	1214 Amer. Lit Filipowicz M307	"It's a lot less stress. The work is a lot worse, though." -Catherine Seidel	8918 #Intro to Jeans M301	1214 Amer. Lit Filipowicz M307	<i>R. Blesser</i>
PER 7 Mods 13-14	8918 #Intro to Dance Jeans M301		"You feel like you're growing up." -Emily Bradford	8918 #Intro to Dance Jeans M301	
PER 8 Mods 15-16		8918 #Intro to Dance Jeans M301	0231 Soc'l Conce alott M102		
PER 9 Lunch Activity	<i>Mary Jo Coughlin</i>		<i>Mary Jo Coughlin</i>		

1 day in the LIFE of...

juniors

Alexandra Fiss
 Lauren Fowlkes
 Christina Fuerst
 Mary Garcia
 Laura Goede



Lauren Goulding
 Sarah Gramlich
 Tracy Haden
 Kelli Hansen
 Marisa Henderson
 Brigid Hohl
 Lauryn Howard
 Emily Ingraham



Megan Isom
 Oghosa Iyamu
 Rachel Janose
 Michelle Jantsch
 Andrea Johnson
 Kathleen Kellerman
 Kristi Kirk
 Jessica Kramer



Alexandra Kurth
 Mihala Lantz-Simmons



Alexandra LaPointe
 Katherine LaTerza



Brynne Lee
 Jacqueline Lindsey





Amelia McGannon
Michelle McGill
Elizabeth McKenny
Kathleen Medina
Katie Meyers

Mary Monachino
Amanda Morrall
Carina Murphy
Aimee Navarre
Rosemary Neenan

Kelly Nelson
Mary Nulton
Kathleen O'Flaherty
Caroline Orscheln
Colleen Owens

Katie Pfeffer
Kathleen Pointer
Alison Raybould
Cecilia Rebeck
Melissa Rhodes

Rebecca Ridge
Mary Rogers
Alyson Russell
Alexa Scharig
Stefanie Schwalbe

Catherine Siedel
Mary Smith
Meredith Snyder
Samantha Sprinkle
Meredith Stoops

Francesca **Swalwell**
Meaghann **Taylor**
Robin **Towle**
Ciera **Trejo**
Emily **Tummons**



Shannon **VanBuskirk**
Katerina **Vaughn**
Caitlin **Wallingford**
Laura **Watz**



Laura **Welch**
Jessica **Weston**
Carolyn **Wiedeman**



Caitlin **Williams**
Katherine **Williams**



Amanda **Wilson**
Leanna **Yanes**



F

or many students at STA, senior year was when they took on leadership roles in their clubs or sports, but for this junior class, it was not the case. In sports, clubs and other organizations, juniors

STORY BY MEREDITH PAVICIC

showed initiative and drive in taking on roles traditionally filled by seniors.

Juniors Betsy McKenny and Shannon VanBuskirk started their junior year by becoming captains of the cross country team. Coach Karen Moran Redlich noted the advantage of having junior captains.

"I think that juniors sometimes relate better to the younger athletes," said Moran Redlich. "And also the freshmen, especially, will feel less intimidated speaking with a junior than a senior."

Junior Michelle Jantsch took on a captain role on the varsity volleyball team and junior Allie Fiss became dance team co-captain. Sophomore Betsy Koehne noted how Fiss encouraged and helped the team.

"She's really enthusiastic," said Koehne. "If we're all really tired, she's always the one that's encouraging us and trying to make us work harder. She'll always remind us that [dance] is our favorite thing."

As a first-year member of the dance team, Koehne said that Fiss helped her when she had questions about the team or when she needed advice. She acted as an intermediary between the coaches and the dancers, said Koehne.

"She's like a role model for me because she always gives 100 percent," said Koehne.

In addition to leadership roles in sports, juniors also helped lead their clubs. Junior Lauren Fowlkes was treasurer of SCO and junior Mary Beth Nulton was treasurer of CARE Club, while Fiss was secretary. In French Club, junior Michaela Lantz-Simmons took the role of treasurer as junior Katrina Abella was secretary. Junior Brynne Lee contributed to SADD as vice-president, and junior Coco Owens led students by starting a new club, JSA.

Abella enjoyed the satisfaction of being a leader, while noting that it was important for

Taking the Lead

college applications.

"It's really satisfying, especially when you're elected by your peers, just knowing that your classmates have faith in you and trust you enough," said Abella.

Moran Redlich, who was also the moderator of SADD, said that in some situations she felt that having a junior leader would be helpful the following year.

"It would be good for a coach or club moderator because that person could be more helpful her senior year with grooming younger or future leaders," said Moran Redlich.

As college decisions loomed in their near future, juniors took notice and initiative to be a part of their community.

"[Leadership] shows that our class is incredibly motivated," said Abella. "It's not just a select group of people who take the lead. We have a strong, independent-minded class."



STEPPING UP

Junior Allie Fiss, left, consults with senior teammate Emylie Leonard on April 19 at the dance team's tryouts for the following school year. Although she was a junior, Fiss was dance team co-captain and also held the responsibility of CARE Club secretary.

PHOTO BY MARY NULTON

Locked In: The G

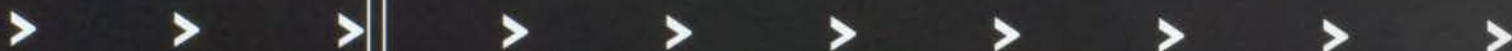
STORY BY CLARE CULLEN

As the bells rang to announce the beginning of the 13/14 classes, freshman Clare Connealy began to run even more hastily than before as she realized she was indeed late for her gym class. She picked up speed as she ran across the gym floor and saw her fellow freshman classmates already changed for class. Connealy's pace quickened so as not to let Ms. Anne Bode-Rodriguez see that she was indeed tardy. Connealy scuttled into the locker room and rounded the corner to open her locker. But all too soon her forehead met with the metal surface of a locker left open. She stepped back for a moment, but only for a moment because she heard the steps of Bode-Rodriguez striding toward the group of freshman sitting on the gym floor, who lowered their talking into a hush. Connealy scrambled to find her code for her locker and open it. While she changed into her gym uniform of a baggy shirt and shorts that hang just above the knee, Bode called her name for attendance and waited for a response as the name "Clare Connealy" echoed through the gym.

The day had come for the St. Teresa's cross country team to pick

up their running jerseys that would be with them for their running season ahead, in the shinning sun and in the rain. After checking out of advisories, a group of junior cross country runners raced toward the locker rooms that now held the jerseys, the "good ones," and the "bad ones," in pursuit of those "good ones." Junior Shannon VanBuskirk, ran with a purpose from her Wallerstedt advisory on the basement of Donnelly, she wanted a "good one" since her previous years had been seasons with the "bad ones" of odd sizes and countless numbers of old users. As VanBuskirk sprinted across the gym in her now un-tucked shirt and half-way zipped skirt, she heard a growing volume of voices from inside the locker room. She scampered through the entrance to the locker room and slipped into a line of eager cross country runners waiting for the "good ones" that VanBuskirk had hoped to grasp.

A group of freshmen sat cross-legged and chatted amongst themselves on the wooden gym floor as they waited for their fellow classmates to change into their gym uniform that adorned their names. They conversed about the upcoming St. Teresa's volleyball game



Leia Darden and Cecilia Rebek



Devin Aaron, Katie Kellerman and Libby Conwell



Katheleen Medina and Maggie Burke

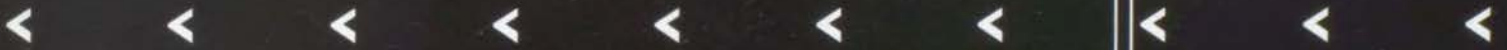
Gym Locker Rooms

against Sion with gym teacher Bode-Rodriguez. Little did they know as they waited somewhat patiently, their classmates inside the locker room had already changed into their gym uniforms. Inside the locker room, the freshman gym students were now experimenting with the cold, slick, hard floor of the locker room and the socks on their feet. As freshman Nicolette Anderson, slid across the dusty floor in her black bottom socks, she pretended she was surfing in a sunny place far-away from the dampness of the cold locker room. Anderson and her friends soon surfed their way outside of the locker room and onto the gym floor as Bode-Rodriguez yelled, "What are you girls doing in there?"

For the St. Teresa's varsity volleyball team, their butterflies left instantly upon arriving at the Goppert Center for their rivalry game against the Sion Storm. Consistent with tradition, Sister Harriet Koutsoumpas joined the St. Teresa's volleyball team in the locker room to pray. As the team gripped one another's tense, sweaty hands, Koutsoumpas began, "Hail Mary, full of Grace..." The team and Koutsoumpas ended with "Amen," while cousins, junior Michelle

Jantsch and sophomore Ellen Jantsch glanced at one another before running out into the gym full of enthusiastic fans anticipating the start of the game. As the team ran out of the locker room, they heard Koutsoumpas shout, "May God be with you and go kick some Sion butt." Surprised, the team laughed and looked at each other with awed faces. The St. Teresa's Stars defeated the Sion Storm that night, just like Koutsoumpas had earlier wished.

Years and years of students have passed through the locker room without a thought of what stories it holds in the dents and marks of the lockers and what words have been spoken and heard there that change the history of a game. The tales and language of the locker room represent how it has become part of student's everyday lives at St. Teresa's. While gym uniforms lay astray on the deserted, moist floor of the locker room and lockers remain open from those hurried individuals in a rush to get to the next class, students continue to collide in the legends and reminiscences of the Goppert gym locker room.



Mary Montechino, Meredith Snyder, Cecilia Rebek, Alice Collins and Katrina Abella



Alexandra LaPointe and Kate O'Flaherty



Mary Monachino and Caitlyn Crawford





UPPER CLASS From left, seniors Lucy Duethman, Clare Morris, Abigail Sosinski and Sarah Tampke cheer on the volleyball Stars in their most creative costumes during the Oct. 20 game against Sion. Seniors, especially, relished this event as one of their last at STA. PHOTO BY RIKI ALLEN



»seniors

remember.....

*rushing into class as
the bell rings*

falling up the stairs

*running into your best
friends in the quad*

*speeding to get a
parking spot*

sta vs. sion games

class of 2006

S

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S

CAITLIN
AARON



KAITLIN
ADAIR



"If you can't laugh at yourself life is going to seem a whole lot longer than you'd like."
—Natalie Portman

RIKI MICHELLE
ALLEN



"The future depends on what you do in the present."
—Mahatma Gandhi

COURTNEY
ANDERSON



"I'll stop procrastinating tomorrow."
—Anonymous

ROSALYN
ANDERSON



"Forget your insecurities, live for the moment, go for what you want, let no one stand in your way."
—Anonymous

ASHLEY
ARTIGAS



"Dream on. Dream until your dreams come true."
—Aerosmith

BRIDGET COLLEEN
ALYWARD



"Keep your fork, there's pie!"

LAUREN MARIE
BEFORT



"Everyone chases after happiness, not noticing that happiness is right at their heels."
—Bertolt Brecht

LIZZY
BEIER



"One thing vampire children have to be taught early on is, don't run with a wooden stick."
—Jack Handy

ELYSE MARIE
BERARDI



"She has stars in her pocket and the moon on a string."

LEAH S.
BLAKE



"Eagles may soar, but weasels don't get sucked into jet engines."

BREE
BOLTON



"Good luck exploring the infinite abyss."
—Garden State

ALEX
BOWERS



"In order to be irreplaceable, one must always be different."
—Coco Chanel

ELLIE
BOYD



"Okie Dokie Dr. Jones hold onto your potatoes."

KAYLA
BROONER



"Life itself is the most beautiful fairy tale."
—Hans Christian Anderson

BUKATY**JESSICA LAYNE**

"We must be willing to let go of the life we have planned, so as to have the life that is waiting for us."
—E.M. Forster

BURR**ALEXANDRA**

"On ne voit bien qu'avec le cœur, l'essentiel est invisible pour les yeux."
—Antoine de Saint-Exupéry

CALHOUN**KATHRYN**

"Before you judge someone, walk a mile in their shoes. Then, when you do judge them, you'll be a mile away and have their shoes."
—Jack Handy

CAMERON**MARGARET K.****CIROCCO****AMY**

"There are very few human beings who receive the truth... Most of them acquire it fragment, on a small scale, by successive developments; cellularly, like a laborious mosaic."
—Anais Nin

CLAYTON**KRISTINA****CLOSSON****JESSICA**

"Some people hear their own inner voices with great clearness and they live by what they hear. Such people become crazy, but they become legends."
—"Legends of the Fall"

COLLINS**JESSICA**

"Cheers to a new year and another chance for us to get it right."
—Oprah Winfrey

CONRADT**NICOLE**

"I should very much like to be a superhero."
—S.B.P.

COUSINS**JILLIAN**

"Life's a dance, you learn as you go, sometimes you lead, sometimes you follow."

CRUMPTON**ADRIAN****CUMMINGS****CLARE**

"I'd rather have roses on my table than diamonds on my neck."
—Emma Goldman

DAHMER**JESSICA**

"The future belongs to those who believe in the beauty of their dreams."
—Eleanor Roosevelt

DALY**CATHERINE**

"Keep it real... Keep it fun... Keep it real fun!"

DAMICO**ANDREA**

"To live deliberately...not when I came to die, discover that I had not lived."
—Henry David Thoreau

DEVINE**ASHLEY LYNN**

"Everything happens for a reason."

DOVER**CORENE**

"If you're not failing every now and again, it's a sign you're not doing anything very innovative."
-Woody Allen

DUETHMAN**LUCY KATHERINE**

"I don't believe that everything happens for a reason; however, I believe our faith and God can turn any situation into something good."
-Mimi Harman

DUNHAM**KAITLIN**

"You can have a crush on someone in a second, like someone in a minute, and love someone in an hour, but it takes a lifetime to forget someone."

EDSALL**ABBY**

"...and if I could reverse it I don't think that it'd be worth it 'cause I know in my heart I would never let you tumble to the ground."
-Tilly and the Wall

ESPOSITO**MOLLIE**

"And these memories lose their meaning when I think of love as something new."

FARKAS**ALEX**

"Complaining is good for you as long as you are not complaining to the person you are complaining about."
-Lynn Johnston

FARNET**SARAH**

"We are the music makers, we are the dreamers of dreams."
-Willy Wonka

FARRIS**CHRISTINE**

"And forget not that the earth delights to feel your bare feet and the winds long to play with your hair."
-Kahlil Gibran

FITZPATRICK**BROOKS**

"If I encounter a messenger from my native place, by this fish, I shall send a letter home."

FOLEY**CLAIRE**

"Remember no man is a failure who has friends."
- "It's a Wonderful Life"

FORD**TRENISHA****FRIEND****MOLLY**

"Yard by yard, life is hard. Inch by inch, life's a cinch."

FROE-SIMS**JAZMYN RAQUEL**

"Success is the sum of small efforts, repeated day in and day out."
-Robert Collier

GANON**NAOMI**

"All of life's journeys come with meetings, partings, and reunions."
-Meryl Strife

WHITNEY
GRAY



JORDAN
GRIBBLE



"I've got some friends, some that I hardly know, but we've had some times I wouldn't trade for the world."
—Rise Against, "Swing Life Away"

MARINA
GUERRA



KATE
HARBIN



"The world is my country, and to do good is my religion."
—Thomas Paine

KATHLEEN MARIE
HEERMANN



"I'm gonna be happy with the way that I am. I'm gonna be happy with all that I stand for."
—Jason Mraz

MARY ANNA
HENGgeler



"The challenge is not to manage time, but to manage ourselves."
—Steven Covey

RACHEL
HOLLADAY



"A dream is a wish your heart makes."
—Cinderella

ALEXANDRA
HORTON



"When you come to a fork in the road, take it!"
—Yogi Berra

ERICA
HOUGLAND



"It's a dangerous business going out your front door."
—J.R.R. Tolkien

MOLLY
HUBER



"Mortality is our chance and inspiration to do great things."
—Molly Huber

ANNA
JOHNSON



"I thought of that while riding my bike."
—Albert Einstein

TANIth
KARTMAN



"I live and wander with a group of weirdos."
—Jet Black

LAURA
KEARNS



"But now I know that our world is no more permanent than a wave rising on the ocean."
—"Memoirs of a Geisha"

BRIDGET
KELLY



"To give anything less than your best is to sacrifice the gift."
—Skip Kenry

KATIE
KENNALEY



"The greatest thing you'll ever learn is to love and be loved in return."
—Eden Ahbez

MELINDA
KRUM



"Let the stories be told, let the photos be bold, let the good times roll."
—The Cars

JULIAN RHYS
LANGENKAMP



"How many cares one loses when one decides not to be something, but to be someone."
—Gabrielle "Coco" Chanel

EMYLIE ANNE
LEONARD



"I've never been one to worry about much, I just wanna laugh and love, I just wanna live it up."
—Big and Rich

MEGHAN
LOOSEN



"Don't cry, don't brace your eyes, it's only a teenage wasteland."
—The Who

MEREDITH
LYNCH



"I am one and I am only one, but I will not let the fact that I am just one keep me from doing what anyone can do."

CAITLIN MARIE
MADDEN



"Every new beginning comes from some other beginning's end."

MICHAELA
MARAK



"Sometimes you've got to specifically go out of your way to get into trouble. It's called fun."
—Robin Williams

CAITLYN
McFARLAND



"...It would be a lot cooler if you did."
—"Dazed and Confused"

AMANDA
McKEE



"Be glad of life, because it gives you the chance to love, to work, to play, and to look up at the stars."
—Henry Van Dyke

JULIA
McQUEENY-THORPE



"Hate it or love it, the underdog's on top, and I ain't goin' nowhere so you can get to know me"
—The Game

FRANNY
McSHANE



"If you're not living life on the edge, then your taking up too much space."
—Anonymous

MOLLY
McSORLEY



"What I have shown you is reality. What you remember is the illusion I was frozen in time, but my time is just beginning."

LEXIE
MEDELLIN



HANNAH
MOORE



"Livin' might mean takin' chances but they're worth takin',...And when you get the choice to sit it out or dance I hope you dance."
—LeAnna Womack

SUZIE
MORADO



"It's OK! I'm a limo driver."
—Lloyd Christmas, "Dumb and Dumber"

CLARE MORRIS



"In this life, you don't have to prove nothin' to nobody but yourself."
—Rudy

SARAH MURPHY



"I see you fretting over there. Be brave."
—Theresa Wallerstedt

OLIVIA NAST



"I find the harder I work, the more luck I seem to have."

JACQUYLN NAVARRE



"Reviewing notes regularly will help on tests."
—STA planner

ASHLEY NOONAN



"Life isn't measured by how many breaths we take, but how many times our breath is taken away."

ANNA OLSON



"I'm already over it."

JILLIAN PATERINI



"You get what you put in and everyone gets what they deserve."

KATHERINE PATKE



"The future belongs to those who believe in the beauty of their dreams."
—Eleanor Roosevelt

WHITNEY PERKINS



"The juice is worth the squeeze."

JENNA ELAINE PERRY



"This is your life... are you who you want to be?"
—Switchfoot

LISA PETERSON



"The Possible's slow fuse is lit by the imagination."
—Emily Dickenson

CHRISTIAN PIPPENS



"They say beauty's only skin deep but if I can't flip you inside out, then you better be fly on the outside!"
—Julez Santana

ERRIN PRICE



"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."
—Dr. Seuss

LAURA QUIASON



"They love to tell you stay inside the lines, but something's better on the other side."
—John Mayer

CLAIRE RACHEL



"I'm gonna punch you in the face!"
—Courtney Anderson

JESSICA
REID



"To know even one life has breathed easier because you lived. This is to have succeeded."
—Ralph Waldo Emerson

PATRICIA
ROGERS



"Life is like a dance, sometimes you lead, sometimes you follow."

CAITLIN
ROWLAND



MARY ADELL
RUCKER



"We were brave, we were crazy, we were mostly young."
—Kenny Chesney

KATHERINE
SCHILLING



"Those who bring sunshine and happiness to the lives of others cannot keep it from themselves."
—James Barrie

EMILY
SCHMELTZ



"Work hard, party harder."

SAMANTHA
SCHMERGE



"There are only two mistakes one can make along the road to truth; not going all the way, and not starting."
—Buddha

MARY JEAN
SCHRADER



"Truly great friends are hard to find, difficult to leave, and impossible to forget."
—G. Randolph

JENNIFER
SCHULER



"Life is like a box of chocolates. You never know what you're gonna get."
—Forrest Gump

LAUREN
SCIARA



"I do not regret the things I have done, only those that I did not do."
—Lucas

KELLEY
SEITTER



"Depression is living in the past, anxiety is living in the future. Just BE HERE, in the moment."
—Keith Urban

MEGAN
SHELBY



"Turns out not where but who you're with that really matters."
—DMB

JULIE
SHUSS



"If life doesn't offer a game worth playing, then invent a new one."
—Anthony J. D'Angelo

STEPHANIE
SMITH



"Every new beginning comes from some other beginning's end."

RACHEL
SOMODI



"I awoke this morning with devout thanksgiving for my friends, the old and the new."
—Ralph Waldo Emerson

SOSINSKI**ABIGAIL LYNN**

"Promise me you'll always remember: You're braver than you believe, and stronger than you seem, and smarter than you think."
—Christopher Robin

SPEARS**DANIELLE**

"Today is where your book begins. The rest is still unwritten."
—Natasha Beddingfield

STRICKAND**LAURA CARROLL**

"You miss 100 percent of the shots you never take."
—Wayne Gretzky

STROTHER**SHE' A RAE SHERESE**

"Don't hate me, love me!"

SUMMERS**JUANA MARIA**

"She smashed the rearview mirror with her fist, because starting today, she's never looking back."

TACHAWATCHARAPUNYA**BEBE**

"The world is the place to live on by your feet, not holding it over your shoulder."

TAMPKE**SARAH MARIE**

"Our greatest glory is not in never failing, but in rising up every time we fail."
—Ralph Waldo Emerson

TARR**TRICIA**

"It's the friends you can call at 4 a.m. that matter."
—Marlene Dietrich

TEXTOR**AMANDA JEAN**

"Take it one day at a time, study hard, have fun, and never let your relationship with your parents wane; they are your best asset for advice."

THOMA-PERRY**CARLY**

"...To be great is to be misunderstood."
—Ralph Waldo Emerson

TROUBA**AMANDA MARIE**

"You will find as you look back upon your life that the moments when you have truly lived are the moments when you have done things in the spirit of love."
—Henry Drummond

VICK**MAGDALENE**

"Whatever happens, happens for a reason."

WAECHTER**ALEXANDRA**

"You boys like Mexico?!"
—"Super Troopers"

WILEY**MORGAN RAE**

"For one white singing hour of peace, count many a year of strife well lost and for a breath of ecstasy give all you have been or could be."
—"Barter"

WILKERSON**MOLLY VIRGINIA**

"Some day, I hope you get a chance to live like you were dying."
—Tim McGraw



"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."
 —Dr. Seuss



"We are the music makers and we are the dreamers of dreams."
 —Roald Dahl

NOT PICTURED:
 Colleen Slentz
 Danielle Yeager

Class of '09

"Katie Metzger asked Ms. Hoecker if we could have blue hair!"
 >>Amanda Trouba

freshman orientation '02

"I had been waiting to beat Sion for FOREVER!"
 >>Bridget Aylward

sion vs. sta basketball game '03

"It allowed me to step outside my comfort level and see both sides of the agency: administration and new programs merging together."
 >>Juana Summers

service projects '05

"At dinner at Chili's the waiter asked who is with who, and when she approached me I replied with, 'I'm single.' The waiter gave me a weird look."
 >>Tricia Rogers

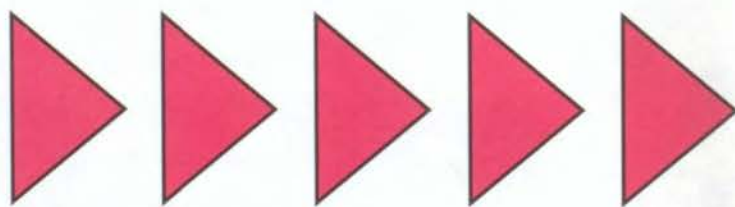
teresian dance '05



CHOOSING A FUTURE Senior Anna Johnson works on a college application in the College Resource Center. Seniors found applications and information about prospective colleges in the numerous bins that covered the shelves of the room. **PHOTO BY CLAIRE CULLEN**



COLLEGE BOUND Senior Laura Quiason works and studies in the College Resource Center. Seniors used the room as a quiet place to work on applications. **PHOTO BY CLAIRE CULLEN**



College

STORY BY BAILEY LYNCH

For most students, senior year was defined as the year with dress-down Fridays, Kairos and no accountabilities. Although senior privileges were important, senior year was dominated with a heavy sense that college was rapidly approaching. Senior Katherine Schilling commented on managing the stress of applying to colleges.

"I just took it one thing at a time," said Schilling. "I just said 'I'll get past this deadline and do the best I can.'"

College counselor Stephanie Hart helped students as juniors by having class meetings, sending newsletters and providing web-based Naviance, a college search engine. By senior year, she had an active role in search for the perfect college.

... the Places We'll Go

STORY BY RIKI ALLEN
DESIGN BY LAUREN BEFORT

Senior Kathryn Calhoun walked into the small room. College counselor Ms. Stephanie Hart was rifling through papers, but spun around in her chair when she heard footsteps near her office door.

"Hi Katie," she said. "Why don't you take a seat."

Calhoun sat down in the chair in the corner, dropping her heavy backpack down beside her. Her stomach was a knot of excitement and anxiety - this was about the rest of her life.

"Well then let's get started..." Hart said.

From then on, Hart talked. She filled Calhoun's head with dates, information on college applications, teacher recommendations and SAT scores. She handed Calhoun a packet of papers and a small "how to" guide on getting into college. As Calhoun left the office with a hundred more dates added to her planner, she couldn't help but realize that college was here.

In September, seniors looked at colleges in Missouri, California and New York, but senior Kate Harbin fixed her eyes on Montreal, Canada. Harbin applied to McGill University, an English language college in Montreal. Harbin found out about McGill through her dad's co-worker who was an alumnus.

Harbin loved the beauty of Montreal's location on the St. Lawrence River, and most of all, its bilingual culture. But McGill did have its drawbacks for Harbin.

"I am nervous about going to a different country; it's so far away," said Harbin.

Harbin had to ask Hart specific questions about her McGill application because of its differences.

"She was really helpful," said Harbin about Hart's assistance.

"She answered my questions and did more research for me; it was really great."

When senior Clare Morris walked into Hart's office for her required college meeting, she was on a mission. Hart went through her same list of dates, but Morris needed specific information. She wanted to apply directly into physical therapy programs. More work was required in the application process. She was expected to shadow a physical therapist and include extra letters of recommendations, as well as additional essays. More importantly, she had to be confident with her career goals.

"I love sports and I love science, so I figure I've got to be headed in the right direction," Morris said. Hart helped Morris with getting organized.

"I've dreamed about becoming a physical therapist and now it is possible, with a little help of course," said Morris.

It seemed that everything was coming together. Over four years, seniors worked hard in classes and extra curricular activities. They took thousands of tests, wrote hundreds of papers, spent over 600 days at STA in class, all with one goal in mind; a white gown, a diploma and college awaiting. Yet it always seemed like the distant future until one day when the alarm went off and it was senior year. All of a sudden college was within reach.

Seniors dreamed about the future. They imagined themselves as doctors, teachers, engineers, writers and actors and it all began in Hart's office. A hundred girls walked in and out, all with different lists, different goals and different paths. Hart was ready. Her office was a place where dreams became reality.



Search Nearing End

"The first day of school I start meetings and continue to send emails," said Hart. "[The girls] start turning in applications, narrowing lists and finishing resumés."

For Schilling, her preparations for college began early in her freshman year by investigating colleges and attending summer programs. According to her mother, Ms. Susan Schilling, Katherine was a self-starter, direct and efficient with researching, applying and meeting deadlines.

"We were just cheerleaders," said Ms. Schilling. "For us it was an easy process, we supported her and prayed, but she did it all."

Katherine and Hart met to decide on plans for narrowing college choices, applications and scholarships. Through detailed research, Katherine had specific goals in mind for college and was prepared to

make tough decisions.

"I applied to Notre Dame, Boston College, Creighton and St. Louis University," said Katherine. "When I was looking at colleges, I knew I wanted to go to a Catholic college to grow in my faith. I looked at the types of programs that were offered."

Ms. Schilling believed that Katherine needed to make the decision on which college was best for her. Ms. Schilling felt that it was the parents' responsibility to help the student dream all through high school to find their strengths.

"She will be happy at any [school]," said Ms. Schilling. "She needs to make the final decision; it is her life. We feel it's the right time [for her] to have independence and embark on a new adventure. All the world is open to STA grads who want to make something happen."

simply...the **B**

STORY BY LAUREN BEFORT

PHOTOS BY KIKI ALLEN



Singer
Hannah Moore



Athlete
Ashley Devine



Complexion
Jessica Dahmer



Eyes
Julian Langenkamp

Advice
Tricia Rogers



Slacker
Mary Rucker



Listener
Naomi Ganon

The Rest of the Best...

Lunches: Ellie Boyd, **Senior Power Trip:** Andrea Damico, **Moocher:** Cori Dover, **Personality:** Lucy Duethman, **Dancer:** Abby Edsall, **Artist:** Molly Friend, **Loudspeaker:** Jazmyn Froe-Sims, **Car:** Anna Johnson, **Dimples:** Katie Kennaley, **Smile:** Michaela Marak

EST

Spaz
Jill Cousins



Friends
Riki Allen & Jessica Reid



Wardrobe
Claire Foley



Hair
Danielle Spears



Mother
Jessica Collins



Vocabulary
Sarah Murphy



Person to have on your side in a fight: Julia McQueeney-Thorpe, Whiner: Olivia Nast, Liar: Jenna Perry, Nickname: Caitlin "Vern" Rowland, Voice: Sam Schmerge, Hiccups: Lauren Sciara, Giggle: Megan Shelby, Nails: She'aRae Strother

Sense of Humor
Leah Blake

The Most Likely to...

DESIGN BY LISA PETERSON

The Most...

Excited about snow:

Bebe Tachawatcharapunya

• Cute: **Laura Quiason** • Sweet:

Kathleen Heermann • Willing to help:

Alexandria Medellin • Talkative: **Whitney**

Perkins • Sarcastic: **Jacquelyn Navarre** • All-

American girl: **Katie Adair** • Blunt: **Marina**

Guerra • Original: **Danielle Yeager** • Hon-

est: **Tanith Kartman** • Boy Crazy: **Caitlin**

Madden • Conscientious: **Katie Calhoun**

• Sassy: **Stephanie Smith** • Intimidat-

ing: **Christian Pippens** • Quiet: **Elyse**

Berardi • Competitive: **Lauren Be-**

fort • School spirited: **Amanda Trou-**

ba • Changed since freshman year: **Alex**

Bowers • Friendly: **Rosalyn Anderson**

• Trendy: **Jessica Closson** • Outgo-

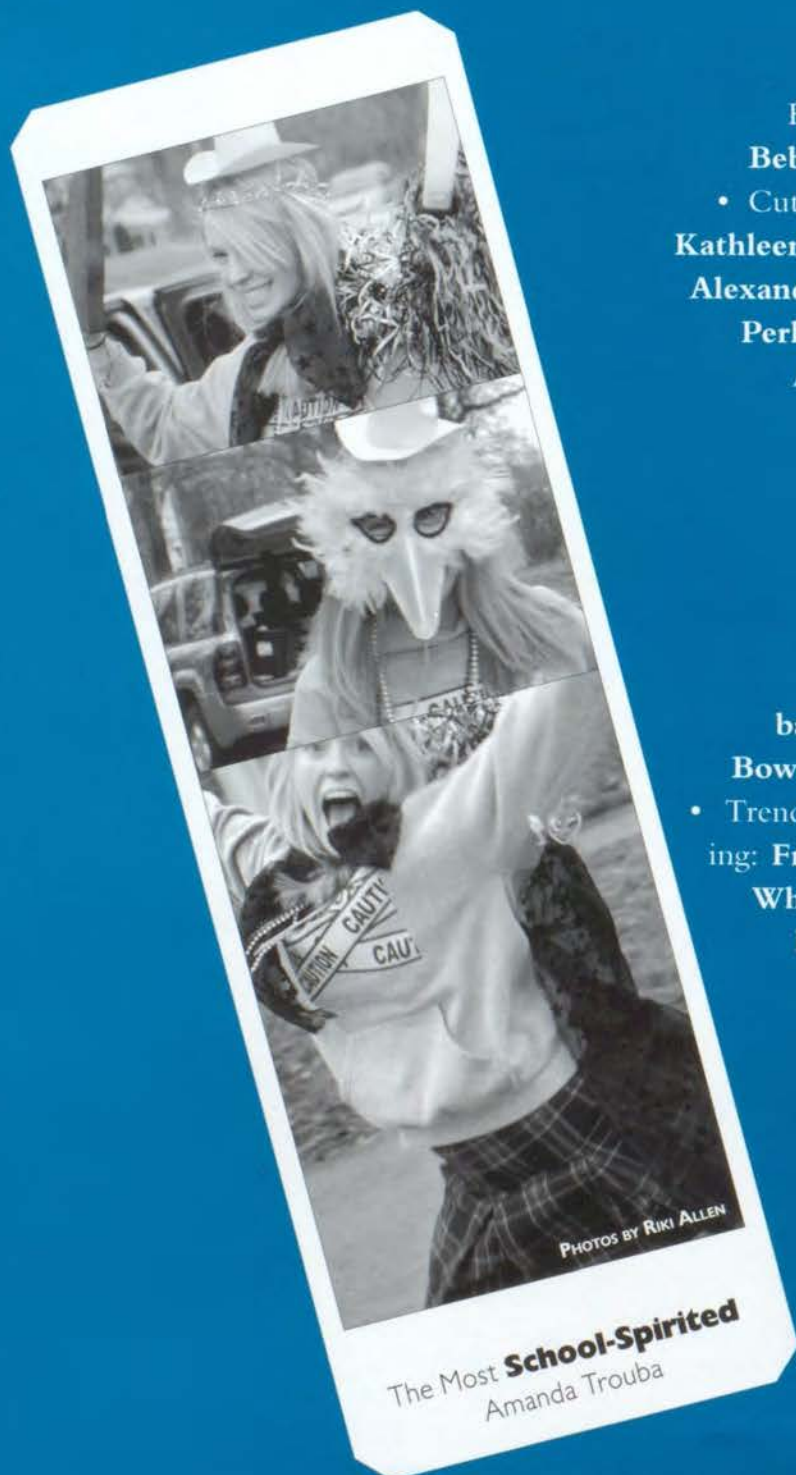
ing: **Franny McShane** • Cheerful:

Whitney Gray • Loyal: **Kel-**

ley Seitter • Dramatic:

Lyndsey

Zapien



Bake
for a
school project:

Kayla Brooner •

Be on SNL: **Clare Morris** •

Go to the moon: **Laura**

Kearns • Be on "Survivor": **Lisa Pe-**

terson • Win the Nobel Prize: **Alexandra**

Horton • Be the next "Clueless": **Molly Wilker-**

son • Never pay for a clean car: **Nicole Tarr** • Still be

serving detentions: **Trenisha Ford** • Marry a cowboy: **Abi-**

gail Sosinski • Open her own boutique: **Carly Thoma-Perry** •

Become a photojournalist: **Juana Summers** • Become a missionary: **Sarah**

Farnet • Die of school stress: **Laura Strickland** • Compete in the Olympics:

Katherine Patke • Be on Sesame Street: **Ashley Artigas** • Become a profes-

sional organizer: **Meredith Lynch** • Join a band: **Suzie Morado** • Become a

fashion designer: **Bree Bolton** • Own a ranch: **Meghan Loosen** • Come back

to STA and teach: **Emylie Leonard** • Be late for graduation: **Rachel Somodi**

• Have 12 kids: **Mary Jean Schrader** • Climb Mt. Everest: **Errin Price** •

Become the next "American Idol": **Julie Shuss** • Stalk Johnny Depp: **Jordan**

Gribble • Join the Army: **Caitlyn McFarland** • Become a rock star: **Emily**

Schmeltz • Be the next "Bachelorette": **Alexandra Burr** • Never have a job:

Adrian Crumpton • Travel around the world: **Alex Farkas** • Get arrested

for stealing Diet Coke: **Kaitlin Dunham** • Run a marathon: **Amy Cirocco**

• Marry money: **Morgan Wiley** • Follow her own path: **Mollie Esposito** •

Write a bestseller: **Molly Huber** • Get lost in her own neighborhood: **Jillian**

Paterini • Own a vintage store: **Brooks Fitzpatrick** • Marry her high

school sweetheart: **Sarah Tampke** • Retire from her current job: **Bridget**

Aylward • Own a tanning salon: **Jennifer Schuler** • Never cut her hair:

Christine Farris • Be on Road Rules: **Jessica Bukaty** • Wear GAP Kids

forever: **Amanda McKee** • Become President: **Katherine Schilling** •

Join the Peace Corps: **Kate Harbin** • Save the world: **Courtney Ander-**

son • Play for the WNBA: **Caitlin Aaron** • Become an NFL cheerleader:

Ashley Noonan • Have her own talk show: **Melinda Krum** • Estab-

lish her own regime: **Lizzy Beier** • Swim the English Channel: **Bridget**

Kelly • Become the next Dr. Wilson: **Amanda Textor** • Start her own

religion: **Erica Hougland** • Forget her name: **Molly McSorley** • Party

with their kids: **Alexandra Waechter** • Never edit another yearbook:

Mary Anna Henggeler • Die of a paper cut: **Claire Rachel** • Move

out of the country: **Rachel Holladay** • Become a mad scientist: **Colleen**

Slentz • Live the life of a roadie: **Margaret Cameron** • Become a

supermodel: **Catherine Daly** • Never return to her natural

hair color: **Clare Cummings** • Perform on Broad-

way: **Magdalene Vick** • Be an MTV VJ: **Mei-**

gan Yarbrough • Never age: **Nicole**

Conradt • Own a bar: **Anna**

Olson

INSIDE THE CLASS OF 2006

DESIGN BY LAURA STRICKLAND

Hello, my name is...	Also known as...	I groove to...	Ten years from now...
Katie Adair	Kats, Kate, KT, Cho	Ben Folds, Coldplay, Keith Urban, Kenny Chesney	I'll be finished with my college applications.
Riki Allen	Riki, Rikster, Ron, Richard Michael	anything, Jesse, Dashboard Confessional, Hot Hot Heat	I'll be successful, still amazing, traveling the world, HAPPY
Courtney Anderson	CUnit, Court-dawg, CNote, Face Puncher	everything!	I don't know. Let's just wait and see.
Rosalyn Anderson	Roz, Razo	almost anything	I will have graduated from college, have a career and be married.
Ashley Artigas	Ash, Artigas, Ariel, Pookie	Ben Folds, Chili Peppers, Gorillaz, Oldies!	I'll be swimming with dolphins!
Bridget Aylward	B, Bridge, Bridgey-laoley, Aylsie	311, Guster, Something Corporate, Weezer, Beatles	I'll be replacing the guy in front of the Plaza McDonald's, begging.
Lauren Befort	Lorena, Bef, LB, B	Keith Urban, Jet, Gwen Stefani, country	I'll be who knows where, doing who knows what!
Lizzy Beier	Gillian	Scandinavian Folk	I'll still be the creepy person standing behind you.
Elyse Berardi	Leese	everything...no rap, no hip-hop	I don't know, I don't have a calendar in front of me
Leah Blake	Blakers, Tubby, Blaky	salsa music	I will be rich and famous...living the high life.
Bree Bolton	Breezy, Brittany, Re-bay, BB	Queen, Erya, Ben Folds, Kanye West, Journey	I'll be in the fashion industry as a designer, editor, buyer
Alex Bowers	Bowers, Beeb, Bow, Al, B, OCD	Jack Johnson, Guster, Yellowcard, Remy Zero	I'll be a successful designer in Scottsdale.
Ellie Boyd		country	I will be single and loving it.
Kayla Brouner		alternative music	I'll be living in a huge house in L.A. directing movies, starting a family
Jessica Bukaty	Jessie, Jess, J Boo, Pinky or Brain, Mary Jane	country, rock, rap, R & B, Disney, basically anything	I will be out of college, traveling
Ali Burr	Blonde	everything	I don't know, I can't read the future. Can you?
Katie Calhoun	Katie	The Strokes, Franz Ferdinand, Coldplay	I'll be writing scripts for Kayla's movies
Margaret Cameron	Marge, Marge	Modest Mouse, Postal Service, Sublime, almost everything	I will be way too old.
Amy Cirocco	Bunny	RAP	I'll be flying in Europe and driving a sweet car
Jessica Closson	Jess, Je, Essie	Ben Folds, Weezer, Rufus Wainwright, Ryan Adams	I will be studying the criminal mind.
Jessica Collins	Jess, J to the S, Princess Sch-holla-ship	alternative, Christian, dance, country, Christmas music	I'll have a job, husband, kids, starting my own business
Jill Cousins	JCuz, Jilten, Jilly	music makes me lose control	I'll be married with children
Clare Cummings	A Clare, Clo No, Clurr, Clurrish, Clare Bear	Elliot Smith, Interpol, The Beatles, Hot Hot Heat, Skins	I'll run an underground movement to free elves from the North Pole
Jessica Dahmer	J.D., Jess, J-Dah, Dahmer	anything you want to dance to!	I'll be settling down on the East Coast with my Westie Terrier.
Catherine Daly	Cath, Cathy, Coot, Coothrin, Daly Show, Gesle, Catrina	Celine Dion!	I'll be on the trolley in San Francisco
Andrea Damico	Drea, Dreea, Big A, Sugar Booger, Dre, Sis, Andi, Big D	anything but opera	I'll be laying on a beach soaking up rays in California
Ashley Devine	Ash Bash, Ash-a-lee, Deceevine, D, Ash	anything	I hope to be married, maybe have a few kids, be a nurse or doctor



SOPHOMORE YEAR

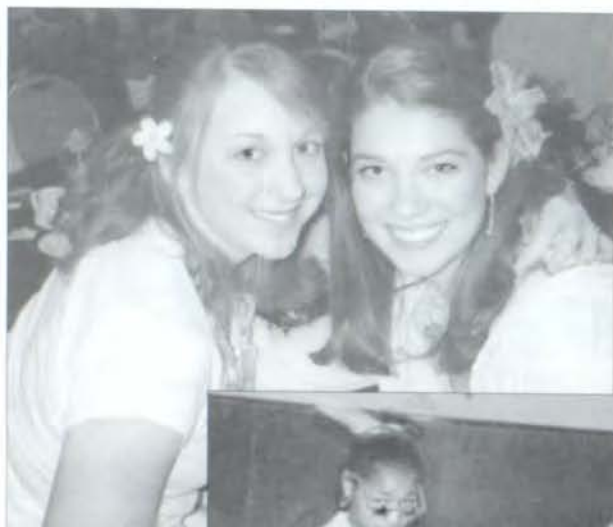
Laura Quaison, from left, Stephanie Smith, and Jessica Dahmer finish eating after Quaison's 16th birthday party during sophomore year. PHOTO SUBMITTED

I like...	Pet Peeves...	Best Chuckle...	I wish I could forget...	Quote me...
yellow starbursts, chocolate, chip pancakes, QT, snow		FEK, street jigs, camera phone pictures, AP History, rat boy	Julie's basement	"Chys..." "I do what I want!" "He pulled out a dictionary"
Jesse, Lost, HP, dancing, movie nights, Gary, spontaneity	chomping, whining, losing, arrogance, Physics	Kate flying across the room, corn is my life, the wolf	nothing	"Daddadddd" "Man" "My friend, Jessica Reid"
awesome	popped collars, purposely misspelled words	the gourd, finding Emylee's hairbow in my bed	I don't want to forget anything.	"I'm going to punch you in the face" "All for manipulation"
hanging out with friends, chocolate, volleyball, QT	people chewing with their mouths open	Belton, waiting at the Tivol, junior year finals week	junior year Teresian	"Cool Beans" "Gracias"
my cat, the pool, summer, John Stamos, Doug Fulny	when people don't break for animals!	Miami, "Are they semi-sweet or milk?"	Spanish and math, crying at Noonan's house	"Booop" "Tell me about your day"
stupid jokes, ath, roller disco, Arthur (the cartoon)	loud and obnoxious screaming, things out of place	banana hunting, hick fireworks show at the Ozarks	second semester junior year	"Do as I say, not as I do"
Keith Urban, spinach & artichoke dip, shoes, Rolos	mispronunciation, when people don't say "excuse me"	Spain, K-15, post homecoming senior year, yearbook	Teresian after party junior year	"Not gonna lie" "I'm fine" "Idiot!"
your face	people who don't understand two-way stops	everyday	Don't worry, I already have.	"Stalk" "Hey guys, could you..."
hmm what do I like?	people playing with gum	when Meghan almost peed her pants	freshman year	"Oh boy! That's fancy"
tank tops with dragons, airbrushed in rainbow colors	emo	Physics class, Laura Q's impression of Chinese	Old Testament class	"Listen!" "It happens to the best of us" "Okaaay" "Panino"
aviators, individuals, boho fashion, coffee shops	perfection, chatrooms, evil glares	"The Axe Effect", frees with Rez, "The Eye Guy"	freshman year with my Rascal scooter	"It's a number's game" "Shhh" "Let it happen"
coffee shops, chai, the Plaza, good music, Arizona, vogue	liars, disorganization, walking on the wrong side of the stairs	Westport documentary, "pooop", Lawrence, "p" factor	sophomore Teresian, Town Center, Denny's, my mohawk	"You're sexy" "Pshh" "I got it on sale" "You know"
orange soda	leaving the bathroom door open	My Little Pony and my first sour Lemonhead	the night after the Northwest game	"I don't"
Italy, chocolate, my friends, making movies, Harry Potter	talking with food in your mouth, popping knuckles	"Mists of Avalon" movie, Herbert, sophomore year	junior year, falling down the stairs twice in one day	"I can't talk"
gum, coffee, snow days, "My top four priorities"	slow drivers, people who talk about themselves too much	Halloween, senior year, Homecoming, Poker Night	second semester junior year, finals	
Tout les chose Francais	people who stop on the stairs and people who drive slow	AVOMO Cast Party	the day in the park	
movies, music, Starbuck's coffee	people who chew their gum loudly	"Take a man of that picture," Mists of Avalon movie	filming our movie in 10-degree weather while in snow	"Have you ever seen the movie...?"
you	people on power trips!	anytime I am with my friends	camping!	"I know"
snoothies, tofu, Sam's man-pants	whiners		sophomore year	"You don't even know what's going on in the world" -Dunlay
music and the beach	bad drivers, people ignoring me, loud people	the Eye Guy, the Axe affect	Kelly Clarkson's songs	"Shut your face!" "Jerkface!"
God, friends, family, life, learning, being myself	bad jokes, rude and mean people	my luck	freshman year	"Umminn..."
chips and salsa, shopping, shoes, the girls	backwash, hanging up on people	"All the sudden..." Mj falling backwards in a chair	the Moore's house	"Hasay!"
laughing, my friends, baclava, big sunglasses, you	tail gaters, the word "fresh", white walls	anything that comes out of Amy's mouth	sophomore year, Kenny	"What the crap!" "Crap and a half" "Yeah, no"
dancing, QT, Cold Stone, Harry Potter	traffic	Marching 101 with Butch, drill downs, Dance Camp	the infamous Brookside flood of 2004	"...5...6...7...Bill!"
gettin' caught in the rain	drama and liars	carpool, Lyndsey Zapier, country night, Blessen's room	Homecoming sophomore year, Christmas Dance	"Comol!" "Really!" "Shake it fast... watch yourself"
monster energy drinks, friends, sunshine, tanning	fidgeters, fake people, slow drivers, unnecessary loudness	anytime with Melinda or Caitlyn, lunches	sophomore year, cough pills, November '05, bad friends	"You're kidding me" "Aww!" "You know what I mean!"
Jessie McCartney, O.C., Laguna Beach, boys, summer	grinding teeth, loud breathing	backseat car rides, Soccer State 2005, size F bra, KASH	nothing	"I'm hungry" "Are you serious?" "Oh my gosh!"



JUNIOR YEAR Christian Pippins, third row left, Emily Schmelz, She'a Rae Strother, second row left, Lucy Duethman, Morgan Wiley (first row left) and Bridget Aylward hang out during a free. **PHOTO SUBMITTED**

SOPHOMORE YEAR Seniors Katie Adair, left, and Katherine Schilling are all smiles at the sophomore Father Daughter dance. **PHOTO SUBMITTED**



FRESHMAN YEAR

Meigan Yarbrough, left, stands in her Frosh Fest costume while Caitlin Rowland stands near.

PHOTO SUBMITTED



SOPHOMORE YEAR Mary Rucker, left, and Jessica Closson pose for a photo at the Teresian dance during sophomore year. **PHOTO SUBMITTED**

Hello, my name is...	Also known as...	I groove to...
Cori Dover	Mono Mouse, Codo	Miracle Jackson and Suzie Morado
Lucy Duethman	Lu, Louie, LuLu, Lucille, Lucifer, Goose	96.5 the Buzz, ACDC, Prince, Led Zeppelin, The Beatles
Kaitlin Dunham	Dunham	Breaking Benjamin, Fall Out Boy, Keith Urban, anything
Abby Edsall	Edsalty, Abbalicious, Abba, Abbadabbatortle-top	Indie, rock, punk, SRA, Reggaeton, not country
Mollie Esposito	Moltz, Rose, Mall	Gorillaz, The National American University Jingle
Alex Farkas	Farkas, Alex Farkas	Tom Petty, Billy Joel, Smashmouth, The Wonders
Christine Farris	The resident Anglophile	anything creative and unique
Brooks Fitzpatrick	Bro Fro	my own beat
Claire Foley	C.FO, Claire Bear, C Fughy	anything and everything especially M.J. opera
Molly Friend	Molly Unfriend	Reggaeton, Y mas
Jazmyn Froe	J, Ji, Jaz, J.Froe, Marna, Venus, Jazzy Frizzle, J. Bird	Juanes, R&B, Keith Urban, some pop, rap, oldies
Naomi Ganon	Asian, Naomers, Precious, Presh, Naomi-Chan	Japanese music, techno, 96.5 the Buzz
Jordan Gribble	J.G., Jordi, Gribb-dogg, Abby	TBS, H.H., Stairfry Line, Papa Roach, Janice Joplin
Marina Guerra	Moe, Annoli, Pan Fried, Mozzarella, Lil' Mark	anything but country
Kate Harbin	Harbin, Kate H., Kataroo	Jimmy Eat World, Reggaeton, Yo Yo Ma
Kathleen Heermann	Kaki, L.Q. Leery, Kat	anything and everything...as long as the windows are down
Mary Anna Henggeler	Mary, Jessie, Marina, MA, #4	80's music, country, oldies, "Now and Then" soundtrack
Rachel Holladay	Rach	Coldplay, Sublime, 311, Joss Stone, Lindsay Lohan
Alexandra Horton	Alex, Horton, Horton Hears a Who (thanks Mr. Whitney)	Maroon 5, PCD, Gwen Stefani, 105.1, QAR
Erica Houglund	Hobbit, Ruca	Ani DiFranco, Belle Sebastian, Bright Eyes, Brand New
Molly Huber		"Thriller" in dance class, Jack's Mannequin in the car
Tanith Kartman	The Tanith, Tan-Chan, Momo-Chan, Tilgarath, Kartman	New Age, techno/trance, J-pop
Laura Kearns	Lala	Cori's dance parties
Bridget Kelly	BK, Kelly, Bridge	anything and everything but country
Katie Kennaley	Lois, Lolo, K2, KTK, KK, KDawg	anything
Melinda Krum	Melinder, Mel, Der, D-bag	Pixies, Kings of Leon, Derendra Banhart, Ben Folds
Julian Langenkamp	Jules, Ju Ju, Ju Ju Bear, Ju	everything

Ten years from now...	I like...	Pet Peeves...	Best Chuckle...	I wish I could forget...	Quote me...
I'll be making Fat Benjamins with a sexy-husband	Carly's bagels, dance parties	loud breathers, oversharing	my little pony and oops my water bottle fell	freshman Spring Break, the bridge	"I just died in your arms tonight"
I will hopefully have an idea of what I want to do with my life	My friends, Algebra, car rides, Jon, Gatorade, food, snow	When people don't use their blinkers, noisy chewing	watching Schmeitz slip on ice racing for shot gun, paninis	everything that caused me to be grounded, New Year's 2004	"Aww...damnit" "That's cute" "I'm just resting my eyes"
I will have a career, be married, and starting a family	Diet Coke, chocolate, shopping, purses, shoes, my boyfriend	bad manners	"You can't get mad cow from bacon"- Rachel, Katie	college deadlines	"I'm not gonna lie..."
I'll be living in Chicago, running a fish business	going out for breakfast, cleaning my room, bowling	instant messenger, Facebook, skinny dogs, twizzlers	techno music at Melinda's house (bidboubidbou)	you	"You know, Rob Thomas made a comeback this year."
I will have started my own country in the Pacific	monkeys, burritos, chocolate fountains, St. Pam Church	people who think they are "cool" but really aren't	Scaring those people in Iowa out of the hot tub	Jordan Gribble's Starbuck's, Vin Diesel dream	"Hey, guess what!"
I'll be alive (I hope)	baseball, superheros, my music, Kelley Seitter	people walking on the wrong side of the hallway	Jameson 11/12 free, Spanish II with Trenisha, Current Events	The Cheese Cake Factory, 60's project	"You're such a bufanda" "I don't know" "Loser"
I'll be a nurse in St. Louis, still battling US-UK immigration	flamenco, traveling, world cultures, tea, animals, sushi	coming up with something good an hour later	Mr. Whitney's "special sauce" and disco dance parties	I don't want to forget anything, learn from the past	"Can I get a ride home?"
I'll be a fortune teller in Japan	your face	"Sup!"	chucking at you	definitely not you	"Yeah buddy!"
	dancing, Oprah, O.C., my friends, coffee, singing	people sniffing, wrinkly clothes, tags on shoes	Olivia's falls, Max's house, Shanikwa, one lake	Friday night massacre, the hot tub night	"I have to pee"
I'll still be in school	naigeni filled with ice and Cafe Rumi	homework	MELINDA	ever being at St. Teresa's!	"I don't have time for this!"
I'll be in second year of residency after med school	music, dance, basketball, volleyball, friends, good times	when people chew gum and food with their mouth open	when Caitlin McFarland fell up the stairs three times in one day	sophomore year Teresian	"Hey kid" "What's up?", "Awesome" "Muy bueno"
I'll be 28 years old	anime, manga, poker, sleeping, cosplay, fanfiction	people who don't use their signals, and who stop on stairs	"Why is everybody so uncomfortable around me?"	the end of junior year, CCC	"One more time!" "Mew" "You dork"
I'll be in NYC on Broadway or teaching as a special ed	getting caught in the rain, "RENT", fall leaves, snow days	bad drivers, underclassman who block the hallway	Hannah spitting out coffee on the Plaza, Ali's New Year's	KByh and Her Biscuit, cockney accents with Juana, 11/12 free	"That's it, my life is over..." "That's hott!"
I won't be here thankfully	SHOES, Charlie, Uggs, boxing, lip gloss, shopping	people who don't/can't control their children in restaurants	"You had what in your hair?", Mary Jane was Spiderman	summer 2003, falling at my Quincenera	"Make something up for me Mary Anna"
I will be sipping tea with Emperor Jang-Wang	"West Wing", DDR, zucchini, purple mascara	chapped lips and cold shoulders	terrorizing the Plaza with the theatre posse, "Lost" parties	the 1960's project	"I'm a little dead today."
I will be a real-life doctor with real-life patients	good songs, good books, good people, and plums	inconsiderate people	running with the deer in Mrs. VanLu's class	Honors Chemistry test days	"Me no no no no..." "so whatever"
I'll be having fun	friends, 2 a.m. visits, food, Bode	Buca, being called MaryAnne, other people running late	late night adventures, activity periods, History with Mary	dumb decisions, getting in trouble for 2 a.m. visits	"That's harsh" "Of course, I always do" "Score"
I'll still want to go out dancing and have fun	shoes, shopping, my boyfriend, vogue	lying, boring people	311 concert, DDR, Baskin Robins	all my bad memories, Chemistry	
I will be living in Italy with my wonderful husband and kid(s)	my cat Herman, my dog Hallie, dancing, my cell phone	unlabeled binders, having to repeat myself	Laura Quaison's "I-moonwalk", Leah Blake, K-15	CCC projects, college applications, pointless fights	"Whoa there" "Wait...what?" "Hey girl!" "Grid"
I'll be CEO of Chipotle, no matter what I will be happy	the color green, road trips, rice	expired milk, leaving trash in my car, sandy bedsheets	"Wait, you don't have a boyfriend..."	freshman year	"I'm full of soup!" "But I like suffixes-b-ness-ishly-es"
I will be 27, happy, and aware	words, Quick Trip coffee, old books, and love	ignorance, intolerance, and bad drivers	junior year AP classes, or rather, the comments	nothing, everything is a learning experience	"I could write about that."
I'll be famous historian! You'll see me on TV	anime, manga, music, singing, acting, dancing, playing piano	people being overly stupid, smacking gum	Halloween sophomore year, sophomore year in general	multiple things that won't be mentioned, I'm trying to forget	"Katie! You can wear this; it has a bow and it's faux!"
I'll be in a high stress	dance parties after calculus and pink	when people park crooked in the parking lot	any moment with Rao	sophomore year drama	"Some 'em bit you"
I will be married to a hot guy and he coaches swimming	swimming, shopping, going on trips, hanging with friends	people talking behind people's backs	my freshman year birthday party	junior year	"Peace I'm out"
I will be married with kids	the quartet, XC, Juice Stop, friends, FEK, pictures, Kairos	smadong	"Who's drunk!", Camelot, the Dutchman, AP History, KASH	nothing, I want to remember it all	"I'm sorry"
I will be on Krishna's porch	good hygiene, puppies, my step sisters	slow drivers, bad spelling, dirty liars!	"The fabulous life...", Freshman Day, Mr. Whitney	camping	"Twins" "Oh, come on" "Tough break"
my hubby will be cheering for me at grass sledging champs	the color pink, ice cream with rainbow sprinkles, bows, P.I.G.	pickles, muscle shirts, mouth-breathers, bad hygiene	"rain drop soup", XC, softball dugout junior year with Jess	freshman year	"Oh okay!" "Oh my goth"

SENIORS '06

>Hello, my name is...	Also known as...	I groove to...	Ten years from now...	I like...	Pet Peeves...
Emylie Leonard	Lil Em, Ems, Lenny, Pippy, Ipod, Flamingo, Loser	Both JT's, Peter Gabriel, Bob Marley, Celine Dion, Delilah	I will be a pro surfer who still orders happy meals.	crazy dance parties, ice cream, bright colors, espanol, FEK	when it's dark during the day, calculus
Meghan Loosen	Meg, Loo Loo, Megs, Moo Moo	Oldies, Led Zeppelin, ALL country, Pink Floyd	I will finally be out of school.	Diet Coke, scrapbooking, 90210, baking, sleeping	bad drivers, Mondays, commercials
Meredith Lynch	Mere	Toby Mac, Kutless, Counting Crows, country	I'll be an IJM lawyer in Washington, D.C.	chocolate, P.F. Chang's, anything with cranberries	shopping carts in parking lots
Caitlin Madden	Cate, Catinka	OAR, Jack Johnson, The Click Five, Jesse McCartney	I'll be married and a hot shot lawyer.	Kona, soccer, hanging out	lying, bad drivers, Physics
Michaela Marak	Mic, Mia	anything and everything!	I'll be happily married with a job I love.	volleyball, getting coffee, shopping	loud chewing and people smacking their gum
Caitlin McFarland	C-Mac, C-Dub, McFoosie, KK, Cam	Savage Garden, Dashboard Confessional, Capeland, Mac	I will be sitting on Christina Clayton's front porch.	walking around Brush Creek and talking to homeless guys	judgement and people who drag their feet
Amanda McKee	The Deaf One, The Short One, Pocket Rocket, Loud Speaker	Hilary Duff (haha...joke)	You can come visit me on my boat and go swimming	food, music, movies (true necessities of life)	when people don't call back
Julia McQueeney-Thorpe	Juju, JxMURDAH, Hoo-lee-ah	Van Morrison, Johnny Cash, Fall Out Boy, Youth of Today	I'll be taking pictures of the food I cooked in my mal practice firm	food, <i>The Darc</i> , llamas in pajamas, keepin' it real	when people have booger on their face
Franny McShane	Fran, Francie, Fdawg, Sweet Chocolate Mac Mama, Narf	anything	I'll be 28!	tennis, my friends, shopping	reading over my shoulder, loud gum smacking
Molly McSorley	The Ninja	The Specials, Modest Mouse, Radiohead, Elvis	I will be in Dentistry School.	Gamiy Tournaments	off tone singing, horrible eating habits
Hannah Moore	Banana	just about anything - except really country sounding music	I'll be graduated from med school and working as a pediatrician	Singing, laughing, smiling, chocolate	anxious people, anything else I tolerate
Suzu Morado	Suz, Scooze, Schmoey, Sue	Bob Marley, Steve Miller Band, Tom Petty, Sublime	I will still be grooving to Hanson	strobe lights, techno music, Chinese food	bad eating habits
Clare Morris	C-MO, Clurr, Coach Mo's daughter	anything country, Peter Gabriel, X-Mas music	I will be a practicing physical therapist on Chiefs sideline.	DDR, pranks, jokesters, sports, "Napoleon Dynamite", life, QT	people who are too cool for school, liars, rudeness
Sarah Murphy	Ceru	The Simon and Garfunkel, The Beatles, Reel Big Fish, '50's	I won't have outgrown swing-sets or climbing trees.	popcorn, garages, peppermint tea, parking, bowling, shenanigans	EXAM CAPS, excessive! ALL CAPS, pencils!
Olivia Nast	Olive Balls, Live, Livvy, Olive, Livy, Liv, Nasty	music	I hope I have kept in touch with at least one of my friends.	my friends	tap water, dirty people
Ashley Noonan	Noonan, Noo	Jack Johnson, OAR, Kenny Chesney, Keith Urban	I will be living in California.	food	slow drivers, Bush haters, cars with bumper stickers
Anna Olson	A-OL, Anna Banana, SQUEEZE	Jack Johnson, Kenny Chesney, Toby Keith, 311	I will be married with at least one kid.	ice cream	when people don't follow through
Jill Paterini	Jill, JPa, Pat, Jilly, Patty	pretty much everything	I will probably be married with two or 3 kids.	summer, meeting new people, my friends and family	when people chew gum with their mouths open
Katherine Patke	Kat, Kath, "Kitty", Kit Kat, Kataroni	all alternative music	I'll be a meteorologist on the "Today Show".	Starbuck's, music, Harry Potter, movies, sn-c-w, figure skating	people who don't use the signal, homework
Whitney Perkins	Whit, DD, Perk	OAR, Jack Johnson, Kelly Clarkson, Hoatie	I'll be living in a forest with my lumberjack husband.	my girls, kiwis, Odwallas, sassy, chill	dry lips, waking up early, bad attitudes
Jenna Perry	Jen, JP, Jen-Jen, JPP	Dashboard, Black Eyed Peas, Michael Buble, mix CDs	I want to have graduated college, married and traveling.	garage sales, hearts, X's and O's, starts, movies, volleyball	mouth breathers, people who chew food loud
Lisa Peterson	Ls, Asil, Big Red, Lisa Lisa, Zahahoria, Petey, Hans, Peterson	Keith Urban, Jack's Mannequin, Teddy Geiger, OAR, anything	I'll be the CIA's top spy or out of med school, where fate takes me.	polkadots, Abercrombie, snow, the pool, laughter, pancakes	bad driving etiquette, snapping gum, unoriginality
Christian Pippins	Cre-Cre, Head Turner #1, Popcorn Playa	Kanye West, Diplomats, Cassidy, Jay-Z, Common	I will have my own record label and will be famous.	the mistakes that I've made because I improved the future.	liars, deceivers, cheaters, heart breakers
Errin Price	Pretty Eyes, Err Bear, The Analyzer	The Killers, Toby Keith, Kelly Clarkson	I'll be married with two kids, living in Florida.	fruit, chick flicks, nature, pizza, the beach, my dogs	chomping on gum
Laura Quaison	Quaison, Quail, Q, Pacific Islander	"Total Eclipse of the Heart", Spanish Tunes	I'll be traveling to and from Britain with JD.	desserts, Cold Stone, mixing CDs, QT, movies, hugs	traffic when the accident on the other side
Claire Rachel	Rachel, Clairebear, Cloupy, Cory, Aicha, Quail Girl	Barry Manilow, Bobby V	I'll be living in a box.	baths, dark chocolate, ice water	when someone tells me something and STOPS!
Jessica Reid	J, Minda, Jessminda, Mind, Keisha, [R.] Reid	Disney, Keith Urban, Rise Against, Coldplay, Killers	I will have a job, living in England, and be fluent in French	HP, my XC life, the lake, running, Gary, ice cream, lolr	Physics, negativity, failure
Caitlin Rowland	Vern	"Laffy Taffy" by D4L	I'll be living in a van, down by a river	to eat, living in a van down by a river	walking on the seal, chewing loudly



Best chuckle...	I wish I could forget...	Quote me..
STA dance team in general, crafts club, AP History class	that I want to be at STA next year	"SICK!" "Let's play" "Courtney, I'm coming over!"
Kicks 66 with Megan, Marshall, MO	when I wore two left shoes to school	"Hey there" "Rodrigo" "Can you change the song?"
"I'm too far south...I need to go north," the AP History test		
"Do it for Jessel", 11/26/05, Kona, St. Louis, weekends	sophomore Teresian	"I own this" "Sweet"
I have had too many to count!	Brinker's June 12, 2003	
reminiscing about a certain performer at Kin Lin	camping with Steve Hayes	"In fact she's so rich, she even has her own..."
the whole road trip to Wichita	I have not regrets about anything	"There you go, there you go, there you go!"
"It's for my weave...", Freshman Day, Katie Metzger	sophomore tryouts	"Yeah well Dracula called and he's coming tonight" "BAMF"
Liv's falls, the lake, FEK, EFA unit, AP History, Max's	my 17th birthday, Fritz's, my wreck	"Challenge me, please" "Hey... good one!"
misinterpretations of words such as corn	ever being at a high school other than STA	"Quatre let's get some cheap nonalcoholic champagne"
falling into the pit in front of M&A	sophomore CCC project	"I'm so confused"
Miracle Jackson, Louis and Clark video, ebaumsworld	camping	
too many to choose, if you want a good laugh...	if I write down what I wish to forget I will remember it, duh!	"Dang Gina" "Whatevera treva" "You killin me, smalls" "Nerd"
Anna in boxes, I <3 your FedEx, F-minus!	sophomore year scandal, schism	"Oh man" "That was unnecessary" "I mean..."
last summer, Max's house, the lake, breakfast on Sunday's	falling at the Rockhurst soccer game, hot tub night	"Um...excuse me...but!" "Are you talking about me!"
Caitlin's Palooza, Catherine's car, Lake '05	junior year	"Girl...can I please tell you?"
watching Ellen Degeneris, "Here and Now"	being so burned in the Cayman Islands with Franny.	
	freshman year	
"Neither has I", "I swear I left the door unlocked!"	nothing, my life is what it is.	"Yesss" "When I win the lottery..."
every weekend, Kona, lake with Noonan	absolutely nothing	"Play on"
listening to Castro stories, "Raindrop Soup"	freshman year	"Conflabit" "Cheese in rice" "What the 'que"
lemonade, recycling bin caper, we have one minutel, K-15	absolutely nothing!	"I can't decide" "One time," "Yeel" "Ashley!"
when She'a Ran thought she broke the cooling machine	everytime I got in trouble at school	"What's wrong? Who did it?"
SheDaisy concert, Meghan and I walking, Whitney's party	my car alarm going off at QuickTrip	"I know..."
Harry Potter, the Sonic hobo, Gloria Jean's coffee	almost drowning in a flood	"Oh my God. Guess what?"
Sam Schmerge calling other people monotone, Courtney	sophomore year	"McNast"
the wolf, whose crunk!, magi: swing, Leah, paninis	nothing!	"Man" "I think I know that kid!" "Hey"
Mrs. Rueschhoff's 5/6 free, "living in a van..."	Drama and Poetry.	"What, living in a van down by a river"



A Connection Forever

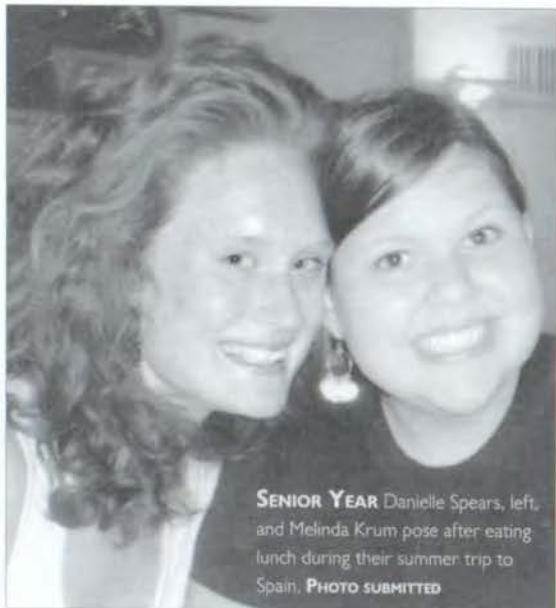


SUBMITTED BY ALEXANDRA HORTON

I spent the first half of senior year not believing that I was finally a senior. I felt like I would never make it! But, here I was, and I was contemplating college and graduation from St. Teresa's Academy. Though I was eager to discover what life beyond high school holds, I know that what I have found in these halls and these classrooms has become a part of who I will always be. There is a saying that life is what happens when we are busy making plans. While we have been busy stressing about grades and test scores and college applications, we have found a community of girls which we will always have a special connection with. I felt like I spent so much time looking forward, beyond high school, that I have missed some of the best parts of NOW. I remember when we received our class rings. I felt a true sense of connection with the amazing girls I have spent almost everyday with for the past four years. It was not until this year though, that I really stepped outside my familiar set of friends in order to get to know my classmates better. Since I invested that time to form relationships, I felt closer to my peers and to the unique community that is the Class of 2006.



FRESHMAN YEAR Julie Shuss, from left, Katherine Schilling, Carly Thoma-Perry and Rachel Holladay gather for lunch in the cafeteria. **PHOTO SUBMITTED**



SENIOR YEAR Danielle Spears, left, and Melinda Krum pose after eating lunch during their summer trip to Spain. **PHOTO SUBMITTED**



SENIOR YEAR Mary Jean Schrader, from left, Franny McShane, Anna Olson, Olivia Nast, Claire Foley and Jill Cousins dress up for Olson's 17th birthday during the summer. **PHOTO SUBMITTED**

Hello, my name is...	Also known as...	I groove to...
Mary Rucker	Mary Adell, Mar, Pinky, Brain, Idiot	music of all types, country, Disney, Hanson old and new
Katherine Schilling	Therese (Thanks Dr. Joel) Katie, Kate	everything from oldies to hip hop, swing to salsa, U2
Emily Schmeltz	Schmeltz, Serena	311, Metallica, Techno
Mary Jean Schrader	MJ, Mjers, Mjbabe	everything
Jen Schuler	Jenny, Jenn, Juice, Schu, Shure, J. Schu	311, Michael Buble, Oscar Meyer Weiner jingle
Lauren Sciarra	Lauren Jeanne Tambourine, Amanda, Lo Jo, Jelly Bean	90's, boy bands (Oh yes, that's right)
Kelley Seitter	Kell, Mrs. Urban, Kell Bell, Cider House Rules	Keith Urban, Tom Petty, Hootie and the Blowfish
Meghan Shelby	Meg, Megs, Shel Shel	Coldplay, DMB, Tom Petty, Jack Johnson, etc
Julie Shuss	JDawg, Jules, Juju	a mix, anything I can dance to
Stephanie Smith	Steph, Smith, Stephy Jean	Kelly Clarkson, Black Eyed Peas, Fall Out Boy, Thursday
Rachel Somodi	Rae, Blondie (only at work)	Santana, Kanye West, Akon, 50 Cent, U2, Stereophonics
Abigail Sosinski	Abby, Abs, Gail, Abalicious, Loser	anything country, Spanish, and of course, Disney
Danielle Spears	Dani, D	everything, especially "Tootsie Roll"
Laura Strickland	Laur, Laura, LBean	anything except country or classical
She'a Rae Strother	She-She, Best Friend (Meghan Y.), She'a Rae-Rae	Pretty Ricky, Cassidy, John Legend, The Game, DAL
Juana Summers	Juanita	Reggaeton, Fall Out Boy, Angry Feminist Music
BB Tachawatcharapunya	BB	weird dance music
Sarah Tampke	Say Say, Sarah Beara, Tampon, ST, Juicy Mama, Sarrrah	Matt Nathason, Rascal Flatts, Kenny Chesney, Keith Urban
Nicole Tarr	Tar, Baby, Nickoli, Blondie, Tricia	pop, rock, alternative, country, techno, anything
Amanda Textor	Textot, AT, Jamanda Bean, Amanda Panda, Textor	Green Day, Better than Ezra, Weezer, Rascal Flatts
Carly Thoma-Perry	TP, Stumpy, Little Man, Carita, Carylle	my iPod
Amanda Trouba	Mandy, Trouba, Troubs, Manda, Trouble Boobie	Fall Out Boy, Rascal Flatts, Dave Matthews, Spice Girls
Magdalene Vick	Maggie	The Jayhawks, anything danceable
Alex Waechter	Al, Alex, A-Dub, Pocahontas, Waechter	Tech N9ne, Snoop Dogg, Lynard Skynard, Britney
Morgan Wiley	Mo, Morg, Pony	80's, Rent, Celine Dion, Peter Gabriel, Christmas
Molly Wilkerson	Mols, M.W., Wilkerson, Wilks, Wilkys, Mollidoll	Coldplay, OAR, Jack Johnson, Kenny Chesney
Meigan Yarbrough	Mev-Mei, Nutmeg, MegTilly, Trouble Maken, Lil' Star	Beyonce, Stevie Wonder, T.I., Kanye West, Usher
Lyndsey Zapien	Lynn, Lou, Zapes, Lyndsey's A'peein	DMB, Jack Johnson, The Killers

Ten years from now...	I like...	Pet Peeves...	Best chuckle...	I wish I could forget...	Quote me...
I have no idea. One step at a time, college first	cookies, lots of layers of clothing, water, naps	idiots, slow drivers when I'm running late	Halloween senior year, Mary Anna's 18th bday weekend	finals, translating a French book, my competitive streak	"Lie, it's my job" "Did you miss me" "I love you but..."
I will be traveling the world, loving my life	spending time with family and friends, laughing, piano, yoga	high fructose corn syrup	when I was the only one at school dressed out of uniform		
I will be driving a Ferrari	ice cream, art museums, cars	screaming girls, slow people	"Dance Off" in the gym, sophomore year	Drama and Poetry class	"Sweet"
I'll be married with kids	coffee, "The O.C.", Oprah, dancing, summer, long talks	hair, when people don't listen, slow drivers	Olivia's falls, chair fall, working at CC, Chubby's	Max's, Claire's hot tub night	
I will be living in California, married with two children.	to party, go to Lawrence and work	people breathing on my food, freshman congregating	mooning in D305	freshman and sophomore year and my wreck	"Holla!" "Cheys!" "I don't understand"
I'll be out of the Midwest starting a hippie vegan family	hugs, hummus and falafel sandwiches, and you!	people talking in class, using politically incorrect words	no, Claire, back me up on this, vegetable snack crackers	a majority of junior year	"I don't even know"
I'll be in medical school studying brains!	brains, Keith Urban, Alex Farkas, snickers, guitars	bad spelling, Johnson Co. drivers, magnetic ribbons	Whitney and Strridge classes, toilet paper as a pillow	Honors Chemistry	"Poke!" "Blah blah blah Keith Urban blah blah blah"
who knows, but I will be livin' it up!	hanging out with friends, sleeping, laughing	hypocrites and fake people	my car, last summer, BK, Kicks 66 (Meg)	the man with his dog on 133rd, Kicks 66 (Meg)	"I don't know" "Just kidding"
I'll be engaged/married, still working and having kids	food, trips to QT, "Alas", running, my seven jeans	driving behind a slow driver, watching people eat cereal	poundage of the heart and working off those calories	the basement night	"It's about the poundage of your heart!"
I'll be CEO of International Business company	shopping, sushi, cheesecake, sailing, swimming, HP	whining, too sarcastic, cockiness	Court L.Q., "Belgian Dip," cell phone with J. Dah	sophomore year	"Luv ya" "Aloha chica"
I'll still want time to stop in its tracks.	dancing, dark chocolate, coffee, just fun, good times	overachievers and impatience	too many too count	Honors Chemistry, stupid fights freshman year	"Bagel anyone?" "Have fun with that."
I'll be married to a Southern boy, managing a hospital	"Gilmore Girls", hugs, Colorado, cuddling, tootie pops, Gary	lip smacking, slurping, inattentiveness, disorganization	Teresian junior year, Spain, Stingo, AP History, 10 Fingers	throwing a duck at Ms. Metzler	"I'm sorry, it's my brain!" "Oh crap" "My brain hurts!"
I'll be getting my PhD in psychology	people, Kona Grill, Spain, pasta, my friends, lotr	congestion in the hallways, slow drivers	Camelot, Kona Grill, Madonna dance, Lois's grandma's house	Berna and Creepy	"Sorry" "Girl"
I will be living on the East Coast as a business woman.	food, earrings, traveling, skiing, caramel fraps, the lake	slow drivers, people who chew with their mouths open	Spain, "un vaso de..." AP American History, golf	falling at the Rockhurst Game, really bad memories	"Um...like...you know"
I will be a family psychologist, married with children, wealthy	food (fried chicken), shoes, purses, clothes, jewelry, CSI	when people chew anything with their mouth open	Meigan and I dancing with everyone at Teresian '05	nothing, I love my memories here	"I love 'Napoleon Dynamite' and I would marry him."
front page of NY Times, possibly winning a Pulitzer	The Dart, journalism, photography, activism, sushi	intolerant people, repeated use of the word "like"	"A Voice of my Own" cast party '05	Ecc, sophomore year, Acc. Algebra, The Schism	"College Comp just totally punched me in the face."
It will be year 2016 and I will be 28	Rocky Road ice-cream, fudge brownie	bugs, to be in front of an audience	slang words	nothing here in the US, especially STA	"Lay off the sauce"
I will be a happy Johnson County housewife with a kid	to dance, snuggle with Annie-Boodie, to flirt, dress up	hypocrites, fake people, people that are intimidated by me	Dance Team, Camp, CSJ, K-15 4th Day video, Clare Morris	Teresian junior year, second speeding ticket, after party	"Abby, remember it's your brain, you had brain surgery."
I will be 28 and hopefully married and having a family.	food, boys, bowling	people who talk behind your back, shaking the popcorn bag		a lot of things...	"Yeah" "Wait, what?"
I'll be just out of grad school and will be a social worker	eating out, Diet Coke, sleeping late, family and friends	close-minded people and = bicyclists who cycle on roads	nothing, I hope I remember everything.		"Ready spaghetti!" "Pictures" "Let's go to Grandma's"
I'll be trying to figure out what I'll be doing in ten years	pickles, mashed potatoes, coffee, snowboarding, my ears	squealing, ribbons on cars, intolerance, "that's gay"	AP Physics, communal bagel	Calculus, freshman and sophomore year	"Oh boy" "No seriously"
I will be married with kids and living back in Kansas City	Laguna Beach, QT, K-14, K-15, coloring, DDR, Facebook	congestion in the hall, getting put on hold, college apps	being kidnapped, Chuck E. Cheese, Dodgeball video, K-14	party at my house freshman year, working at Abercrombie	"I don't care, I'll honestly do whatever" "So she was like..."
I will be asking a lady if she'd like a soup or salad in NY	my indecisiveness	when I can't understand things, I cannot trust them.	everyone has one...roll out!	rolling over a squirrel, backing out of my driveway	"I will not regret being an actor after I'm 28"
I'll be married for five years with two kids, making bank	my family, kissing Chris Baldwin, partying!	Kathy Kidd, people who think highly of themselves	sophomore year over at P-Bo's with Kulke and Hordane	March 17, 2005	"Go Broncos!"
I want to be successful, married, starting a family.	Odle, shopping, hanging out with friends, Courtney, tanning	untweezed eyebrows, bad teeth, bossy people	Leah Blake on K-15	parts of sophomore year	"Umm...can I please tell you"
I'll be married with two kids and will be a wedding planner	Gary, "Saved by the Bell", chai tea, Facebook, weekends, QT	being on hold for 30 seconds, being sick, yelling, parking	F-size bra, Waterway, laffy taffy, Wendy's, Ashley's face	junior high school volleyball, health class, tickets, ACT	"Sometimes wrong, sometimes right, but never in doubt."
I'll be a household name, you'll probably be sick of me.	reduced fat wheat thins, musicals, She'a Rae, yellow	liars, cheese, fake losers, dirty socks, bad hair days	every dance class, freakin' with She'a Rae at Teresian	dropping my bra in the hallway at Center High School	"Picture me rollin'" "It's a celebration..."
I will be beginning a successful career and married	my girls, dancing in the car to loud music	talking during movies, liars, slow drivers on Wornall	9-11-04, summer '05, carpool, Whitney dancing in the quad	10-01-05, Freshman year	"For snizzle!" "Hey chica!"



STORY BY BRYNNE LEE
DESIGN BY BRYNNE LEE

1



"We were required to wear saddle shoes with the uniform and I think it's so neat how [STA students] have so much shoe freedom."

—STA Alumnae
Barbara Mullane '76

4

Sisters on Campus 1970's

- Many nuns lived on campus on the 4th floor of M&A
- Average student had 1/4 of her classes taught by a nun
- Older nuns lived on campus, younger sisters did not

DESIGN TIME (above left) Junior Carolyn Wiedeman asks junior Jillian Blank's opinion on her graphic design project on Nov. 4. The graphic design class was making Christmas cards to send out the STA families. Photo by Megan Rogers

NUN FUN (right) Sr. Hannel Koutoumpas teaches a chemistry class in 1981. Sr. Hannel began teaching chemistry at STA in 1979 and worked as a chemistry and math tutor in the English Resource Center during the 2005-2006 school year.



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PASSING TIME (far left) STA students go to their lockers in between classes. Passing period was often a time for chatting and switching out books.

SMASHIN' FASHION (left) Ms. Barbara Mullane, right, jokes around with a friend in her school gym uniform in 1977. Mullane sent her daughters to STA, including freshman Ellie and 2005 graduate, Maggie.

After all these years

You saw it on the banners, you saw it on the sleeve of the teachers' polos, you saw it in the newsletters, in the gym, in the Commons, on the website, in your planner and you found it in your advisory mailbox. In fact, it was everywhere you turned. What is it you wonder? It's the infamous 140 years symbol. That black and gold circular logo with 140 years in the center, the years of STA underneath, and two stars in the gold outline. Founded in 1866, St. Teresa's Academy's tradition lives on and continues today.

STA Advisory System 1960's-1970's

- Usually consisted of one grade level
- No mid-day advisory, only check in and check out
- A party consisted of each girl bringing a bag of chips



- ### STA uniform in the 1970's
- 2 skirts: brown or blue
 - Blouse top
 - Optional brown or blue blazer with STA crest
 - Knee socks required
 - Saddle Shoes required
 - Gym Uniform: One piece jumpsuit

CLASS OFFICERS The freshman class officers, clockwise from left, president Nan Loschke, vice president Linda Parson, secretary Maureen McGannon, and treasurer Janet Partin pose for a snap shot in 1971. Each student wore the traditional STA blazer, which was worn as a part of the uniform until 1979.

EARLY SNACK (right) Sophomore Eleanor Dillon eats part of her lunch during advisory time in Ms. Blake's room. Many students snacked on their lunch before they got to the lunch room. **Photo by Jacqui Lindsey**

SNOW FIGHT (bottom left) Ms. Joann Judy Teahan, right, throws snow around with her friend on the STA campus in 1955. The Donnelly building housed the College of St. Teresa, while the Music and Arts building served as a high school for young women.

MAD ABOUT PLAID (bottom right) Students file into M&A dressed in a variety of tartan plaid skirts in 1977. STA did not have a set uniform tartan until 1982.



“Nuns ran the school, and they were intense!”

—STA Alumnae
Kathleen Wiedeman '80



STA Disciplinary System in the 1970's

- “Policies” given
- Detentions given for after school time
- No complex SBR or specific disciplinary system



Faithful



BEAUTY QUEEN Ms. Eileen Teahan, below, models a vintage dress at STA's 125th anniversary in 1990. She was a sophomore at this event commemorating STA's history. **PHOTO SUBMITTED PHOTO SUBMITTED**

STORY BY ALEXANDRA KURTH
DESIGN BY ALEXANDRA KURTH

For sixteen years, the Teahan family had an important tradition. According to junior Michelle Jantsch, her grandmother would invite everyone over to her house. They would gather around the kitchen table and decorate dozens of cookies. Everyone, from toddlers to teenagers, participated in the Christmas tradition. The toddlers created a mess, but it was the older kids' job to keep everyone in line.

"The worst was cleaning up after my younger cousins because they throw all the icing and sprinkles everywhere," said Ms. Jenny Jantsch, Michelle's older sister. "It wasn't a problem when I was younger because our moms would help clean up, but now that I'm one of the oldest, I have taken the responsibility."

Stories were exchanged between generations. This family tradition was only sixteen years old, while STA, a Teahan tradition in itself, was closing in on its 140th anniversary.

The first Teahan to attend STA was Ms. JoAnn Judy Teahan, 69, who came to the College of St. Teresa from Atlanta in 1954. She later sent her two daughters to STA, first Ms. Kathy Teahan Jantsch in 1972 and later Ms. Eileen Teahan in 1988. When Kathy had daughters of her own, she sent them to STA as well, first Jenny, who was in the class of 2004 and Michelle, who was in the class of 2007. Though reconstruction has taken place and uniforms have been updated, the foundation of STA remained the same throughout the years.

When JoAnn first came, the Donnelly Building served as a college preparatory school, now known as St. Teresa's Academy,

while the M&A Building was the college. She recalls most of her teachers being nuns.

"We could always see the nuns bathing on the roof of Donnelly," said Teahan. "They never noticed us staring at them from the top windows in M&A."

Teahan lived in M&A because the school was a boarding college. Teahan loved the religious environment and single sex education that STA provided. Her extracurricular activities consisted mainly of choir (interscholastic sports programs had not yet been introduced). From Teahan's perspective, not a lot has changed at STA. The values and pride still soar, which is why she enjoys watching Teahan women continue to carry out the STA tradition.

The second generation of STA alumnae in the Teahan family, including Kathy, was among the bicentennial graduating class. She remembers many aspects from her high school days being the same as they are now.

"We had an advisory and school went by the mod system," said Kathy. "But, almost everyday we had a choice of hot lunch."

A lot of minor differences were prevalent in Kathy's mind. She recalled wearing her uniform everyday. It consisted of a plaid skirt that matched a blue, red or gold blazer. The black sweaters were an alternative option, but the black and white oxford shoes were a staple in the STA uniform.

During Kathy's junior year, sports were finally introduced as a part of extracurriculars available to students. She played basketball and volleyball for STA. At her first basketball game, Kathy was horrified to realize that the team did not have real uniforms yet, just the ones they wore in gym class.

"All I remember is our one piece bloomers that snapped up the front, had a collar and a waistband, and elastic on the leg," said Kathy. "It was very unique apparel."

She recalled many strange events that were part of campus life her senior year. She remembered streakers running across the quad, playing poker during class and spitting spit wads out of Bic pen shells. Also, classes chose their own mascot. Twinks was not the official mascot, so each class picked its own, according to Kathy.

"Our class chose Herbie the Hippo for our mascot," said Kathy. "It was red, white and blue because it was the bicentennial year of the United States."

When Kathy had daughters Jenny and Michelle, she decided to send them to STA, continuing the tradition. Jenny still remembers STA like it was yesterday.

"It was such a routine schedule for four years of my life," said Jantsch. "I would roll out of bed and on a good day, I would brush my hair."

She remembers putting her uniform on and rolling into the parking five minutes before the bell. Her favorite memories

Generations

were of the free periods she spent lingering in Mr. Eric Thomas's room, Ms. Heather Macintosh's room, or the Language Lab with volleyball coach, Ms. Amy Carlson.

"I loved pulling pranks on people at school and playing intramural badminton," said Jenny.

Jenny participated in many extracurricular activities. She played volleyball, basketball and soccer for all four years and was involved in the National Honor

Society. She remembered staying up late at night to finish all of her work. Though at times it was tough, she realizes now how much she loved STA. She continues to value the friendships she formed and the education she received.

Kathy's youngest daughter, Michelle may be the last Teahan at STA, at least for a while. A junior during the 2005-2006 school year, Michelle was as active as her sister, exemplifying intense school spirit. She was

always willing to get dressed up and lose her voice during cutthroat STA vs. Sion games, if she wasn't playing in them. Michelle played volleyball and soccer and was an active member of both Spirit Club and NHS. She liked carrying out the family tradition.

"I love STA and it's weird that no one from the Teahan family will be going there after me," said Michelle. "But you never know. I might be sending my kids to STA someday."

Fifty-two years of tradition and counting for the Teahan women of STA. Memories and traditions were very important to their family and the STA community. Three generations of women went to STA from the Teahan clan and all five women attributed their own, individual interpretation of what STA is all about. Yet each image created by these women ultimately carried the same values and pride that all academy women over the last 140 years were taught to achieve.



SHINING STARS Ms. Kathy (Teahan) Jantschi, second from left, poses with her volleyball team in what was once the gym and is now The Commons. The pit, located in the old cafeteria prior to reconstruction in 2005, served as the gymnasium until 1982, when the Goppert building was constructed. **PHOTO SUBMITTED**

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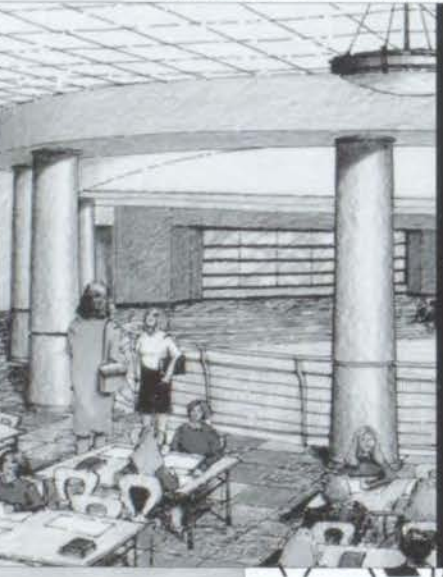
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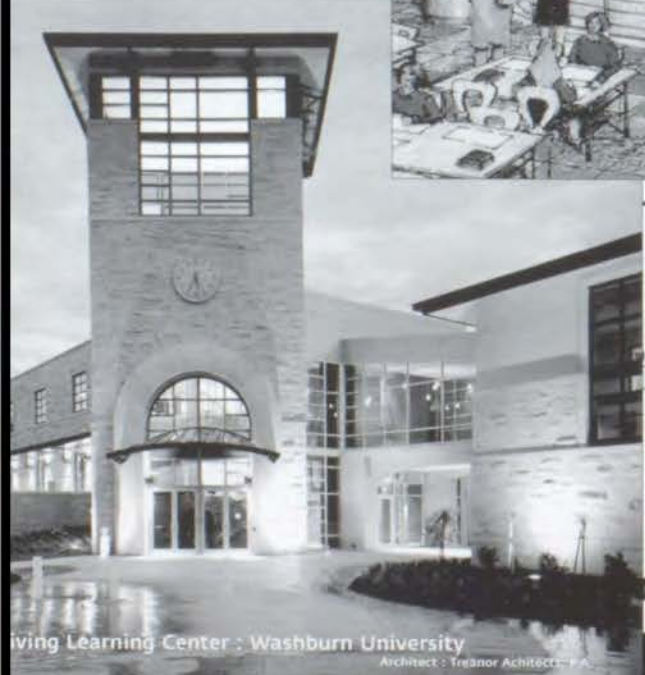
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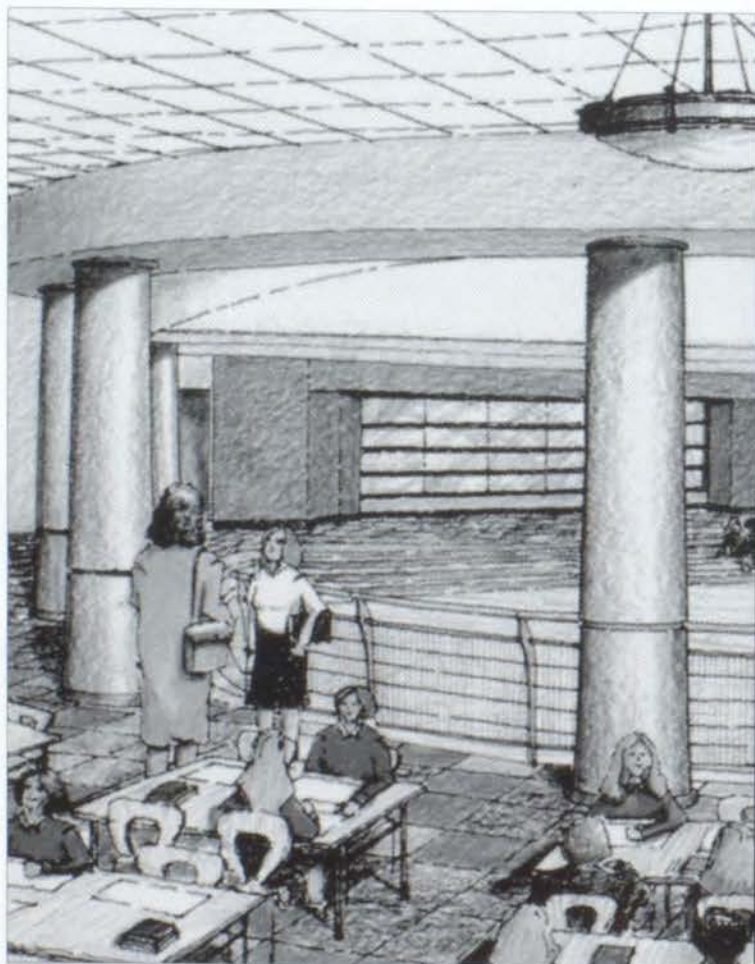
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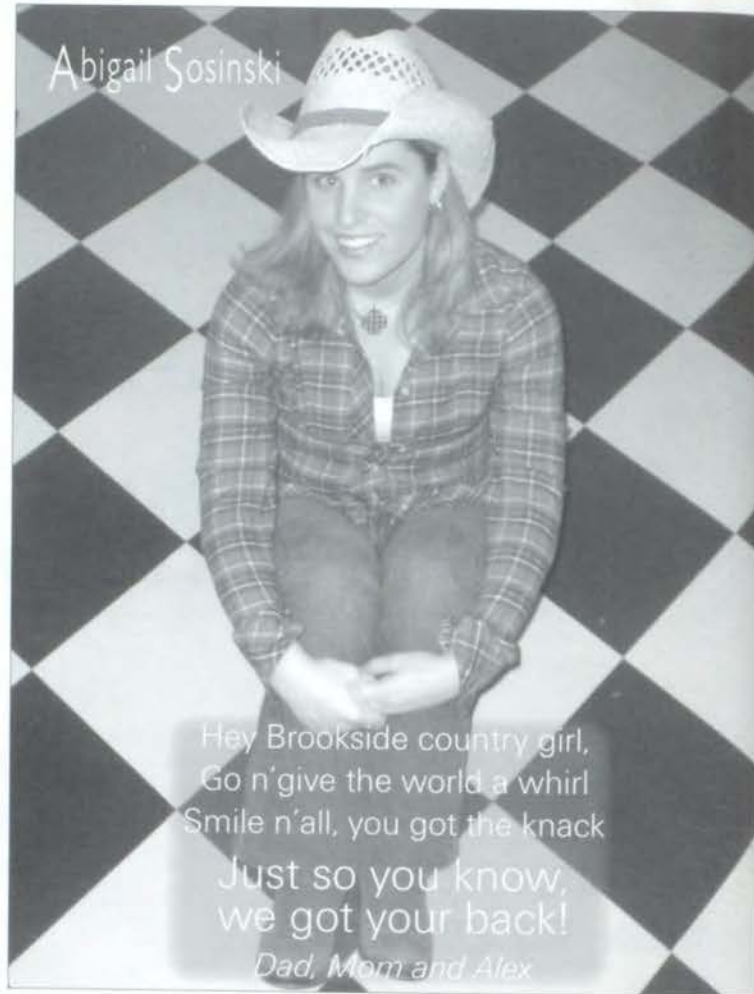
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In every life we have some trouble,
But when you worry you can make it
double.
Don't worry, be happy.
Don't worry, be happy now.

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Abigail Sosinski



Hey Brookside country girl,
Go n'give the world a whirl
Smile n'all, you got the knack
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Dad, Mom and Alex

Jill Paterini



Ready to move on to the next level!

We're so proud of you and excited
to see your future accomplishments.
God bless you.

Love,
Mom, Dad, Andrew and John

Jill Cousins



You are a
masterpiece!

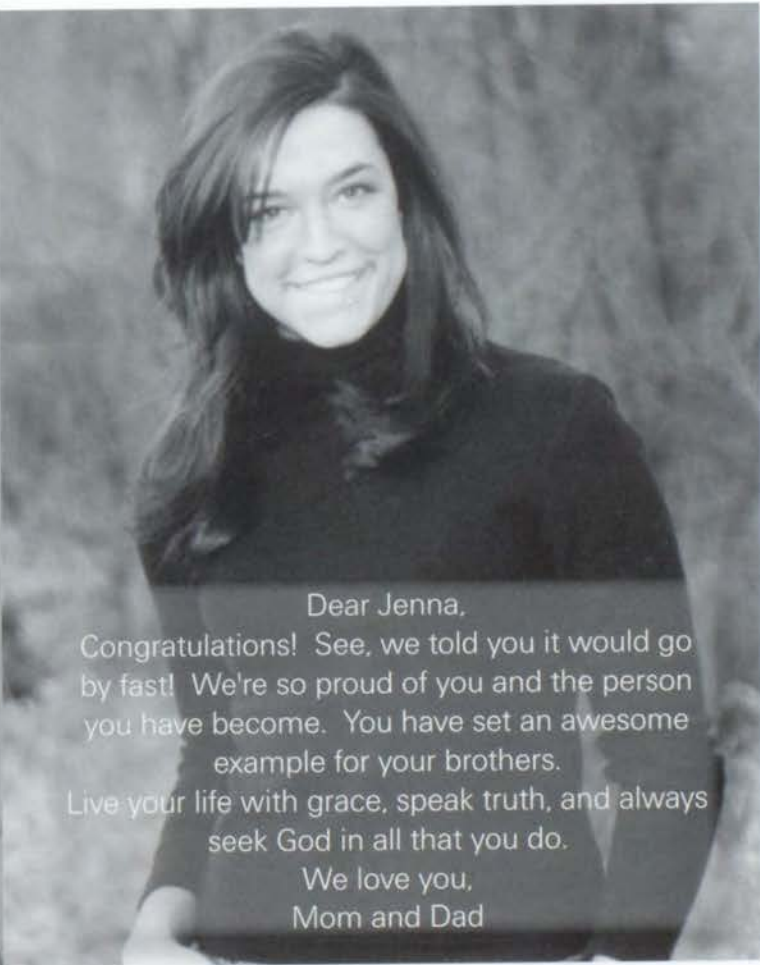
Love,
The whole family

Mary Adell Rucker



Mary Adell,
Make good choices!
Love,
Mom, Dad, Ben and Barnett

Jenna Perry



Dear Jenna,
Congratulations! See, we told you it would go
by fast! We're so proud of you and the person
you have become. You have set an awesome
example for your brothers.
Live your life with grace, speak truth, and always
seek God in all that you do.
We love you,
Mom and Dad

Andrea Damico



Ya, that's my kid!
Look at you child... in the blink of
an eye you have become a woman,
graduated and everything!
I hope you know how much pride,
satisfaction, humor and wonder
you brought to my life!
Keep it up... I love you baby!

Dad



Suphaphon Tachawatcharapunya



Be,

Remember a year of snow, STA friends,
bowling, ice cream and your American family.

Love,

Mom and Dad

Bridget Kelly



Live, laugh,
love, swim!

Love,

Mom and Dad

Jordan Gribble



Roses are red, Violets are blue.

Do you know how much we love you?

We love you for doing whatever we ask.

We love how you work to succeed at each task.

You make us so proud. You honor our way.

You work hard at life and each day we pray.

For you to succeed, for all that you wish, for all of
life's blessing.

We seal it with a kiss!

Rachel Holladay



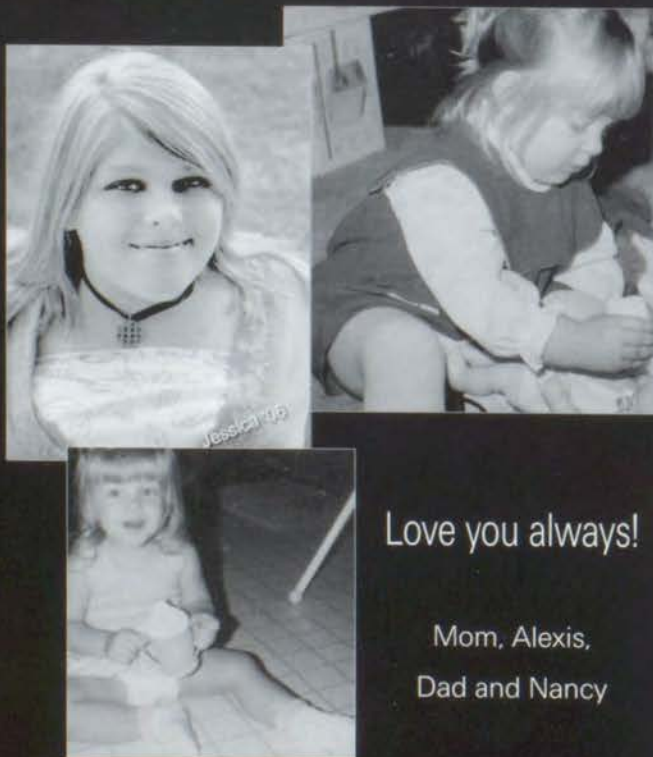
Congratulations Rachel!

To a lovely, beautiful, sweet daughter.
May all your dreams come true!

We Love You.

Mum, Dad
Joe and James

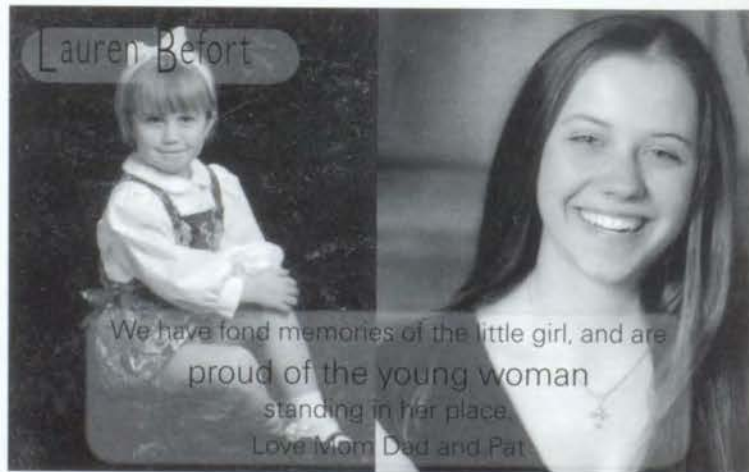
Jessica Collins



Love you always!

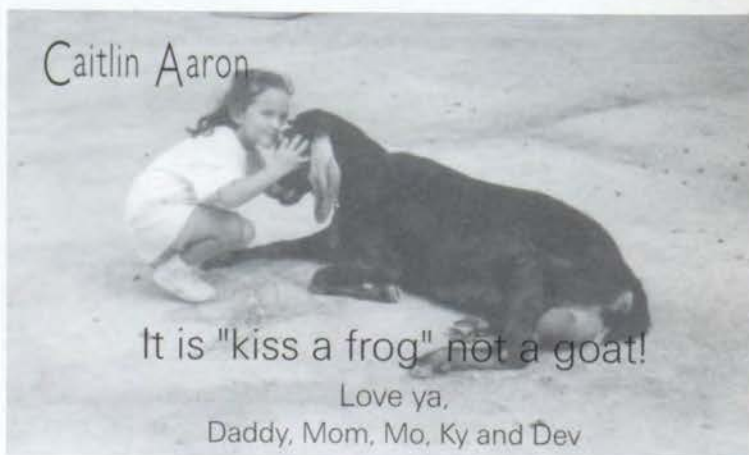
Mom, Alexis,
Dad and Nancy

Lauren Befort



We have fond memories of the little girl, and are proud of the young woman standing in her place.
Love Mom Dad and Pat

Caitlin Aaron



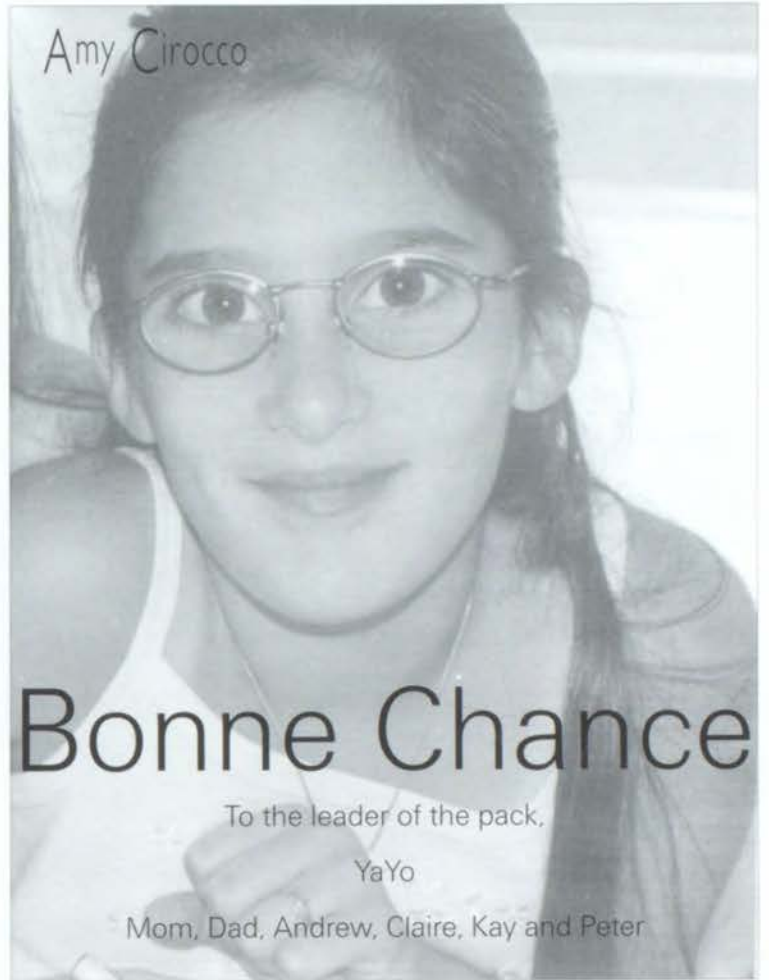
It is "kiss a frog" not a goat!

Love ya,
Daddy, Mom, Mo, Ky and Dev

Katie Calhoun



Amy Cirocco



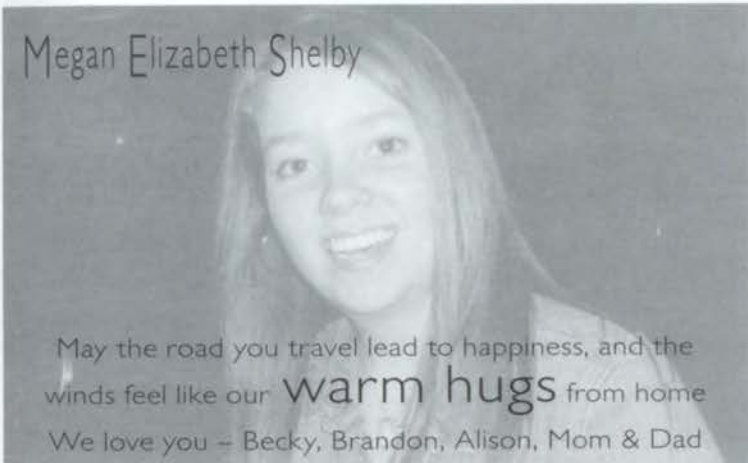
Bonne Chance

To the leader of the pack,

YaYo

Mom, Dad, Andrew, Claire, Kay and Peter

Megan Elizabeth Shelby



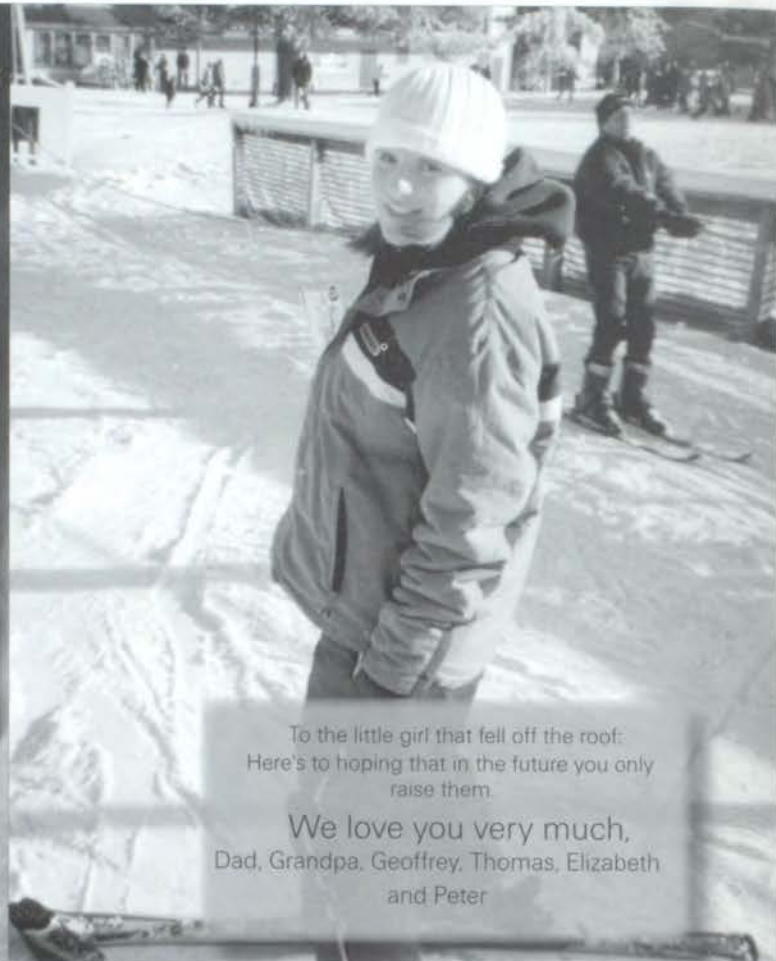
May the road you travel lead to happiness, and the winds feel like our warm hugs from home
We love you – Becky, Brandon, Alison, Mom & Dad

Jessica Bukaty



It seems like only yesterday you were a little girl. Now you are a beautiful young woman. We wish you love and happiness as you face many bright tomorrows.
Mom and Dad

Mary Anna Henggeler



To the little girl that fell off the roof:
Here's to hoping that in the future you only
raise them.

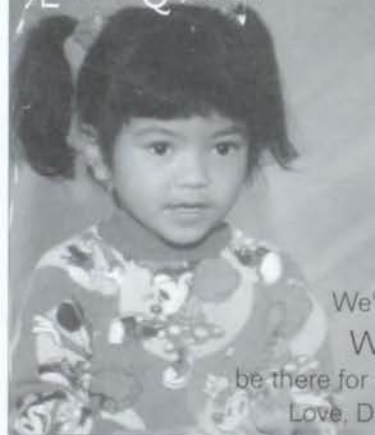
We love you very much,
Dad, Grandpa, Geoffrey, Thomas, Elizabeth
and Peter

Elyse Berardi



Elyse,
as parents we are blessed.
You are a joy.
Your mom and I respect
and cherish you as an
adult.

Laura Quason



We're so proud of you.
We will always
be there for you with love and support.
Love, Dad, Mom and Michael

Stephanie Smith



We love you!
Mom and Dad

Cori Dover



We are so proud
of you.
Love,
Mom and Dad

Anna Jeannette Johnson



...she is her own work of art

Your dreams are your life and your life will change the world.

We love you

Alexandra Horton



You are our inspiration.
We love you and couldn't be
prouder of you.

Mom and Dad

Lucy Duethman



You have brains in your head
and feet in your shoes.
You can steer yourself in any
direction you choose...
Will you succeed?
Yes, you will indeed!
We are so proud of you
Lucy!

Love Mom, Dad, Bea
and Mary Grace

Amanda Trouba



You touch the world
and help it shine much brighter than before,
and hope you'll always know your family
couldn't love you more!

We love you,
Mom and Dad



Alex Farkas



"To be yourself in a world that is constantly trying
to make you something else is the greatest
accomplishment."

— Ralph Waldo Emerson
Congratulations Alex...

I'm so very proud of you.

Love, Dad

Adrian Crumpton



We love you,
SMOOCH!
Mom and Dad

Juana Summers



"It's something
unpredictable, but in the
end it's right.
I hope you had the time of
your life."

All my love,
Mom

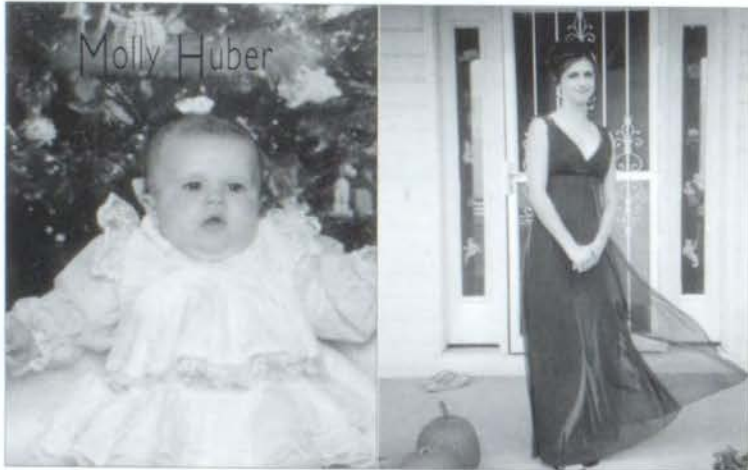


Brooks Fitzpatrick



Bon Voyage

Molly Huber



Jennifer Schuler

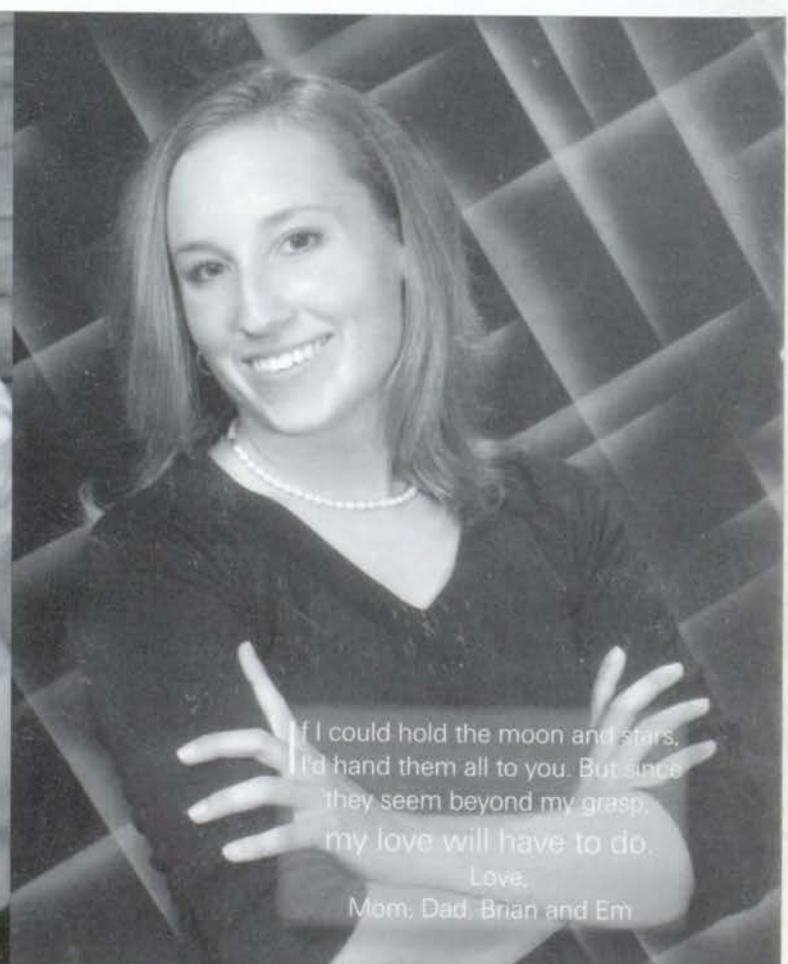


Jennifer,
Beauty, brains, grace, wit,
style and a wonderful spirit.

We love you!

Mom and Dad

Laura Strickland



If I could hold the moon and stars,
I'd hand them all to you. But since
they seem beyond my grasp,
my love will have to do.

Love,
Mom, Dad, Brian and Em

Lauren Befort and Abigail Sosinski



Lauren and Abigail

Yesterday brought the beginning, tomorrow brings the end, but somewhere in the middle we've become the best of friends.



Clare Morris



Keep that beautiful smile and kind heart.
The best is yet to come!
Love - Mom, Dad, Kevin and Dan

Emily Schmeltz



Congratulations Emily!!

"Live each day like there's no tomorrow."
May all your dreams come true!

Love,
Mom, Dad, Nick, Elisa and Ryan

Laura Kearns

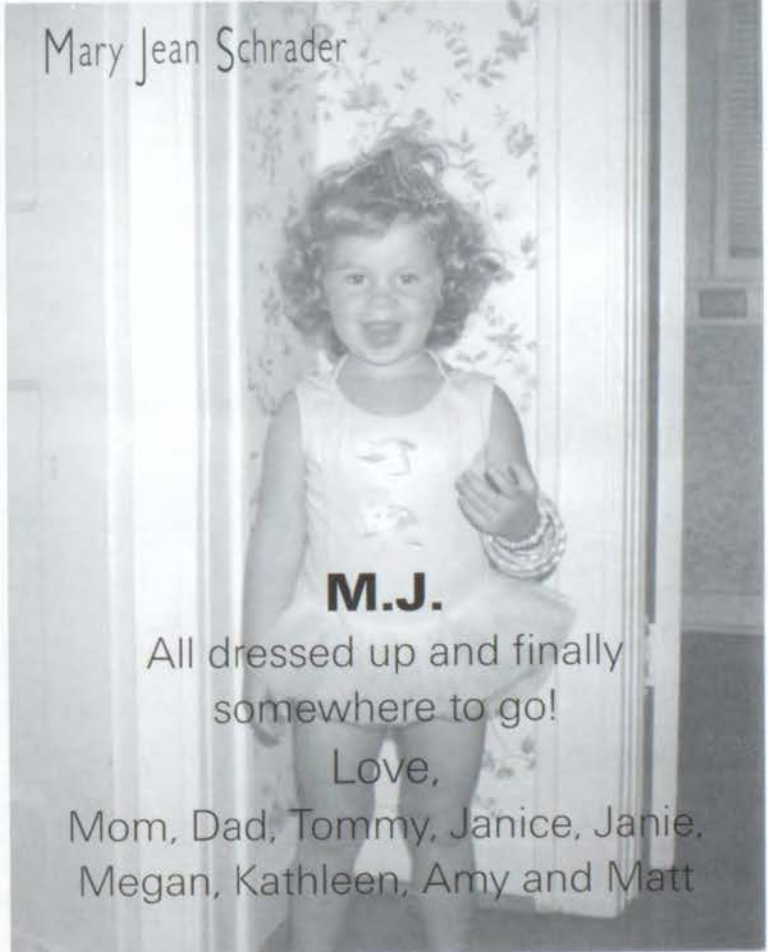


Laura,

"Love like you have never been hurt, dance like no one is watching, sing like no one is listening and live like it's heaven on earth."

Love,
Mom and Dad

Mary Jean Schrader



M.J.

All dressed up and finally somewhere to go!

Love,
Mom, Dad, Tommy, Janice, Janie,
Megan, Kathleen, Amy and Matt

Morgan Wiley



Our daughter is a wonderful blessing,
A treasure from above.
She's laughter, warmth and special charm,
She's thoughtfulness and love.

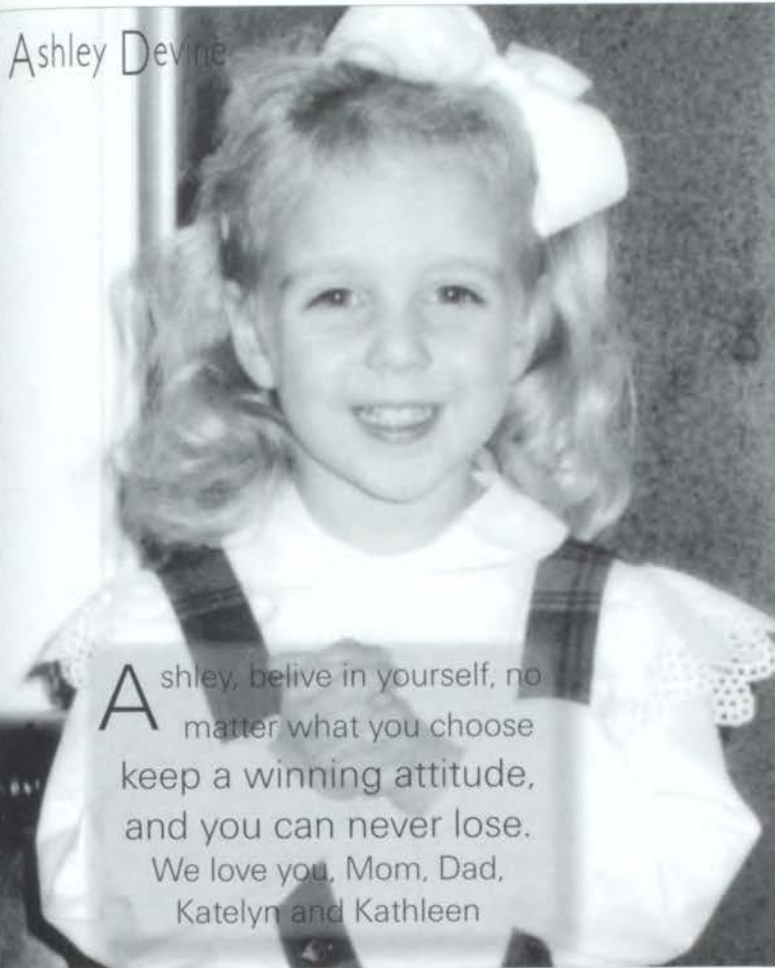
Our daughter brings a special joy,
That comes from deep inside.
And as she grows to adulthood,
She fills our hearts with pride.

With every year that passes,
She's more special than before.
Through every stage, through every age,
We love her even more.

No words can describe the warm memories,
The pride and gratitude, too.
That comes from having a daughter,
To love and to cherish...like you!
All our love and best wishes at SMU!
Mom and Dad



Ashley Devine



Ashley, believe in yourself, no matter what you choose keep a winning attitude, and you can never lose. We love you, Mom, Dad, Katelyn and Kathleen



Sarah Murphy



"Sarah, we're so pleased to be with you, look around and see what you do, everybody smiles at you..."
Thank you for the 18 years of knowing that whatever the forecast, the "sun is shinin' in the sky, and there ain't a cloud in sight."
Keep that heart singing and that soul spreading sunshine,
because, as you remind us daily, it's a "celebration, Mr. Blue up there waitin' and today is the day we've waited for..."
All our love, your backup singers,
Dad, Mom and Bobby

Olivia Ladd Nast



Olivia Ladd,
We love you and
are so proud
of you.

Always be yourself...



Amanda Textor



Love,
Mom, Dad and Bobby

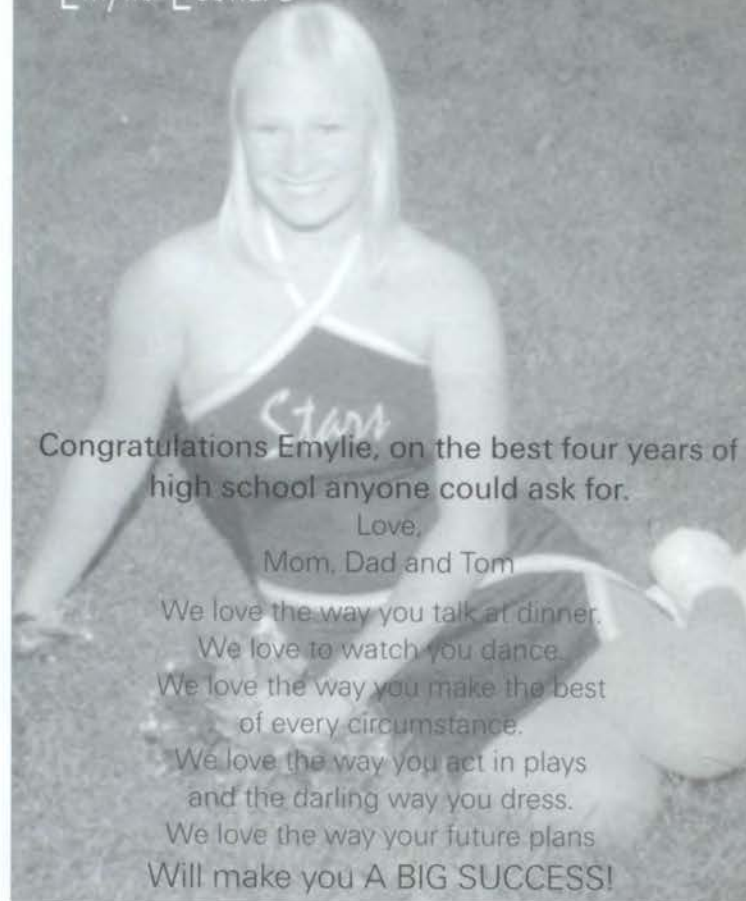
Abby Edsall

"Life is a dance, from one stage
to the next."
As you move from this stage to the
next, we want you to know that
we love you
and are proud of you.
"When you get the choice to sit it
out or dance - we hope you dance."

Mom, Dad, Peter and Andy



Emylie Leonard



Congratulations Emylie, on the best four years of
high school anyone could ask for.

Love,

Mom, Dad and Tom

We love the way you talk at dinner.
We love to watch you dance.
We love the way you make the best
of every circumstance.
We love the way you act in plays
and the darling way you dress.
We love the way your future plans
Will make you A BIG SUCCESS!

Errin Price



You have conquered high school and now
have many treasures in your future. Seek
happiness in all of the things you do.

Love, Mom, Dad and Kari

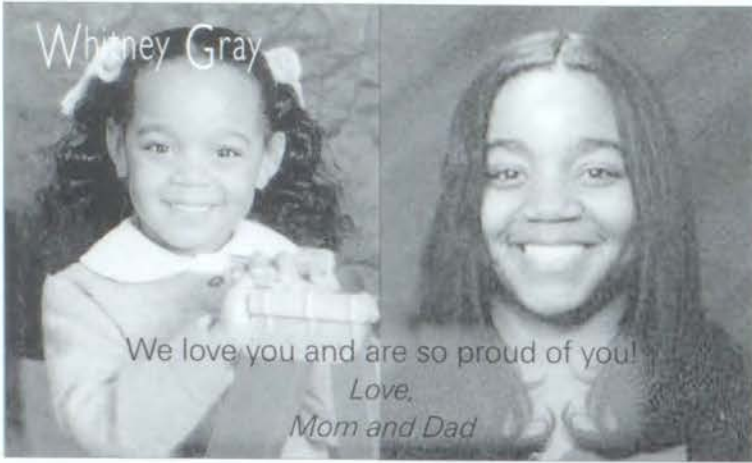
She'aRae Strother



Many are called, but few are chosen
Matthew 20: 16b

Heritage, in essence, is the means by which people have used their talents to create a history that gives them memories they can respect and that they can use to command the respect of other people. The ultimate purpose of heritage teaching is to use people's talents to develop awareness and pride in themselves so that they themselves can achieve good relationships with other people. - *John Henrik Clarke*

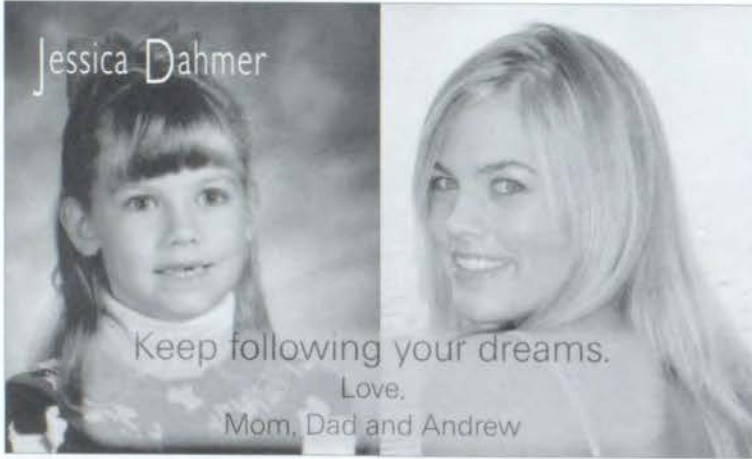
Whitney Gray



We love you and are so proud of you!

Love,
Mom and Dad

Jessica Dahmer



Keep following your dreams.

Love,
Mom, Dad and Andrew

Caitlyn McFarland



From Tennessee Baby to
STA Lady!

Congratulations!

Love,
Mom and Dad

Claire Rachel



We love our
tiny dancer.

Dad, Mom
and Mark

Kate Harbin



The end of one adventure;
the beginning of another.
You always make us proud!

Kate is great!

Love,
Mom, Dad and Bob

Bree Bolton



Look back at the vacations,
family and friends, then embrace
yourself!

You are unique with
immense passion:
take this with you as you go
forward.

WE LOVE YOU



Kathleen Heermann



Congratulations Kathleen!
We are proud of you and all of your
accomplishments.

You bring joy to our lives each and every day.
Mom, Dad and Lauren

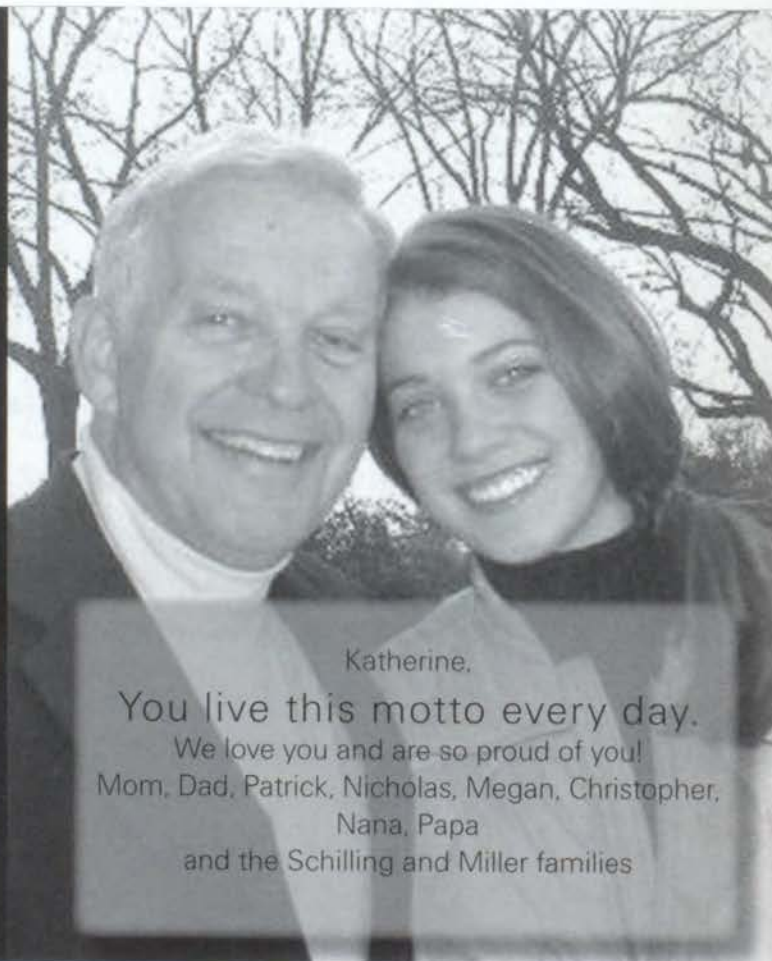
P.S. The yearbook looks great!



Katherine Schilling



"Successful is the person who has lived
well, laughed often and loved much...
and who never fails to look for the best in
others or give the best of themselves."



Katherine,

You live this motto every day.

We love you and are so proud of you!
Mom, Dad, Patrick, Nicholas, Megan, Christopher,
Nana, Papa
and the Schilling and Miller families

Lauren Sciara



You have blossomed into
an amazing individual!
I am so proud of who you are and
what you have accomplished!

Love,
Dad

Lexie Medellin



You will always
be our
brown-eyed girl.
We love you!



Lisa Peterson



Behind that heavy backpack, is a young lady with a
wonderful smile.

You have grown from that shy pre-schooler to an
outgoing and motivated young lady.
Continue to pursue your dreams! We are very proud
of you and all of your accomplishments!
We love you! Mom, Dad, Laura and Ransom



Naomi Ganon



Precious,

We are so proud
of you on your
graduation day
and every day.

Love,
Mom and Dad

Julie Shuss



Congratulations Julie!

We are so proud of you.
We love you very much!
Dad, Mom, Kelly and Jack

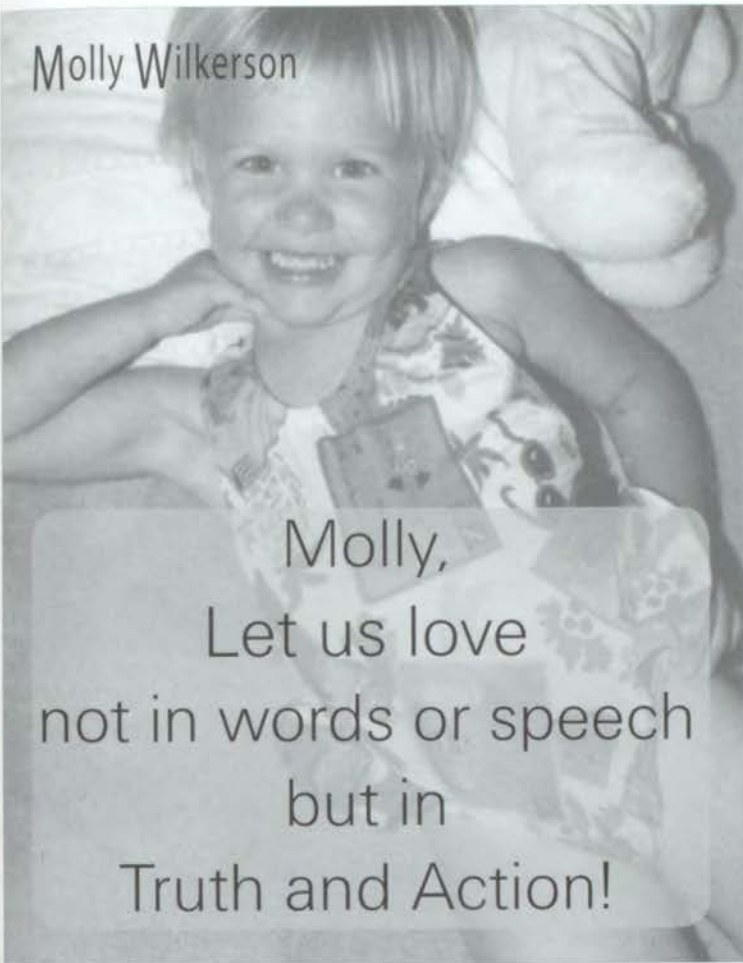
Katie Kennaley



We love you so
much and are
very proud of your
accomplishments.

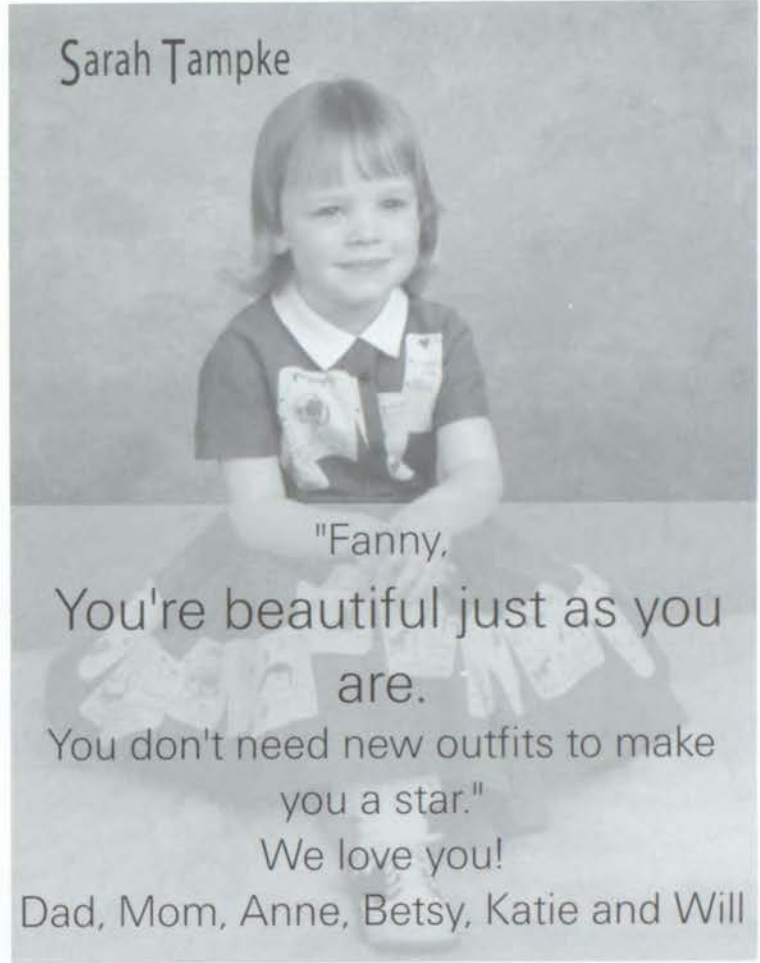
Love,
Mom and Dad

Molly Wilkerson



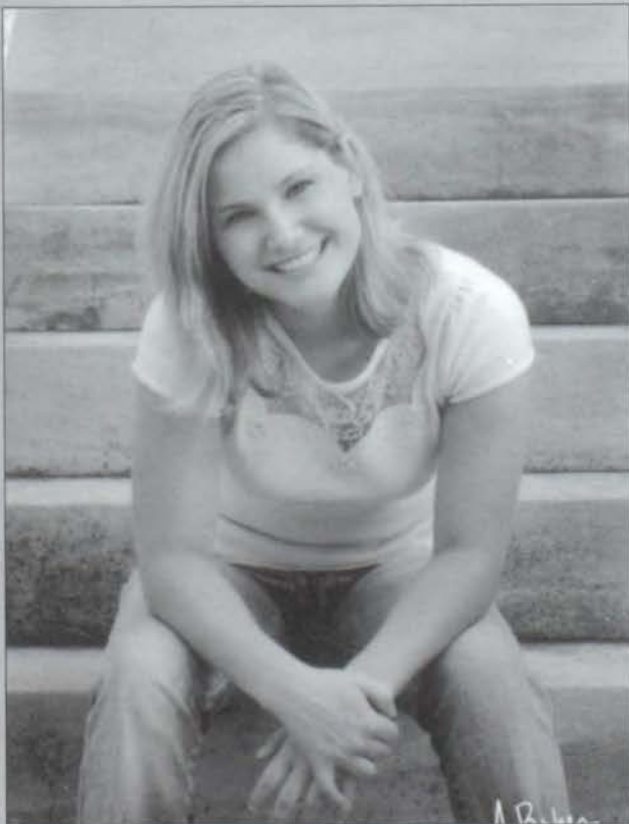
Molly,
Let us love
not in words or speech
but in
Truth and Action!

Sarah Tampke



"Fanny,
You're beautiful just as you
are.
You don't need new outfits to make
you a star."
We love you!
Dad, Mom, Anne, Betsy, Katie and Will

Jessica Closson



The special light in our lives.
You always bring sunshine to our
days.
We wish you much joy throughout your life.
With lots of love,
Mom, Dad and Laura



Kristina Clayton



Let Him guide you on your journey.
Follow your heart as you fly to new
heights.

Touch others with care
and kindness and know that you
have blessed all of our lives.

You are unique and we
love you for it.

Your Family



Hannah Moore



In my daughter's eyes everyone is equal, darkness turns to light and the world is at peace. Give me strength when I am weak. I find reason to believe in my daughter's eyes.
I love you so much,
Mom

Kayla Brooner



We are so proud of you.
We love you more!
Mom, Dad
and Cord

Claire Foley



Living well, beautifully and justly are all one thing.



Follow your dreams!
Mom, Dad, Griffin and the girls

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SADD CLUB

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From Bottom Left: Row 1: D. Aaron, K. Kellerman; Row 2: C. Quinn, A. Duethman, C. Rusch, B. Mitchell; Row 3: M. Schneider, K. Sanford, M. Sweatt; Row 4: A. Johnson, M. Bird, E. Nelson; Row 5: C. Orschlen, A. Fagan, C. Owens, A. Kurth

From Top Left: Row 1: C. Foley, M. Rietbrock, J. Cousins, M. Schrader, K. Murphy; Row 2: S. Morado, J. Langenkamp, A. Krugh, O. Nast, J. Schrader; Row 3: R. Allen, C. Morris, C. Connealy, J. Schrader, A. Franke, M. O'Byrne; Row 4: E. Tilson, E. Meyers, L. Fryer, J. McLiney



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SPANISH CLUB



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R. Rodgers; Row
2: M. Smith; L.
Befort; L. Sear;
J. Sear; Row
3: J. Blanck; L.
Darden; J. Froe;
Row 4: L. Medina;
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From Bottom Left: Row 1: S. Prentiss, C. Cummings, A. Johnson, L. Beier; Row 2: K. Becker, P. Mantz, K. Burns-Yokum, E. Houglund, A. LaManno; Row 3: L. Hogan, J. DeLorenzi, B. Tachawatcharapunya, B. Taormina, L. Dieterman, C. Campbell; Row 4: M. Rhodes, S. Chapman, E. McAnany, A. Boisseau, K. Bohnert, E. Shapker; Row 5: B. Dang, H. Girardeau, A. Martin, M. O'Rear, H. Bailey, M. Tillman, A. Lubar



A t the end of
the school
year, one
group of

students **left** this campus for another. Below them was a class of girls excited to **lead** a student body they had been a part of for three years. Another group prepared themselves to become upperclassmen and for what would possibly be their most **challenging** year of high school. And the last group, ended the year realizing that they had become part of a **community** that seemed so distant to them only eight months ago. Within that time, something **indescribable** had happened; in friendships, within classroom walls and during practices and rehearsals, a student body was able to **collide.**





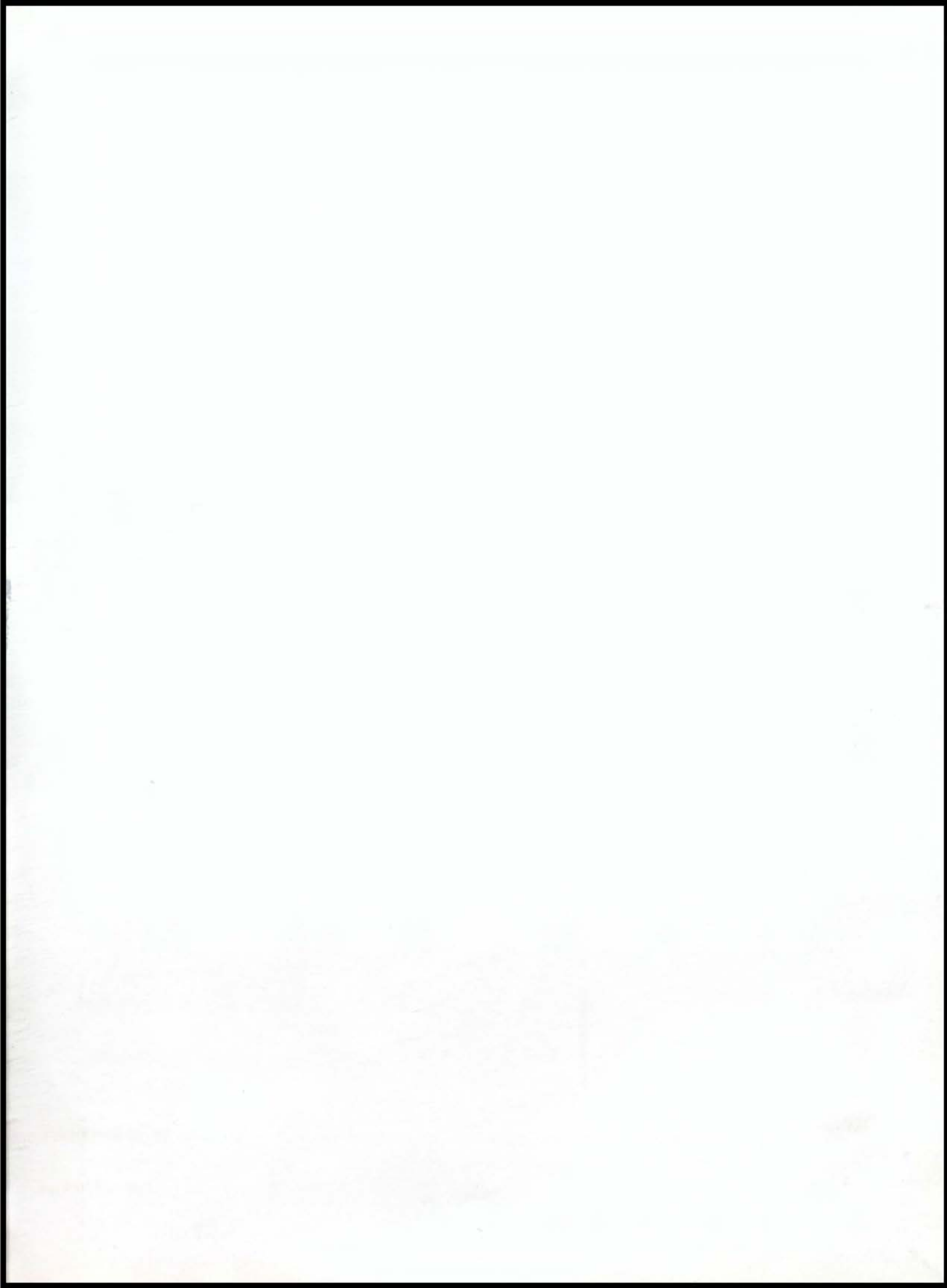
PASSING TIME Freshman Emma Spencer, left, hurries to catch up with freshman classmate Alexis Collins in the quad on their way to the Donnelly building. PHOTO BY SHANNON VANBUSKIRK

If there was one thing we could take with us after leaving this place, it would be the image of ourselves **scattering** our possessions around the quad as we settle for a single hour of **uninterrupted** social time. It was times like these that the true spirit of STA was uncovered. It was times like these that we were given the opportunity to **mingle**, to **blend** our ideas and to come up with an **identity** of our own. This is when we were able to let go of all our stresses, all our tests and homework assignments. In these short moments, our pasts no longer mattered and our futures were still **undetermined**. Instead, we were left with nothing but the moment itself. And all too soon, the bell rang, signaling that the moment was over. It was time to **move on**. Our futures were here.

It was our time to

collide

LUNCH BREAK Sophomore Vanessa Hemkens, left, and juniors Ciera Thomas, Lea Carden and Katherine Williams lounge in the quad with other students during lunch and activity on Friday, March 31. Several yard days were granted to students during nice days throughout the school year. **PHOTO BY MEGAN ROGERS**



run-in | invade | bash | conflict | crash course | intersect | intervention | boom | blow | whack | shatter | face-off

crush | bounce | hit | contact | strike | break | head-on | pulverize | fragment | splinter | thump | interrupt | jar

2006 teresian

